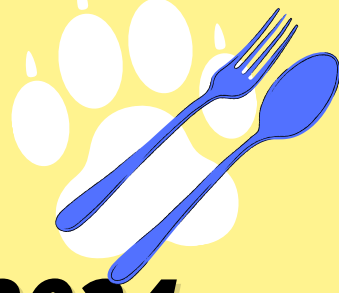




What is a Lunch Meal?
Lunch includes 5 components:
Grain, Meat/Meat Alternate, Fruit, Vegetable & Milk
Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable.
Choose all 5 for a nutritious meal!



State Road Lunch Menu 2024

Lunch \$2.75 (4-8) AVON GROVE CHARTER SCHOOL
Lunch \$3.25 (9-12)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
School Closed 1 or is it....  No really, we're closed!	2 Chicken Quesadilla Assorted Lunchables Yogurt/Cheese Stick/Cinni Swirl PBJ Uncrustable Steamed Green Beans Veggie Juice Apple Sauce, Sour Raisins Daily Milk Selection Grades 9-12 Cheeze-It Cracker	3 Sausage Egg & Cheese on English Muffin Diced Ham & Cheese/Soft Pretzel/Grapes Pack Yogurt/Cheese Stick/Cinni Swirl PBJ Uncrustable Fiesta Black Beans Chick Pea Salad Mandarin Cup, Fruit Juice Daily Milk Selection	4 Hamburger/ Cheeseburger on Roll Hard Boiled Egg/Diced Cheese/ PB/Apples & Banana Bread Pack Garden Salad w/Bread Stick PBJ Uncrustable Steamed Carrots, Broccoli Salad Grapes, Fruit Juice Daily Milk Selection Grades 9-12 Scooby Snack	5 Stuffed Crust Pepperoni Pizza Yogurt/Cheese Stick/Cinni Swirl Garden Salad w/Bread Stick PBJ Uncrustable Baby Carrots, Veggie Juice Banana, Apple Slices Daily Milk Selection
8 Popcorn Chicken w/Soft Pretzel Parmesan Chicken Sandwich Yogurt/Cheese Stick/Cinni Swirl Ham & Cheese on Roll Green Beans, Baby Carrots Orange Wedges, Fruit Juice Daily Milk Selection	9 BBQ Grilled Chicken Sandwich Loaded Potato w/Bread Stick PBJ Uncrustable Garden Salad w/Bread Stick Steamed Corn, Veggie Juice Diced Peaches Mandarin Orange Cup Daily Milk Selection Grades 9-12 NutriGrain	10 Corn Dog Minis Southwest Chicken Egg Roll w/Rice Yogurt/Cheese Stick/Cinni Swirl Chicken Wrap Lettuce & Tomatos, Baked Beans Whole Apple, Fruit Juice Daily Milk Selection	11 Chicken Thigh & Drumstick w/ Garlic Knot Pierogies Diced Ham & Cheese/Soft Pretzel/Grapes Pack Garden Salad w/Bread Stick Mashed Potato, Broccoli Salad Apple Slices, Sour Raisins Daily Milk Selection Grades 9-12 Goldfish Crackers	12 Bosco Sticks w/Marinara Assorted Lunchables Yogurt/Cheese Stick/Cinni Swirl PBJ Uncrustable Steamed Mixed Veggies Veggie Juice Banana, Grapes Daily Milk Selection
15 Mac & Cheese w/Dinner Roll Rib B Que Sandwich Yogurt/Cheese Stick/Mini Cinnis Ham & Cheese on Roll Baby Carrots, Smile Fries Diced Pears, Fruit Juice Daily Milk Selection	16 Tangy Chicken w/Rice Cheese Tortellini w/Meat Sauce & Garlic Knot PBJ Uncrustable Garden Salad w/Bread Stick Green Beans, Veggie Juice Orange Wedges, Sour Raisins Daily Milk Selection Grades 9-12 Teddy Graham	17 Chicken Alfredo w/Bread Sticks Mozzarella Sticks w/Marinara Yogurt/Cheese Stick/ Mini Cinnis Chicken Wrap Steamed Broccoli, Chick Pea Salad Fruit Juice, Mixed fruit cup Daily Milk Selection	18 Buffalo Chicken Pizza Chicken Veggie Dumplings w/Sauce & Rice Hard Boiled Egg/Diced Cheese/ PB/Apples & Banana Bread Garden Salad w/Bread Stick Lettuce & Tomatoes Veggie Juice Apple Slices, Grapes Daily Milk Selection Grades 9-12 Rice Krispy Treat	19  Early Dismissal No lunch Served 
