

Exhibit A Grain Product

Product Name: Brown Rice

Program - Meal: NSLP - Lunch

Method: Ounce Equivalent (oz eq) Grains (All Programs)

Description of Food Item per Exhibit A	Serving Size (as provided on Product Label)	Measurement Unit	Weight or Cups of One Ounce Equivalent/Minimum Serving Size as Listed in Exhibit A	Grains Contribution
Rice	1.00	cup(s)	1/2 cup cooked	2.00 oz eq grains

Grains Contribution: 1.00 cup(s) of Rice provide 2.00 oz eq grains

Description of Food Item per Exhibit A	Food Item Type	Program - Meal
Rice	cooked	NSLP - Lunch

Amount to Serve by Age Group/Grade Group to Meet Minimum Grains Requirement for NSLP - Lunch

Age Group/Grade Group	Amount to Serve to Meet Minimum Grains Requirement	Minimum Grains Requirement
Grades K-5	0.50 cup(s) cooked	1.00 oz eq grains
Grades 6-8	0.50 cup(s) cooked	1.00 oz eq grains
Grades 9-12	1.00 cup(s) cooked	2.00 oz eq grains

NOTE:

- Refer to Exhibit A for specific guidance on creditable grain products in Child Nutrition Programs.
- Creditable grain items are made from whole or enriched grains.
- Grain-based desserts are not creditable in CACFP or NSLP/SBP infant and preschool meals.
- Make sure the food you are entering is creditable for infants. For more information, see "Feeding Infants in the CACFP's Appendix F: Infant Foods List" (https://fns.usda.gov/sites/default/files/resource-files/FI_AppendixF.pdf)
- For combination foods that credit toward more than one meal component, enter the weight of the grain portion only (e.g., for pizza, only enter the weight of the crust).