

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |  |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|--|
| <b>2023 FALL Lunch HS STAR Monday - ServingDate: 04/01/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Meatballs - TR1262 (2 1/2 oz.)                                  | 15          | 152.00          | 11.00         | 4.00        | 0.70          | 48.00     | 302.00      | 2.00     | 1.00            | 1.00             | (M)              | 12.00       | 1.00      | 28.00        | 1.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                     | 20          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)   |  |
| Cheeseburger - TR1897 (1 ea.)                                   | 20          | 392.00          | 19.60         | 7.40        | 0.00          | 68.00     | 616.00      | 31.00    | 2.00            | 5.00             | 4.00(M)          | 27.60       | 2.60      | 325.00       | 300.00    | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Hamburger - TR1899 (1 ea.)                                      | 15          | 357.00          | 17.60         | 6.40        | 0.00          | 63.00     | 511.00      | 29.00    | 2.00            | 4.00             | 4.00(M)          | 20.60       | 2.60      | 125.00       | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 0.00      |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                 | 12          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00      |  |
| Premium Lunch Quick Kit - TR1660 (1 kit)                        | 1           | 480.00          | 11.50         | 3.50        | 0.00          | 20.00     | 545.00      | 75.00    | 3.00            | 33.00            | 4.00(M)          | 17.00       | 1.80      | 360.00       | 90.00     | 42.00     | 0.10(M)    | 269.31(M)      | 0.00      |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                        | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |  |
| Turkey Fajita - TR1820 (1/2 c.)                                 | 15          | 85.54           | 1.07          | 0.54        | 0.00          | 37.42     | 352.84      | 1.07     | 0.00            | 0.00             | 0.00             | 17.11       | 0.39      | 0.00         | 0.00      | 0.00      | 0.00       | 0.00           | 0.00      |  |
| Alfredo Sauce - TR1261 (1 #16 scoop)                            | 25          | 98.36           | 5.46          | 3.28        | 0.00          | 20.77     | 408.74      | 5.46     | 0.00            | 3.28             | (M)              | 6.56        | 0.00      | 207.65       | 245.90    | 0.00      | (M)        | (M)            | 0.00      |  |
| Marinara Sauce - TR1124 (1/2 c.)                                | 25          | 86.67           | 3.37          | 0.48        | 0.00          | 0.00      | 134.81      | 14.44    | 1.93            | 9.63             | (M)              | 1.93        | 1.04      | 19.26        | 481.48    | 5.78      | (M)        | (M)            | (M)       |  |
| Garlic Toast - TR1004 (1 ea.)                                   | 50          | 100.00          | 3.00          | 0.00        | 0.00          | 0.00      | 130.00      | 15.00    | 2.00            | 1.00             | (M)              | 3.00        | 0.72      | 0.00         | 300.00    | 0.00      | (M)        | (M)            | (M)       |  |
| Rotini Pasta - TR1129 (1 c.)                                    | 50          | 229.20          | 3.74          | 0.32        | 0.00          | 0.00      | 15.90       | 41.00    | 4.00            | 2.00             | (M)              | 7.00        | 1.80      | 35.90        | 0.00      | 0.00      | (M)        | (M)            | 529.40(M) |  |
| Crinkle Cut Fries - TR1527 (3 oz.)                              | 65          | 190.47          | 5.71          | 0.00        | 0.00          | 0.00      | 323.80      | 28.57    | 3.81            | 0.00             | (M)              | 3.81        | 0.69      | 0.00         | 0.00      | 6.86      | (M)        | 399.99         | 0.00      |  |
| Marinara Dip Cup - TR1172 (1 ea.)                               | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)       |  |
| Seasoned Green Beans - TR1085 (1/2 c.)                          | 15          | 45.45           | 2.54          | 0.55        | 0.00          | 0.00      | 189.77      | 4.73     | 2.36            | 1.18             | 0.00(M)          | 1.18        | 0.42      | 23.64        | 254.54    | 1.42      | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Vegetable Medley - TR1105 (1/2 c.)                              | 15          | 41.62           | 1.12          | 0.24        | 0.00          | 0.00      | 167.75      | 5.34     | 2.13            | 3.20             | 0.00(M)          | 1.07        | 0.00      | 21.35        | 808.46    | 6.40      | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Granny Smith Apple - TR1054 (1 ea.)                             | 25          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Diced Peach Cup - TR1759 (1 ea.)                                | 25          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00      |  |
| Lactaid Milk - TR1367 (1 c.)                                    | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00      |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Monday -<br/>ServingDate:<br/>04/01/2024</b> |         |
| Meatballs - TR1262 (2<br>1/2 oz.)   | (M)     |
| Cheese Stuffed<br>Breadsticks - TR1363<br>(2 ea.)                           | 0.00(M) |
| Cheeseburger - TR1897<br>(1 ea.)  | 0.00(M) |
| Hamburger - TR1899 (1<br>ea.)   | 0.00    |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                       | 0.00    |
| Premium Lunch Quick<br>Kit - TR1660 (1 kit)                                 | 0.00    |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                              | 0.00    |
| Turkey Fajita - TR1820<br>(1/2 c.)  | 0.00    |
| Alfredo Sauce - TR1261<br>(1 #16 scoop)                                     | 0.00    |
| Marinara Sauce -<br>TR1124 (1/2 c.)   | (M)     |
| Garlic Toast - TR1004<br>(1 ea.)  | (M)     |
| Rotini Pasta - TR1129<br>(1 c.)   | 0.53(M) |
| Crinkle Cut Fries -<br>TR1527 (3 oz.)                                       | 0.00    |
| Marinara Dip Cup -<br>TR1172 (1 ea.)  | (M)     |
| Seasoned Green Beans<br>- TR1085 (1/2 c.)                                   | 0.00(M) |
| Vegetable Medley -<br>TR1105 (1/2 c.)                                       | 0.00(M) |
| Granny Smith Apple -<br>TR1054 (1 ea.)                                      | (M)     |
| Diced Peach Cup -<br>TR1759 (1 ea.)   | 0.00    |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|--|
| <b>2023 FALL Lunch HS STAR Monday - ServingDate: 04/01/2024</b>          |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Chocolate Milk - TR1033 (1 c.)   | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| White Milk - TR1035 (1 c.)   | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.)                                  | 25          | 9.59            | 0.00          | 0.00        | 0.00          | 0.00      | 107.22      | 2.65     | 0.73            | 1.46             | (M)              | 0.73        | 0.26      | 10.00        | 373.88    | 3.98      | (M)        | (M)            | 0.00(M)  |  |
| Ketchup - TR1088 (2 ea.)   | 50          | 20.00           | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Mayo - TR1144 (1 ea.)  | 10          | 40.00           | 3.00          | 0.00        | 0.00          | 5.00      | 105.00      | 3.00     | 0.00            | 2.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Mustard - TR1145 (1 ea.)   | 10          | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 85.00       | 1.00     | 0.00            | 0.00             | (M)              | 1.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Shredded Parmesan - TR1132 (1 tbsp.)                                     | 10          | 27.84           | 2.02          | 1.14        | 0.00          | 6.33      | 103.78      | 0.25     | 0.00            | 0.00             | (M)              | 2.28        | 0.00      | 75.94        | 75.94     | 0.00      | (M)        | (M)            | 0.00     |  |
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/02/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Beef Chili - TR1808 (1 #8 scoop)   | 40          | 141.20          | 12.00         | 4.40        | 0.70          | 40.00     | 371.99      | 9.00     | 3.00            | 3.00             | (M)              | 14.00       | 3.00      | 49.00        | 912.99    | 10.00     | 0.00       | 0.00           | 0.00     |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 5           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Chicken Fajita - TR1122 (3 1/2 oz.)                                      | 10          | 150.54          | 7.53          | 0.00        | 0.00          | 94.09     | 388.89      | 2.51     | 0.00            | 0.00             | 0.00             | 18.82       | 0.45      | 0.00         | 0.00      | 0.00      | 0.00       | 263.44         | 0.00     |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 3           | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00     |  |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 10          | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00     |  |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                             | 5           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)      |  |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | 5           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)      |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                 | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00     |  |
| Crispy Beef Tacos - TR1949 (2 ea.)                                       | 20          | 361.06          | 24.07         | 9.03        | 0.00          | 50.15     | 661.93      | 24.07    | 2.01            | 2.01             | 0.00             | 14.04       | 2.17      | 300.88       | 0.00      | 0.00      | 2.41       | 261.14         | 0.00     |  |
| Nachos - TR1277 (20 ea.)   | 20          | 302.39          | 12.96         | 3.24        | 0.00          | 0.00      | 162.00      | 41.04    | 4.32            | 0.00             | (M)              | 4.32        | 0.78      | 43.20        | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>2023 FALL Lunch HS<br/>STAR Monday -<br/>ServingDate:<br/>04/01/2024</b>              |         |
| Chocolate Milk -<br>TR1033 (1 c.)  | (M)     |
| White Milk - TR1035 (1<br>c.)  | (M)     |
| Lettuce/Tomato/Pickle -<br>TR1165 (1/2 c.)   | 0.00(M) |
| Ketchup - TR1088 (2<br>ea.)  | (M)     |
| Mayo - TR1144 (1 ea.)  | (M)     |
| Mustard - TR1145 (1<br>ea.)  | (M)     |
| Shredded Parmesan -<br>TR1132 (1 tbsp.)  | 0.00    |
| <b>Copy of 2023 FALL<br/>Lunch HS STAR<br/>Tuesday -<br/>ServingDate:<br/>04/02/2024</b> |         |
| Beef Chili - TR1808 (1<br>#8 scoop)  | 0.00    |
| Chicken Popper Ranch<br>Salad - TR1466 (1 ea.)   | 0.00(M) |
| Chicken Fajita - TR1122<br>(3 1/2 oz.)   | 0.00    |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                                    | 0.00    |
| MEAT LOVERS PIZZA -<br>TR1383 (1 slice)  | 0.00    |
| Tuscan Style Cheese<br>Pizza - TR1152 (1<br>slice)                                       | (M)     |
| Tuscan Style Pepperoni<br>Pizza - TR1153 (1<br>slice)                                    | (M)     |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)   | 0.00    |
| Crispy Beef Tacos -<br>TR1949 (2 ea.)  | 0.00    |
| Nachos - TR1277 (20<br>ea.)  | (M)     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)   |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|------------|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/02/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |            |
| Seasoned Rice - TR1833 (1 c.)  | 10          | 196.88          | 1.74          | 0.00        | 0.00          | 0.00      | 569.81      | 40.53    | 2.32            | 0.00             | 0.00(M)          | 4.63        | 0.83      | 3.41         | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 113.44 (M) |
| Premium Frito Chips - TR1856 (2 oz.)                                     | 20          | 320.00          | 20.00         | 3.00        | 0.00          | 0.00      | 339.99      | 32.00    | 2.00            | 0.00             | 0.00             | 4.00        | 0.00      | 40.00        | (M)       | (M)       | 0.00       | 60.00          | (M)        |
| Charro Beans - TR1094 (1/2 c.)   | 35          | 111.00          | 0.56          | 0.04        | 0.00          | 0.00      | 184.19      | 19.16    | 7.40            | 0.23             | (M)              | 6.31        | 1.53      | 42.04        | 35.42     | 0.56      | (M)        | (M)            | (M)        |
| Roasted Corn & Peppers - TR1615 (1/2 c.)                                 | 35          | 100.00          | 3.00          | 0.50        | 0.00          | 0.00      | 125.00      | 17.00    | 3.00            | 8.00             | 0.00             | 3.00        | 0.50      | 0.00         | 0.00      | 6.00      | 0.00       | 1900.21        | 0.00       |
| Salsa Cup - TR1072 (1 ea.)   | 50          | 25.00           | 0.00          | 0.00        | 0.00          | 0.00      | 195.00      | 5.00     | 1.00            | 3.00             | (M)              | 1.00        | 0.36      | 20.00        | 300.00    | 7.20      | (M)        | (M)            | (M)        |
| Banana - TR1056 (1 ea.)  | 35          | 105.00          | 0.39          | 0.00        | 0.00          | 0.00      | 1.00        | 27.00    | 3.00            | 14.50            | (M)              | 1.30        | 0.31      | 6.00         | 76.00     | 10.00     | (M)        | (M)            | (M)        |
| Chilled Diced Pears - TR1507 (1/2 c.)                                    | 30          | 67.83           | 0.00          | 0.00        | 0.00          | 0.00      | 5.65        | 18.09    | 2.26            | 13.56            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)    |
| Lactaid Milk - TR1367 (1 c.)   | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00       |
| Chocolate Milk - TR1033 (1 c.)   | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)        |
| White Milk - TR1035 (1 c.)   | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)        |
| Cheese Sauce - TR1624 (2 fl. oz.)  | 60          | 123.08          | 9.89          | 5.38        | 0.00          | 28.57     | 454.94      | 2.20     | 0.00            | 1.10             | 0.00             | 7.69        | 0.00      | 224.17       | 426.37    | 0.00      | 0.00       | 0.00           | 0.00       |
| Fiesta Salad - TR1101 (1/2 c.)   | 25          | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 3.20        | 1.44     | 0.44            | 0.88             | (M)              | 0.44        | 0.16      | 6.40         | 218.00    | 2.21      | (M)        | (M)            | 0.00(M)    |
| Soft Taco Shred American Cheese - TR1258 (1/8 c.)                        | 10          | 35.00           | 2.25          | 1.25        | 0.00          | 7.50      | 235.00      | 1.00     | 0.00            | 0.50             | (M)              | 3.50        | 0.00      | 100.00       | 150.00    | 0.00      | (M)        | (M)            | (M)        |
| Sour Cream - TR1098 (1 pkg.)   | 25          | 60.00           | 5.00          | 3.50        | 0.00          | 20.00     | 15.00       | 1.00     | 0.00            | 1.00             | (M)              | 1.00        | 0.00      | 20.00        | 200.00    | 0.00      | (M)        | (M)            | (M)        |
| <b>2023 FALL Lunch HS STAR Wednesday - ServingDate: 04/03/2024</b>       |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |            |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 4           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)    |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 10          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00       |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 5           | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00       |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/02/2024</b> |         |
| Seasoned Rice - TR1833 (1 c.)  | 0.11(M) |
| Premium Frito Chips - TR1856 (2 oz.)                                     | (M)     |
| Charro Beans - TR1094 (1/2 c.)   | (M)     |
| Roasted Corn & Peppers - TR1615 (1/2 c.)                                 | 0.00    |
| Salsa Cup - TR1072 (1 ea.)   | (M)     |
| Banana - TR1056 (1 ea.)  | (M)     |
| Chilled Diced Pears - TR1507 (1/2 c.)                                    | 0.00(M) |
| Lactaid Milk - TR1367 (1 c.)   | 0.00    |
| Chocolate Milk - TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1 c.)   | (M)     |
| Cheese Sauce - TR1624 (2 fl. oz.)  | 0.00    |
| Fiesta Salad - TR1101 (1/2 c.)   | 0.00(M) |
| Soft Taco Shred American Cheese - TR1258 (1/8 c.)                        | (M)     |
| Sour Cream - TR1098 (1 pkg.)   | (M)     |
| <b>2023 FALL Lunch HS STAR Wednesday - ServingDate: 04/03/2024</b>       |         |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 0.00(M) |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 0.00    |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 0.00    |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|
| <b>2023 FALL Lunch HS STAR Wednesday - ServingDate: 04/03/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                       | 5           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)       |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                    | 5           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)       |
| Chicken & Vegetable Potstickers - TR1790 (6 ea.)                   | 15          | 252.00          | 7.35          | 0.53        | 0.00          | 36.75     | 577.49      | 32.55    | 2.10            | 3.15             | 1.05             | 17.85       | 3.15      | 36.75        | 0.00      | 0.00      | 0.00       | (M)            | 0.00      |
| Chicken Egg Rolls (Premium) - TR1908 (2 ea)                        | 10          | 320.00          | 10.00         | 2.00        | 0.00          | 70.00     | 780.00      | 38.00    | 6.00            | 4.00             | 2.00             | 20.00       | 2.88      | 0.00         | 0.00      | 0.00      | 0.00       | 780.20         | 0.00      |
| Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)                | 20          | 260.00          | 7.00          | 2.00        | 0.00          | 140.00    | 960.00      | 20.00    | 0.00            | 18.00            | (M)              | 30.00       | 1.44      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |
| Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)              | 25          | 380.00          | 8.00          | 2.00        | 0.00          | 90.00     | 760.00      | 50.00    | 4.00            | 26.00            | (M)              | 28.00       | 2.88      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                           | 1           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |
| Asian Brown Rice - TR1663 (1/2 c.)                                 | 70          | 69.62           | 1.93          | 0.32        | 0.00          | 0.00      | 108.55      | 11.55    | 0.86            | 0.50             | 0.00(M)          | 1.58        | 0.27      | 2.45         | 70.67     | 0.38      | 0.00(M)    | 0.00(M)        | 28.36 (M) |
| Carrot Coins - TR1086 (1/2 c.)                                     | 20          | 43.99           | 2.39          | 0.24        | 0.00          | 0.00      | 153.97      | 7.64     | 2.55            | 3.82             | 0.00(M)          | 0.00        | 0.46      | 38.21        | 10516.75  | 2.29      | 0.00(M)    | 0.00(M)        | 0.00(M)   |
| Steamed Broccoli - TR1112 (1/2 c.)                                 | 50          | 36.26           | 1.12          | 0.24        | 0.00          | 0.00      | 156.75      | 5.07     | 2.85            | 1.40             | 0.00(M)          | 2.95        | 0.56      | 31.06        | 965.72    | 38.20     | 0.00(M)    | 0.00(M)        | 0.00(M)   |
| Diced Peach Cup - TR1759 (1 ea.)                                   | 25          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00      |
| Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)                 | 40          | 99.00           | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 25.00    | 0.00            | 25.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00      | 12.00     | 0.00       | 0.00           | 0.00      |
| Orange Wedges - TR1057 (1 ea.)                                     | 15          | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 15.00    | 3.00            | 12.00            | (M)              | 1.00        | 0.00      | 60.00        | 300.00    | 72.00     | (M)        | (M)            | (M)       |
| Lactaid Milk - TR1367 (1 c.)                                       | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00      |
| Chocolate Milk - TR1033 (1 c.)                                     | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |
| White Milk - TR1035 (1 c.)   | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |
| Sweet & Sour Sauce - TR1114 (2 ea.)                                | 50          | 30.00           | 0.00          | 0.00        | 0.00          | 0.00      | 140.00      | 8.00     | 0.00            | 8.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>2023 FALL Lunch HS<br/>STAR Wednesday -<br/>ServingDate:<br/>04/03/2024</b> |         |
| Tuscan Style Cheese<br>Pizza - TR1152 (1<br>slice)                             | (M)     |
| Tuscan Style Pepperoni<br>Pizza - TR1153 (1<br>slice)                          | (M)     |
| Chicken & Vegetable<br>Potstickers - TR1790 (6<br>ea.)                         | 0.00    |
| Chicken Egg Rolls<br>(Premium) - TR1908 (2<br>ea)                              | 0.00    |
| Teriyaki Chicken<br>(PremiumPlus) -<br>TR1407 (5 5/8 oz.)                      | (M)     |
| Tangerine Chicken<br>(Premium Plus) -<br>TR1411 (7 7/8 oz.)                    | (M)     |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                                 | 0.00    |
| Asian Brown Rice -<br>TR1663 (1/2 c.)  | 0.03(M) |
| Carrot Coins - TR1086<br>(1/2 c.)  | 0.00(M) |
| Steamed Broccoli -<br>TR1112 (1/2 c.)  | 0.00(M) |
| Diced Peach Cup -<br>TR1759 (1 ea.)  | 0.00    |
| Italian Ice Good<br>Fortune 90/4.4oz -<br>TR1619 (1 ea.)                       | 0.00    |
| Orange Wedges -<br>TR1057 (1 ea.)  | (M)     |
| Lactaid Milk - TR1367<br>(1 c.)  | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)  | (M)     |
| White Milk - TR1035 (1<br>c.)  | (M)     |
| Sweet & Sour Sauce -<br>TR1114 (2 ea.)   | (M)     |



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |  |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|--|
| <b>2023 FALL Lunch HS STAR Thursday - ServingDate: 04/04/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                       | 15          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)  |  |
| Cheeseburger - TR1897 (1 ea.)                                     | 15          | 392.00          | 19.60         | 7.40        | 0.00          | 68.00     | 616.00      | 31.00    | 2.00            | 5.00             | 4.00(M)          | 27.60       | 2.60      | 325.00       | 300.00    | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                       | 4           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Crispy Chicken Sandwich - TR1658 (1 ea.)                          | 20          | 370.00          | 10.00         | 1.50        | 0.00          | 50.00     | 870.00      | 46.00    | 4.00            | 5.00             | 4.00             | 23.00       | 2.08      | 136.00       | 200.00    | 0.00      | 0.00       | 0.00           | 0.00     |  |
| Chili Cheese Fries - TR1922 (1 ea.)                               | 35          | 509.16          | 26.98         | 10.61       | 0.70          | 69.00     | 1178.67     | 29.91    | 4.42            | 3.00             | 0.00(M)          | 22.42       | 3.43      | 271.22       | 1313.00   | 10.00     | 0.00       | 227.20         | 0.00     |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                   | 10          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00     |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                          | 1           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00     |  |
| Garlic Breadstick - TR1622 (1 ea.)                                | 35          | 170.00          | 6.00          | 1.00        | 0.00          | 0.00      | 170.00      | 25.00    | 2.00            | 2.00             | 1.00             | 2.00        | 1.40      | 10.00        | 0.00      | 0.00      | 0.10       | 170.14         | 0.00     |  |
| Baked Beans - TR1186 (1/2 c.)                                     | 25          | 153.07          | 0.52          | 0.00        | 0.00          | 0.00      | 415.73      | 33.12    | 6.24            | 14.29            | 1.71(M)          | 5.20        | 1.87      | 41.60        | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Sidewinder Fries - TR1939 (3 oz.)                                 | 50          | 136.49          | 5.31          | 0.76        | 0.00          | 0.00      | 394.31      | 21.23    | 1.52            | 0.00             | 0.00             | 1.52        | 0.46      | 15.17        | 0.00      | 0.00      | 0.00       | 242.35         | 0.00     |  |
| Mixed Vegetables - TR1150 (1/2 c.)                                | 15          | 89.84           | 1.14          | 0.24        | 0.00          | 0.00      | 262.79      | 16.01    | 4.00            | 5.34             | 0.00(M)          | 4.00        | 0.96      | 26.68        | 1008.74   | 6.40      | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Marinara Dip Cup - TR1172 (1 ea.)                                 | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)      |  |
| Apple Red Delicous - TR1420 (1 ea.)                               | 20          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Strawberry Fruit Gel Dessert - TR1866 (1 c.)                      | 35          | 80.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 19.00    | 0.00            | 18.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00      | 18.00     | 0.00       | 0.00           | 0.00     |  |
| Chilled Fruit Cocktail - TR1506 (1/2 c.)                          | 20          | 67.83           | 0.00          | 0.00        | 0.00          | 0.00      | 5.65        | 16.96    | 1.13            | 13.56            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)  |  |
| Lactaid Milk - TR1367 (1 c.)                                      | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00     |  |
| Chocolate Milk - TR1033 (1 c.)                                    | 60          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| White Milk - TR1035 (1 c.)  | 30          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.)                           | 10          | 9.59            | 0.00          | 0.00        | 0.00          | 0.00      | 107.22      | 2.65     | 0.73            | 1.46             | (M)              | 0.73        | 0.26      | 10.00        | 373.88    | 3.98      | (M)        | (M)            | 0.00(M)  |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Thursday -<br/>ServingDate:<br/>04/04/2024</b> |         |
| Cheese Stuffed<br>Breadsticks - TR1363<br>(2 ea.)                             | 0.00(M) |
| Cheeseburger - TR1897<br>(1 ea.)  | 0.00(M) |
| Chicken Popper Ranch<br>Salad - TR1466 (1 ea.)                                | 0.00(M) |
| Crispy Chicken<br>Sandwich - TR1658 (1<br>ea.)                                | 0.00    |
| Chili Cheese Fries -<br>TR1922 (1 ea.)  | 0.00    |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                         | 0.00    |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                                | 0.00    |
| Garlic Breadstick -<br>TR1622 (1 ea.)   | 0.00    |
| Baked Beans - TR1186<br>(1/2 c.)  | 0.00(M) |
| Sidewinder Fries -<br>TR1939 (3 oz.)  | 0.00    |
| Mixed Vegetables -<br>TR1150 (1/2 c.)   | 0.00(M) |
| Marinara Dip Cup -<br>TR1172 (1 ea.)  | (M)     |
| Apple Red Delicous -<br>TR1420 (1 ea.)  | (M)     |
| Strawberry Fruit Gel<br>Dessert - TR1866 (1<br>c.)                            | 0.00    |
| Chilled Fruit Cocktail -<br>TR1506 (1/2 c.)                                   | 0.00(M) |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1<br>c.)   | (M)     |
| Lettuce/Tomato/Pickle -<br>TR1165 (1/2 c.)                                    | 0.00(M) |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |  |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|--|
| <b>2023 FALL Lunch HS STAR Thursday - ServingDate: 04/04/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Ketchup - TR1088 (2 ea.)  | 50          | 20.00           | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Mayo - TR1144 (1 ea.)   | 10          | 40.00           | 3.00          | 0.00        | 0.00          | 5.00      | 105.00      | 3.00     | 0.00            | 2.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Mustard - TR1145 (1 ea.)  | 5           | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 85.00       | 1.00     | 0.00            | 0.00             | (M)              | 1.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| <b>2023 FALL Lunch HS STAR Friday - ServingDate: 04/05/2024</b>   |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Steak Fingers - TR1081 (5 ea.)                                    | 20          | 403.62          | 25.23         | 6.31        | 0.00          | 44.15     | 416.24      | 23.96    | 5.04            | 1.26             | (M)              | 20.18       | 3.41      | 50.45        | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                       | 20          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)   |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                       | 5           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Chicken Mega Mini Bites - TR1462 (10 ea.)                         | 20          | 261.99          | 12.09         | 2.52        | 0.00          | 55.42     | 493.75      | 14.11    | 2.02            | 1.01             | (M)              | 23.18       | 1.45      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00      |  |
| Chicken Tenders, Whole Muscle - TR1103 (3 ea)                     | 10          | 280.00          | 13.00         | 2.50        | 0.00          | 60.00     | 470.00      | 16.00    | 2.00            | 1.00             | (M)              | 25.00       | 1.80      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                   | 3           | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00      |  |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                              | 6           | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00      |  |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                      | 7           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)       |  |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                   | 7           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)       |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                          | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |  |
| Whole Grain Roll - TR1005 (1 ea.)                                 | 70          | 170.00          | 2.00          | 0.50        | 0.00          | 0.00      | 150.00      | 32.00    | 4.00            | 9.00             | (M)              | 5.00        | 1.44      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Golden Corn - TR1095 (1/2 c.)                                     | 50          | 76.42           | 2.12          | 0.24        | 0.00          | 0.00      | 100.34      | 15.96    | 2.00            | 2.99             | 0.00(M)          | 2.00        | 0.36      | 0.14         | 107.74    | 4.79      | 0.00(M)    | 0.05(M)        | 4.73(M)   |  |
| Mashed Potatoes - TR1083 (1/2 c.)                                 | 80          | 89.22           | 1.19          | 0.00        | 0.00          | 0.00      | 420.03      | 17.84    | 1.49            | 0.59             | (M)              | 1.78        | 0.24      | 12.28        | 2.31      | 7.73      | (M)        | (M)            | 121.75(M) |  |
| Marinara Dip Cup - TR1172 (1 ea.)                                 | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)       |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Thursday -<br/>ServingDate:<br/>04/04/2024</b> |         |
| Ketchup - TR1088 (2 ea.)  | (M)     |
| Mayo - TR1144 (1 ea.)   | (M)     |
| Mustard - TR1145 (1 ea.)  | (M)     |
| <b>2023 FALL Lunch HS<br/>STAR Friday -<br/>ServingDate:<br/>04/05/2024</b>   |         |
| Steak Fingers - TR1081 (5 ea.)  | (M)     |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                                   | 0.00(M) |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                                   | 0.00(M) |
| Chicken Mega Mini Bites - TR1462 (10 ea.)                                     | 0.00    |
| Chicken Tenders, Whole Muscle - TR1103 (3 ea)                                 | (M)     |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                               | 0.00    |
| MEAT LOVERS PIZZA - TR1383 (1 slice)  | 0.00    |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                                  | (M)     |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                               | (M)     |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                      | 0.00    |
| Whole Grain Roll - TR1005 (1 ea.)   | (M)     |
| Golden Corn - TR1095 (1/2 c.)   | 0.01(M) |
| Mashed Potatoes - TR1083 (1/2 c.)   | 0.12(M) |
| Marinara Dip Cup - TR1172 (1 ea.)   | (M)     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |  |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|--|
| <b>2023 FALL Lunch HS STAR Friday - ServingDate: 04/05/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Granny Smith Apple - TR1054 (1 ea.)                             | 10          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Diced Peach Cup - TR1759 (1 ea.)                                | 50          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00     |  |
| Lactaid Milk - TR1367 (1 c.)                                    | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00     |  |
| Chocolate Milk - TR1033 (1 c.)                                  | 60          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| White Milk - TR1035 (1 c.)                                      | 30          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| Pudding - TR1090 (1/2 c.)                                       | 50          | 3.75            | 0.10          | 0.10        | 0.00          | 0.00      | 5.00        | 0.67     | 0.07            | 0.47             | (M)              | 0.03        | 0.01      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)  |  |
| Shredded American Cheese - TR1069 (1/2 oz.)                     | 35          | 35.44           | 2.28          | 1.27        | 0.00          | 7.59      | 237.94      | 1.01     | 0.00            | 0.51             | (M)              | 3.54        | 0.00      | 101.25       | 151.88    | 0.00      | (M)        | (M)            | (M)      |  |
| Country Gravy - TR1074 (4 tbsp.)                                | 50          | 120.30          | 6.02          | 3.01        | 0.00          | 0.00      | 631.58      | 15.04    | 0.00            | 0.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Ketchup Dip Cup - TR1245 (1 ea.)                                | 10          | 30.38           | 0.00          | 0.00        | 0.00          | 0.00      | 75.94       | 7.09     | 0.00            | 5.06             | (M)              | 0.00        | 0.36      | 0.00         | 101.25    | 1.22      | (M)        | (M)            | 0.00     |  |
| BBQ Sauce - TR1151 (1 ea.)                                      | 5           | 40.00           | 0.00          | 0.00        | 0.00          | 0.00      | 75.00       | 9.00     | 0.00            | 8.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Buffalo Ranch Sauce - TR1854 (1 ea.)                            | 10          | 60.10           | 4.51          | 0.50        | 0.00          | 5.01      | 140.25      | 5.01     | 0.00            | 2.00             | 2.00             | 0.00        | 0.00      | 10.02        | 0.00      | 1.20      | 0.00       | 110.17         | 0.00     |  |
| <b>2023 FALL Lunch HS STAR Monday - ServingDate: 04/08/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Meatballs - TR1262 (2 1/2 oz.)                                  | 15          | 152.00          | 11.00         | 4.00        | 0.70          | 48.00     | 302.00      | 2.00     | 1.00            | 1.00             | (M)              | 12.00       | 1.00      | 28.00        | 1.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                     | 20          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)  |  |
| Cheeseburger - TR1897 (1 ea.)                                   | 20          | 392.00          | 19.60         | 7.40        | 0.00          | 68.00     | 616.00      | 31.00    | 2.00            | 5.00             | 4.00(M)          | 27.60       | 2.60      | 325.00       | 300.00    | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Hamburger - TR1899 (1 ea.)                                      | 15          | 357.00          | 17.60         | 6.40        | 0.00          | 63.00     | 511.00      | 29.00    | 2.00            | 4.00             | 4.00(M)          | 20.60       | 2.60      | 125.00       | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 0.00     |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                 | 12          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00     |  |
| Premium Lunch Quick Kit - TR1660 (1 kit)                        | 1           | 480.00          | 11.50         | 3.50        | 0.00          | 20.00     | 545.00      | 75.00    | 3.00            | 33.00            | 4.00(M)          | 17.00       | 1.80      | 360.00       | 90.00     | 42.00     | 0.10(M)    | 269.31(M)      | 0.00     |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Friday -<br/>ServingDate:<br/>04/05/2024</b> |         |
| Granny Smith Apple -<br>TR1054 (1 ea.)                                      | (M)     |
| Diced Peach Cup -<br>TR1759 (1 ea.)   | 0.00    |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1<br>c.)   | (M)     |
| Pudding - TR1090 (1/2<br>c.)  | 0.00(M) |
| Shredded American<br>Cheese - TR1069 (1/2<br>oz.)                           | (M)     |
| Country Gravy -<br>TR1074 (4 tbsp.)   | (M)     |
| Ketchup Dip Cup -<br>TR1245 (1 ea.)   | 0.00    |
| BBQ Sauce - TR1151 (1<br>ea.)   | (M)     |
| Buffalo Ranch Sauce -<br>TR1854 (1 ea.)                                     | 0.00    |
| <b>2023 FALL Lunch HS<br/>STAR Monday -<br/>ServingDate:<br/>04/08/2024</b> |         |
| Meatballs - TR1262 (2<br>1/2 oz.)   | (M)     |
| Cheese Stuffed<br>Breadsticks - TR1363<br>(2 ea.)                           | 0.00(M) |
| Cheeseburger - TR1897<br>(1 ea.)  | 0.00(M) |
| Hamburger - TR1899 (1<br>ea.)   | 0.00    |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                       | 0.00    |
| Premium Lunch Quick<br>Kit - TR1660 (1 kit)                                 | 0.00    |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)   |      |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|------------|------|
| <b>2023 FALL Lunch HS STAR Monday - ServingDate: 04/08/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |            |      |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                        | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00       |      |
| Turkey Fajita - TR1820 (1/2 c.)                                 | 15          | 85.54           | 1.07          | 0.54        | 0.00          | 37.42     | 352.84      | 1.07     | 0.00            | 0.00             | 0.00             | 17.11       | 0.39      | 0.00         | 0.00      | 0.00      | 0.00       | 0.00           | 0.00       | 0.00 |
| Alfredo Sauce - TR1261 (1 #16 scoop)                            | 25          | 98.36           | 5.46          | 3.28        | 0.00          | 20.77     | 408.74      | 5.46     | 0.00            | 3.28             | (M)              | 6.56        | 0.00      | 207.65       | 245.90    | 0.00      | (M)        | (M)            | 0.00       |      |
| Marinara Sauce - TR1124 (1/2 c.)                                | 25          | 86.67           | 3.37          | 0.48        | 0.00          | 0.00      | 134.81      | 14.44    | 1.93            | 9.63             | (M)              | 1.93        | 1.04      | 19.26        | 481.48    | 5.78      | (M)        | (M)            | (M)        |      |
| Garlic Toast - TR1004 (1 ea.)                                   | 50          | 100.00          | 3.00          | 0.00        | 0.00          | 0.00      | 130.00      | 15.00    | 2.00            | 1.00             | (M)              | 3.00        | 0.72      | 0.00         | 300.00    | 0.00      | (M)        | (M)            | (M)        |      |
| Rotini Pasta - TR1129 (1 c.)                                    | 50          | 229.20          | 3.74          | 0.32        | 0.00          | 0.00      | 15.90       | 41.00    | 4.00            | 2.00             | (M)              | 7.00        | 1.80      | 35.90        | 0.00      | 0.00      | (M)        | (M)            | 529.40 (M) |      |
| Crinkle Cut Fries - TR1527 (3 oz.)                              | 65          | 190.47          | 5.71          | 0.00        | 0.00          | 0.00      | 323.80      | 28.57    | 3.81            | 0.00             | (M)              | 3.81        | 0.69      | 0.00         | 0.00      | 6.86      | (M)        | 399.99         | 0.00       |      |
| Marinara Dip Cup - TR1172 (1 ea.)                               | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)        |      |
| Seasoned Green Beans - TR1085 (1/2 c.)                          | 15          | 45.45           | 2.54          | 0.55        | 0.00          | 0.00      | 189.77      | 4.73     | 2.36            | 1.18             | 0.00(M)          | 1.18        | 0.42      | 23.64        | 254.54    | 1.42      | 0.00(M)    | 0.00(M)        | 0.00(M)    |      |
