

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/01/2024</b>																			
Meatballs - TR1262 (2 1/2 oz.)	45	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	5	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Turkey Fajita - TR1820 (1/2 c.)	45	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00
Marinara Sauce - TR1124 (1/2 c.)	40	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)
Garlic Toast - TR1004 (1 ea.)	60	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)
Rotini Pasta - TR1129 (1 c.)	80	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40(M)
Seasoned Green Beans - TR1085 (1/2 c.)	35	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	35	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	25	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/02/2024</b>																			
Beef Chili - TR1808 (1 #8 scoop)	55	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/01/2024</b>	
Meatballs - TR1262 (2 1/2 oz.)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/02/2024</b>	
Beef Chili - TR1808 (1 #8 scoop)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/02/2024</b>																				
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Fajita - TR1122 (3 1/2 oz.)	15	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	15	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44(M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Picante Sauce - TR1865 (1 packet)	25	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/02/2024</b>	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)

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Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/03/2024</b>																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	10	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	20	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	5	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Chow Mein Noodles - TR1801 (1 c.)	80	431.67	15.90	2.27	0.00	0.00	613.43	61.34	4.54	9.09	9.09	15.90	4.09	90.88	5679.90	34.08	0.00	0.00	0.00
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

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Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/03/2024</b>	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1801 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)

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<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/04/2024</b>																			
Breaded Chicken Drumsticks - TR1453 (1 ea.)	10	285.25	16.86	3.89	0.00	77.80	687.20	7.78	1.30	0.00	0.00	24.64	1.87	25.93	0.00	0.00	(M)	(M)	0.00
Chicken Drumstick - TR1739 (1 ea.)	10	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	21.27	0.00	0.00	(M)	201.98	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	60	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick )	10	187.22	10.70	2.23	0.00	75.78	338.77	6.24	0.89	0.00	0.00	15.16	0.89	0.00	0.00	0.00	0.00	615.10	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Garlic Breadstick - TR1622 (1 ea.)	90	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Baked Beans - TR1186 (1/2 c.)	35	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	25	89.84	1.14	0.24	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	15	79.11	0.00	0.00	0.00	0.00	336.24	20.77	0.00	18.79	17.80	0.00	0.00	0.00	0.00	0.00	0.00	102.72	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/04/2024</b>	
Breaded Chicken Drumsticks - TR1453 (1 ea.)	0.00
Chicken Drumstick - TR1739 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick )	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	0.00



