



**School/Work Location Wellness Action Plan SY23-24
BGSA**

Date of Assessment: September 28, 2022			
Name of School/Work Location: Ball Ground STEM Academy	Number of Students: 583		Number of Employees: 75
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. National School Lunch Week (10.9 – 10.13)	In Progress	All staff and students	October – Promoting student nutrition
2. National School Breakfast Week (3.4 -3.8)	In Progress	All staff and students	March - Promoting student nutrition
3. Cares Closet (food pantry)-Indian Meals backpack program	In Progress	38	Providing students with additional items
4. School Garden	In Progress	All students in collaboration with the STEM Lab	Learning about and planting a vegetable garden while exposing students to healthy food choices
5. Share a Healthy Recipe – once a month	In Progress	All staff	Healthy recipe placed in teacher’s lounge/central location each month- shared with staff
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Red Ribbon Week	In Progress	All staff and students	October 23-31
2. Counselor’s Corner	In Progress	All staff and students	Information shared through morning news
3. Ball Ground Counseling Department Canvas course	In Progress	All staff and students	Monthly lessons from the K-5 counseling curriculum
4. School Counseling Week	In Progress	All students	Classroom guidance
5. Classroom guidance lessons	In Progress	All students	Monthly lessons from the K-5 counseling curriculum.
6. Counselor Lunch Bunch	In Progress	students	Making connections with students – lunch with the school counselor, weekly lunch bunches for 6-8 weeks with various students attending throughout the year.
7. Think First and Stay Safe (Speak Up Be Safe)	Spring	All students	
8. Check In/ Check Out (CICO)	In Progress	As needed for students	Support student behavior, emotional and social wellness

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9. PBIS (Positive Behavior Intervention and Supports)	In Progress	All students	Positive behavior reinforcement/ community partners (program/support)
10. Positive Office Referral	In Progress	All students	Sharing compliments for student achievement
11. Tribe Tribune – weekly parent newsletter	In Progress	Parents and students	Each week encouraging information is shared from Principal and Assistant Principal
12. Ball Ground Bullets – weekly staff newsletter	In Progress	All staff	Each Monday encouraging information is shared from Principal and Assistant Principal.
13. CCSD Cares	In Progress	All staff and students	Program to promote our students' learning skills related to resiliency, happiness, intentionality, and success.
Physical Activity Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Running Club	In Progress	44	Grades 4 th and 5 th - meet once a week after school (Fall and Spring)
2. Adams Sports	In Progress	Registered Students	Students can play a variety of sports in the After School Program
3. Wellness Wednesday	In Progress	All staff	Walk and talk once a month
4. Fitness Gram	In Progress	1 st -5 th grade students	Multiple areas of fitness are tested
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Flu shots on campus-for staff	In Progress	Staff	Optional for staff
2. Hearing and Vision screening	Completed	PK, 1st and 3rd grade students	Ensuring that student academics are not hindered by visual or auditory issues
3. Recess	In Progress	All students	Scheduled recess every day
4. Nurse News - Need to Know Head to Toe	In Progress	All staff and students	Health facts from school nurse shared during morning news
District Nutrition Guidelines for Beverages Sold to Students	Status (select one):	Completed	Notes:
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one):	Completed	Notes:

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Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Melinda Roulier	Principal	Serving as Wellness Administrator
2. Lauren Roach	Assistant Principal	Serving as Wellness Co-Administrator
3. Michael L'Esperance	Counselor	Serving as Wellness Ambassador
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Amanda Bridgewater	Counselor	Wellness Committee Member
2. Jennie Allen	PE	Wellness Committee Member
4. Rebeeca Heard	ILS	Wellness Committee Member
5. Kathryn Smerker	SPED	Wellness Committee Member
6. Hollee Pope	Media Specialist	Wellness Committee Member
7. Kim Collett	Nutrition Manager	Wellness Committee Member
8. Shirley Holcomb	Assistant Nutrition Manager	Wellness Committee Member
9. Jessica Newbern	Pre-K	Wellness Committee Member
10. Ashley Haynes	Teacher-K	Wellness Committee Member
11. Emily Dobson	Teacher-1	Wellness Committee Member
12. Lisa Keasler	Teacher-2	Wellness Committee Member
13. Lindsey Garrison	Teacher-3	Wellness Committee Member
14. Lindsey Martin	Teacher-4	Wellness Committee Member
15. Mollie Dunn	Teacher-5	Wellness Committee Member
16. Amy Youngblood	SPED	Wellness Committee Member

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Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Faculty Meetings	monthly	Information shared (as needed)
2. Emailed to staff- Wellness News/Information	monthly	
3. Morning News	daily	
4. Wellness Committee Meetings	monthly (as needed)	Information shared with grade levels as needed from committee.

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