| Vegetable Medley - TR1105 (1/2 c.)                              | 15          | 41.62           | 1.12          | 0.24        | 0.00          | 0.00      | 167.75      | 5.34     | 2.13            | 3.20             | 0.00(M)          | 1.07        | 0.00      | 21.35        | 808.46    | 6.40      | 0.00(M)    | 0.00(M)        | 0.00(M)    |      |
| Granny Smith Apple - TR1054 (1 ea.)                             | 25          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)        |      |
| Diced Peach Cup - TR1759 (1 ea.)                                | 25          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00       |      |
| Lactaid Milk - TR1367 (1 c.)                                    | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00       |      |
| Chocolate Milk - TR1033 (1 c.)                                  | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)        |      |
| White Milk - TR1035 (1 c.)                                      | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)        |      |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.)                         | 25          | 9.59            | 0.00          | 0.00        | 0.00          | 0.00      | 107.22      | 2.65     | 0.73            | 1.46             | (M)              | 0.73        | 0.26      | 10.00        | 373.88    | 3.98      | (M)        | (M)            | 0.00(M)    |      |
| Ketchup - TR1088 (2 ea.)  | 50          | 20.00           | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)        |      |
| Mayo - TR1144 (1 ea.)   | 10          | 40.00           | 3.00          | 0.00        | 0.00          | 5.00      | 105.00      | 3.00     | 0.00            | 2.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)        |      |
| Mustard - TR1145 (1 ea.)  | 10          | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 85.00       | 1.00     | 0.00            | 0.00             | (M)              | 1.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)        |      |
| Shredded Parmesan - TR1132 (1 tbsp.)                            | 10          | 27.84           | 2.02          | 1.14        | 0.00          | 6.33      | 103.78      | 0.25     | 0.00            | 0.00             | (M)              | 2.28        | 0.00      | 75.94        | 75.94     | 0.00      | (M)        | (M)            | 0.00       |      |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Monday -<br/>ServingDate:<br/>04/08/2024</b> |         |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                              | 0.00    |
| Turkey Fajita - TR1820<br>(1/2 c.)  | 0.00    |
| Alfredo Sauce - TR1261<br>(1 #16 scoop)                                     | 0.00    |
| Marinara Sauce -<br>TR1124 (1/2 c.)   | (M)     |
| Garlic Toast - TR1004<br>(1 ea.)  | (M)     |
| Rotini Pasta - TR1129<br>(1 c.)   | 0.53(M) |
| Crinkle Cut Fries -<br>TR1527 (3 oz.)                                       | 0.00    |
| Marinara Dip Cup -<br>TR1172 (1 ea.)  | (M)     |
| Seasoned Green Beans<br>- TR1085 (1/2 c.)                                   | 0.00(M) |
| Vegetable Medley -<br>TR1105 (1/2 c.)                                       | 0.00(M) |
| Granny Smith Apple -<br>TR1054 (1 ea.)                                      | (M)     |
| Diced Peach Cup -<br>TR1759 (1 ea.)   | 0.00    |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1<br>c.)   | (M)     |
| Lettuce/Tomato/Pickle -<br>TR1165 (1/2 c.)                                  | 0.00(M) |
| Ketchup - TR1088 (2<br>ea.)   | (M)     |
| Mayo - TR1144 (1 ea.)   | (M)     |
| Mustard - TR1145 (1<br>ea.)   | (M)     |
| Shredded Parmesan -<br>TR1132 (1 tbsp.)                                     | 0.00    |



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)   |  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|------------|--|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/09/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |            |  |
| Beef Chili - TR1808 (1 #8 scoop)   | 40          | 141.20          | 12.00         | 4.40        | 0.70          | 40.00     | 371.99      | 9.00     | 3.00            | 3.00             | (M)              | 14.00       | 3.00      | 49.00        | 912.99    | 10.00     | 0.00       | 0.00           | 0.00       |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 5           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)    |  |
| Chicken Fajita - TR1122 (3 1/2 oz.)                                      | 10          | 150.54          | 7.53          | 0.00        | 0.00          | 94.09     | 388.89      | 2.51     | 0.00            | 0.00             | 0.00             | 18.82       | 0.45      | 0.00         | 0.00      | 0.00      | 0.00       | 263.44         | 0.00       |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 3           | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00       |  |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 10          | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00       |  |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                             | 5           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)        |  |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | 5           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)        |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                 | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00       |  |
| Crispy Beef Tacos - TR1949 (2 ea.)                                       | 20          | 361.06          | 24.07         | 9.03        | 0.00          | 50.15     | 661.93      | 24.07    | 2.01            | 2.01             | 0.00             | 14.04       | 2.17      | 300.88       | 0.00      | 0.00      | 2.41       | 261.14         | 0.00       |  |
| Nachos - TR1277 (20 ea.)   | 20          | 302.39          | 12.96         | 3.24        | 0.00          | 0.00      | 162.00      | 41.04    | 4.32            | 0.00             | (M)              | 4.32        | 0.78      | 43.20        | 0.00      | 0.00      | (M)        | (M)            | (M)        |  |
| Seasoned Rice - TR1833 (1 c.)  | 10          | 196.88          | 1.74          | 0.00        | 0.00          | 0.00      | 569.81      | 40.53    | 2.32            | 0.00             | 0.00(M)          | 4.63        | 0.83      | 3.41         | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 113.44 (M) |  |
| Premium Frito Chips - TR1856 (2 oz.)                                     | 20          | 320.00          | 20.00         | 3.00        | 0.00          | 0.00      | 339.99      | 32.00    | 2.00            | 0.00             | 0.00             | 4.00        | 0.00      | 40.00        | (M)       | (M)       | 0.00       | 60.00          | (M)        |  |
| Charro Beans - TR1094 (1/2 c.)   | 35          | 111.00          | 0.56          | 0.04        | 0.00          | 0.00      | 184.19      | 19.16    | 7.40            | 0.23             | (M)              | 6.31        | 1.53      | 42.04        | 35.42     | 0.56      | (M)        | (M)            | (M)        |  |
| Roasted Corn & Peppers - TR1615 (1/2 c.)                                 | 35          | 100.00          | 3.00          | 0.50        | 0.00          | 0.00      | 125.00      | 17.00    | 3.00            | 8.00             | 0.00             | 3.00        | 0.50      | 0.00         | 0.00      | 6.00      | 0.00       | 1900.21        | 0.00       |  |
| Salsa Cup - TR1072 (1 ea.)   | 50          | 25.00           | 0.00          | 0.00        | 0.00          | 0.00      | 195.00      | 5.00     | 1.00            | 3.00             | (M)              | 1.00        | 0.36      | 20.00        | 300.00    | 7.20      | (M)        | (M)            | (M)        |  |
| Banana - TR1056 (1 ea.)  | 35          | 105.00          | 0.39          | 0.00        | 0.00          | 0.00      | 1.00        | 27.00    | 3.00            | 14.50            | (M)              | 1.30        | 0.31      | 6.00         | 76.00     | 10.00     | (M)        | (M)            | (M)        |  |
| Chilled Diced Pears - TR1507 (1/2 c.)                                    | 30          | 67.83           | 0.00          | 0.00        | 0.00          | 0.00      | 5.65        | 18.09    | 2.26            | 13.56            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)    |  |
| Lactaid Milk - TR1367 (1 c.)   | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00       |  |
| Chocolate Milk - TR1033 (1 c.)   | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)        |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/09/2024</b> |         |
| Beef Chili - TR1808 (1 #8 scoop)   | 0.00    |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 0.00(M) |
| Chicken Fajita - TR1122 (3 1/2 oz.)                                      | 0.00    |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 0.00    |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 0.00    |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                             | (M)     |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | (M)     |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                 | 0.00    |
| Crispy Beef Tacos - TR1949 (2 ea.)                                       | 0.00    |
| Nachos - TR1277 (20 ea.)   | (M)     |
| Seasoned Rice - TR1833 (1 c.)  | 0.11(M) |
| Premium Frito Chips - TR1856 (2 oz.)                                     | (M)     |
| Charro Beans - TR1094 (1/2 c.)   | (M)     |
| Roasted Corn & Peppers - TR1615 (1/2 c.)                                 | 0.00    |
| Salsa Cup - TR1072 (1 ea.)   | (M)     |
| Banana - TR1056 (1 ea.)  | (M)     |
| Chilled Diced Pears - TR1507 (1/2 c.)                                    | 0.00(M) |
| Lactaid Milk - TR1367 (1 c.)   | 0.00    |
| Chocolate Milk - TR1033 (1 c.)   | (M)     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|--|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/09/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| White Milk - TR1035 (1 c.)   | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| Cheese Sauce - TR1624 (2 fl. oz.)  | 60          | 123.08          | 9.89          | 5.38        | 0.00          | 28.57     | 454.94      | 2.20     | 0.00            | 1.10             | 0.00             | 7.69        | 0.00      | 224.17       | 426.37    | 0.00      | 0.00       | 0.00           | 0.00     |  |
| Fiesta Salad - TR1101 (1/2 c.)   | 25          | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 3.20        | 1.44     | 0.44            | 0.88             | (M)              | 0.44        | 0.16      | 6.40         | 218.00    | 2.21      | (M)        | (M)            | 0.00(M)  |  |
| Soft Taco Shred American Cheese - TR1258 (1/8 c.)                        | 10          | 35.00           | 2.25          | 1.25        | 0.00          | 7.50      | 235.00      | 1.00     | 0.00            | 0.50             | (M)              | 3.50        | 0.00      | 100.00       | 150.00    | 0.00      | (M)        | (M)            | (M)      |  |
| Sour Cream - TR1098 (1 pkg.)   | 25          | 60.00           | 5.00          | 3.50        | 0.00          | 20.00     | 15.00       | 1.00     | 0.00            | 1.00             | (M)              | 1.00        | 0.00      | 20.00        | 200.00    | 0.00      | (M)        | (M)            | (M)      |  |
| <b>2023 FALL Lunch HS STAR Wednesday - ServingDate: 04/10/2024</b>       |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 4           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 10          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00     |  |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 5           | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00     |  |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                             | 5           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)      |  |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | 5           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)      |  |
| Chicken & Vegetable Potstickers - TR1790 (6 ea.)                         | 15          | 252.00          | 7.35          | 0.53        | 0.00          | 36.75     | 577.49      | 32.55    | 2.10            | 3.15             | 1.05             | 17.85       | 3.15      | 36.75        | 0.00      | 0.00      | 0.00       | (M)            | 0.00     |  |
| Chicken Egg Rolls (Premium) - TR1908 (2 ea)                              | 10          | 320.00          | 10.00         | 2.00        | 0.00          | 70.00     | 780.00      | 38.00    | 6.00            | 4.00             | 2.00             | 20.00       | 2.88      | 0.00         | 0.00      | 0.00      | 0.00       | 780.20         | 0.00     |  |
| Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)                      | 20          | 260.00          | 7.00          | 2.00        | 0.00          | 140.00    | 960.00      | 20.00    | 0.00            | 18.00            | (M)              | 30.00       | 1.44      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)                    | 25          | 380.00          | 8.00          | 2.00        | 0.00          | 90.00     | 760.00      | 50.00    | 4.00            | 26.00            | (M)              | 28.00       | 2.88      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                 | 1           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00     |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/09/2024</b> |         |
| White Milk - TR1035 (1 c.)   | (M)     |
| Cheese Sauce - TR1624 (2 fl. oz.)  | 0.00    |
| Fiesta Salad - TR1101 (1/2 c.)   | 0.00(M) |
| Soft Taco Shred American Cheese - TR1258 (1/8 c.)                        | (M)     |
| Sour Cream - TR1098 (1 pkg.)   | (M)     |
| <b>2023 FALL Lunch HS STAR Wednesday - ServingDate: 04/10/2024</b>       |         |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 0.00(M) |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 0.00    |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 0.00    |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                             | (M)     |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | (M)     |
| Chicken & Vegetable Potstickers - TR1790 (6 ea.)                         | 0.00    |
| Chicken Egg Rolls (Premium) - TR1908 (2 ea)                              | 0.00    |
| Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)                      | (M)     |
| Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)                    | (M)     |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                 | 0.00    |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|--|
| <b>2023 FALL Lunch HS STAR Wednesday - ServingDate: 04/10/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Asian Brown Rice - TR1663 (1/2 c.)                                 | 70          | 69.62           | 1.93          | 0.32        | 0.00          | 0.00      | 108.55      | 11.55    | 0.86            | 0.50             | 0.00(M)          | 1.58        | 0.27      | 2.45         | 70.67     | 0.38      | 0.00(M)    | 0.00(M)        | 28.36 (M) |  |
| Carrot Coins - TR1086 (1/2 c.)                                     | 20          | 43.99           | 2.39          | 0.24        | 0.00          | 0.00      | 153.97      | 7.64     | 2.55            | 3.82             | 0.00(M)          | 0.00        | 0.46      | 38.21        | 10516.75  | 2.29      | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Steamed Broccoli - TR1112 (1/2 c.)                                 | 50          | 36.26           | 1.12          | 0.24        | 0.00          | 0.00      | 156.75      | 5.07     | 2.85            | 1.40             | 0.00(M)          | 2.95        | 0.56      | 31.06        | 965.72    | 38.20     | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Diced Peach Cup - TR1759 (1 ea.)                                   | 25          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00      |  |
| Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)                 | 40          | 99.00           | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 25.00    | 0.00            | 25.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00      | 12.00     | 0.00       | 0.00           | 0.00      |  |
| Orange Wedges - TR1057 (1 ea.)                                     | 15          | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 15.00    | 3.00            | 12.00            | (M)              | 1.00        | 0.00      | 60.00        | 300.00    | 72.00     | (M)        | (M)            | (M)       |  |
| Lactaid Milk - TR1367 (1 c.)                                       | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00      |  |
| Chocolate Milk - TR1033 (1 c.)                                     | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |  |
| White Milk - TR1035 (1 c.)   | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |  |
| Sweet & Sour Sauce - TR1114 (2 ea.)                                | 50          | 30.00           | 0.00          | 0.00        | 0.00          | 0.00      | 140.00      | 8.00     | 0.00            | 8.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| <b>2023 FALL Lunch HS STAR Thursday - ServingDate: 04/11/2024</b>  |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                        | 15          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)   |  |
| Cheeseburger - TR1897 (1 ea.)                                      | 15          | 392.00          | 19.60         | 7.40        | 0.00          | 68.00     | 616.00      | 31.00    | 2.00            | 5.00             | 4.00(M)          | 27.60       | 2.60      | 325.00       | 300.00    | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                        | 4           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Crispy Chicken Sandwich - TR1658 (1 ea.)                           | 20          | 370.00          | 10.00         | 1.50        | 0.00          | 50.00     | 870.00      | 46.00    | 4.00            | 5.00             | 4.00             | 23.00       | 2.08      | 136.00       | 200.00    | 0.00      | 0.00       | 0.00           | 0.00      |  |
| Chili Cheese Fries - TR1922 (1 ea.)                                | 35          | 509.16          | 26.98         | 10.61       | 0.70          | 69.00     | 1178.67     | 29.91    | 4.42            | 3.00             | 0.00(M)          | 22.42       | 3.43      | 271.22       | 1313.00   | 10.00     | 0.00       | 227.20         | 0.00      |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                    | 10          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00      |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                           | 1           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>2023 FALL Lunch HS<br/>STAR Wednesday -<br/>ServingDate:<br/>04/10/2024</b> |         |
| Asian Brown Rice -<br>TR1663 (1/2 c.)  | 0.03(M) |
| Carrot Coins - TR1086<br>(1/2 c.)  | 0.00(M) |
| Steamed Broccoli -<br>TR1112 (1/2 c.)  | 0.00(M) |
| Diced Peach Cup -<br>TR1759 (1 ea.)  | 0.00    |
| Italian Ice Good<br>Fortune 90/4.4oz -<br>TR1619 (1 ea.)                       | 0.00    |
| Orange Wedges -<br>TR1057 (1 ea.)  | (M)     |
| Lactaid Milk - TR1367<br>(1 c.)  | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)  | (M)     |
| White Milk - TR1035 (1<br>c.)  | (M)     |
| Sweet & Sour Sauce -<br>TR1114 (2 ea.)   | (M)     |
| <b>2023 FALL Lunch HS<br/>STAR Thursday -<br/>ServingDate:<br/>04/11/2024</b>  |         |
| Cheese Stuffed<br>Breadsticks - TR1363<br>(2 ea.)                              | 0.00(M) |
| Cheeseburger - TR1897<br>(1 ea.)   | 0.00(M) |
| Chicken Popper Ranch<br>Salad - TR1466 (1 ea.)                                 | 0.00(M) |
| Crispy Chicken<br>Sandwich - TR1658 (1<br>ea.)                                 | 0.00    |
| Chili Cheese Fries -<br>TR1922 (1 ea.)   | 0.00    |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                          | 0.00    |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                                 | 0.00    |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| <b>2023 FALL Lunch HS STAR Thursday - ServingDate: 04/11/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |
| Garlic Breadstick - TR1622 (1 ea.)                                | 35          | 170.00          | 6.00          | 1.00        | 0.00          | 0.00      | 170.00      | 25.00    | 2.00            | 2.00             | 1.00             | 2.00        | 1.40      | 10.00        | 0.00      | 0.00      | 0.10       | 170.14         | 0.00     |
| Baked Beans - TR1186 (1/2 c.)                                     | 25          | 153.07          | 0.52          | 0.00        | 0.00          | 0.00      | 415.73      | 33.12    | 6.24            | 14.29            | 1.71(M)          | 5.20        | 1.87      | 41.60        | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)  |
| Sidewinder Fries - TR1939 (3 oz.)                                 | 50          | 136.49          | 5.31          | 0.76        | 0.00          | 0.00      | 394.31      | 21.23    | 1.52            | 0.00             | 0.00             | 1.52        | 0.46      | 15.17        | 0.00      | 0.00      | 0.00       | 242.35         | 0.00     |
