

Crisis Intervention

This program is designed to provide victims of a traumatic event with immediate support & resources to help stabilize them. GYAR counselors provide 24/7 coverage to assist police officers on scene in the community for calls related to death, suicide, or other traumatic events involving victims.

Victim Assistance Services

GYAR counselors also work with victims referred to us by police, particularly those victims of domestic violence (DV) where his or her risk of lethality is high. We outreach victims of a DV incident to provide safety planning, resources, and ongoing support to ensure victims remain safe.

Information & Referral

GYAR counselors assist citizens seeking behavioral health services by providing resources and referrals to an appropriate community treatment provider.

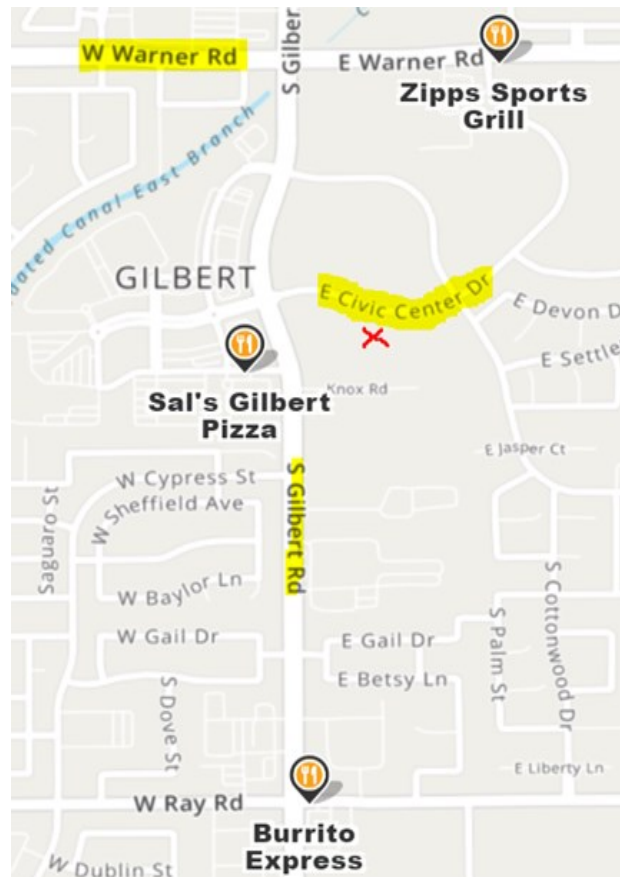
Fees for service depend on the referral source and services rendered. Fees are due at check-in of appointment. Cash and debit or credit cards are accepted. Thank you!

LOCATION

Gilbert Police Department
75 East Civic Center Drive
Gilbert, AZ 85296

Due to building remodeling & relocation we are currently operating 100% remotely via tele-med services until November 2023

PHONE: 480-635-7703



Gilbert Youth & Adult Resources



**Our mission is to
"Anticipate, Create, and
Help People."**

Call: 480-635-7703

Who We Are . . .

Gilbert Youth & Adult Resources (GYAR) is a town-funded out-patient counseling clinic that is licensed by the Arizona Dept of Health Services. Located inside the Gilbert PD (but moving to the Gilbert Courthouse in Nov 2023), we offer a wide range of service delivery programs to improve the quality of life for victims, offenders, and Gilbert citizens.

What We Do . . .

- **Solution Focused Therapy**
- **DUI Screening and Referral**
- **Adult Court Ordered Counseling Programs**
- **Juvenile Diversion Programs**
- **Crisis Intervention**
- **Victim Assistance Services**
- **Information and Referral**

Our Programs:

Individual Counseling -

We provide short-term, solution focused therapy for individuals who's treatment needs can best be met by using this intervention. Our therapeutic model of brief therapy focuses on solutions and is effective for individuals experiencing temporary psychosocial stressors to resolve immediate problems. For those individuals needing a higher level of care, we will provide resources and referrals for alternative treatment options available in the community.

Juvenile Diversion Programs

This program begins with a comprehensive screening completed with the juvenile and his or her parents to assess what intervention is needed to address the maladaptive behavior. Diversion requirements also include community service hours, a referral to one of our three groups (listed in the section below), and a follow up appointment and diversion fee to review with the juvenile what he or she has learned & ensure all requirements are completed.

Group Counseling -

As part of our juvenile diversion programs, we provide group counseling for juvenile offenders referred by Gilbert Police, Maricopa Juvenile Court, Justice Courts, &

Gilbert School Districts for ages 12—17. There is one psychoeducational class and two therapeutic groups called Curfew Diversion class, Drug, Alcohol, & Tobacco (DAT) Group, and Adolescent Life Fundamentals (ALF) respectively.

DUI Screening and Referral -

We provide DUI screening and referral using the Arizona Department of Health Services Guidelines for DUI offenders. Clients are then referred to the appropriate level of treatment at an agency providing substance abuse education and treatment services approved for DUI offenders. Gilbert Youth & Adult Resources is licensed by the state of Arizona to provide DUI screenings and reports DUI screenings to the MVD.

Adult Court Ordered Counseling

This program is for defendants referred to us by the Gilbert Municipal Court or the East Valley Regional Veteran's Court who were arrested for a misdemeanor charge and are mandated by a judge to complete counseling. We screen and assess these defendants to set forth their counseling requirements and refer them to a treatment agency and monitor his or her compliance.

