

Central Parent Advisory Council (PAC) Meeting Agenda

Monday, March 4, 2024, 7:00-8:30 pm

Zoom Conference Call

7:00 pm Welcome — *Sunny Kase, PAC Co-Chair*

- Meeting Agenda::
https://docs.google.com/document/d/1b8Xlr09m_ci1IMHz2BizQAbCvqxHj9Uc2SWgE--np6E/edit
- What is PAC? Who is PAC? Where is PAC?
 - PAC is a group of parents, guardians, community members, and others with a connection to Central High School who meet one Monday most months during the school year from 7-8:30pm. All are welcome at these meetings. PAC's mission is "(t)o support and enhance the education of students and the experience of staff and the school community."
- Format of PAC meetings: The meetings are translated in real time.
 - We bring in staff and teachers from Central and talk about topics that are related

7:10 pm CHS Updates — *Anika Carter Ward, PAC Co-Chair and Cherise Ayers, Principal*

- **Check In with Principal Ayers. What is going on at Central High School?**
 - We're in this T.O.G.E.T.H.E.R.
 - H = Holding Space. Taking care to provide space for harm that you may have not caused. School is often a part of everyone's experience. It's likely or a given that K-12 school was a part of your life. The way that you experienced school, it will color how you look at what's happening right now. Taking on the responsibility of healing harm that you may not have caused yourself is very important now. Hurt people hurt other people. How can we help heal others to allow for learning and educating.
 - Also, there is so much to celebrate! The tri-school concerts happened this week. Hidden River and Capitol Hill middle school bands come and play with the Central Orchestra and Band.
 - Opportunity Fair happened last Friday! It was an amazing event. Stakeholders (community leaders, teachers, parents, etc.)
 - Gun incident. When that happened, Principal Ayers was not at the school. She was on a school trip. The guest principal handled things. Principal Ayers was in touch throughout the entire event. The guest principal reported that everyone on staff did everything right. It was handled according to district procedures. The students who came forward to report the gun did a brave thing and it's what we've been teaching them all to do - to come forward and talk to adults when they have concerns.
 - Strike Information. The information coming from the district is the best information available. We are in this place (again) and we need to hold space for students, families, and teachers because it is stressful.

- The thing that sets Central apart, is that our families get engaged in ways that are not just about caring for their kid, but where they are caring for all the kids. The Central PAC is a big part of making that happen. Our PAC is the kind of group that helps other schools get a PAC started. We care for real. It is a point of pride!
- **Q and A with Principal Ayers**
 - What does holding space look like for students, families, and teachers?
 - Listening and understanding what the concern is
 - Making sure we are checking in, ensuring people are aware that their issue is being worked on.
 - Building community - getting people talking to one another.
 - Making sure that students are supported when their teachers are on leave (e.g. maternity or paternity leave)
 - Providing pathways or illuminating pathways for people
 - Dispelling myths and looking at what is true
 - Sitting in circle and recognizing when there is harm. Talking through problems
 - Being accessible and available.
 - It is a slow process. It can be heavy and it requires a lot of the people who are holding the space.
 - Some of this is technical and some is adaptive. It looks different depending on who is involved and what the harm is.
 - ACT Tests. Are they free? When is it? Where is it?
 - Yes one test at the school is offered at no charge. The ACT test is scheduled for 3/12/25 at all SPPS high schools. The district will reschedule this in the event of a strike.
 - IB Program information
 - That was shared at a 10th grade level meeting. Information was shared about IB and AP programs.
 - If students are interested in IB Program, they should contact Mr. Leif
 - Students can take IB classes without being in the full IB Program.
 - There are also standard level courses as an alternative to all the IB Program classes.
 - Higher level IB courses are incredibly rigorous.
 - Does the graduation date stand even if the students miss some time due to a strike?
 - Principal Ayers does not anticipate the graduation date would change; however, it could if the strike went on a very long time.
 - What is the reasoning behind all incoming 9th graders into a general math class vs. accelerated options?
 - Math is an area where people do not necessarily need to accelerate. There isn't a proven reason to go faster.
 - This is a district policy.

7:30 pm - Graduation Party

- Lindsey Farwell, Graduation Party Planning Chair + Gita Zeit
 - Co-chairs for the overnight grad party.
 - The team is coming together
 - They are launching a [Go Fund Me!](#) For the party.
 - They offer the party free of charge for all members of the Central senior class. If you can support the party, please do!
 - Goal: \$15,000
 - Will also have a fundraising committee to seek donations.
 - The party is on Tuesday night, directly after graduation. Date: Tuesday June 4, 2025. The graduation is at 8pm. Students will check in between 10:30 and 11/45 until 5:30 the next morning.
 - Many people are needed to make the night of the event a success! Please consider volunteering. There will be a sign up announced soon.
 - It's a great event! Please help by donating \$ and your time.