| Mixed Vegetables - TR1150 (1/2 c.)                                | 15          | 89.84           | 1.14          | 0.24        | 0.00          | 0.00      | 262.79      | 16.01    | 4.00            | 5.34             | 0.00(M)          | 4.00        | 0.96      | 26.68        | 1008.74   | 6.40      | 0.00(M)    | 0.00(M)        | 0.00(M)  |
| Marinara Dip Cup - TR1172 (1 ea.)                                 | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)      |
| Apple Red Delicous - TR1420 (1 ea.)                               | 20          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Strawberry Fruit Gel Dessert - TR1866 (1 c.)                      | 35          | 80.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 19.00    | 0.00            | 18.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00      | 18.00     | 0.00       | 0.00           | 0.00     |
| Chilled Fruit Cocktail - TR1506 (1/2 c.)                          | 20          | 67.83           | 0.00          | 0.00        | 0.00          | 0.00      | 5.65        | 16.96    | 1.13            | 13.56            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)  |
| Lactaid Milk - TR1367 (1 c.)                                      | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00     |
| Chocolate Milk - TR1033 (1 c.)                                    | 60          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| White Milk - TR1035 (1 c.)  | 30          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.)                           | 10          | 9.59            | 0.00          | 0.00        | 0.00          | 0.00      | 107.22      | 2.65     | 0.73            | 1.46             | (M)              | 0.73        | 0.26      | 10.00        | 373.88    | 3.98      | (M)        | (M)            | 0.00(M)  |
| Ketchup - TR1088 (2 ea.)  | 50          | 20.00           | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Mayo - TR1144 (1 ea.)   | 10          | 40.00           | 3.00          | 0.00        | 0.00          | 5.00      | 105.00      | 3.00     | 0.00            | 2.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Mustard - TR1145 (1 ea.)  | 5           | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 85.00       | 1.00     | 0.00            | 0.00             | (M)              | 1.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| <b>2023 FALL Lunch HS STAR Friday - ServingDate: 04/12/2024</b>   |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |
| Steak Fingers - TR1081 (5 ea.)                                    | 20          | 403.62          | 25.23         | 6.31        | 0.00          | 44.15     | 416.24      | 23.96    | 5.04            | 1.26             | (M)              | 20.18       | 3.41      | 50.45        | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                       | 20          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                       | 5           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Thursday -<br/>ServingDate:<br/>04/11/2024</b> |         |
| Garlic Breadstick -<br>TR1622 (1 ea.)   | 0.00    |
| Baked Beans - TR1186<br>(1/2 c.)  | 0.00(M) |
| Sidewinder Fries -<br>TR1939 (3 oz.)  | 0.00    |
| Mixed Vegetables -<br>TR1150 (1/2 c.)   | 0.00(M) |
| Marinara Dip Cup -<br>TR1172 (1 ea.)  | (M)     |
| Apple Red Delicoius -<br>TR1420 (1 ea.)                                       | (M)     |
| Strawberry Fruit Gel<br>Dessert - TR1866 (1<br>c.)                            | 0.00    |
| Chilled Fruit Cocktail -<br>TR1506 (1/2 c.)                                   | 0.00(M) |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1<br>c.)   | (M)     |
| Lettuce/Tomato/Pickle -<br>TR1165 (1/2 c.)                                    | 0.00(M) |
| Ketchup - TR1088 (2<br>ea.)   | (M)     |
| Mayo - TR1144 (1 ea.)   | (M)     |
| Mustard - TR1145 (1<br>ea.)   | (M)     |
| <b>2023 FALL Lunch HS<br/>STAR Friday -<br/>ServingDate:<br/>04/12/2024</b>   |         |
| Steak Fingers - TR1081<br>(5 ea.)   | (M)     |
| Cheese Stuffed<br>Breadsticks - TR1363<br>(2 ea.)                             | 0.00(M) |
| Chicken Popper Ranch<br>Salad - TR1466 (1 ea.)                                | 0.00(M) |



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |  |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|--|
| <b>2023 FALL Lunch HS STAR Friday - ServingDate: 04/12/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Chicken Mega Mini Bites - TR1462 (10 ea.)                       | 20          | 261.99          | 12.09         | 2.52        | 0.00          | 55.42     | 493.75      | 14.11    | 2.02            | 1.01             | (M)              | 23.18       | 1.45      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00      |  |
| Chicken Tenders, Whole Muscle - TR1103 (3 ea.)                  | 10          | 280.00          | 13.00         | 2.50        | 0.00          | 60.00     | 470.00      | 16.00    | 2.00            | 1.00             | (M)              | 25.00       | 1.80      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                 | 3           | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00      |  |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                            | 6           | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00      |  |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                    | 7           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)       |  |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                 | 7           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)       |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                        | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |  |
| Whole Grain Roll - TR1005 (1 ea.)                               | 70          | 170.00          | 2.00          | 0.50        | 0.00          | 0.00      | 150.00      | 32.00    | 4.00            | 9.00             | (M)              | 5.00        | 1.44      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Golden Corn - TR1095 (1/2 c.)                                   | 50          | 76.42           | 2.12          | 0.24        | 0.00          | 0.00      | 100.34      | 15.96    | 2.00            | 2.99             | 0.00(M)          | 2.00        | 0.36      | 0.14         | 107.74    | 4.79      | 0.00(M)    | 0.05(M)        | 4.73(M)   |  |
| Mashed Potatoes - TR1083 (1/2 c.)                               | 80          | 89.22           | 1.19          | 0.00        | 0.00          | 0.00      | 420.03      | 17.84    | 1.49            | 0.59             | (M)              | 1.78        | 0.24      | 12.28        | 2.31      | 7.73      | (M)        | (M)            | 121.75(M) |  |
| Marinara Dip Cup - TR1172 (1 ea.)                               | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)       |  |
| Granny Smith Apple - TR1054 (1 ea.)                             | 10          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Diced Peach Cup - TR1759 (1 ea.)                                | 50          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00      |  |
| Lactaid Milk - TR1367 (1 c.)                                    | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00      |  |
| Chocolate Milk - TR1033 (1 c.)                                  | 60          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |  |
| White Milk - TR1035 (1 c.)                                      | 30          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |  |
| Pudding - TR1090 (1/2 c.)                                       | 50          | 3.75            | 0.10          | 0.10        | 0.00          | 0.00      | 5.00        | 0.67     | 0.07            | 0.47             | (M)              | 0.03        | 0.01      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)   |  |
| Shredded American Cheese - TR1069 (1/2 oz.)                     | 35          | 35.44           | 2.28          | 1.27        | 0.00          | 7.59      | 237.94      | 1.01     | 0.00            | 0.51             | (M)              | 3.54        | 0.00      | 101.25       | 151.88    | 0.00      | (M)        | (M)            | (M)       |  |
| Country Gravy - TR1074 (4 tbsp.)                                | 50          | 120.30          | 6.02          | 3.01        | 0.00          | 0.00      | 631.58      | 15.04    | 0.00            | 0.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Friday -<br/>ServingDate:<br/>04/12/2024</b> |         |
| Chicken Mega Mini Bites<br>- TR1462 (10 ea.)                                | 0.00    |
| Chicken Tenders, Whole<br>Muscle - TR1103 (3 ea)                            | (M)     |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                       | 0.00    |
| MEAT LOVERS PIZZA -<br>TR1383 (1 slice)                                     | 0.00    |
| Tuscan Style Cheese<br>Pizza - TR1152 (1<br>slice)                          | (M)     |
| Tuscan Style Pepperoni<br>Pizza - TR1153 (1<br>slice)                       | (M)     |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                              | 0.00    |
| Whole Grain Roll -<br>TR1005 (1 ea.)  | (M)     |
| Golden Corn - TR1095<br>(1/2 c.)  | 0.01(M) |
| Mashed Potatoes -<br>TR1083 (1/2 c.)  | 0.12(M) |
| Marinara Dip Cup -<br>TR1172 (1 ea.)  | (M)     |
| Granny Smith Apple -<br>TR1054 (1 ea.)                                      | (M)     |
| Diced Peach Cup -<br>TR1759 (1 ea.)   | 0.00    |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1<br>c.)   | (M)     |
| Pudding - TR1090 (1/2<br>c.)  | 0.00(M) |
| Shredded American<br>Cheese - TR1069 (1/2<br>oz.)                           | (M)     |
| Country Gravy -<br>TR1074 (4 tbsp.)   | (M)     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |  |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|--|
| <b>2023 FALL Lunch HS STAR Friday - ServingDate: 04/12/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Ketchup Dip Cup - TR1245 (1 ea.)                                | 10          | 30.38           | 0.00          | 0.00        | 0.00          | 0.00      | 75.94       | 7.09     | 0.00            | 5.06             | (M)              | 0.00        | 0.36      | 0.00         | 101.25    | 1.22      | (M)        | (M)            | 0.00      |  |
| BBQ Sauce - TR1151 (1 ea.)                                      | 5           | 40.00           | 0.00          | 0.00        | 0.00          | 0.00      | 75.00       | 9.00     | 0.00            | 8.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Buffalo Ranch Sauce - TR1854 (1 ea.)                            | 10          | 60.10           | 4.51          | 0.50        | 0.00          | 5.01      | 140.25      | 5.01     | 0.00            | 2.00             | 2.00             | 0.00        | 0.00      | 10.02        | 0.00      | 1.20      | 0.00       | 110.17         | 0.00      |  |
| <b>2023 FALL Lunch HS STAR Monday - ServingDate: 04/15/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Meatballs - TR1262 (2 1/2 oz.)                                  | 15          | 152.00          | 11.00         | 4.00        | 0.70          | 48.00     | 302.00      | 2.00     | 1.00            | 1.00             | (M)              | 12.00       | 1.00      | 28.00        | 1.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                     | 20          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)   |  |
| Cheeseburger - TR1897 (1 ea.)                                   | 20          | 392.00          | 19.60         | 7.40        | 0.00          | 68.00     | 616.00      | 31.00    | 2.00            | 5.00             | 4.00(M)          | 27.60       | 2.60      | 325.00       | 300.00    | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Hamburger - TR1899 (1 ea.)                                      | 15          | 357.00          | 17.60         | 6.40        | 0.00          | 63.00     | 511.00      | 29.00    | 2.00            | 4.00             | 4.00(M)          | 20.60       | 2.60      | 125.00       | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 0.00      |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                 | 12          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00      |  |
| Premium Lunch Quick Kit - TR1660 (1 kit)                        | 1           | 480.00          | 11.50         | 3.50        | 0.00          | 20.00     | 545.00      | 75.00    | 3.00            | 33.00            | 4.00(M)          | 17.00       | 1.80      | 360.00       | 90.00     | 42.00     | 0.10(M)    | 269.31(M)      | 0.00      |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                        | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |  |
| Turkey Fajita - TR1820 (1/2 c.)                                 | 15          | 85.54           | 1.07          | 0.54        | 0.00          | 37.42     | 352.84      | 1.07     | 0.00            | 0.00             | 0.00             | 17.11       | 0.39      | 0.00         | 0.00      | 0.00      | 0.00       | 0.00           | 0.00      |  |
| Alfredo Sauce - TR1261 (1 #16 scoop)                            | 25          | 98.36           | 5.46          | 3.28        | 0.00          | 20.77     | 408.74      | 5.46     | 0.00            | 3.28             | (M)              | 6.56        | 0.00      | 207.65       | 245.90    | 0.00      | (M)        | (M)            | 0.00      |  |
| Marinara Sauce - TR1124 (1/2 c.)                                | 25          | 86.67           | 3.37          | 0.48        | 0.00          | 0.00      | 134.81      | 14.44    | 1.93            | 9.63             | (M)              | 1.93        | 1.04      | 19.26        | 481.48    | 5.78      | (M)        | (M)            | (M)       |  |
| Garlic Toast - TR1004 (1 ea.)                                   | 50          | 100.00          | 3.00          | 0.00        | 0.00          | 0.00      | 130.00      | 15.00    | 2.00            | 1.00             | (M)              | 3.00        | 0.72      | 0.00         | 300.00    | 0.00      | (M)        | (M)            | (M)       |  |
| Rotini Pasta - TR1129 (1 c.)                                    | 50          | 229.20          | 3.74          | 0.32        | 0.00          | 0.00      | 15.90       | 41.00    | 4.00            | 2.00             | (M)              | 7.00        | 1.80      | 35.90        | 0.00      | 0.00      | (M)        | (M)            | 529.40(M) |  |
| Crinkle Cut Fries - TR1527 (3 oz.)                              | 65          | 190.47          | 5.71          | 0.00        | 0.00          | 0.00      | 323.80      | 28.57    | 3.81            | 0.00             | (M)              | 3.81        | 0.69      | 0.00         | 0.00      | 6.86      | (M)        | 399.99         | 0.00      |  |
| Marinara Dip Cup - TR1172 (1 ea.)                               | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)       |  |
| Seasoned Green Beans - TR1085 (1/2 c.)                          | 15          | 45.45           | 2.54          | 0.55        | 0.00          | 0.00      | 189.77      | 4.73     | 2.36            | 1.18             | 0.00(M)          | 1.18        | 0.42      | 23.64        | 254.54    | 1.42      | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Friday -<br/>ServingDate:<br/>04/12/2024</b> |         |
| Ketchup Dip Cup -<br>TR1245 (1 ea.)   | 0.00    |
| BBQ Sauce - TR1151 (1<br>ea.)   | (M)     |
| Buffalo Ranch Sauce -<br>TR1854 (1 ea.)                                     | 0.00    |
| <b>2023 FALL Lunch HS<br/>STAR Monday -<br/>ServingDate:<br/>04/15/2024</b> |         |
| Meatballs - TR1262 (2<br>1/2 oz.)   | (M)     |
| Cheese Stuffed<br>Breadsticks - TR1363<br>(2 ea.)                           | 0.00(M) |
| Cheeseburger - TR1897<br>(1 ea.)  | 0.00(M) |
| Hamburger - TR1899 (1<br>ea.)   | 0.00    |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                       | 0.00    |
| Premium Lunch Quick<br>Kit - TR1660 (1 kit)                                 | 0.00    |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                              | 0.00    |
| Turkey Fajita - TR1820<br>(1/2 c.)  | 0.00    |
| Alfredo Sauce - TR1261<br>(1 #16 scoop)                                     | 0.00    |
| Marinara Sauce -<br>TR1124 (1/2 c.)   | (M)     |
| Garlic Toast - TR1004<br>(1 ea.)  | (M)     |
| Rotini Pasta - TR1129<br>(1 c.)   | 0.53(M) |
| Crinkle Cut Fries -<br>TR1527 (3 oz.)                                       | 0.00    |
| Marinara Dip Cup -<br>TR1172 (1 ea.)  | (M)     |
| Seasoned Green Beans<br>- TR1085 (1/2 c.)                                   | 0.00(M) |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|--|
| <b>2023 FALL Lunch HS STAR Monday - ServingDate: 04/15/2024</b>          |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Vegetable Medley - TR1105 (1/2 c.)                                       | 15          | 41.62           | 1.12          | 0.24        | 0.00          | 0.00      | 167.75      | 5.34     | 2.13            | 3.20             | 0.00(M)          | 1.07        | 0.00      | 21.35        | 808.46    | 6.40      | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Granny Smith Apple - TR1054 (1 ea.)                                      | 25          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Diced Peach Cup - TR1759 (1 ea.)   | 25          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00     |  |
| Lactaid Milk - TR1367 (1 c.)   | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00     |  |
| Chocolate Milk - TR1033 (1 c.)   | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| White Milk - TR1035 (1 c.)   | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.)                                  | 25          | 9.59            | 0.00          | 0.00        | 0.00          | 0.00      | 107.22      | 2.65     | 0.73            | 1.46             | (M)              | 0.73        | 0.26      | 10.00        | 373.88    | 3.98      | (M)        | (M)            | 0.00(M)  |  |
| Ketchup - TR1088 (2 ea.)   | 50          | 20.00           | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Mayo - TR1144 (1 ea.)  | 10          | 40.00           | 3.00          | 0.00        | 0.00          | 5.00      | 105.00      | 3.00     | 0.00            | 2.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Mustard - TR1145 (1 ea.)   | 10          | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 85.00       | 1.00     | 0.00            | 0.00             | (M)              | 1.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Shredded Parmesan - TR1132 (1 tbsp.)                                     | 10          | 27.84           | 2.02          | 1.14        | 0.00          | 6.33      | 103.78      | 0.25     | 0.00            | 0.00             | (M)              | 2.28        | 0.00      | 75.94        | 75.94     | 0.00      | (M)        | (M)            | 0.00     |  |
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/16/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Beef Chili - TR1808 (1 #8 scoop)   | 40          | 141.20          | 12.00         | 4.40        | 0.70          | 40.00     | 371.99      | 9.00     | 3.00            | 3.00             | (M)              | 14.00       | 3.00      | 49.00        | 912.99    | 10.00     | 0.00       | 0.00           | 0.00     |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 5           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Chicken Fajita - TR1122 (3 1/2 oz.)                                      | 10          | 150.54          | 7.53          | 0.00        | 0.00          | 94.09     | 388.89      | 2.51     | 0.00            | 0.00             | 0.00             | 18.82       | 0.45      | 0.00         | 0.00      | 0.00      | 0.00       | 263.44         | 0.00     |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 3           | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00     |  |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 10          | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00     |  |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                             | 5           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)      |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>2023 FALL Lunch HS<br/>STAR Monday -<br/>ServingDate:<br/>04/15/2024</b>              |         |
| Vegetable Medley -<br>TR1105 (1/2 c.)  | 0.00(M) |
| Granny Smith Apple -<br>TR1054 (1 ea.)   | (M)     |
| Diced Peach Cup -<br>TR1759 (1 ea.)  | 0.00    |
| Lactaid Milk - TR1367<br>(1 c.)  | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)  | (M)     |
| White Milk - TR1035 (1<br>c.)  | (M)     |
| Lettuce/Tomato/Pickle -<br>TR1165 (1/2 c.)   | 0.00(M) |
| Ketchup - TR1088 (2<br>ea.)  | (M)     |
| Mayo - TR1144 (1 ea.)  | (M)     |
| Mustard - TR1145 (1<br>ea.)  | (M)     |
| Shredded Parmesan -<br>TR1132 (1 tbsp.)  | 0.00    |
| <b>Copy of 2023 FALL<br/>Lunch HS STAR<br/>Tuesday -<br/>ServingDate:<br/>04/16/2024</b> |         |
| Beef Chili - TR1808 (1<br>#8 scoop)  | 0.00    |
| Chicken Popper Ranch<br>Salad - TR1466 (1 ea.)   | 0.00(M) |
