

## **Brookline Bulletin**

March 29, 2024 Volume 8, Issue 4







Captain Samuel Douglass Academy 24 Townsend Hill Rd. Brookline, NH 03033 Phone 603-821-0439 Fax 603-810-6651 csda-office@sau41.org

#### Dates to remember

Mar. 29 Report cards issued in PowerSchool

April Traffic Safety Month

Apr. 1-5 RMMS Spring Book Fair

Apr. 17 School Board Meeting at RMMS

Apr. 22-26 Spring Vacation May 20-24 CSDA Book Fair

May 27 NO SCHOOL, Memorial Day

May 30 CSDA Spring Concert 6:00 p.m.

June 11 RMMS 3rd Grade Concert 6:00 p.m.

#### **Attention CSDA Families:**

The art room is asking for donations of yarn for our annual weaving unit that all grades will be participating in. We will accept yarn that is used or new. Check those closets, attics, and bins for yarn to donate!! You can send the yarn in with your student, or drop it off at the office. All donations are greatly appreciated!

#### **CSDA Happenings**

**Grade 4:** Fourth graders will begin a new fantasy in reading next week. In math, students will be starting our first unit on fractions.

**Grade 5:** Fifth graders have been learning about multiplication of fractions. In reading, students have started new novel studies.

**Grade 6:** Sixth grade is very excited to be reconstructing and customizing their K'NEX racers to be competing in the long-awaited Egg Dash, Crash, and Smash next week.

**CSDA Unified Arts:** Students will be talking and playing the keyboard!

CSDA Families: You should have received an email Thursday evening regarding the CSDA Solar Eclipse Club Viewing Party. As a reminder: It is requested that parents remind their students of the importance and requirement of wearing safety glasses if they plan to participate, as not wearing the glasses may result in permanent vision damage. During the event, the staff will make sure students are wearing their protective glasses and address the situation immediately if any student is not wearing their glasses.

#### **RMMS Happenings**

**Pre-K:** Preschoolers will begin learning about Pond Life next week including ducks, frogs and their life cycle, salamanders, bugs, and fish.

Grade K: In math next week, kindergarteners will be learning how to represent teen numbers as a ten and some ones. This is the foundation of understanding the base ten system.

**Grade 1:** First graders will work with subtracting tens in math. Students will continue to watch the bird cameras in preparation for our life science unit. Hopefully some chicks will hatch next week!

**Grade 2:** Second graders have been hard at work on their nonfiction research project! Next week, they will be writing the chapters of their book and adding nonfiction text features. They will also be starting geometry in math.

**Grade 3:** Next week, third grade will be reading informational texts and learning about equivalent fractions in math. They will continue to study forces in motion and practice spelling patterns at student levels.

**RMMS Unified Arts:** Students will be playing and singing through Celtic music!

Have a great weekend!

Mr. Molinari



### CSDA & RMMS HEALTH OFFICE UPDATES Mar 29, 2024

Preparing for the Solar Eclipse Monday, April 8, 2024 NASA Eclipse Safety



When watching a partial or annular solar eclipse directly with your eyes, you must look through safe solar viewing glasses ("eclipse glasses") or a safe handheld solar viewer at all times. Eclipse glasses are NOT regular sunglasses; regular sunglasses, no matter how dark, are not safe for viewing the Sun. Safe solar viewers are thousands of times darker and ought to comply with the ISO 12312-2 international standard.

Always supervise children using solar viewers. Do NOT look at the Sun through a camera lens, telescope, binoculars, or any other optical device while wearing eclipse glasses or using a handheld solar viewer — the concentrated solar rays will burn through the filter and cause serious eye injury.



#### Seasonal Spring Allergies

#### Keeping Symptoms in Check -

Symptoms of seasonal allergies include a stuffy or runny nose, sneezing, itchy eyes and nose, sore throat, cough, and dark circles under the eyes.

- Have your child wash their hands and face as soon as they come in from playing outside so they don't rub pollen in their eyes and nose.
- Check the forecast for pollen levels, and limit outdoor activities when pollen counts are at their highest.
- In combination with taking steps to limit your child's exposure to allergy triggers, there are many safe, effective allergy medicines that target specific symptoms your child is struggling with the most.
- Most allergy medications are now over-thecounter and generally fall into the categories of oral antihistamines, nose sprays and eye drops.
- Check with your doctor on the best option for your child

#### **ILLNESS CIRCULATING**

Strep Throat If your child has a sore throat this can be diagnosed with a rapid strep test or throat culture. If diagnosed with strep throat, your child must be fever free and on antibiotics for a minimum of 24 hours before returning to school.

Pink Eye (Conjunctivitis) If your child has red eyes with drainage, please have them seen by the doctor to determine treatment needed.

