



Date of Assessment: Due Jan. 31, 2024 <b>School/Work Location Wellness Action Plan SY23-24</b>			
Name of School/Work Location: Etowah HS	Number of Students: 2400		Number of Employees: 200
<b>Nutrition Education and Promotion Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Participants</b>	<b>Notes:</b>
1. Watermelon Wednesday (Aug.)	Completed	200	Teachers received watermelon snacks in honor of watermelon month in GA, along with recipes and information re. health benefits.
2. Healthy Recipe Challenge/Cook-off (Jan.)	In Progress	2600	Students and Faculty are encouraged to participate in soup/chilli cook-off where they can submit a healthy spin on a cold weather classic.
<b>Mental Health &amp; Wellness Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Participants</b>	<b>Notes:</b>
1. Teacher Tailgate (Sept.)	Completed	200	Faculty enjoyed a tailgate in the endzone-hosted and sponsored by the basketball and baseball programs- to encourage fellowship among teachers while cheering on our football team.
2. March Madness Mania and Mental Health Month (Mar.)	In Progress	2600	Teachers and students kick off March by being assigned a college to research during March Madness and will decorate their door for the corresponding team. Additionally, faculty and staff will receive a calendar of events (wear your fav jersey, teachers dress like students, etc.) as a stress free and fun way to promote college readiness before the grind of spring testing.
<b>Physical Activity Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Participants</b>	<b>Notes:</b>
1. Trick or treat trail (Oct.)	In Progress	200	Teachers will race to different stations throughout the day where they will scan a QR code and answer a question. Departments (who encouraged to dress for Halloween) with the highest % of

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			participants will receive a “Boo Bag” full of treats!
2. Steps Challenge (April)	In Progress	200	Teachers will once again compete in a steps challenge with teammates.
<b>Other School-Based Activities that Promote Employee and/or Student Wellness:</b>	<b>Goal Status (select one):</b>	<b>Number of Participants</b>	<b>Notes:</b>
1. Coffee with Santa (Dec.)	In Progress	200	Our lovable AP, Justin Sanderson, will be on hand- dressed as Santa- as teachers enjoy coffee and breakfast treats (compliments of our partner Hotworx).
2. Ca Caw Y'all!! (Feb.)	In Progress	2400	Leading up to Kindness Week, students will submit entries for a t-shirt design and theme that represents what it is to be an Etowah Eagle (Ca Cawww!!). Once selected and printed, t-shirts will be given to students “caught” doing the right thing!
3. Mental Health Hayride (Nov.)	In Progress	200	After a PTSA luncheon, teachers will be treated to a hayride around campus with stops for making caramel apples.
<b>District Nutrition Guidelines for Beverages Sold to Students</b>	<b>Status (select one):</b> n/a	Choose an item.	<b>Notes:</b>
<b>District Nutrition Guidelines for All Foods and Beverages Not Sold to Students</b> <i>(i.e. classroom parties, foods given as reward).</i>	<b>Status (select one):</b> n/a	Choose an item.	<b>Notes:</b>

<b>Wellness Plan Leadership</b> <i>Name of school or district level official(s)</i>	<b>Position Title</b>	<b>Notes:</b>
1. Janet Baggett	Assistant Principal	<b>School Wellness Ambassador for EHS</b>
2. Tara Quinn-Schuldt	Student Support Specialist	County Office Contact for Wellness
<b>Wellness Committee Involvement</b> <i>List of committee members names</i>	<b>Position Title</b>	<b>Notes:</b>
1. Lisa Funderburk	ILS	Assists in planning and logistics of wellness activities.

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2. Jason Dasinger	P.E. Teacher/Coach	Assists in planning and logistics of wellness activities.
3. Hal Funderburk	Media Specialist	Assists in planning and logistics of wellness activities.
4. Jamie Lester	Media Specialist	Assists in planning and logistics of wellness activities.

<b>Communication of Wellness Plan, Activities and Goals</b> <i>Where it is posted i.e. webpage, handbook, etc.</i>	<b>How often it is updated/released:</b>	<b>Notes:</b>
1. Email	Monthly	Email is used to disseminate Wellness Challenges information/activities to teachers. TAA teachers are also given directions for sharing information with students.
2. Canvas announcements	Monthly	Any pertinent student information is also shared with students/parents through Canvas TAA course cards

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