| Chicken Fajita - TR1122<br>(3 1/2 oz.)   | 0.00    |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                                    | 0.00    |
| MEAT LOVERS PIZZA -<br>TR1383 (1 slice)  | 0.00    |
| Tuscan Style Cheese<br>Pizza - TR1152 (1<br>slice)                                       | (M)     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|--|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/16/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | 5           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)       |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                 | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |  |
| Crispy Beef Tacos - TR1949 (2 ea.)                                       | 20          | 361.06          | 24.07         | 9.03        | 0.00          | 50.15     | 661.93      | 24.07    | 2.01            | 2.01             | 0.00             | 14.04       | 2.17      | 300.88       | 0.00      | 0.00      | 2.41       | 261.14         | 0.00      |  |
| Nachos - TR1277 (20 ea.)   | 20          | 302.39          | 12.96         | 3.24        | 0.00          | 0.00      | 162.00      | 41.04    | 4.32            | 0.00             | (M)              | 4.32        | 0.78      | 43.20        | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Seasoned Rice - TR1833 (1 c.)  | 10          | 196.88          | 1.74          | 0.00        | 0.00          | 0.00      | 569.81      | 40.53    | 2.32            | 0.00             | 0.00(M)          | 4.63        | 0.83      | 3.41         | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 113.44(M) |  |
| Premium Frito Chips - TR1856 (2 oz.)                                     | 20          | 320.00          | 20.00         | 3.00        | 0.00          | 0.00      | 339.99      | 32.00    | 2.00            | 0.00             | 0.00             | 4.00        | 0.00      | 40.00        | (M)       | (M)       | 0.00       | 60.00          | (M)       |  |
| Charro Beans - TR1094 (1/2 c.)   | 35          | 111.00          | 0.56          | 0.04        | 0.00          | 0.00      | 184.19      | 19.16    | 7.40            | 0.23             | (M)              | 6.31        | 1.53      | 42.04        | 35.42     | 0.56      | (M)        | (M)            | (M)       |  |
| Roasted Corn & Peppers - TR1615 (1/2 c.)                                 | 35          | 100.00          | 3.00          | 0.50        | 0.00          | 0.00      | 125.00      | 17.00    | 3.00            | 8.00             | 0.00             | 3.00        | 0.50      | 0.00         | 0.00      | 6.00      | 0.00       | 1900.21        | 0.00      |  |
| Salsa Cup - TR1072 (1 ea.)   | 50          | 25.00           | 0.00          | 0.00        | 0.00          | 0.00      | 195.00      | 5.00     | 1.00            | 3.00             | (M)              | 1.00        | 0.36      | 20.00        | 300.00    | 7.20      | (M)        | (M)            | (M)       |  |
| Banana - TR1056 (1 ea.)  | 35          | 105.00          | 0.39          | 0.00        | 0.00          | 0.00      | 1.00        | 27.00    | 3.00            | 14.50            | (M)              | 1.30        | 0.31      | 6.00         | 76.00     | 10.00     | (M)        | (M)            | (M)       |  |
| Chilled Diced Pears - TR1507 (1/2 c.)                                    | 30          | 67.83           | 0.00          | 0.00        | 0.00          | 0.00      | 5.65        | 18.09    | 2.26            | 13.56            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)   |  |
| Lactaid Milk - TR1367 (1 c.)   | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00      |  |
| Chocolate Milk - TR1033 (1 c.)   | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |  |
| White Milk - TR1035 (1 c.)   | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |  |
| Cheese Sauce - TR1624 (2 fl. oz.)  | 60          | 123.08          | 9.89          | 5.38        | 0.00          | 28.57     | 454.94      | 2.20     | 0.00            | 1.10             | 0.00             | 7.69        | 0.00      | 224.17       | 426.37    | 0.00      | 0.00       | 0.00           | 0.00      |  |
| Fiesta Salad - TR1101 (1/2 c.)   | 25          | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 3.20        | 1.44     | 0.44            | 0.88             | (M)              | 0.44        | 0.16      | 6.40         | 218.00    | 2.21      | (M)        | (M)            | 0.00(M)   |  |
| Soft Taco Shred American Cheese - TR1258 (1/8 c.)                        | 10          | 35.00           | 2.25          | 1.25        | 0.00          | 7.50      | 235.00      | 1.00     | 0.00            | 0.50             | (M)              | 3.50        | 0.00      | 100.00       | 150.00    | 0.00      | (M)        | (M)            | (M)       |  |
| Sour Cream - TR1098 (1 pkg.)   | 25          | 60.00           | 5.00          | 3.50        | 0.00          | 20.00     | 15.00       | 1.00     | 0.00            | 1.00             | (M)              | 1.00        | 0.00      | 20.00        | 200.00    | 0.00      | (M)        | (M)            | (M)       |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/16/2024</b> |         |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | (M)     |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                 | 0.00    |
| Crispy Beef Tacos - TR1949 (2 ea.)                                       | 0.00    |
| Nachos - TR1277 (20 ea.)   | (M)     |
| Seasoned Rice - TR1833 (1 c.)  | 0.11(M) |
| Premium Frito Chips - TR1856 (2 oz.)                                     | (M)     |
| Charro Beans - TR1094 (1/2 c.)   | (M)     |
| Roasted Corn & Peppers - TR1615 (1/2 c.)                                 | 0.00    |
| Salsa Cup - TR1072 (1 ea.)   | (M)     |
| Banana - TR1056 (1 ea.)  | (M)     |
| Chilled Diced Pears - TR1507 (1/2 c.)                                    | 0.00(M) |
| Lactaid Milk - TR1367 (1 c.)   | 0.00    |
| Chocolate Milk - TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1 c.)   | (M)     |
| Cheese Sauce - TR1624 (2 fl. oz.)  | 0.00    |
| Fiesta Salad - TR1101 (1/2 c.)   | 0.00(M) |
| Soft Taco Shred American Cheese - TR1258 (1/8 c.)                        | (M)     |
| Sour Cream - TR1098 (1 pkg.)   | (M)     |



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|--|
| <b>2023 FALL Lunch HS STAR Wednesday - ServingDate: 04/17/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                        | 4           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                    | 10          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00      |  |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                               | 5           | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00      |  |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                       | 5           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)       |  |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                    | 5           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)       |  |
| Chicken & Vegetable Potstickers - TR1790 (6 ea.)                   | 15          | 252.00          | 7.35          | 0.53        | 0.00          | 36.75     | 577.49      | 32.55    | 2.10            | 3.15             | 1.05             | 17.85       | 3.15      | 36.75        | 0.00      | 0.00      | 0.00       | (M)            | 0.00      |  |
| Chicken Egg Rolls (Premium) - TR1908 (2 ea)                        | 10          | 320.00          | 10.00         | 2.00        | 0.00          | 70.00     | 780.00      | 38.00    | 6.00            | 4.00             | 2.00             | 20.00       | 2.88      | 0.00         | 0.00      | 0.00      | 0.00       | 780.20         | 0.00      |  |
| Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)                | 20          | 260.00          | 7.00          | 2.00        | 0.00          | 140.00    | 960.00      | 20.00    | 0.00            | 18.00            | (M)              | 30.00       | 1.44      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)              | 25          | 380.00          | 8.00          | 2.00        | 0.00          | 90.00     | 760.00      | 50.00    | 4.00            | 26.00            | (M)              | 28.00       | 2.88      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                           | 1           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |  |
| Asian Brown Rice - TR1663 (1/2 c.)                                 | 70          | 69.62           | 1.93          | 0.32        | 0.00          | 0.00      | 108.55      | 11.55    | 0.86            | 0.50             | 0.00(M)          | 1.58        | 0.27      | 2.45         | 70.67     | 0.38      | 0.00(M)    | 0.00(M)        | 28.36 (M) |  |
| Carrot Coins - TR1086 (1/2 c.)                                     | 20          | 43.99           | 2.39          | 0.24        | 0.00          | 0.00      | 153.97      | 7.64     | 2.55            | 3.82             | 0.00(M)          | 0.00        | 0.46      | 38.21        | 10516.75  | 2.29      | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Steamed Broccoli - TR1112 (1/2 c.)                                 | 50          | 36.26           | 1.12          | 0.24        | 0.00          | 0.00      | 156.75      | 5.07     | 2.85            | 1.40             | 0.00(M)          | 2.95        | 0.56      | 31.06        | 965.72    | 38.20     | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Diced Peach Cup - TR1759 (1 ea.)                                   | 25          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00      |  |
| Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)                 | 40          | 99.00           | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 25.00    | 0.00            | 25.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00      | 12.00     | 0.00       | 0.00           | 0.00      |  |
| Orange Wedges - TR1057 (1 ea.)                                     | 15          | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 15.00    | 3.00            | 12.00            | (M)              | 1.00        | 0.00      | 60.00        | 300.00    | 72.00     | (M)        | (M)            | (M)       |  |
| Lactaid Milk - TR1367 (1 c.)                                       | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00      |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>2023 FALL Lunch HS<br/>STAR Wednesday -<br/>ServingDate:<br/>04/17/2024</b> |         |
| Chicken Popper Ranch<br>Salad - TR1466 (1 ea.)                                 | 0.00(M) |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                          | 0.00    |
| MEAT LOVERS PIZZA -<br>TR1383 (1 slice)  | 0.00    |
| Tuscan Style Cheese<br>Pizza - TR1152 (1<br>slice)                             | (M)     |
| Tuscan Style Pepperoni<br>Pizza - TR1153 (1<br>slice)                          | (M)     |
| Chicken & Vegetable<br>Potstickers - TR1790 (6<br>ea.)                         | 0.00    |
| Chicken Egg Rolls<br>(Premium) - TR1908 (2<br>ea)                              | 0.00    |
| Teriyaki Chicken<br>(PremiumPlus) -<br>TR1407 (5 5/8 oz.)                      | (M)     |
| Tangerine Chicken<br>(Premium Plus) -<br>TR1411 (7 7/8 oz.)                    | (M)     |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                                 | 0.00    |
| Asian Brown Rice -<br>TR1663 (1/2 c.)  | 0.03(M) |
| Carrot Coins - TR1086<br>(1/2 c.)  | 0.00(M) |
| Steamed Broccoli -<br>TR1112 (1/2 c.)  | 0.00(M) |
| Diced Peach Cup -<br>TR1759 (1 ea.)  | 0.00    |
| Italian Ice Good<br>Fortune 90/4.4oz -<br>TR1619 (1 ea.)                       | 0.00    |
| Orange Wedges -<br>TR1057 (1 ea.)  | (M)     |
| Lactaid Milk - TR1367<br>(1 c.)  | 0.00    |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| <b>2023 FALL Lunch HS STAR Wednesday - ServingDate: 04/17/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |
| Chocolate Milk - TR1033 (1 c.)                                     | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| White Milk - TR1035 (1 c.)   | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Sweet & Sour Sauce - TR1114 (2 ea.)                                | 50          | 30.00           | 0.00          | 0.00        | 0.00          | 0.00      | 140.00      | 8.00     | 0.00            | 8.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| <b>2023 FALL Lunch HS STAR Thursday - ServingDate: 04/18/2024</b>  |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                        | 15          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)  |
| Cheeseburger - TR1897 (1 ea.)                                      | 15          | 392.00          | 19.60         | 7.40        | 0.00          | 68.00     | 616.00      | 31.00    | 2.00            | 5.00             | 4.00(M)          | 27.60       | 2.60      | 325.00       | 300.00    | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                        | 4           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)  |
| Crispy Chicken Sandwich - TR1658 (1 ea.)                           | 20          | 370.00          | 10.00         | 1.50        | 0.00          | 50.00     | 870.00      | 46.00    | 4.00            | 5.00             | 4.00             | 23.00       | 2.08      | 136.00       | 200.00    | 0.00      | 0.00       | 0.00           | 0.00     |
| Chili Cheese Fries - TR1922 (1 ea.)                                | 35          | 509.16          | 26.98         | 10.61       | 0.70          | 69.00     | 1178.67     | 29.91    | 4.42            | 3.00             | 0.00(M)          | 22.42       | 3.43      | 271.22       | 1313.00   | 10.00     | 0.00       | 227.20         | 0.00     |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                    | 10          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00     |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                           | 1           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00     |
| Garlic Breadstick - TR1622 (1 ea.)                                 | 35          | 170.00          | 6.00          | 1.00        | 0.00          | 0.00      | 170.00      | 25.00    | 2.00            | 2.00             | 1.00             | 2.00        | 1.40      | 10.00        | 0.00      | 0.00      | 0.10       | 170.14         | 0.00     |
| Baked Beans - TR1186 (1/2 c.)                                      | 25          | 153.07          | 0.52          | 0.00        | 0.00          | 0.00      | 415.73      | 33.12    | 6.24            | 14.29            | 1.71(M)          | 5.20        | 1.87      | 41.60        | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)  |
| Sidewinder Fries - TR1939 (3 oz.)                                  | 50          | 136.49          | 5.31          | 0.76        | 0.00          | 0.00      | 394.31      | 21.23    | 1.52            | 0.00             | 0.00             | 1.52        | 0.46      | 15.17        | 0.00      | 0.00      | 0.00       | 242.35         | 0.00     |
| Mixed Vegetables - TR1150 (1/2 c.)                                 | 15          | 89.84           | 1.14          | 0.24        | 0.00          | 0.00      | 262.79      | 16.01    | 4.00            | 5.34             | 0.00(M)          | 4.00        | 0.96      | 26.68        | 1008.74   | 6.40      | 0.00(M)    | 0.00(M)        | 0.00(M)  |
| Marinara Dip Cup - TR1172 (1 ea.)                                  | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)      |
| Apple Red Delicous - TR1420 (1 ea.)                                | 20          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Strawberry Fruit Gel Dessert - TR1866 (1 c.)                       | 35          | 80.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 19.00    | 0.00            | 18.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00      | 18.00     | 0.00       | 0.00           | 0.00     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>2023 FALL Lunch HS<br/>STAR Wednesday -<br/>ServingDate:<br/>04/17/2024</b> |         |
| Chocolate Milk -<br>TR1033 (1 c.)  | (M)     |
| White Milk - TR1035 (1<br>c.)  | (M)     |
| Sweet & Sour Sauce -<br>TR1114 (2 ea.)   | (M)     |
| <b>2023 FALL Lunch HS<br/>STAR Thursday -<br/>ServingDate:<br/>04/18/2024</b>  |         |
| Cheese Stuffed<br>Breadsticks - TR1363<br>(2 ea.)                              | 0.00(M) |
| Cheeseburger - TR1897<br>(1 ea.)   | 0.00(M) |
| Chicken Popper Ranch<br>Salad - TR1466 (1 ea.)                                 | 0.00(M) |
| Crispy Chicken<br>Sandwich - TR1658 (1<br>ea.)                                 | 0.00    |
| Chili Cheese Fries -<br>TR1922 (1 ea.)   | 0.00    |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                          | 0.00    |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                                 | 0.00    |
| Garlic Breadstick -<br>TR1622 (1 ea.)  | 0.00    |
| Baked Beans - TR1186<br>(1/2 c.)   | 0.00(M) |
| Sidewinder Fries -<br>TR1939 (3 oz.)   | 0.00    |
| Mixed Vegetables -<br>TR1150 (1/2 c.)  | 0.00(M) |
| Marinara Dip Cup -<br>TR1172 (1 ea.)   | (M)     |
| Apple Red Delicous -<br>TR1420 (1 ea.)   | (M)     |
| Strawberry Fruit Gel<br>Dessert - TR1866 (1<br>c.)                             | 0.00    |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| <b>2023 FALL Lunch HS STAR Thursday - ServingDate: 04/18/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |
| Chilled Fruit Cocktail - TR1506 (1/2 c.)                          | 20          | 67.83           | 0.00          | 0.00        | 0.00          | 0.00      | 5.65        | 16.96    | 1.13            | 13.56            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)  |
| Lactaid Milk - TR1367 (1 c.)                                      | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00     |
| Chocolate Milk - TR1033 (1 c.)                                    | 60          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| White Milk - TR1035 (1 c.)  | 30          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.)                           | 10          | 9.59            | 0.00          | 0.00        | 0.00          | 0.00      | 107.22      | 2.65     | 0.73            | 1.46             | (M)              | 0.73        | 0.26      | 10.00        | 373.88    | 3.98      | (M)        | (M)            | 0.00(M)  |
| Ketchup - TR1088 (2 ea.)  | 50          | 20.00           | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Mayo - TR1144 (1 ea.)   | 10          | 40.00           | 3.00          | 0.00        | 0.00          | 5.00      | 105.00      | 3.00     | 0.00            | 2.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Mustard - TR1145 (1 ea.)  | 5           | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 85.00       | 1.00     | 0.00            | 0.00             | (M)              | 1.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| <b>2023 FALL Lunch HS STAR Friday - ServingDate: 04/19/2024</b>   |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |
| Steak Fingers - TR1081 (5 ea.)                                    | 20          | 403.62          | 25.23         | 6.31        | 0.00          | 44.15     | 416.24      | 23.96    | 5.04            | 1.26             | (M)              | 20.18       | 3.41      | 50.45        | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                       | 20          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                       | 5           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)  |
| Chicken Mega Mini Bites - TR1462 (10 ea.)                         | 20          | 261.99          | 12.09         | 2.52        | 0.00          | 55.42     | 493.75      | 14.11    | 2.02            | 1.01             | (M)              | 23.18       | 1.45      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00     |
| Chicken Tenders, Whole Muscle - TR1103 (3 ea.)                    | 10          | 280.00          | 13.00         | 2.50        | 0.00          | 60.00     | 470.00      | 16.00    | 2.00            | 1.00             | (M)              | 25.00       | 1.80      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                   | 3           | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00     |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                              | 6           | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00     |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                      | 7           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)      |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                   | 7           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)      |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Thursday -<br/>ServingDate:<br/>04/18/2024</b> |         |
| Chilled Fruit Cocktail -<br>TR1506 (1/2 c.)                                   | 0.00(M) |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1<br>c.)   | (M)     |
| Lettuce/Tomato/Pickle -<br>TR1165 (1/2 c.)                                    | 0.00(M) |
| Ketchup - TR1088 (2<br>ea.)   | (M)     |
| Mayo - TR1144 (1 ea.)   | (M)     |
