

SECONDARY

MONDAY

MONDAY

LEWISTOWN PUBLIC SCHOOLS

APRIL 2024

4 FRIDAY

11 FRIDAY

18: FRIDAY

SECONDARY SCHOOL MEALS

BREAKFAST **STUDENT \$2.25 ADULT \$2.25**

LUNCH **STUDENT \$3.60 ADULT \$4.65**

Milk is served with each meal, including both breakfast and lunch.

Milk Choice: 8-ounce serving of fat-free chocolate, fat-free white or 1% white milk

All meals at Fergus High include an additional 1/2 cup of fruit and vegetable choice. Reduced fat or nonfat dressing is served with salads and fresh vegetables.

A Grab 'n Go option and an alternate entree are also offered each day at both Lewistown Junior High and Fergus High, as well as individual a la carte items.



VACATION No School **ALTERNATE**: Hamburger on a Bun

Spaghetti

Garden Salad

Pepper Strips & Cucumbers

Apple Wedges

Whole Grain Garlic Toast

ALTERNATE: Pizza

MENU 1 TUESDAY

2 : WEDNESDAY

Beef, Bean & Cheese **Burrito with Salsa**

Corn Garden Salad Cinnamon Apples

ALTERNATE: Walking Taco

Country-Fried Steak

3:THURSDAY

10: THURSDAY

17: THURSDAY

Mashed Potatoes with Gravv Carrots & Cucumbers Strawberry Cup Cinnamon Bun

ALTERNATE: Mac & Cheese

Toasted Cheese Sandwich

Tomato Soup with Crackers Broccoli & Celery Sticks **Bunches of Grapes**

Gr. 9-12: Yogurt

ALTERNATE: Pizza

12

19

8 : TUESDAY

Chicken Pot Pie

Hot Ham & Cheese

on a Bun

Calico Fries

Creamy Coleslaw

Pear Wedge

Strawberry Shortcake

Potato Wedges Broccoli & Cauliflower Kiwi

ALTERNATE: Hamburger on a Bun

15 : TUESDAY

Chicken Noodle Soup

9 : WEDNESDAY

16: WEDNESDAY

Cheese Stick Baby Carrots & Celery Bites Mandarin Oranges Chocolate Cake

ALTERNATE: Walking Taco

Chicken Nuggets with Dippin' Sauce

Potato Smiles Green Beans Strawberries & Bananas

ALTERNATE: Mac & Cheese



Nachos with **Whole Grain Chips**

MONDAY

Cheesy Breadstick Corn Celery & Baby Carrots **Orange Wedges** Cereal Bar

ALTERNATE: Pizza

Pork Lo Mein

Crunchy Noodles Stir-Fry Veggies **Bunch of Grapes** Scooby Snack

ALTERNATE: Hamburger on a Bun

Chicken Enchiladas

Bean Dip with Whole Grain Chips Garden Salad Banana Carrot Cake

ALTERNATE: Walking Taco

Cheese Ravioli & Sausage

Peas **Tropical Fruit Salad** Whole Grain Roll

ALTERNATE: Mac & Cheese

Hamburger on a Bun

Potato Salad Sun Chips Pepper Strips & Carrots Apricot Cup

ALTERNATE: Pizza



APRIL 2024

VACATION No School

SECONDARY MENU 22 TUESDAY 24 THURSDAY 25 FRIDAY 23 WEDNESDAY **MONDAY Meatball Sub** BBQ Chicken on a Bun Ham & Bean Soup Pepperoni Pocket Giant Waffle Fries Garden Salad Calico Fries Cornbread **Cheesy Veggies** Snap Peas & Tomatoes **Baked Beans** Baby Carrots & Zucchini **Dried Cherries** Apple Wedges Melon Wedge **Pears** Oatmeal Cookie Gr. 9-12: Cheese Stick ALTERNATE: Pizza ALTERNATE: Hamburger on a Bun **ALTERNATE:** Walking Taco **ALTERNATE:** Mac & Cheese

MONDAY	29	TUESDAY 30	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
Chicken & Noodle Casserole Corn Baby Carrots Bunches of Grapes		Crispy Chicken Patty Fettuccine Alfredo Carrot Coins Pepper Strips & Celery Bites Orange Wedges	Chili with Crackers Broccoli & Cauliflower Pineapple Chunks Cinnamon Roll	Roast Turkey Gravy Whole Grain Dinner Roll Mashed Potatoes Broccoli Normandy Applesauce Cup Harvest Bar	Sloppy Joes on a Bun Potato Wedges Celery & Cucumbers Strawberries & Bananas
ALTERNATE: Pizza		ALTERNATE: Hamburger on a Bun	ALTERNATE: Walking Taco	ALTERNATE: Mac & Cheese	alternate: Pizza



