

Rogers High School

Sports and Music Information

2024-2025

Music

Choir: Ryan Fox

Contact: Ryan.Fox@rpsar.net

Orchestra: Karol Rulli

Contact: Karol.Rulli@rpsar.net

Tryouts: February 2024

Requirements: 2-3 years of study on an orchestral string instrument

Other Information: Your current orchestra teacher can give you tryout material. Know all two octave scales Major and minor up to 3 sharps and 3 flats.

Band: Robert Kain

Contact: robert.kain@rpsar.net

Requirements: Audition for seating, also must have been in MS or JH Band

Practice: Summer and before and after school practices are mandatory for Marching Band. Summer- You will receive a schedule and more information from your middle school band director.

Other Information: We must have a commitment before school lets out for the summer.

Fall Sports

Bowling M/W: Mike Leafgreen

Contact: michael.leafgreen@rpsar.net

Tryouts: Beginning of September - It will be posted at RHS and NT on fliers.

Requirements: Physical and complete paperwork on DragonFly. There isn't much else required. If you don't have your own ball or shoes, you can use the ones at any of the lanes we bowl at.

Practice: We practice after school starting in October at the Rogers Bowling Center. We will practice two days a week from 4:00-5:30. Summer- We will have some days where we meet at the bowling alley to bowl, but we will not have organized summer practices.

Other Information: We have a great group that is building a program here at RHS. We have had both teams qualify for the state tournament the last two years, which is the first time in school history this has happened. We have a good chance to do the same thing this season. We have had 3 All-State bowlers the last two years also. Great opportunity to be a part of something special with RHS Bowling!

Competition Cheer: Danielle Ross

Contact: Danielle.Ross@rpsar.net

Tryouts: March 4-8, 2024

Requirements: DragonFly Account including a current physical

Practice: Competition team - 1st Period, Sideline team - 6th Period

Other Information: Mandatory parent/guardian meeting in February to discuss tryout requirements, team commitments, etc.

Current Physicals are required for participation in all sports, Tryouts and Open Gym

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Competition Dance: Tracy Wimsatt

Contact: Tracy.Wimsatt@rpsar.net

Tryouts: Week of March 4-8, 2024

Requirements: Dance knowledge and a willingness to succeed

Practice: Upon the beginning of the new school year, practice after school an estimate of 5 days a week. During Competition season, Dance will practice on Sunday afternoons.

Other Information: Practice 3 times a week all summer. Consists of attending Summer Dance Camp, learning Competition Choreography and attending a home Dance Camp in August

Cross Country M/W: Carlton Efrud Head Coach; Freshman Coach Lauschke

Contact: Lisa.Lauschke@rpsar.net

Tryouts: Attend summer practice!

Other Information: Scan QR



Football: Chad Harbison

Contact: chad.harbison@rpsar.net

Tryouts: Not a cut sport. No tryouts

Requirements: Be accountable, available, willing to work hard.

Practice: Freshman practice during the school year is before school 6:45 AM thru 1st period. Summer- There will be 4 summer practices a week during the summer Usually done before noon (No Practice Dead Period)

Other Information: Looking for young men that want to be a part of something special who enjoy working in a team setting.

Golf M: Marcus Alexander

Contact: Marcus.Alexander@rpsar.net

Tryouts: Team Tryouts will be held in April....exact dates will be announced after spring break.

Requirements: Students interested in trying out will need a basic knowledge of the rules of golf, have had experience playing 18 holes of golf, and have access to golf equipment.

Practice: Our team practices 7th hour at courses in our area.

Other Information: Varsity players are usually breaking 80 on average. For Summer Individual tournaments are encouraged.

Golf W: Jamie Rains

Contact: Jaime.Rains@rpsar.net or 479-366-5653

Tryouts: April TBD

Requirements: Have some golf experience, need clubs and a good attitude

Practice: We practice 3-5:30 during the season and will also practice in the summer.

Other Information: Most of our team plays and practices all summer.

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Tennis M/W: Matt Fulton

Contact: matt.fulton@rpsar.net

Tryouts: Monday, March 4th 4-6 p.m.

Requirements: Must hit forehand, backhand, serve, and volley with consistency.

Practice information: 6th (JV), 7th (Varsity); Summer-June, July, and August morning practices

Other Information: Must have an up-to-date physical (no older than 12 months) to tryout.

Volleyball: Jeff Anderson (9th Grade Coach), Christina Lawrence (Head Coach)

Contact: Jeff.Anderson@rpsar.net or
Christina.Lawrence@rpsar.net

Tryouts: May 20th and May 21st

Requirements: A current Physical

Practice: First Hour (6:00 a.m. - 8:00 a.m.) Summer-June workouts (1 per week), Pre-season begins in July (every day of the week)

Other Information: Instagram announcements:
@mountie_volleyball

Winter Sports

Basketball M/W: Lamont Frazier & Preston Early

Contact: Lamont.Frazier@rpsar.net or
Preston.Early@rpsar.net

Swim/Dive M/W: Rob Bray & Julie Sakalares

Contact: Rob.Bray@rpsar.net or
Julie.Sakakares@rpsar.net

Tryouts: October TBD

Requirements: Current physical and 2.0 GPA

Practice: Daily @6 am

Wrestling M/W: Willie Wright

Contact : Willie.Wright@rpsar.net

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Spring Sports

Baseball: Matt Melson

Contact: matt.melson@rpsar.net

Tryouts: tryouts are 1st week of school in the fall

Softball: Tori Stafford

Contact: Tori.Stafford@rpsar.net

Tryouts: May 16th 5:30 - 7:30 AND August 19th 5:30 - 7:30

Requirements: Previous playing experience. Must supply own bat, helmet, glove, and shoes.

Practice: 7th hour - 5pm

Other Information: Summer training 6am - 7:30am T/TH from July 10 - August 1

Soccer M: Leo Hernandez

Contact: LEO.HERNANDEZ@RPSAR.NET

Tryouts: MAY 21ST-23RD; 5 PM-6:30 PM WHITEY SMITH STADIUM

Requirements: PHYSICAL EXAM; ON THE DAY OF TRYOUTS, MAKE SURE TO HAVE ATHLETIC CLOTHES, SOCCER CLEATS, SHIN GUARDS, LONG SOCKS, AND A WATER BOTTLE. (GOALKEEPERS BRING THEIR OWN GLOVES).

Practice: IF YOU MAKE OUR TEAM, 7TH HOUR SOCCER WILL BE BUILT IN YOUR SCHOOL SCHEDULE.

Soccer W: Oscar Cardona

Contact: Oscar.Cardona@rpsar.net

Tryouts: End of May. Dates TBD. Email will be sent out when we get closer to May.

Requirements: Must have a current Physical.

Track M: Carlton Efurd

Contact : Carlton.Efurd@rpsar.net

Track W: Jerimiah Tebbenkamp

Contact: jeremiah.tebbenkamp@rpsar.net

Tryouts: May 13th and 14th

Requirements: Current Physical

Practice: Practice 7th hour through 4:00 every day.

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