

B L U E H A W K N E W S

SPRING BREAK

There will be **NO** school all next week,
**Monday, April 1st through Friday,
April 5th. Enjoy your Spring Break!**

Solar Eclipse Viewing

On Monday, April 8th a total solar eclipse will occur in parts of the United States. A partial eclipse will be visible here in Montana, weather permitting, beginning at 11:38AM and reaching the maximum eclipse at 12:38PM. Special thanks to Crystal Buchanan with the Public Library for her efforts in obtaining a grant and subsequently purchasing special eclipse viewing glasses for all students. Wearing special glasses is the only way to safely view a solar eclipse. Looking directly at the sun with out proper eye protection can hurt your eyes. The next total solar eclipse will happen in 2044. Please call us, if you have any questions or concerns.

Last Chance

Tomorrow is the final day to check Lost and Found for any lost items. We will clear it all out and start fresh when we return from Spring Break

RUNNING START

Our annual Running Start Reading Program will begin on **Monday, April 8th**. At **9:00AM**, we will kick off with a run around the Elementary Playground. Parents and community members are welcome to join us. The main goal of Running Start is to create a new generation of readers who eagerly turn to books for both information and enjoyment. To meet this challenge, students will need to read, or have someone read to them, at least 21 books or 21 chapters during the challenge period beginning April 8th. Reading logs, which will be sent home when we return from Spring Break and are available on our website under Forms, are due on May 3rd. Students are entered into the drawing for prizes each time they submit a filled reading log. Students in kinder through 2nd grade will also enjoy several guest readers during the month.

Important Happenings

- 3/28 Read 2 Ride Reading Logs due
- 3/28 3rd Quarter Report Cards go home w/ students
- 3/28 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 3/29 FUN FRIDAY - Pajama and Stuffy Day
- 3/29 *Early out - 2:05PM*
- 4/1-4/5 **NO SCHOOL - Spring Break**
- 4/8 Running Start Reading Program begins
- 4/8 Solar Eclipse Viewing
- 4/8 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 4/10 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 4/11 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 4/12 PTO Popcorn Friday - sponsored by North Star Drilling
- 4/12 *Early out - 2:05PM*
- 4/15 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 4/17 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 4/17 PTO Meeting—4:30—Rm 1—Elementary
- 4/18 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 4/19 *Early out - 2:05PM*
- 4/26 *Early out - 2:05PM*
- 5/3 Running Start Reading logs are due
- 5/3 *Early out - 2:05PM*
- 5/6-5/10 Teacher / Staff Appreciation Week
- 5/7 5-12 Gr Summer Band Concert - 6:30-HS Gym
- 5/8 Running Start Celebration - 2:30 PM
- 5/9 K-6 Summer Music Concert - 6:30PM - EL Gym
- 5/10 5th-6th Gr Egg Cart Races
- 5/10 *Early out - 2:05PM*
- 5/16 6th Gr Field Trip - Fort Missoula
- 5/17 **NO SCHOOL**
- 5/20-5/24 Penny War - PTO Fish Tank Fundraiser
- 5/21 JH/HS Pops Concert—6:30PM—Rex Theater

Thompson Falls Elementary

Mr. Len Dorscher,
Principal

School web site:
<http://thompsonfalls.net>



ThompsonFallsSchools



What's It Take to Get a Happier and More Respectful Kid?

This big question sits heavily on the hearts of countless parents, and the answers often seem confusing and elusive. After decades of studying research and working with families (as well as being humbled by my own children), I've learned many parenting lessons the hard way.

I'd like to share one of these lessons in a story about a rebellious and unhappy son. Ethan and his parents represent thousands of parents who have benefited from Love and Logic over the years.

Ethan's parents were growing more exhausted by the day. He'd developed a nasty habit of making negative comments about everything they said. Chores were not getting done, homework was suffering, and he complained incessantly about his deplorable living conditions—the Wi-Fi was too slow, his phone was too old, and the parents of his friends were far more understanding and compassionate.

Ethan's parents were baffled. Being kind and conscientious, they tried even harder to provide a consistently comfortable and love-filled daily experience for Ethan. Fretting, they wondered, "What else can we do? Our son is so unhappy and disrespectful, and even disobedient! What can we do to improve our relationship?"

A friend of many years shared some wisdom with them:

"He's acting this way because he sees you as weak. He doesn't respect you because you don't expect anything of him."

Though provided out of love, their friend's remarks stung. As their pain subsided, mom and dad began to see the truth in it. As a result, they set a strong limit over what they would provide and under what circumstances:

"We are happy to do and provide extra things for you when we feel respected and you are completing your chores."

As you can imagine, Ethan's initial reaction was not positive. But as the days passed, Ethan's parents were surprised to see a happier and more respectful kid. They remarked, "It's true! Kids do need, and want, the loving leadership of limits."

Have you seen this story unfold in your life? Have you witnessed a friend who discovered that avoiding conflict with their child was merely creating more of it?

For decades, Love and Logic has focused on helping parents transform kids like Ethan into adults who are responsible, resilient, and respectful. In 2021, Love and Logic became part of the Amen Clinics family, allowing the integration of Love and Logic's psychological principles and techniques with the powerful brain-health approach pioneered by Dr. Daniel Amen.

One of the fruits of this collaboration is a new book that Dr. Amen and I wrote. This innovative book, [*Raising Mentally Strong Kids*](#), will be released next week. It raises the standard for parenting books by adding extraordinary insights from brain science to the proven principles and techniques of Love and Logic. Based on neuroscience and decades of parenting experience, it will give you practical steps for raising competent, resilient, and responsible kids. Order this valuable new resource today!

Each week we will share Love & Logic tips here. We also have many Love & Logic resources available for loan.

Contact our school counselor, Ms. Taylour Freed, for more info.