

Date of Assessment: 1/10/2024	School/Work Loc	ation Wellness Action Pl	an SY23-24
Name of School/Work Location: Macedonia	Number of Students: 720		Number of Employees: 90
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. E-mailing Wellness updates	In Progress	ALL	All staff receive the monthly Wellness email
2.	Choose an item.		
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Kindness award	In Progress	52	Kindness award is given monthly to one faculty member. The recipient gets a shout out at the faculty meeting along with a prize provided by our partner in ed.
2. Mailbox Shout outs	Completed	ALL	Faculty sends notes of support to each other. They are placed in staff mailboxes
Physical Activity Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Healthy Cats	Not Completed		Healthy Cats meet in the Spring. All employees and 4-5 graders are welcome to walk and join in on the activities planned.
2.	Choose an item.		
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Woot Woot Wagon	In Progress	52	Each month
2. Gratitude Bulletin Board	Completed	30	Teachers asked to write what they are grateful for on a leaf. All the leaves come together to create large tree on a bulletin board.
District Nutrition Guidelines for Beverages Sold to Students	Status (select one):	Choose an item.	Notes: Ms. Hathcock, café manager, handles the drink line in the cafeteria
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students (i.e. classroom parties, foods given as reward).	Status (select one):	Choose an item.	Notes: Parents are asked to bring in prepackaged items for parties and sign up for foods given as rewards.



Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership	Position Title	Notes:
Name of school or district level official(s)		
1. Katie Williams	Lead	
2.		
3.		
Wellness Committee Involvement	Position Title	Notes:
List of committee members names		
1. Tenille Turner		
2. Danielle Johnson		
3.		
4.		
5.		

Communication of Wellness Plan, Activities and Goals Where it is posted i.e. webpage, handbook, etc.	How often it is updated/released:	Notes:
1. e-mail	Monthly	
2. canvas page		
3.		