| Mustard - TR1145 (1<br>ea.)   | (M)     |
| <b>2023 FALL Lunch HS<br/>STAR Friday -<br/>ServingDate:<br/>04/19/2024</b>   |         |
| Steak Fingers - TR1081<br>(5 ea.)   | (M)     |
| Cheese Stuffed<br>Breadsticks - TR1363<br>(2 ea.)                             | 0.00(M) |
| Chicken Popper Ranch<br>Salad - TR1466 (1 ea.)                                | 0.00(M) |
| Chicken Mega Mini Bites<br>- TR1462 (10 ea.)                                  | 0.00    |
| Chicken Tenders, Whole<br>Muscle - TR1103 (3 ea)                              | (M)     |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                         | 0.00    |
| MEAT LOVERS PIZZA -<br>TR1383 (1 slice)                                       | 0.00    |
| Tuscan Style Cheese<br>Pizza - TR1152 (1<br>slice)                            | (M)     |
| Tuscan Style Pepperoni<br>Pizza - TR1153 (1<br>slice)                         | (M)     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |  |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|--|
| <b>2023 FALL Lunch HS STAR Friday - ServingDate: 04/19/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                        | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |  |
| Whole Grain Roll - TR1005 (1 ea.)                               | 70          | 170.00          | 2.00          | 0.50        | 0.00          | 0.00      | 150.00      | 32.00    | 4.00            | 9.00             | (M)              | 5.00        | 1.44      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Golden Corn - TR1095 (1/2 c.)                                   | 50          | 76.42           | 2.12          | 0.24        | 0.00          | 0.00      | 100.34      | 15.96    | 2.00            | 2.99             | 0.00(M)          | 2.00        | 0.36      | 0.14         | 107.74    | 4.79      | 0.00(M)    | 0.05(M)        | 4.73(M)   |  |
| Mashed Potatoes - TR1083 (1/2 c.)                               | 80          | 89.22           | 1.19          | 0.00        | 0.00          | 0.00      | 420.03      | 17.84    | 1.49            | 0.59             | (M)              | 1.78        | 0.24      | 12.28        | 2.31      | 7.73      | (M)        | (M)            | 121.75(M) |  |
| Marinara Dip Cup - TR1172 (1 ea.)                               | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)       |  |
| Granny Smith Apple - TR1054 (1 ea.)                             | 10          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Diced Peach Cup - TR1759 (1 ea.)                                | 50          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00      |  |
| Lactaid Milk - TR1367 (1 c.)                                    | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00      |  |
| Chocolate Milk - TR1033 (1 c.)                                  | 60          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |  |
| White Milk - TR1035 (1 c.)                                      | 30          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |  |
| Pudding - TR1090 (1/2 c.)                                       | 50          | 3.75            | 0.10          | 0.10        | 0.00          | 0.00      | 5.00        | 0.67     | 0.07            | 0.47             | (M)              | 0.03        | 0.01      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)   |  |
| Shredded American Cheese - TR1069 (1/2 oz.)                     | 35          | 35.44           | 2.28          | 1.27        | 0.00          | 7.59      | 237.94      | 1.01     | 0.00            | 0.51             | (M)              | 3.54        | 0.00      | 101.25       | 151.88    | 0.00      | (M)        | (M)            | (M)       |  |
| Country Gravy - TR1074 (4 tbsp.)                                | 50          | 120.30          | 6.02          | 3.01        | 0.00          | 0.00      | 631.58      | 15.04    | 0.00            | 0.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Ketchup Dip Cup - TR1245 (1 ea.)                                | 10          | 30.38           | 0.00          | 0.00        | 0.00          | 0.00      | 75.94       | 7.09     | 0.00            | 5.06             | (M)              | 0.00        | 0.36      | 0.00         | 101.25    | 1.22      | (M)        | (M)            | 0.00      |  |
| BBQ Sauce - TR1151 (1 ea.)                                      | 5           | 40.00           | 0.00          | 0.00        | 0.00          | 0.00      | 75.00       | 9.00     | 0.00            | 8.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Buffalo Ranch Sauce - TR1854 (1 ea.)                            | 10          | 60.10           | 4.51          | 0.50        | 0.00          | 5.01      | 140.25      | 5.01     | 0.00            | 2.00             | 2.00             | 0.00        | 0.00      | 10.02        | 0.00      | 1.20      | 0.00       | 110.17         | 0.00      |  |
| <b>2023 FALL Lunch HS STAR Monday - ServingDate: 04/22/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Meatballs - TR1262 (2 1/2 oz.)                                  | 15          | 152.00          | 11.00         | 4.00        | 0.70          | 48.00     | 302.00      | 2.00     | 1.00            | 1.00             | (M)              | 12.00       | 1.00      | 28.00        | 1.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                     | 20          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)   |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Friday -<br/>ServingDate:<br/>04/19/2024</b> |         |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                              | 0.00    |
| Whole Grain Roll -<br>TR1005 (1 ea.)  | (M)     |
| Golden Corn - TR1095<br>(1/2 c.)  | 0.01(M) |
| Mashed Potatoes -<br>TR1083 (1/2 c.)  | 0.12(M) |
| Marinara Dip Cup -<br>TR1172 (1 ea.)  | (M)     |
| Granny Smith Apple -<br>TR1054 (1 ea.)                                      | (M)     |
| Diced Peach Cup -<br>TR1759 (1 ea.)   | 0.00    |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1<br>c.)   | (M)     |
| Pudding - TR1090 (1/2<br>c.)  | 0.00(M) |
| Shredded American<br>Cheese - TR1069 (1/2<br>oz.)                           | (M)     |
| Country Gravy -<br>TR1074 (4 tbsp.)   | (M)     |
| Ketchup Dip Cup -<br>TR1245 (1 ea.)   | 0.00    |
| BBQ Sauce - TR1151 (1<br>ea.)   | (M)     |
| Buffalo Ranch Sauce -<br>TR1854 (1 ea.)                                     | 0.00    |
| <b>2023 FALL Lunch HS<br/>STAR Monday -<br/>ServingDate:<br/>04/22/2024</b> |         |
| Meatballs - TR1262 (2<br>1/2 oz.)   | (M)     |
| Cheese Stuffed<br>Breadsticks - TR1363<br>(2 ea.)                           | 0.00(M) |



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |      |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|------|
| <b>2023 FALL Lunch HS STAR Monday - ServingDate: 04/22/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |      |
| Cheeseburger - TR1897 (1 ea.)                                   | 20          | 392.00          | 19.60         | 7.40        | 0.00          | 68.00     | 616.00      | 31.00    | 2.00            | 5.00             | 4.00(M)          | 27.60       | 2.60      | 325.00       | 300.00    | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)   |      |
| Hamburger - TR1899 (1 ea.)                                      | 15          | 357.00          | 17.60         | 6.40        | 0.00          | 63.00     | 511.00      | 29.00    | 2.00            | 4.00             | 4.00(M)          | 20.60       | 2.60      | 125.00       | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 0.00      |      |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                 | 12          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00      |      |
| Premium Lunch Quick Kit - TR1660 (1 kit)                        | 1           | 480.00          | 11.50         | 3.50        | 0.00          | 20.00     | 545.00      | 75.00    | 3.00            | 33.00            | 4.00(M)          | 17.00       | 1.80      | 360.00       | 90.00     | 42.00     | 0.10(M)    | 269.31(M)      | 0.00      |      |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                        | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |      |
| Turkey Fajita - TR1820 (1/2 c.)                                 | 15          | 85.54           | 1.07          | 0.54        | 0.00          | 37.42     | 352.84      | 1.07     | 0.00            | 0.00             | 0.00             | 17.11       | 0.39      | 0.00         | 0.00      | 0.00      | 0.00       | 0.00           | 0.00      | 0.00 |
| Alfredo Sauce - TR1261 (1 #16 scoop)                            | 25          | 98.36           | 5.46          | 3.28        | 0.00          | 20.77     | 408.74      | 5.46     | 0.00            | 3.28             | (M)              | 6.56        | 0.00      | 207.65       | 245.90    | 0.00      | (M)        | (M)            | 0.00      |      |
| Marinara Sauce - TR1124 (1/2 c.)                                | 25          | 86.67           | 3.37          | 0.48        | 0.00          | 0.00      | 134.81      | 14.44    | 1.93            | 9.63             | (M)              | 1.93        | 1.04      | 19.26        | 481.48    | 5.78      | (M)        | (M)            | (M)       |      |
| Garlic Toast - TR1004 (1 ea.)                                   | 50          | 100.00          | 3.00          | 0.00        | 0.00          | 0.00      | 130.00      | 15.00    | 2.00            | 1.00             | (M)              | 3.00        | 0.72      | 0.00         | 300.00    | 0.00      | (M)        | (M)            | (M)       |      |
| Rotini Pasta - TR1129 (1 c.)                                    | 50          | 229.20          | 3.74          | 0.32        | 0.00          | 0.00      | 15.90       | 41.00    | 4.00            | 2.00             | (M)              | 7.00        | 1.80      | 35.90        | 0.00      | 0.00      | (M)        | (M)            | 529.40(M) |      |
| Crinkle Cut Fries - TR1527 (3 oz.)                              | 65          | 190.47          | 5.71          | 0.00        | 0.00          | 0.00      | 323.80      | 28.57    | 3.81            | 0.00             | (M)              | 3.81        | 0.69      | 0.00         | 0.00      | 6.86      | (M)        | 399.99         | 0.00      |      |
| Marinara Dip Cup - TR1172 (1 ea.)                               | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)       |      |
| Seasoned Green Beans - TR1085 (1/2 c.)                          | 15          | 45.45           | 2.54          | 0.55        | 0.00          | 0.00      | 189.77      | 4.73     | 2.36            | 1.18             | 0.00(M)          | 1.18        | 0.42      | 23.64        | 254.54    | 1.42      | 0.00(M)    | 0.00(M)        | 0.00(M)   |      |
| Vegetable Medley - TR1105 (1/2 c.)                              | 15          | 41.62           | 1.12          | 0.24        | 0.00          | 0.00      | 167.75      | 5.34     | 2.13            | 3.20             | 0.00(M)          | 1.07        | 0.00      | 21.35        | 808.46    | 6.40      | 0.00(M)    | 0.00(M)        | 0.00(M)   |      |
| Granny Smith Apple - TR1054 (1 ea.)                             | 25          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |      |
| Diced Peach Cup - TR1759 (1 ea.)                                | 25          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00      |      |
| Lactaid Milk - TR1367 (1 c.)                                    | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00      |      |
| Chocolate Milk - TR1033 (1 c.)                                  | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |      |
| White Milk - TR1035 (1 c.)                                      | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |      |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.)                         | 25          | 9.59            | 0.00          | 0.00        | 0.00          | 0.00      | 107.22      | 2.65     | 0.73            | 1.46             | (M)              | 0.73        | 0.26      | 10.00        | 373.88    | 3.98      | (M)        | (M)            | 0.00(M)   |      |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Monday -<br/>ServingDate:<br/>04/22/2024</b> |         |
| Cheeseburger - TR1897<br>(1 ea.)  | 0.00(M) |
| Hamburger - TR1899 (1<br>ea.)   | 0.00    |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                       | 0.00    |
| Premium Lunch Quick<br>Kit - TR1660 (1 kit)                                 | 0.00    |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                              | 0.00    |
| Turkey Fajita - TR1820<br>(1/2 c.)  | 0.00    |
| Alfredo Sauce - TR1261<br>(1 #16 scoop)                                     | 0.00    |
| Marinara Sauce -<br>TR1124 (1/2 c.)   | (M)     |
| Garlic Toast - TR1004<br>(1 ea.)  | (M)     |
| Rotini Pasta - TR1129<br>(1 c.)   | 0.53(M) |
| Crinkle Cut Fries -<br>TR1527 (3 oz.)                                       | 0.00    |
| Marinara Dip Cup -<br>TR1172 (1 ea.)  | (M)     |
| Seasoned Green Beans<br>- TR1085 (1/2 c.)                                   | 0.00(M) |
| Vegetable Medley -<br>TR1105 (1/2 c.)                                       | 0.00(M) |
| Granny Smith Apple -<br>TR1054 (1 ea.)                                      | (M)     |
| Diced Peach Cup -<br>TR1759 (1 ea.)   | 0.00    |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1<br>c.)   | (M)     |
| Lettuce/Tomato/Pickle -<br>TR1165 (1/2 c.)                                  | 0.00(M) |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)   |  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|------------|--|
| <b>2023 FALL Lunch HS STAR Monday - ServingDate: 04/22/2024</b>          |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |            |  |
| Ketchup - TR1088 (2 ea.)   | 50          | 20.00           | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)        |  |
| Mayo - TR1144 (1 ea.)  | 10          | 40.00           | 3.00          | 0.00        | 0.00          | 5.00      | 105.00      | 3.00     | 0.00            | 2.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)        |  |
| Mustard - TR1145 (1 ea.)   | 10          | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 85.00       | 1.00     | 0.00            | 0.00             | (M)              | 1.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)        |  |
| Shredded Parmesan - TR1132 (1 tbsp.)                                     | 10          | 27.84           | 2.02          | 1.14        | 0.00          | 6.33      | 103.78      | 0.25     | 0.00            | 0.00             | (M)              | 2.28        | 0.00      | 75.94        | 75.94     | 0.00      | (M)        | (M)            | 0.00       |  |
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/23/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |            |  |
| Beef Chili - TR1808 (1 #8 scoop)   | 40          | 141.20          | 12.00         | 4.40        | 0.70          | 40.00     | 371.99      | 9.00     | 3.00            | 3.00             | (M)              | 14.00       | 3.00      | 49.00        | 912.99    | 10.00     | 0.00       | 0.00           | 0.00       |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 5           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)    |  |
| Chicken Fajita - TR1122 (3 1/2 oz.)                                      | 10          | 150.54          | 7.53          | 0.00        | 0.00          | 94.09     | 388.89      | 2.51     | 0.00            | 0.00             | 0.00             | 18.82       | 0.45      | 0.00         | 0.00      | 0.00      | 0.00       | 263.44         | 0.00       |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 3           | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00       |  |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 10          | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00       |  |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                             | 5           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)        |  |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | 5           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)        |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                 | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00       |  |
| Crispy Beef Tacos - TR1949 (2 ea.)                                       | 20          | 361.06          | 24.07         | 9.03        | 0.00          | 50.15     | 661.93      | 24.07    | 2.01            | 2.01             | 0.00             | 14.04       | 2.17      | 300.88       | 0.00      | 0.00      | 2.41       | 261.14         | 0.00       |  |
| Nachos - TR1277 (20 ea.)   | 20          | 302.39          | 12.96         | 3.24        | 0.00          | 0.00      | 162.00      | 41.04    | 4.32            | 0.00             | (M)              | 4.32        | 0.78      | 43.20        | 0.00      | 0.00      | (M)        | (M)            | (M)        |  |
| Seasoned Rice - TR1833 (1 c.)  | 10          | 196.88          | 1.74          | 0.00        | 0.00          | 0.00      | 569.81      | 40.53    | 2.32            | 0.00             | 0.00(M)          | 4.63        | 0.83      | 3.41         | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 113.44 (M) |  |
| Premium Frito Chips - TR1856 (2 oz.)                                     | 20          | 320.00          | 20.00         | 3.00        | 0.00          | 0.00      | 339.99      | 32.00    | 2.00            | 0.00             | 0.00             | 4.00        | 0.00      | 40.00        | (M)       | (M)       | 0.00       | 60.00          | (M)        |  |
| Charro Beans - TR1094 (1/2 c.)   | 35          | 111.00          | 0.56          | 0.04        | 0.00          | 0.00      | 184.19      | 19.16    | 7.40            | 0.23             | (M)              | 6.31        | 1.53      | 42.04        | 35.42     | 0.56      | (M)        | (M)            | (M)        |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>2023 FALL Lunch HS<br/>STAR Monday -<br/>ServingDate:<br/>04/22/2024</b>              |         |
| Ketchup - TR1088 (2 ea.)   | (M)     |
| Mayo - TR1144 (1 ea.)  | (M)     |
| Mustard - TR1145 (1 ea.)   | (M)     |
| Shredded Parmesan - TR1132 (1 tbsp.)   | 0.00    |
| <b>Copy of 2023 FALL<br/>Lunch HS STAR<br/>Tuesday -<br/>ServingDate:<br/>04/23/2024</b> |         |
| Beef Chili - TR1808 (1 #8 scoop)   | 0.00    |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)  | 0.00(M) |
| Chicken Fajita - TR1122 (3 1/2 oz.)  | 0.00    |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)  | 0.00    |
| MEAT LOVERS PIZZA - TR1383 (1 slice)   | 0.00    |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)   | (M)     |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)  | (M)     |
| Grilled Cheese Sandwich - TR1078 (1 ea.)   | 0.00    |
| Crispy Beef Tacos - TR1949 (2 ea.)   | 0.00    |
| Nachos - TR1277 (20 ea.)   | (M)     |
| Seasoned Rice - TR1833 (1 c.)  | 0.11(M) |
| Premium Frito Chips - TR1856 (2 oz.)   | (M)     |
| Charro Beans - TR1094 (1/2 c.)   | (M)     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/23/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |
| Roasted Corn & Peppers - TR1615 (1/2 c.)                                 | 35          | 100.00          | 3.00          | 0.50        | 0.00          | 0.00      | 125.00      | 17.00    | 3.00            | 8.00             | 0.00             | 3.00        | 0.50      | 0.00         | 0.00      | 6.00      | 0.00       | 1900.21        | 0.00     |
| Salsa Cup - TR1072 (1 ea.)   | 50          | 25.00           | 0.00          | 0.00        | 0.00          | 0.00      | 195.00      | 5.00     | 1.00            | 3.00             | (M)              | 1.00        | 0.36      | 20.00        | 300.00    | 7.20      | (M)        | (M)            | (M)      |
| Banana - TR1056 (1 ea.)  | 35          | 105.00          | 0.39          | 0.00        | 0.00          | 0.00      | 1.00        | 27.00    | 3.00            | 14.50            | (M)              | 1.30        | 0.31      | 6.00         | 76.00     | 10.00     | (M)        | (M)            | (M)      |
| Chilled Diced Pears - TR1507 (1/2 c.)                                    | 30          | 67.83           | 0.00          | 0.00        | 0.00          | 0.00      | 5.65        | 18.09    | 2.26            | 13.56            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)  |
| Lactaid Milk - TR1367 (1 c.)   | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00     |
| Chocolate Milk - TR1033 (1 c.)   | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| White Milk - TR1035 (1 c.)   | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Cheese Sauce - TR1624 (2 fl. oz.)  | 60          | 123.08          | 9.89          | 5.38        | 0.00          | 28.57     | 454.94      | 2.20     | 0.00            | 1.10             | 0.00             | 7.69        | 0.00      | 224.17       | 426.37    | 0.00      | 0.00       | 0.00           | 0.00     |
| Fiesta Salad - TR1101 (1/2 c.)   | 25          | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 3.20        | 1.44     | 0.44            | 0.88             | (M)              | 0.44        | 0.16      | 6.40         | 218.00    | 2.21      | (M)        | (M)            | 0.00(M)  |