Stomach Illness, Nausea and Vomiting. Stay home until there is no vomiting for 24 hours and be able to keep food down.

#### WHEN TO STAY HOME

To prevent contagious illness, stay home from school with the following:

- Fever (Temp 100.0 or greater)- until fever-free without medication for 24 hours
- Vomiting or Diarrhea until symptom free for 24 hrs
- New/ Uncontrolled Cough or Sore Throatcontact MD
- New or Unexplained Rash- contact MD
- Pink Eye

Mental Health is as important as physical health. Inform the school nurse, teacher, principal, or trusted staff member about any health or emotional concerns so we can support your child together. Resources are available in NH via Call/Text 833-710-6477 or Chat www.nh988.com <a href="https://www.dhhs.nh.gov/programs-services/mental-health">https://www.dhhs.nh.gov/programs-services/mental-health</a>

#### **COVID UPDATES: EFFECTIVE 3/1/24**

- Isolation is no longer required
- Positive Covid person should stay at home and away from others until they are at least 24 hours with symptoms getting better
- Fever free for at least 24 hours without the use of fever reducing medications
- After this 24 hours, it is recommended to wear a well fitting mask for 5 days when around others

https://www.cdc.gov/respiratory-viruses/guidance/fag.html

CSDA: Maureen Lorden,

RN maureen.lorden@sau41.org

Phone: 603-821-0439

RMMS: Tena Ferenczhalmy,

RN tena.ferenczhalmy@sau41.org

Phone: 603-673-4640

**District Float Nurse:** 

Diana Zoltko, RN diana.zoltko@sau41.org

### April 2024

#### Richard Maghakian Memorial School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Cinnis Fruit, 100% Juice, Milk	Breakfast Bar Fruit, 100% Juice, Milk	Apple Cinnamon Muffin Fruit, 100% Juice, Milk	4 Benefit Bars Fruit, 100% Juice, Milk	5 Breakfast Favorites Fruit, 100% Juice, Milk
• Crumb Cake Fruit, 100% Juice, Milk	Chocolate Chip Muffin Fruit, 100% Juice, Milk	10 Bagel Fruit, 100% Juice, Milk	• Breakfast Bun Fruit, 100% Juice, Milk	Breakfast Favorites Fruit, 100% Juice, Milk
Blueberry Muffin     Fruit, 100% Juice, Milk	Cinnamon Roll Fruit, 100% Juice, Milk	Breakfast Bar Fruit, 100% Juice, Milk	18 - Mini Cinnis Fruit, 100% Juice, Milk	Breakfast Favorites Fruit, 100% Juice, Milk
22	23	24	25	26
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
Apple Cinnamon Muffin Fruit, 100% Juice, Milk	Benefit Bars Fruit, 100% Juice, Milk	1	2	3

Fruit Choices May Include: Strawberry Cup , Mandarin Oranges , Mixed Fruit , Pineapple Tidbits , Sliced Peaches , Pears , Applesauce , Dried Cranberries , Rasins , Applesauce Cup , Lindy's Fruit Punch Frozen Juice , Lindy's Strawberry Frozen Juice

Menu is Subject to Change

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 3/21/2024 at 8:36 am .

#### Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Egg & Cheese on an English Muffin Oven Fries - Strawberry Cup Cold Entrée Choices - Yogurt Lunch - Sunbutter & Jelly Sandwich w/ Cheese Stick	Cup o' Meatballs in Sauce Garlic Knot Steamed Broccoli Mandarin Oranges Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick	Chicken Patty on a Bun     Baked Beans     Seasoned Corn     Applesauce Cup Cold Entrée Choices     Yogurt Lunch     Sunbutter & Jelly Sandwich     w/ Cheese Stick	Chicken & Waffles Chicken Tenders/Waffle Sticks Fresh Baby Carrots Lite Ranch Dip Blueberries & Cream Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick	Gill's Fresh Cheese Pizza Salad Fruit Choice Cold Entrée Choices     Yogurt Lunch     Sunbutter & Jelly Sandwic w/ Cheese Stick
8	9	10	11	12
<ul> <li>Crispy Chicken Nuggets</li> <li>Garlic Texas Toast Roasted Fresh Green Beans Cold Entrée Choices</li> <li>Yogurt Lunch</li> <li>Sunbutter &amp; Jelly Sandwich w/ Cheese Stick</li> </ul>	Opening Day!! Ballpark Hot Dog! Smartfood Popcorn Oven Fries Strawberry Cup Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick	Nacho Bar Deluxe Chips, Taco Meat & Cheese Salsa & Sour Cream     Seasoned Corn     Pineapple Tidbits Cold Entrée Choices     Yogurt Lunch     Sunbutter & Jelly Sandwich w/ Cheese Stick	French Toast Sticks     Lucky Charm Vanilla Yogurt     Parfait     Sweet Potato Waffle Fries     Fresh Apple Slices     Cold Entrée Choices     Yogurt Lunch     Sunbutter & Jelly Sandwich     w/ Cheese Stick	Gill's Fresh Cheese Pizza     Cinnamon Sugar Roasted Chic Peas     Steamed Carrots Fruit Choice Cold Entrée Choices     Yogurt Lunch     Sunbutter & Jelly Sandwick w/ Cheese Stick
15	16	17	18	19
This n' That Day! Student Favorites Today! Fresh Baby Carrots Lite Ranch Dip Strawberry Cup Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick	Cheeseburger on a Bun     Hamburger on a Bun     Oven Fries     Baked Beans     Applesauce Cold Entrée Choices     Yogurt Lunch     Sunbutter & Jelly Sandwich     w/ Cheese Stick	Pasta & Meatsauce  WG Dinner Roll  Steamed Carrots  Fresh Apple Slices Cold Entrée Choices  Yogurt Lunch  Sunbutter & Jelly Sandwich w/ Cheese Stick	Popcorn Chicken Bowl * Popcorn Chicken WG Dinner Roll Creamy Mashed Potatoes Seasoned Corn Diced Pears Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick	Gill's Fresh Cheese Pizza Salad Fruit Choice Cold Entrée Choices     Yogurt Lunch     Sunbutter & Jelly Sandwich w/ Cheese Stick
22	23	24	25	26
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
Mozzarella Cheese Sticks Marinara Dip Cup Steamed Broccoli	Chicken Patty on a Bun Oven Fries     Sliced Peaches	1	2	3
Pineapple Tidbits Cold Entrée Choices     Yogurt Lunch     Sunbutter & Jelly Sandwich     w/ Cheese Stick	Cold Entrée Choices  • Yogurt Lunch  • Sunbutter & Jelly Sandwich w/ Cheese Stick			

#### Milk & Fruit Choices Available With Each Meal

Fruit Choices May Include: Strawberry Cup , Mandarin Oranges , Mixed Fruit , Pineapple Tidbits , Sliced Peaches , Pears , Applesauce , Dried Cranberries , Rasins , Applesauce Cup , Lindy's Fruit Punch Frozen Juice , Lindy's Strawberry Frozen Juice

# HAVE YOU HEARD ABOUT OUR BROOKLINE FOOD PANTRY?

Currently accepting donations and supporting families in Brookline and Hollis!

## HOW OUR SCHOOLS CAN HELP

Most needed items for March:

- Ketchup,
   Mustard, Mayo
- Salad Dressing
- Pretzels/Chips
- Pasta Sauce
- Boxed Rice Mixes
- Vegetable and Beef Broth
- Shelf-Stable Milk
- Laundry
   Detergent
- Deodorant
- Shampoo
- Tissues

All families
welcome- please
spread the word
to community
friends
and neighbors.

Thanks to our PTO, you may purchase the most needed items through Amazon:

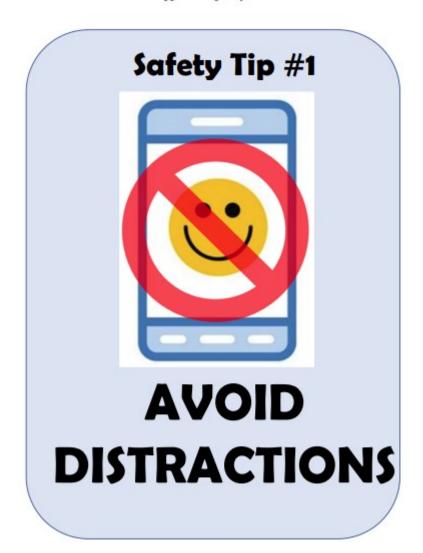
https://www.amazon.com/ registries/gl/guest-view/ 11J6079RAHQIX



YOUR CONTINUED SUPPORT IS APPRECIATED!
PLEASE KNOW THAT ALL DONATIONS MAKE A
DIFFERENCE IN OUR COMMUNITY.

## Hollis Brookline Schools

Traffic Safety Month



### Hollis Brookline Schools

Traffic Safety Month

Safety Tip #2





SLOW DOWN
KEEP EVERYONE
SAFE



Hello, March 18, 2024

I would like to extend an invitation to our schools to become an integral part of <u>Positively Hollis</u>, a new, community-driven website dedicated to celebrating the unique charm of our town and the wonderful people who call it home.

