



Date of Assessment: October 02, 2023		School/Work Location Wellness Action Plan SY23-24 JES	
Name of School/Work Location: Johnston Elementary School		Number of Students: 438	Number of Employees: 65
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. National School Lunch Week (10.9 - 10.13)	In Progress	All staff and students	October - Promoting student nutrition
2. National School Breakfast Week (3.4 -3.8)	In Progress	All staff and students	March - Promoting student nutrition
3. Staff Wellness Walks	In Progress	All staff	Monthly
4. Share a Healthy Recipe - once a month	In Progress	All staff	Healthy recipe placed in teacher's lounge/central location each month- shared with staff
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Red Ribbon Week	In Progress	All staff and students	October 23-31
2. Counselor's Newsletter	In Progress	All staff and students	Information shared through morning news
3. JES Department Canvas course	In Progress	All staff and students	Monthly lessons from the K-5 counseling curriculum
4. School Counseling Week	In Progress	All students	Classroom guidance
5. Classroom guidance lessons	In Progress	All students	Monthly lessons from the K-5 counseling curriculum.
6. Counselor Lunch Bunch	In Progress	students	Making connections with students - lunch with the school counselor, bi-weekly lunch bunches for 6-8 weeks with various students attending throughout the year.
7. Think First and Stay Safe (Speak Up Be Safe)	Spring	All students	
8. Check In/ Check Out (CICO)	In Progress	As needed for students	Support student behavior, emotional and social wellness
9. PBIS (Positive Behavior Intervention and Supports)	In Progress	All students	Positive behavior reinforcement/ community partners (program/support)
10. Positive Office Referral	In Progress	All students	Sharing compliments for student achievement
11. The Johnston Journal- weekly parent newsletter	In Progress	Parents and students	Each week encouraging information is shared from Principal and Assistant Principal

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12. The Jag – weekly staff newsletter	In Progress	All staff	Each Monday encouraging information is shared from the Principal and Assistant Principal.
13. CCSD Cares	In Progress	All staff and students	Program to promote our students' learning skills related to resiliency, happiness, intentionality, and success.
Physical Activity Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Running Club	In Progress	50	Grades 4 th and 5 th - meet once a week after school (Fall and Spring)
2. After School Sports	In Progress	Registered Students	Students can play a variety of sports in the After School Program
3. Wellness Wednesday	In Progress	All staff	Walk and talk once a month
4. Fitness Gram	In Progress	1 st -5 th grade students	Multiple areas of fitness are tested
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Flu shots on campus-for staff	In Progress	Staff	Optional for staff
2. Hearing and Vision screening	Completed	PK, 1st and 3rd grade students	Ensuring that student academics are not hindered by visual or auditory issues
3. Recess	In Progress	All students	Scheduled recess every day
4. Nurse News – Monthly News Blurb	In Progress	All staff and students	Health facts from school nurse shared via Newsletter
District Nutrition Guidelines for Beverages Sold to Students	Status (select one):	Completed	Notes:
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one):	Completed	Notes:



Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Laura Akers	Principal	Serving as Wellness Administrator
2. Amy Walker	Assistant Principal	Serving as Wellness Co-Administrator
3. Michael L'Esperance	Counselor	Serving as Wellness Ambassador
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Meredith Peacock	Music	Wellness Committee Member
2. Josh Philpot	PE	Wellness Committee Member
3. Stacey Trawick	Art	Wellness Committee Member

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Faculty Meetings	monthly	Information shared (as needed)
2. Emailed to staff- Wellness News/Information	monthly	
3. Morning News	daily	
4. Wellness Committee Meetings	monthly (as needed)	Information shared with grade levels as needed from committee.

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