| Soft Taco Shred American Cheese - TR1258 (1/8 c.)                        | 10          | 35.00           | 2.25          | 1.25        | 0.00          | 7.50      | 235.00      | 1.00     | 0.00            | 0.50             | (M)              | 3.50        | 0.00      | 100.00       | 150.00    | 0.00      | (M)        | (M)            | (M)      |
| Sour Cream - TR1098 (1 pkg.)   | 25          | 60.00           | 5.00          | 3.50        | 0.00          | 20.00     | 15.00       | 1.00     | 0.00            | 1.00             | (M)              | 1.00        | 0.00      | 20.00        | 200.00    | 0.00      | (M)        | (M)            | (M)      |
| <b>2023 FALL Lunch HS STAR Wednesday - ServingDate: 04/24/2024</b>       |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 4           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 10          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00     |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 5           | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00     |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                             | 5           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)      |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | 5           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)      |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/23/2024</b> |         |
| Roasted Corn & Peppers - TR1615 (1/2 c.)                                 | 0.00    |
| Salsa Cup - TR1072 (1 ea.)   | (M)     |
| Banana - TR1056 (1 ea.)  | (M)     |
| Chilled Diced Pears - TR1507 (1/2 c.)                                    | 0.00(M) |
| Lactaid Milk - TR1367 (1 c.)   | 0.00    |
| Chocolate Milk - TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1 c.)   | (M)     |
| Cheese Sauce - TR1624 (2 fl. oz.)  | 0.00    |
| Fiesta Salad - TR1101 (1/2 c.)   | 0.00(M) |
| Soft Taco Shred American Cheese - TR1258 (1/8 c.)                        | (M)     |
| Sour Cream - TR1098 (1 pkg.)   | (M)     |
| <b>2023 FALL Lunch HS STAR Wednesday - ServingDate: 04/24/2024</b>       |         |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 0.00(M) |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 0.00    |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 0.00    |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                             | (M)     |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | (M)     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|
| <b>2023 FALL Lunch HS STAR Wednesday - ServingDate: 04/24/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |
| Chicken & Vegetable Potstickers - TR1790 (6 ea.)                   | 15          | 252.00          | 7.35          | 0.53        | 0.00          | 36.75     | 577.49      | 32.55    | 2.10            | 3.15             | 1.05             | 17.85       | 3.15      | 36.75        | 0.00      | 0.00      | 0.00       | (M)            | 0.00      |
| Chicken Egg Rolls (Premium) - TR1908 (2 ea)                        | 10          | 320.00          | 10.00         | 2.00        | 0.00          | 70.00     | 780.00      | 38.00    | 6.00            | 4.00             | 2.00             | 20.00       | 2.88      | 0.00         | 0.00      | 0.00      | 0.00       | 780.20         | 0.00      |
| Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)                | 20          | 260.00          | 7.00          | 2.00        | 0.00          | 140.00    | 960.00      | 20.00    | 0.00            | 18.00            | (M)              | 30.00       | 1.44      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |
| Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)              | 25          | 380.00          | 8.00          | 2.00        | 0.00          | 90.00     | 760.00      | 50.00    | 4.00            | 26.00            | (M)              | 28.00       | 2.88      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                           | 1           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |
| Asian Brown Rice - TR1663 (1/2 c.)                                 | 70          | 69.62           | 1.93          | 0.32        | 0.00          | 0.00      | 108.55      | 11.55    | 0.86            | 0.50             | 0.00(M)          | 1.58        | 0.27      | 2.45         | 70.67     | 0.38      | 0.00(M)    | 0.00(M)        | 28.36 (M) |
| Carrot Coins - TR1086 (1/2 c.)                                     | 20          | 43.99           | 2.39          | 0.24        | 0.00          | 0.00      | 153.97      | 7.64     | 2.55            | 3.82             | 0.00(M)          | 0.00        | 0.46      | 38.21        | 10516.75  | 2.29      | 0.00(M)    | 0.00(M)        | 0.00(M)   |
| Steamed Broccoli - TR1112 (1/2 c.)                                 | 50          | 36.26           | 1.12          | 0.24        | 0.00          | 0.00      | 156.75      | 5.07     | 2.85            | 1.40             | 0.00(M)          | 2.95        | 0.56      | 31.06        | 965.72    | 38.20     | 0.00(M)    | 0.00(M)        | 0.00(M)   |
| Diced Peach Cup - TR1759 (1 ea.)                                   | 25          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00      |
| Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)                 | 40          | 99.00           | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 25.00    | 0.00            | 25.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00      | 12.00     | 0.00       | 0.00           | 0.00      |
| Orange Wedges - TR1057 (1 ea.)                                     | 15          | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 15.00    | 3.00            | 12.00            | (M)              | 1.00        | 0.00      | 60.00        | 300.00    | 72.00     | (M)        | (M)            | (M)       |
| Lactaid Milk - TR1367 (1 c.)                                       | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00      |
| Chocolate Milk - TR1033 (1 c.)                                     | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |
| White Milk - TR1035 (1 c.)   | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)       |
| Sweet & Sour Sauce - TR1114 (2 ea.)                                | 50          | 30.00           | 0.00          | 0.00        | 0.00          | 0.00      | 140.00      | 8.00     | 0.00            | 8.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |
| <b>2023 FALL Lunch HS STAR Thursday - ServingDate: 04/25/2024</b>  |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                        | 15          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)   |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>2023 FALL Lunch HS<br/>STAR Wednesday -<br/>ServingDate:<br/>04/24/2024</b> |         |
| Chicken & Vegetable<br>Potstickers - TR1790 (6<br>ea.)                         | 0.00    |
| Chicken Egg Rolls<br>(Premium) - TR1908 (2<br>ea)                              | 0.00    |
| Teriyaki Chicken<br>(PremiumPlus) -<br>TR1407 (5 5/8 oz.)                      | (M)     |
| Tangerine Chicken<br>(Premium Plus) -<br>TR1411 (7 7/8 oz.)                    | (M)     |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                                 | 0.00    |
| Asian Brown Rice -<br>TR1663 (1/2 c.)  | 0.03(M) |
| Carrot Coins - TR1086<br>(1/2 c.)  | 0.00(M) |
| Steamed Broccoli -<br>TR1112 (1/2 c.)  | 0.00(M) |
| Diced Peach Cup -<br>TR1759 (1 ea.)  | 0.00    |
| Italian Ice Good<br>Fortune 90/4.4oz -<br>TR1619 (1 ea.)                       | 0.00    |
| Orange Wedges -<br>TR1057 (1 ea.)  | (M)     |
| Lactaid Milk - TR1367<br>(1 c.)  | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)  | (M)     |
| White Milk - TR1035 (1<br>c.)  | (M)     |
| Sweet & Sour Sauce -<br>TR1114 (2 ea.)   | (M)     |
| <b>2023 FALL Lunch HS<br/>STAR Thursday -<br/>ServingDate:<br/>04/25/2024</b>  |         |
| Cheese Stuffed<br>Breadsticks - TR1363<br>(2 ea.)                              | 0.00(M) |



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |  |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|--|
| <b>2023 FALL Lunch HS STAR Thursday - ServingDate: 04/25/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Cheeseburger - TR1897 (1 ea.)                                     | 15          | 392.00          | 19.60         | 7.40        | 0.00          | 68.00     | 616.00      | 31.00    | 2.00            | 5.00             | 4.00(M)          | 27.60       | 2.60      | 325.00       | 300.00    | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                       | 4           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Crispy Chicken Sandwich - TR1658 (1 ea.)                          | 20          | 370.00          | 10.00         | 1.50        | 0.00          | 50.00     | 870.00      | 46.00    | 4.00            | 5.00             | 4.00             | 23.00       | 2.08      | 136.00       | 200.00    | 0.00      | 0.00       | 0.00           | 0.00     |  |
| Chili Cheese Fries - TR1922 (1 ea.)                               | 35          | 509.16          | 26.98         | 10.61       | 0.70          | 69.00     | 1178.67     | 29.91    | 4.42            | 3.00             | 0.00(M)          | 22.42       | 3.43      | 271.22       | 1313.00   | 10.00     | 0.00       | 227.20         | 0.00     |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                   | 10          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00     |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                          | 1           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00     |  |
| Garlic Breadstick - TR1622 (1 ea.)                                | 35          | 170.00          | 6.00          | 1.00        | 0.00          | 0.00      | 170.00      | 25.00    | 2.00            | 2.00             | 1.00             | 2.00        | 1.40      | 10.00        | 0.00      | 0.00      | 0.10       | 170.14         | 0.00     |  |
| Baked Beans - TR1186 (1/2 c.)                                     | 25          | 153.07          | 0.52          | 0.00        | 0.00          | 0.00      | 415.73      | 33.12    | 6.24            | 14.29            | 1.71(M)          | 5.20        | 1.87      | 41.60        | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Sidewinder Fries - TR1939 (3 oz.)                                 | 50          | 136.49          | 5.31          | 0.76        | 0.00          | 0.00      | 394.31      | 21.23    | 1.52            | 0.00             | 0.00             | 1.52        | 0.46      | 15.17        | 0.00      | 0.00      | 0.00       | 242.35         | 0.00     |  |
| Mixed Vegetables - TR1150 (1/2 c.)                                | 15          | 89.84           | 1.14          | 0.24        | 0.00          | 0.00      | 262.79      | 16.01    | 4.00            | 5.34             | 0.00(M)          | 4.00        | 0.96      | 26.68        | 1008.74   | 6.40      | 0.00(M)    | 0.00(M)        | 0.00(M)  |  |
| Marinara Dip Cup - TR1172 (1 ea.)                                 | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)      |  |
| Apple Red Delicous - TR1420 (1 ea.)                               | 20          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Strawberry Fruit Gel Dessert - TR1866 (1 c.)                      | 35          | 80.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 19.00    | 0.00            | 18.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00      | 18.00     | 0.00       | 0.00           | 0.00     |  |
| Chilled Fruit Cocktail - TR1506 (1/2 c.)                          | 20          | 67.83           | 0.00          | 0.00        | 0.00          | 0.00      | 5.65        | 16.96    | 1.13            | 13.56            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)  |  |
| Lactaid Milk - TR1367 (1 c.)                                      | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00     |  |
| Chocolate Milk - TR1033 (1 c.)                                    | 60          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| White Milk - TR1035 (1 c.)  | 30          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.)                           | 10          | 9.59            | 0.00          | 0.00        | 0.00          | 0.00      | 107.22      | 2.65     | 0.73            | 1.46             | (M)              | 0.73        | 0.26      | 10.00        | 373.88    | 3.98      | (M)        | (M)            | 0.00(M)  |  |
| Ketchup - TR1088 (2 ea.)  | 50          | 20.00           | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Thursday -<br/>ServingDate:<br/>04/25/2024</b> |         |
| Cheeseburger - TR1897<br>(1 ea.)  | 0.00(M) |
| Chicken Popper Ranch<br>Salad - TR1466 (1 ea.)                                | 0.00(M) |
| Crispy Chicken<br>Sandwich - TR1658 (1<br>ea.)                                | 0.00    |
| Chili Cheese Fries -<br>TR1922 (1 ea.)  | 0.00    |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                         | 0.00    |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                                | 0.00    |
| Garlic Breadstick -<br>TR1622 (1 ea.)   | 0.00    |
| Baked Beans - TR1186<br>(1/2 c.)  | 0.00(M) |
| Sidewinder Fries -<br>TR1939 (3 oz.)  | 0.00    |
| Mixed Vegetables -<br>TR1150 (1/2 c.)   | 0.00(M) |
| Marinara Dip Cup -<br>TR1172 (1 ea.)  | (M)     |
| Apple Red Delicoius -<br>TR1420 (1 ea.)                                       | (M)     |
| Strawberry Fruit Gel<br>Dessert - TR1866 (1<br>c.)                            | 0.00    |
| Chilled Fruit Cocktail -<br>TR1506 (1/2 c.)                                   | 0.00(M) |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1<br>c.)   | (M)     |
| Lettuce/Tomato/Pickle -<br>TR1165 (1/2 c.)                                    | 0.00(M) |
| Ketchup - TR1088 (2<br>ea.)   | (M)     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)  |  |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|-----------|--|
| <b>2023 FALL Lunch HS STAR Thursday - ServingDate: 04/25/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Mayo - TR1144 (1 ea.)   | 10          | 40.00           | 3.00          | 0.00        | 0.00          | 5.00      | 105.00      | 3.00     | 0.00            | 2.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Mustard - TR1145 (1 ea.)  | 5           | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 85.00       | 1.00     | 0.00            | 0.00             | (M)              | 1.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| <b>2023 FALL Lunch HS STAR Friday - ServingDate: 04/26/2024</b>   |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |           |  |
| Steak Fingers - TR1081 (5 ea.)                                    | 20          | 403.62          | 25.23         | 6.31        | 0.00          | 44.15     | 416.24      | 23.96    | 5.04            | 1.26             | (M)              | 20.18       | 3.41      | 50.45        | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                       | 20          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)   |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                       | 5           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)   |  |
| Chicken Mega Mini Bites - TR1462 (10 ea.)                         | 20          | 261.99          | 12.09         | 2.52        | 0.00          | 55.42     | 493.75      | 14.11    | 2.02            | 1.01             | (M)              | 23.18       | 1.45      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00      |  |
| Chicken Tenders, Whole Muscle - TR1103 (3 ea.)                    | 10          | 280.00          | 13.00         | 2.50        | 0.00          | 60.00     | 470.00      | 16.00    | 2.00            | 1.00             | (M)              | 25.00       | 1.80      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                   | 3           | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00      |  |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                              | 6           | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00      |  |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                      | 7           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)       |  |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                   | 7           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)       |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                          | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00      |  |
| Whole Grain Roll - TR1005 (1 ea.)                                 | 70          | 170.00          | 2.00          | 0.50        | 0.00          | 0.00      | 150.00      | 32.00    | 4.00            | 9.00             | (M)              | 5.00        | 1.44      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |
| Golden Corn - TR1095 (1/2 c.)                                     | 50          | 76.42           | 2.12          | 0.24        | 0.00          | 0.00      | 100.34      | 15.96    | 2.00            | 2.99             | 0.00(M)          | 2.00        | 0.36      | 0.14         | 107.74    | 4.79      | 0.00(M)    | 0.05(M)        | 4.73(M)   |  |
| Mashed Potatoes - TR1083 (1/2 c.)                                 | 80          | 89.22           | 1.19          | 0.00        | 0.00          | 0.00      | 420.03      | 17.84    | 1.49            | 0.59             | (M)              | 1.78        | 0.24      | 12.28        | 2.31      | 7.73      | (M)        | (M)            | 121.75(M) |  |
| Marinara Dip Cup - TR1172 (1 ea.)                                 | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)       |  |
| Granny Smith Apple - TR1054 (1 ea.)                               | 10          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)       |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Thursday -<br/>ServingDate:<br/>04/25/2024</b> |         |
| Mayo - TR1144 (1 ea.)   | (M)     |
| Mustard - TR1145 (1 ea.)  | (M)     |
| <b>2023 FALL Lunch HS<br/>STAR Friday -<br/>ServingDate:<br/>04/26/2024</b>   |         |
| Steak Fingers - TR1081<br>(5 ea.)   | (M)     |
| Cheese Stuffed Breadsticks - TR1363<br>(2 ea.)                                | 0.00(M) |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                                   | 0.00(M) |
| Chicken Mega Mini Bites - TR1462 (10 ea.)                                     | 0.00    |
| Chicken Tenders, Whole Muscle - TR1103 (3 ea)                                 | (M)     |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                               | 0.00    |
| MEAT LOVERS PIZZA - TR1383 (1 slice)  | 0.00    |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                                  | (M)     |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                               | (M)     |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                      | 0.00    |
| Whole Grain Roll - TR1005 (1 ea.)   | (M)     |
| Golden Corn - TR1095 (1/2 c.)   | 0.01(M) |
| Mashed Potatoes - TR1083 (1/2 c.)   | 0.12(M) |
| Marinara Dip Cup - TR1172 (1 ea.)   | (M)     |
| Granny Smith Apple - TR1054 (1 ea.)   | (M)     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |     |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|-----|
| <b>2023 FALL Lunch HS STAR Friday - ServingDate: 04/26/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |     |
| Diced Peach Cup - TR1759 (1 ea.)                                | 50          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00     |     |
| Lactaid Milk - TR1367 (1 c.)                                    | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00     |     |
| Chocolate Milk - TR1033 (1 c.)                                  | 60          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |     |
| White Milk - TR1035 (1 c.)                                      | 30          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |     |
| Pudding - TR1090 (1/2 c.)                                       | 50          | 3.75            | 0.10          | 0.10        | 0.00          | 0.00      | 5.00        | 0.67     | 0.07            | 0.47             | (M)              | 0.03        | 0.01      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)  |     |
| Shredded American Cheese - TR1069 (1/2 oz.)                     | 35          | 35.44           | 2.28          | 1.27        | 0.00          | 7.59      | 237.94      | 1.01     | 0.00            | 0.51             | (M)              | 3.54        | 0.00      | 101.25       | 151.88    | 0.00      | (M)        | (M)            | (M)      |     |
| Country Gravy - TR1074 (4 tbsp.)                                | 50          | 120.30          | 6.02          | 3.01        | 0.00          | 0.00      | 631.58      | 15.04    | 0.00            | 0.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | 0.00       | (M)            | (M)      | (M) |