Our team is dedicated to creating fresh, visually rich content that highlights the stories, events, and individuals that contribute to our town. With a growing base of website subscribers and a positive social media presence, Positively Hollis aims to amplify the positive aspects of our community.

We are thrilled to extend an invitation to every school to contribute stories to our website and newly released quarterly newspaper, <u>The Positively Hollis Post</u>. Adults and families who are not connected to our schools are missing out on all the amazing things our students are involved in. Sharing positive stories about our young residents will help to build a bridge between the generations and create a stronger community bond for everyone. Both the administration and students are invited to participate in sharing the good news about Hollis schools and students. We are looking for stories about student accomplishments in all academic areas, the arts, sports, volunteerism, and good citizenship.

Our analytics show that our most popular stories are those that feature our local students and family-centered news.

Here are examples of popular stories featured on our website:

HBHS Robotics Team Heading to the FIRST Robotics Championship!

HBHS Students Embracing Service: Homefront Heroes Club

This Year's Gingerbread Contest: A Feast For The Eves!

To submit content, please email us at <a href="mailto:positivelyhollis@gmail.com">positivelyhollis@gmail.com</a>. Submission guidelines are available online. If you prefer an interview-style feature, submit an outline of the information you'd like included, along with any other relevant details, and we will create interview questions for you to respond to.

Thank you for considering our invitation. We look forward to collaborating with you to create a more connected and supportive environment for our town. Together, let's celebrate the spirit of Hollis!

Warm regards,

Liz Barbour
Positively Hollis Team Member
Positivelyhollis@gmail.com
www.PositivelyHollis.com

<sup>\*</sup>not a school sponsored event\*



# The NH Internet Crimes Against Children Task Force Presents

## SOCIAL MEDIA: A Predators Playground

PRESENTATION DESCRIPTION: Learn about the dangers that face teens every day. In doing so, we'll discuss how computers, cell phones, iPads, digital cameras, gaming systems, social networking applications, and internet blogs all play a role in placing students and families at risk. This 1.5 hour presentation is specifically geared towards parents, educators and community leaders who are looking to better understand the technology available to teens today and the way in which child predators use it to exploit them.

## Tuesday, April 16<sup>th</sup>, 2024 6:00 PM

# Hollis-Brookline High School Auditorium 24 Cavalier Ct, Hollis, NH

#### NEW HAMPSHIRE INTERNET CRIMES AGAINST CHILDREN TASK FORCE

The New Hampshire Internet Crimes Against Children (NH ICAC) Task Force was established in 1998 and is responsible for investigating cases of child sexual exploitation involving the use of high technology throughout the state of New Hampshire. The NH ICAC Task Force allows law enforcement agencies to work together to acquire the technical skills, specialized equipment, and resources to effectively investigate and prosecute offenders.

NOT A SCHOOL SPONSORED EVENT

## New Hampshire Statewide Assessment System 2024 at RMMS/CSDA

	Monday/Tuesday				
	March 11th-12th	Wednesday March 13th	Wednesday March 13th	Thursday March 14th	Friday March 15th
:00 – 11:00	No Testing	RMMS ELA- WRITING	CSDA ELA-WRITING	Make-ups	Make-ups
		NH SAS Smart			
	Monday May 6th	Tuesday May 7th	Wednesday May 8th	Thursday May 9th	Friday May 10th
:00 – 11:00	No Testing	Math	Make-ups	ELA Session1 Reading	Make-ups
	CSDA	NH SAS Smart	ter Balanced 1	Test Grade 4	
	Monday	Tuesday	Wednesday	Thursday	Friday
	May 6th	May 7th	May 8th	May 9th	May 10th
00 – 11:00	No Testing	ELA Session1 Reading	Math	Make-ups	Make-ups
	CSDA	NH SAS Smart	ter Balanced 1	Test Grade 5	
	Monday	Tuesday	Wednesday	Thursday	Friday
	May 6th	May 7th	May 8th	May 9th	May 10th
:00 – 11:00	No Testing	ELA Session1 Reading	Math	Make-ups	Make-ups
	CSDA	NH SAS Smart	ter Balanced 1	Test Grade 6	
	Monday	Tuesday	Wednesday	Thursday	Friday
	May 6th	May 7th	May 8th	May 9th	May 10th
:00 – 11:00	No Testing	ELA Session1 Reading	Math	Make-ups	Make-ups
	000		- 4 B-I	10-1-5	
	CSD/	A NH SAS Sm	iarter Baiance	d Grade 5	
	Monday May 13th	Tuesday May 14th	Wednesday May 15h	Thursday May 16th	Friday May 17th
9:00 – 11:00	Make-ups	Grade 5 Science and	Make-ups	Make-ups	Make-ups
		Make-ups			