7:40 pm Registration for Fall Classes - Ashley Welke, Central Counselor

- Information is available on Schoology! Ask your child to log in and look for it together.
- Registration Process
 - Information is being shared during Advisory. The students will put their choices into the planner in Student Campus.
 - All information is in Notability. Teachers are making recommendations for student classes for the upcoming year.
 - Starting Tuesday, 3/5/24 through Thursday, 3/7/24
 - Students should be looking at their options and then talk with their parents about their tentative plan
 - The new grade level worksheets are available in Campus.

Grade Level Worksheets

CENTRAL
HOME OF THE MINUTEMEN

Name: _____ DOB: _____ Phone: _____

10th Grade Registration Planning Worksheet
Click here to see [Course Guide](#) and [Electives](#). Students will enter final courses in Campus on March 11th - March 15th.

Interested in IB DP or CP in 11th/12th Grade? See [recommended core schedule](#).

Step 1: Select required classes from each column (Year long course = 4 credits)
*Please discuss your final course selections with parents/guardians and current teachers.

Subject Area	Default Option	Accelerated / IB Options
LANGUAGE ARTS - 4 credits Select one → My current math teacher suggests that I take: _____	<input type="checkbox"/> L432491 Quiet English 10	<input type="checkbox"/> H43211 AP Human Geography (4 credits)
SCIENCE - 4 credits Select one → My current science teacher suggests that I take: _____	<input type="checkbox"/> S404111 Chemistry <input type="checkbox"/> S402161 Earth & Astronomy	<input type="checkbox"/> S43111 Chemistry, Accelerated
MATH - 4 credits Select one → My current math teacher suggests that I take: _____	<input type="checkbox"/> M404111 Integrated Math II <input type="checkbox"/> M405111 Algebra 2 (10th/11th grade) <input type="checkbox"/> M405111 Geometry in 9th grade	<input type="checkbox"/> M43111 Algebra 2, Accelerated <input type="checkbox"/> M43111 Geometry, Accelerated <input type="checkbox"/> M43111 Precalculus <input type="checkbox"/> M43111 AP Calculus AB
10th Grade Personal Project - 2 credits Select one →	<input type="checkbox"/> H405111 MYP Personal Project (All 10th graders will be assigned this course unless you select & apply)	<input type="checkbox"/> H405111 AVID 10 (4 credits) (Recommended for students with a 2.5 GPA)
HEALTH - 2 credits	<input type="checkbox"/> H407111 Health, Individual & Community	

Class of 2027



Class of 2026



Class of 2025



Class of 2028
will be posted
on the website
by April 1st.

- All this information is on the Central website
- Students will fill out the form online.
- There are over 100 electives! Students can look at the course guide

Elective Sheet/Course Guide

Central Elective Courses 2024-2025
Go to [https://spps.org/central](#) to find the course guide and all other registration materials.

* = prerequisite, see course guide
** = teacher approval required

(2) = Semester long elective
(4) = Year long courses

Art Beginning (ART CREDIT) V40111 Painting, Beginning (2) V40111 Ceramics, Beginning (Studio/Portfolio) (2) V40111 Drawing, Beginning (2) V40111 Photography, Beginning (2) V40111 Mixed Media (2) Art Intermediate - Must have passed Beginning Art V40121 Painting, Intermediate (2) V40121 Ceramics, Intermediate (2) V40121 Drawing, Intermediate (2) V40121 Photography, Intermediate (2) Art Advanced - Must have passed Intermediate Art V40131 Painting, Advanced (2) V40131 Ceramics, Advanced (Studio/Portfolio) (2) V40131 Drawing, Advanced (2) V40131 Photography, Advanced (2) V40131 Mixed Media (2) Art Studio - Must have passed Art Advanced V40141 Studio Art I (2) V40141 Studio Art II (2) V40141 Studio Art III (2) AP Art History (4) V40151 AP Art History (4) AVID (You need to apply to join AVID. Current AVID students will be placed in this elective.) H40201 AVID 10 (4) H40201 AVID 11 (4) H40201 AVID 12 (4) Technology Education (TECH CREDIT) T40111 AutoCAD (2) T40111 AutoCAD LT (2) T40111 AutoCAD 3D (2) T40111 AutoCAD 3D (2) T40111 AutoCAD 3D (2) Business (BIZ CREDIT) B40111 Intro to Business (2) B40111 Personal Finance (2) (10-12th grade) Health (ART CREDIT) H40111 Intro to Health Arts (2) H40111 Health Arts (2) H40111 Acting (2) H40111 Acting (2) H40111 Acting (2) H40111 Acting (2) H40111 Acting (2)	Music (ART CREDIT) M40111 Orchestra Advanced (4) M40111 Orchestra Honors (4) M40111 Band Advanced (4) M40111 Band Honors (4) M40111 Jazz Band (4) M40111 Jazz Band (4) M40111 Jazz Band (4) M40111 Jazz Band (4) M40111 Jazz Band (4) Performing Art (ART CREDIT) P40111 Video Game Music (2) P40111 Music Production, Beginning (2) P40111 Music Production, Advanced (2) P40111 Music Production, Advanced (2) P40111 Music Production, Advanced (2) P40111 Music Production, Advanced (2) Physical Education and Health G40111 Health, Individual & Community (2) G40111 Volleyball (2) G40111 Soccer (2) G40111 9/10 Individual and Team Sports (2) G40111 11/12 Individual and Team Sports (2) G40111 Recreational and Paddle Sports (2) G40111 Strength & Fitness (2) G40111 Mind/Body Fitness (2) G40111 Mind/Body Fitness (2) G40111 Mind/Body Fitness (2) G40111 Mind/Body Fitness (2) Family & Consumer Science (FACS/Career CREDIT) F40111 Culinary Arts I (2) F40111 Culinary Arts II (2) F40111 Culinary Arts III (2) F40111 Culinary Arts IV (2) Construction & Engineering (TECH CREDIT) C40111 Introduction to Engineering (2) C40111 Introduction to Engineering (2) C40111 Introduction to Engineering (2) C40111 Introduction to Engineering (2) C40111 Introduction to Engineering (2) Math Electives - taken after Algebra 2 math requirement M40111 Precalculus (4) M40111 AP Precalculus (4) M40111 AP Calculus AB (4) M40111 AP Calculus BC (4) M40111 AP Statistics (4)
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New courses are highlighted in green.