| Ketchup Dip Cup - TR1245 (1 ea.)                                | 10          | 30.38           | 0.00          | 0.00        | 0.00          | 0.00      | 75.94       | 7.09     | 0.00            | 5.06             | (M)              | 0.00        | 0.36      | 0.00         | 101.25    | 1.22      | (M)        | (M)            | 0.00     |     |
| BBQ Sauce - TR1151 (1 ea.)                                      | 5           | 40.00           | 0.00          | 0.00        | 0.00          | 0.00      | 75.00       | 9.00     | 0.00            | 8.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)      |     |
| Buffalo Ranch Sauce - TR1854 (1 ea.)                            | 10          | 60.10           | 4.51          | 0.50        | 0.00          | 5.01      | 140.25      | 5.01     | 0.00            | 2.00             | 2.00             | 0.00        | 0.00      | 10.02        | 0.00      | 1.20      | 0.00       | 110.17         | 0.00     |     |
| <b>2023 FALL Lunch HS STAR Monday - ServingDate: 04/29/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |     |
| Meatballs - TR1262 (2 1/2 oz.)                                  | 15          | 152.00          | 11.00         | 4.00        | 0.70          | 48.00     | 302.00      | 2.00     | 1.00            | 1.00             | (M)              | 12.00       | 1.00      | 28.00        | 1.00      | 0.00      | (M)        | (M)            | (M)      |     |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.)                     | 20          | 313.52          | 11.14         | 5.41        | 0.01          | 32.10     | 474.67      | 34.11    | 4.00            | 2.00             | (M)              | 20.75       | 2.16      | 425.00       | 425.00    | 0.00      | (M)        | (M)            | 0.00(M)  |     |
| Cheeseburger - TR1897 (1 ea.)                                   | 20          | 392.00          | 19.60         | 7.40        | 0.00          | 68.00     | 616.00      | 31.00    | 2.00            | 5.00             | 4.00(M)          | 27.60       | 2.60      | 325.00       | 300.00    | 0.00      | 0.00(M)    | 0.00(M)        | 0.00(M)  |     |
| Hamburger - TR1899 (1 ea.)                                      | 15          | 357.00          | 17.60         | 6.40        | 0.00          | 63.00     | 511.00      | 29.00    | 2.00            | 4.00             | 4.00(M)          | 20.60       | 2.60      | 125.00       | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 0.00     |     |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                 | 12          | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00     |     |
| Premium Lunch Quick Kit - TR1660 (1 kit)                        | 1           | 480.00          | 11.50         | 3.50        | 0.00          | 20.00     | 545.00      | 75.00    | 3.00            | 33.00            | 4.00(M)          | 17.00       | 1.80      | 360.00       | 90.00     | 42.00     | 0.10(M)    | 269.31(M)      | 0.00     |     |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                        | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00     |     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Friday -<br/>ServingDate:<br/>04/26/2024</b> |         |
| Diced Peach Cup -<br>TR1759 (1 ea.)   | 0.00    |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1<br>c.)   | (M)     |
| Pudding - TR1090 (1/2<br>c.)  | 0.00(M) |
| Shredded American<br>Cheese - TR1069 (1/2<br>oz.)                           | (M)     |
| Country Gravy -<br>TR1074 (4 tbsp.)   | (M)     |
| Ketchup Dip Cup -<br>TR1245 (1 ea.)   | 0.00    |
| BBQ Sauce - TR1151 (1<br>ea.)   | (M)     |
| Buffalo Ranch Sauce -<br>TR1854 (1 ea.)                                     | 0.00    |
| <b>2023 FALL Lunch HS<br/>STAR Monday -<br/>ServingDate:<br/>04/29/2024</b> |         |
| Meatballs - TR1262 (2<br>1/2 oz.)   | (M)     |
| Cheese Stuffed<br>Breadsticks - TR1363<br>(2 ea.)                           | 0.00(M) |
| Cheeseburger - TR1897<br>(1 ea.)  | 0.00(M) |
| Hamburger - TR1899 (1<br>ea.)   | 0.00    |
| Peanut Butter & Jelly<br>Sandwich - TR1469 (1<br>ea.)                       | 0.00    |
| Premium Lunch Quick<br>Kit - TR1660 (1 kit)                                 | 0.00    |
| Grilled Cheese<br>Sandwich - TR1078 (1<br>ea.)                              | 0.00    |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)  | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)   |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|------------|
| <b>2023 FALL Lunch HS STAR Monday - ServingDate: 04/29/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |            |
| Turkey Fajita - TR1820 (1/2 c.)                                 | 15          | 85.54           | 1.07          | 0.54        | 0.00          | 37.42     | 352.84      | 1.07     | 0.00            | 0.00             | 0.00             | 17.11       | 0.39      | 0.00         | 0.00      | 0.00      | 0.00       | 0.00           | 0.00       |
| Alfredo Sauce - TR1261 (1 #16 scoop)                            | 25          | 98.36           | 5.46          | 3.28        | 0.00          | 20.77     | 408.74      | 5.46     | 0.00            | 3.28             | (M)              | 6.56        | 0.00      | 207.65       | 245.90    | 0.00      | (M)        | (M)            | 0.00       |
| Marinara Sauce - TR1124 (1/2 c.)                                | 25          | 86.67           | 3.37          | 0.48        | 0.00          | 0.00      | 134.81      | 14.44    | 1.93            | 9.63             | (M)              | 1.93        | 1.04      | 19.26        | 481.48    | 5.78      | (M)        | (M)            | (M)        |
| Garlic Toast - TR1004 (1 ea.)                                   | 50          | 100.00          | 3.00          | 0.00        | 0.00          | 0.00      | 130.00      | 15.00    | 2.00            | 1.00             | (M)              | 3.00        | 0.72      | 0.00         | 300.00    | 0.00      | (M)        | (M)            | (M)        |
| Rotini Pasta - TR1129 (1 c.)                                    | 50          | 229.20          | 3.74          | 0.32        | 0.00          | 0.00      | 15.90       | 41.00    | 4.00            | 2.00             | (M)              | 7.00        | 1.80      | 35.90        | 0.00      | 0.00      | (M)        | (M)            | 529.40 (M) |
| Crinkle Cut Fries - TR1527 (3 oz.)                              | 65          | 190.47          | 5.71          | 0.00        | 0.00          | 0.00      | 323.80      | 28.57    | 3.81            | 0.00             | (M)              | 3.81        | 0.69      | 0.00         | 0.00      | 6.86      | (M)        | 399.99         | 0.00       |
| Marinara Dip Cup - TR1172 (1 ea.)                               | 5           | 40.00           | 1.00          | 0.00        | 0.00          | 0.00      | 230.00      | 7.00     | 1.00            | 4.00             | (M)              | 1.00        | 0.72      | 20.00        | 300.00    | 6.00      | (M)        | (M)            | (M)        |
| Seasoned Green Beans - TR1085 (1/2 c.)                          | 15          | 45.45           | 2.54          | 0.55        | 0.00          | 0.00      | 189.77      | 4.73     | 2.36            | 1.18             | 0.00(M)          | 1.18        | 0.42      | 23.64        | 254.54    | 1.42      | 0.00(M)    | 0.00(M)        | 0.00(M)    |
| Vegetable Medley - TR1105 (1/2 c.)                              | 15          | 41.62           | 1.12          | 0.24        | 0.00          | 0.00      | 167.75      | 5.34     | 2.13            | 3.20             | 0.00(M)          | 1.07        | 0.00      | 21.35        | 808.46    | 6.40      | 0.00(M)    | 0.00(M)        | 0.00(M)    |
| Granny Smith Apple - TR1054 (1 ea.)                             | 25          | 64.00           | 0.00          | 0.00        | 0.00          | 0.00      | 2.00        | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)        |
| Diced Peach Cup - TR1759 (1 ea.)                                | 25          | 70.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 18.00    | 1.00            | 16.00            | 0.00             | 1.00        | 0.00      | 0.00         | 0.00      | 60.00     | 0.00       | 49.82          | 0.00       |
| Lactaid Milk - TR1367 (1 c.)                                    | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00       |
| Chocolate Milk - TR1033 (1 c.)                                  | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)        |
| White Milk - TR1035 (1 c.)                                      | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)        |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.)                         | 25          | 9.59            | 0.00          | 0.00        | 0.00          | 0.00      | 107.22      | 2.65     | 0.73            | 1.46             | (M)              | 0.73        | 0.26      | 10.00        | 373.88    | 3.98      | (M)        | (M)            | 0.00(M)    |
| Ketchup - TR1088 (2 ea.)  | 50          | 20.00           | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)        |
| Mayo - TR1144 (1 ea.)   | 10          | 40.00           | 3.00          | 0.00        | 0.00          | 5.00      | 105.00      | 3.00     | 0.00            | 2.00             | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)        |
| Mustard - TR1145 (1 ea.)  | 10          | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 85.00       | 1.00     | 0.00            | 0.00             | (M)              | 1.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | (M)        |
| Shredded Parmesan - TR1132 (1 tbsp.)                            | 10          | 27.84           | 2.02          | 1.14        | 0.00          | 6.33      | 103.78      | 0.25     | 0.00            | 0.00             | (M)              | 2.28        | 0.00      | 75.94        | 75.94     | 0.00      | (M)        | (M)            | 0.00       |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)   | Ash (g) |
|---|---------|
| <b>2023 FALL Lunch HS<br/>STAR Monday -<br/>ServingDate:<br/>04/29/2024</b> |         |
| Turkey Fajita - TR1820<br>(1/2 c.)  | 0.00    |
| Alfredo Sauce - TR1261<br>(1 #16 scoop)                                     | 0.00    |
| Marinara Sauce -<br>TR1124 (1/2 c.)   | (M)     |
| Garlic Toast - TR1004<br>(1 ea.)  | (M)     |
| Rotini Pasta - TR1129<br>(1 c.)   | 0.53(M) |
| Crinkle Cut Fries -<br>TR1527 (3 oz.)                                       | 0.00    |
| Marinara Dip Cup -<br>TR1172 (1 ea.)  | (M)     |
| Seasoned Green Beans<br>- TR1085 (1/2 c.)                                   | 0.00(M) |
| Vegetable Medley -<br>TR1105 (1/2 c.)                                       | 0.00(M) |
| Granny Smith Apple -<br>TR1054 (1 ea.)                                      | (M)     |
| Diced Peach Cup -<br>TR1759 (1 ea.)   | 0.00    |
| Lactaid Milk - TR1367<br>(1 c.)   | 0.00    |
| Chocolate Milk -<br>TR1033 (1 c.)   | (M)     |
| White Milk - TR1035 (1<br>c.)   | (M)     |
| Lettuce/Tomato/Pickle -<br>TR1165 (1/2 c.)                                  | 0.00(M) |
| Ketchup - TR1088 (2<br>ea.)   | (M)     |
| Mayo - TR1144 (1 ea.)   | (M)     |
| Mustard - TR1145 (1<br>ea.)   | (M)     |
| Shredded Parmesan -<br>TR1132 (1 tbsp.)                                     | 0.00    |



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g)   |  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|------------|--|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/30/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |            |  |
| Beef Chili - TR1808 (1 #8 scoop)   | 40          | 141.20          | 12.00         | 4.40        | 0.70          | 40.00     | 371.99      | 9.00     | 3.00            | 3.00             | (M)              | 14.00       | 3.00      | 49.00        | 912.99    | 10.00     | 0.00       | 0.00           | 0.00       |  |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 5           | 626.45          | 35.88         | 6.77        | 0.00          | 51.59     | 1326.78     | 50.22    | 6.78            | 10.67            | 0.00(M)          | 27.74       | 8.91      | 187.03       | 3940.67   | 13.75     | 0.00(M)    | 0.00(M)        | 0.00(M)    |  |
| Chicken Fajita - TR1122 (3 1/2 oz.)                                      | 10          | 150.54          | 7.53          | 0.00        | 0.00          | 94.09     | 388.89      | 2.51     | 0.00            | 0.00             | 0.00             | 18.82       | 0.45      | 0.00         | 0.00      | 0.00      | 0.00       | 263.44         | 0.00       |  |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 3           | 600.00          | 33.00         | 7.00        | 0.00          | 0.00      | 530.00      | 64.00    | 7.00            | 30.00            | (M)              | 18.00       | 2.00      | 88.00        | 0.00      | 0.00      | (M)        | (M)            | 0.00       |  |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 10          | 460.00          | 19.00         | 8.00        | 0.00          | 30.00     | 720.00      | 46.00    | 4.00            | 8.00             | (M)              | 25.00       | 2.70      | 450.00       | 750.00    | 6.00      | (M)        | (M)            | 0.00       |  |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                             | 5           | 406.36          | 16.07         | 7.56        | 0.00          | 28.35     | 472.51      | 44.42    | 2.83            | 7.56             | (M)              | 23.63       | 1.70      | 425.26       | 708.77    | 5.67      | (M)        | (M)            | (M)        |  |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | 5           | 444.83          | 18.78         | 8.90        | 0.00          | 34.60     | 642.54      | 46.46    | 3.95            | 7.91             | (M)              | 24.71       | 2.67      | 395.41       | 494.26    | 5.93      | (M)        | (M)            | (M)        |  |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                 | 2           | 280.31          | 9.90          | 5.50        | 0.00          | 31.80     | 580.77      | 31.00    | 3.00            | 5.60             | (M)              | 18.50       | 1.64      | 465.88       | 523.97    | 0.00      | (M)        | (M)            | 0.00       |  |
| Crispy Beef Tacos - TR1949 (2 ea.)                                       | 20          | 361.06          | 24.07         | 9.03        | 0.00          | 50.15     | 661.93      | 24.07    | 2.01            | 2.01             | 0.00             | 14.04       | 2.17      | 300.88       | 0.00      | 0.00      | 2.41       | 261.14         | 0.00       |  |
| Nachos - TR1277 (20 ea.)   | 20          | 302.39          | 12.96         | 3.24        | 0.00          | 0.00      | 162.00      | 41.04    | 4.32            | 0.00             | (M)              | 4.32        | 0.78      | 43.20        | 0.00      | 0.00      | (M)        | (M)            | (M)        |  |
| Seasoned Rice - TR1833 (1 c.)  | 10          | 196.88          | 1.74          | 0.00        | 0.00          | 0.00      | 569.81      | 40.53    | 2.32            | 0.00             | 0.00(M)          | 4.63        | 0.83      | 3.41         | 0.00      | 0.00      | 0.00(M)    | 0.00(M)        | 113.44 (M) |  |
| Premium Frito Chips - TR1856 (2 oz.)                                     | 20          | 320.00          | 20.00         | 3.00        | 0.00          | 0.00      | 339.99      | 32.00    | 2.00            | 0.00             | 0.00             | 4.00        | 0.00      | 40.00        | (M)       | (M)       | 0.00       | 60.00          | (M)        |  |
| Charro Beans - TR1094 (1/2 c.)   | 35          | 111.00          | 0.56          | 0.04        | 0.00          | 0.00      | 184.19      | 19.16    | 7.40            | 0.23             | (M)              | 6.31        | 1.53      | 42.04        | 35.42     | 0.56      | (M)        | (M)            | (M)        |  |
| Roasted Corn & Peppers - TR1615 (1/2 c.)                                 | 35          | 100.00          | 3.00          | 0.50        | 0.00          | 0.00      | 125.00      | 17.00    | 3.00            | 8.00             | 0.00             | 3.00        | 0.50      | 0.00         | 0.00      | 6.00      | 0.00       | 1900.21        | 0.00       |  |
| Salsa Cup - TR1072 (1 ea.)   | 50          | 25.00           | 0.00          | 0.00        | 0.00          | 0.00      | 195.00      | 5.00     | 1.00            | 3.00             | (M)              | 1.00        | 0.36      | 20.00        | 300.00    | 7.20      | (M)        | (M)            | (M)        |  |
| Banana - TR1056 (1 ea.)  | 35          | 105.00          | 0.39          | 0.00        | 0.00          | 0.00      | 1.00        | 27.00    | 3.00            | 14.50            | (M)              | 1.30        | 0.31      | 6.00         | 76.00     | 10.00     | (M)        | (M)            | (M)        |  |
| Chilled Diced Pears - TR1507 (1/2 c.)                                    | 30          | 67.83           | 0.00          | 0.00        | 0.00          | 0.00      | 5.65        | 18.09    | 2.26            | 13.56            | (M)              | 0.00        | 0.00      | 0.00         | 0.00      | 0.00      | (M)        | (M)            | 0.00(M)    |  |
| Lactaid Milk - TR1367 (1 c.)   | 1           | 90.00           | 0.00          | 0.00        | 0.00          | 4.00      | 125.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 500.00       | 500.00    | 0.00      | (M)        | (M)            | 0.00       |  |
| Chocolate Milk - TR1033 (1 c.)   | 70          | 130.00          | 0.00          | 0.00        | 0.00          | 5.00      | 125.00      | 23.00    | 0.00            | 22.00            | 11.00            | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)        |  |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/30/2024</b> |         |
| Beef Chili - TR1808 (1 #8 scoop)   | 0.00    |
| Chicken Popper Ranch Salad - TR1466 (1 ea.)                              | 0.00(M) |
| Chicken Fajita - TR1122 (3 1/2 oz.)                                      | 0.00    |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)                          | 0.00    |
| MEAT LOVERS PIZZA - TR1383 (1 slice)                                     | 0.00    |
| Tuscan Style Cheese Pizza - TR1152 (1 slice)                             | (M)     |
| Tuscan Style Pepperoni Pizza - TR1153 (1 slice)                          | (M)     |
| Grilled Cheese Sandwich - TR1078 (1 ea.)                                 | 0.00    |
| Crispy Beef Tacos - TR1949 (2 ea.)                                       | 0.00    |
| Nachos - TR1277 (20 ea.)   | (M)     |
| Seasoned Rice - TR1833 (1 c.)  | 0.11(M) |
| Premium Frito Chips - TR1856 (2 oz.)                                     | (M)     |
| Charro Beans - TR1094 (1/2 c.)   | (M)     |
| Roasted Corn & Peppers - TR1615 (1/2 c.)                                 | 0.00    |
| Salsa Cup - TR1072 (1 ea.)   | (M)     |
| Banana - TR1056 (1 ea.)  | (M)     |
| Chilled Diced Pears - TR1507 (1/2 c.)                                    | 0.00(M) |
| Lactaid Milk - TR1367 (1 c.)   | 0.00    |
| Chocolate Milk - TR1033 (1 c.)   | (M)     |

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| <b>Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 04/30/2024</b> |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |
| White Milk - TR1035 (1 c.)   | 20          | 100.00          | 2.50          | 1.50        | 0.00          | 10.00     | 125.00      | 12.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Cheese Sauce - TR1624 (2 fl. oz.)  | 60          | 123.08          | 9.89          | 5.38        | 0.00          | 28.57     | 454.94      | 2.20     | 0.00            | 1.10             | 0.00             | 7.69        | 0.00      | 224.17       | 426.37    | 0.00      | 0.00       | 0.00           | 0.00     |
| Fiesta Salad - TR1101 (1/2 c.)   | 25          | 5.00            | 0.00          | 0.00        | 0.00          | 0.00      | 3.20        | 1.44     | 0.44            | 0.88             | (M)              | 0.44        | 0.16      | 6.40         | 218.00    | 2.21      | (M)        | (M)            | 0.00(M)  |
| Soft Taco Shred American Cheese - TR1258 (1/8 c.)                        | 10          | 35.00           | 2.25          | 1.25        | 0.00          | 7.50      | 235.00      | 1.00     | 0.00            | 0.50             | (M)              | 3.50        | 0.00      | 100.00       | 150.00    | 0.00      | (M)        | (M)            | (M)      |
| Sour Cream - TR1098 (1 pkg.)   | 25          | 60.00           | 5.00          | 3.50        | 0.00          | 20.00     | 15.00       | 1.00     | 0.00            | 1.00             | (M)              | 1.00        | 0.00      | 20.00        | 200.00    | 0.00      | (M)        | (M)            | (M)      |

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: High School  
 Menu Line: STAR Academy Line  
 Serving Group: 9-12  
 Nutrients Option: All

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 04/01/2024 - 04/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>Copy of 2023 FALL<br/>Lunch HS STAR<br/>Tuesday -<br/>ServingDate:<br/>04/30/2024</b> |         |
| White Milk - TR1035 (1 c.)   | (M)     |
| Cheese Sauce - TR1624 (2 fl. oz.)  | 0.00    |
| Fiesta Salad - TR1101 (1/2 c.)   | 0.00(M) |
| Soft Taco Shred American Cheese - TR1258 (1/8 c.)  | (M)     |
| Sour Cream - TR1098 (1 pkg.)   | (M)     |