



Cherokee County
School District

Date of Assessment: 10/24/23		School/Work Location Wellness Action Plan SY23-24	
Name of School/Work Location: ACTIVE		Number of Students: 400+	Number of Employees: 40
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Chili Cookoff- 08/30	Completed	Entire School	This event is a HUGE hit on our campus. Faculty/ Staff can entire a pot of chili or bring sides.
2. Thanksgiving Potluck	Not Completed	Entire School	Another highly anticipated Event where everyone brings a dish and spends time together
3. Taco Truck	Not Completed	Faculty & Staff	We have a food truck schedule to come the day before Thanksgiving Break so faculty and staff can purchase lunch.
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Sent out Employee Benefit info- 10/18	Completed	Entire School	Provided info to the faculty and staff in light of open enrollment. They were given info and reminded of EAP, Lifeworks, and Hartford Will Prep Services.
2. Secret Santa	Not Completed	Faculty + Staff	
Physical Activity Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Wellness Wednesdays	In Progress	Roughly 8-10	We meet in the gym on Wednesdays and have a 30-45 min workout prepared by the PE Teacher.
2. SHBP- Be Well Challenges	Partially Completed	Pushed to Faculty & Staff	
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Costume Contest on 10/31	Not Completed	Entire Faculty	
2. Red Ribbon Week	Completed	Faculty, Staff, & Students	Oct 23-27, Dress up Days & Hat Days
District Nutrition Guidelines for Beverages Sold to Students	Status (select one):	Choose an item.	Notes:

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District Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one):	Choose an item.	Notes:
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Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Hillary Nichols	School Counselor	Wellness Committee Head
2. Jenni Box	PE Teacher	Leads Wellness Wednesdays
3.		
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Christina Brown	Teacher	Leads Potluck Sign Ups
2. Jenni Box	Teacher	Leads Wellness Wednesdays
3.		
4.		
5.		

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Tuesday Reminders for Wellness Wednesdays	Weekly	We have a Remind that Faculty/ Staff can sign up for in order to remind them to pack workout clothes for Wellness Wednesdays.
2. Faculty Emails		

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