Electives



Course Guide

St. Paul Central Senior High School 2024-2025 Course Guide



Many Traditions, One School, Since 1886

275 N. Lexington Pkwy
Saint Paul, MN 55104

Main Office: 651-744-4900

Website: [www.central.spps.org](#)

Online Course Request Information at: [www.spps.org/Page/8713](#)



- Pathways for students: There are a lot! IB Program, AP courses, etc. The counselors and teachers will provide recommendations about the next course they should be taking.
- College Credit options:

College Credit Opportunities at Central

Central is an International Baccalaureate (IB) World School

Offering an extensive list of advanced classes that prepare you for college
May earn college credits at colleges

Central offers Advanced Placement (AP) courses

Offering an extensive list of advanced classes that prepare you for college
May earn college credits at colleges

Central offers College in the Schools Courses (CIS) - English 12, Psychology + World Language

Sponsored by University of MN following their admission and grading criteria
When students take a CIS class, the credit is on their CHS transcript + UM transcript

Central Offers Districtwide Career Pathways opportunities

11th and 12th students enrolled in this program explore high demand, high wage careers.
Students are scheduled for classes in the morning at their home school and afternoons at the 3M Advanced Training Center completing career-related college courses.

- March 22nd - the career pathways program admin will be at Central
- PSEO - Students can earn college credit at a college as an admitted student. The students will be solely responsible for their grades, etc. The U of MN's deadline is on April 1st. All this information is on the website.
- [Presentation link here!](#)
- To Register:
 - Students go into Student Campus. They can see all the classes that they've taken.
 - Jrs are planning for next year. Younger students can plan out multiple years, but they are only registering for the next year.
 - They will see information about requirements that they've met and that they've not met.
 - They click on "academic planner" and can put additional information into the system.
 - Students can make changes as long as it's not locked. It's locked for incoming 9th and 10th graders after they've registered, but they can still talk to
 - Course Catalog is in Campus.
 - Please reach out to your student's counselors if you have questions.
- **Q&A for counselors**
 - When do incoming freshmen get information about class registration

Counselors



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- Class of 2028 will register in April. Counselors will visit the middle schools to explain the process.
- For Everyone! Registration night is on April 18th at Central. Central staff will enter all the information for the students.
- German Immersion will also get a visit.
- Rising 9th graders will all take Biology.
- If a student missed the PSEO planning meeting (during the advisory period) last week, are there any other opportunities for them to hear this information?
 - There is a packet of information that they can get from their counselor. There's a well done handout. The presentation is posted.
 - Big Takeaway - if this information is hard to find for them, they may want to consider another option. They will need to be responsible for all steps themselves. They will still register as if they are going to be going to Central!
- There are requirements for graduation: Health, English, etc.
- If there is a strike, what happens?
 - All the information is being entered this week! Students will still be able to access the system next week if there is a strike.
- German immersion registration?
 - They will get information, along with all the other middle schools the first week of April. If we go on strike, this might get bumped back a little bit.