22 Cheese Steak Sandwich Chicken Fajita Yogurt/Cheese Stick/Cinni Swirl Ham & Cheese on Roll Peppers & Onions Lettuce & Tomatoes Whole Apple, Fruit Juice Daily Milk Selection	23 Lasagna Roll Up w/ Garlic Toast French Toast w/Sausage PBJ Uncrustable Garden Salad w/Bread Stick Hash Brown Patty, Veggie Juice Mixed Fruit Cup, Applesauce Daily Milk Selection Grades 9-12 Chex Snack Mix	24 AuGratin Potatoes w/Beef Crumbles & BreadStick Hot Dog on Roll Yogurt/Cheese Stick/Mini Cinni Chicken Wrap Celery Sticks, Baked Beans Mandarin Orange Cup, Fruit Juice Daily Milk Selection Grades 4-12 Extra Snack Grain	25 Hot Ham & Cheese On Pretzel Roll Breaded Ravioli w/Marinara & Soft Pretzel Diced Ham & Cheese/Soft Pretzel/Grapes Pack Garden Salad w/Bread Stick Carrots, Steamed Broccoli Apple Slices, Sour Raisins Daily Milk Selection	26 Pepperoni & Cheese Calzone Assorted Lunchables Yogurt/Cheese Stick/Cinni Swirl PBJ Uncrustable Green Beans, Veggie Juice Banana, Grapes Daily Milk Selection
29 Breaded Chicken Patty on Roll Spaghetti w/Meatballs & Garlic Toast Yogurt/Cheese Stick/Mini Cinni Ham & Cheese on Roll Steamed Corn, Baby Carrots Orange Wedges, Fruit Juice Daily Milk Selection	30 Chicken Quesadilla Sausage, Egg & Cheese on English Muffin PBJ Uncrustable Garden Salad w/Bread Stick Steamed Green Beans Veggie Juice Apple Sauce, Sour Raisins Daily Milk Selection Grades 9-12 Cheeze-It Cracker		<p>To make a payment to your child's lunch account, please send in check or cash with the student's name. Checks can be made payable to "AGCS". Visit Schoolcafe.com for online payments and Free/Reduced price meal application.</p>	<p>Daily Milk Selection includes: 1% White Milk Non-Fat Chocolate Milk Non-Fat Strawberry Milk</p>

Breakfast is free for all students
during the 2023-2024 School year!



April

State Road Breakfast Menu 2024

AVON GROVE CHARTER SCHOOL

MONDAY

Bagel w/cream
cheese or jelly
Assorted Donuts

Fruit Juice
Clementine
Daily Milk Selection

TUESDAY

Assorted Pastries
Cheese Stick

Fruit Juice
Sour Raisins
Daily Milk Selection

WEDNESDAY

Sausage Pancake
on Stick
Assorted Muffins
Yogurt

Fruit Juice
Craisins
Daily Milk Selection

THURSDAY

Assorted
Breakfast Bars
Cheese Stick

Fruit Juice
Apple Slices w/ PB
Daily Milk Selection

FRIDAY

Fruit & Yogurt
Parfait
Eggo French Toast

Fruit Juice
Banana
Apple Slices w/ PB
Daily Milk Selection

Students must choose at least 3 Items for a complete breakfast meal and 1 must be
 $\frac{1}{2}$ cup of fruit or fruit Juice.

*Ala Carte Items are charged at \$1.00 each

What always
falls without
getting hurt?



The rain!

www.agcharter.org