



SunSource Merit  
42311 - Broccoli Florets lqf Frozen

The sun - at the break of dawn, every day, it warms the soil and powers the growth of the finest fruits and vegetables. And, as operators and chefs know, nutritious, great-tasting fruits and vegetables are the foundation of virtually every successful menu. To help enhance your recipes, SunSource is proud to offer the finest in canned and frozen fruits & vegetables available.



Nutrition Facts

Servings per Container 11  
Serving size 1cup (81g)

Amount per serving  
Calories 20

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 4g	1%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 0.7mg	4%
Potassium 170mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

When you choose SunSource, you have selected the finest frozen fruits and vegetables created to fit the distinct needs and budgets of foodservice operators. You can rely on our pledge to provide products with superior quality and taste, giving you the confidence and assurance you need to see your menu in a whole new light - SunSource Fruits and Vegetables.

Ingredients

BROCCOLI

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep frozen.

Serving Suggestions

Serve as a standalone side dish or as an ingredient in your recipe.

Prep & Cooking Suggestions

Ready to use according to your recipe.

📄 Product Specifications

Brand	Manufacturer	Product Category
SunSource Merit	Seneca Foods Corporation	Vegetables, Other

MFG #	SPC #	GTIN	Pack	Pack Desc.
F001868700220	42311	10018687002207	12	12/2 lbs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
26lb	24lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.67in	13.27in	9.1in	1.37ft3	7x5	730DAYS	-5°F / 5°F



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Nutrition Analysis - By Serving

Calories	20	Total Fat	0g	Sodium	20mg
Protein	2	Trans Fats	0g	Calcium	50mg
Total Carbohydrates...	4g	Saturated Fat	0g	Iron	0.7mg
Sugars	1g	Added Sugars	0g	Potassium	170mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

Nutrition Facts	
See Below servings per container	
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