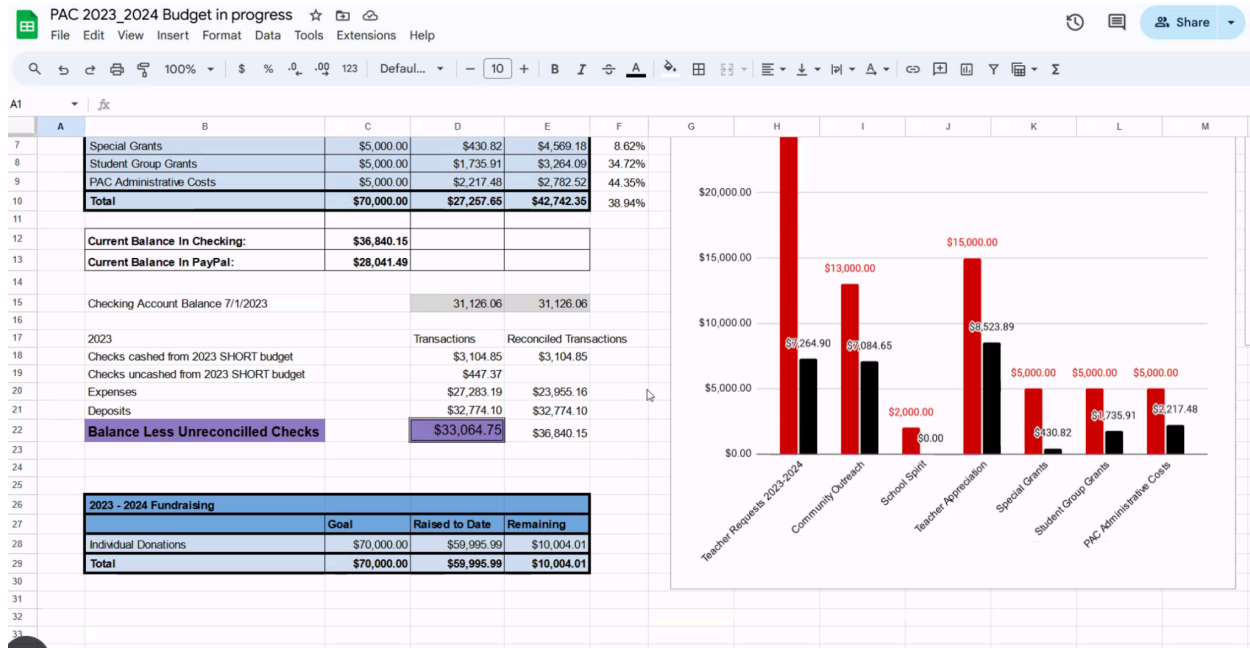
8:00 pm Programs at Central

- Coach Howell - "The heart and soul of Central!"

- In the process of planning the 40th graduation reunion!
- A few updates:
 - Thank you to PAC for the support for meals for African American Involvement Day. It was great! Over 60 families attended. A wonderful listening session and many engaging conversations happened.
 - Looking for volunteers for the Spring Social!
 - All the programs in the building come together for a celebration.
 - The information about this is in the weekly newsletter.
 - Different organizations come in, maybe a DJ?! Food trucks
 - It will be on either Friday May 17th or Friday May 24.
 - Thank you to all the parents for their support! Winter athletics did a great job representing Central. Some officials sent a note of praise about the boys basketball players manners and sportsmanship.
 - Next Title One meeting: April! SKIP plan and Family Engagement Plan and other programs will be discussed. There will be a survey to help guide the work to make Central better. Any input is welcome!
- Opportunity Fair update - Ms. Emily Punyko and Tori
 - [Slide show here!](#)
 - The students were very engaged!
 - Representatives from so many businesses showed up! Alumni came to share!
 - Lots of information about career directions.
 - Some other schools came - Students from Creative Arts, Gateway and LEAP also attended.
- Question for Coach Howell:
 - For a new-to-Central student (10th grade) who wants to play lacross (and has never played before), how open and welcoming are sports teams for students who are enthusiastic about sports but not an athlete yet?
 - All students are welcome. Some sports are competitive, but we try to ensure there is an opportunity for everyone.
 - Athletic Director Ekegren is the point of contact for this.
 - Track team is a great way to join a sport - there are 150 athletes participating there.

8:10 pm Financial Report — Heidi Van Schooten, PAC Treasurer

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- Thank you to the community for your support!
- We are on track for our spending for this point in the year. We want to encourage teachers to use their grant money (\$250 each)
- We've raised \$60,000 of our \$70,000 goal.
- We're the stewards of the gifts. We've tried hard to mentor and model for other schools (like Harding) to set up their own PAC.
- We're always looking for others to step in to join us! There are opportunities for others to feel a part of what we're doing.
- Reach out to PAC at CentralHSPAC@gmail.com

Meeting ended at 8:30pm