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/05/2024</b>																				
Steak Fingers - TR1081 (5 ea.)	15	403.62	25.23	6.31	0.00	44.15	416.24	23.96	5.04	1.26	(M)	20.18	3.41	50.45	0.00	0.00	(M)	(M)	(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Mega Mini Bites - TR1462 (10 ea.)	25	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
Chicken Tenders, Whole Muscle - TR1103 (3 ea.)	25	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	25	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	
Whole Grain Roll - TR1005 (1 ea.)	80	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)	
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)	
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/05/2024</b>	
Steak Fingers - TR1081 (5 ea.)	(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/05/2024</b>																				
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/08/2024</b>																				
Meatballs - TR1262 (2 1/2 oz.)	45	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Premium Lunch Quick Kit - TR1660 (1 kit)	5	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Turkey Fajita - TR1820 (1/2 c.)	45	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00	
Marinara Sauce - TR1124 (1/2 c.)	40	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)	
Garlic Toast - TR1004 (1 ea.)	60	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)	
Rotini Pasta - TR1129 (1 c.)	80	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40(M)	
Seasoned Green Beans - TR1085 (1/2 c.)	35	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)	
Vegetable Medley - TR1105 (1/2 c.)	35	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Shredded Parmesan - TR1132 (1 tbsp.)	25	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/05/2024</b>	
BBQ Sauce - TR1151 (1 ea.)	(M)
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/08/2024</b>	
Meatballs - TR1262 (2 1/2 oz.)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/09/2024</b>																				
Beef Chili - TR1808 (1 #8 scoop)	55	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Fajita - TR1122 (3 1/2 oz.)	15	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	15	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Picante Sauce - TR1865 (1 packet)	25	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS                      Tuesday Fiesta Bowl                      - ServingDate:                      04/09/2024</b>	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Picante Sauce - TR1865 (1 packet)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/09/2024</b>																			
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/10/2024</b>																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	10	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	20	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	5	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Chow Mein Noodles - TR1801 (1 c.)	80	431.67	15.90	2.27	0.00	0.00	613.43	61.34	4.54	9.09	9.09	15.90	4.09	90.88	5679.90	34.08	0.00	0.00	0.00
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/09/2024</b>	
Sour Cream - TR1098 (1 pkg.)	(M)
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/10/2024</b>	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1801 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/10/2024</b>																				
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00	
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/11/2024</b>																				
Breaded Chicken Drumsticks - TR1453 (1 ea.)	10	285.25	16.86	3.89	0.00	77.80	687.20	7.78	1.30	0.00	0.00	24.64	1.87	25.93	0.00	0.00	(M)	(M)	0.00	
Chicken Drumstick - TR1739 (1 ea.)	10	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	21.27	0.00	0.00	(M)	201.98	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chili Cheese Fries - TR1922 (1 ea.)	60	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00	
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	10	187.22	10.70	2.23	0.00	75.78	338.77	6.24	0.89	0.00	0.00	15.16	0.89	0.00	0.00	0.00	0.00	615.10	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Garlic Breadstick - TR1622 (1 ea.)	90	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00	
Baked Beans - TR1186 (1/2 c.)	35	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Mixed Vegetables - TR1150 (1/2 c.)	25	89.84	1.14	0.24	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)	
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/10/2024</b>	
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)
<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/11/2024</b>	
Breaded Chicken Drumsticks - TR1453 (1 ea.)	0.00
Chicken Drumstick - TR1739 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick )	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/11/2024</b>																				
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	15	79.11	0.00	0.00	0.00	0.00	336.24	20.77	0.00	18.79	17.80	0.00	0.00	0.00	0.00	0.00	0.00	102.72	0.00	
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/12/2024</b>																				
Steak Fingers - TR1081 (5 ea.)	15	403.62	25.23	6.31	0.00	44.15	416.24	23.96	5.04	1.26	(M)	20.18	3.41	50.45	0.00	0.00	(M)	(M)	(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Mega Mini Bites - TR1462 (10 ea.)	25	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	25	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	25	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	
Whole Grain Roll - TR1005 (1 ea.)	80	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)	
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/11/2024</b>	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	0.00
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/12/2024</b>	
Steak Fingers - TR1081 (5 ea.)	(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/12/2024</b>																				
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)	
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00	
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/15/2024</b>																				
Meatballs - TR1262 (2 1/2 oz.)	45	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Premium Lunch Quick Kit - TR1660 (1 kit)	5	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Turkey Fajita - TR1820 (1/2 c.)	45	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00	
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00	
Marinara Sauce - TR1124 (1/2 c.)	40	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)	
Garlic Toast - TR1004 (1 ea.)	60	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)	
Rotini Pasta - TR1129 (1 c.)	80	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40(M)	
Seasoned Green Beans - TR1085 (1/2 c.)	35	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)	
Vegetable Medley - TR1105 (1/2 c.)	35	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/12/2024</b>	
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/15/2024</b>	
Meatballs - TR1262 (2 1/2 oz.)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/15/2024</b>																			
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	25	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/16/2024</b>																			
Beef Chili - TR1808 (1 #8 scoop)	55	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	15	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)
Seasoned Rice - TR1833 (1 c.)	15	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/15/2024</b>	
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/16/2024</b>	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/16/2024</b>																				
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Picante Sauce - TR1865 (1 packet)	25	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/17/2024</b>																				
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00	
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	10	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00	
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	20	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	0.00	780.20	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	5	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Chow Mein Noodles - TR1801 (1 c.)	80	431.67	15.90	2.27	0.00	0.00	613.43	61.34	4.54	9.09	9.09	15.90	4.09	90.88	5679.90	34.08	0.00	0.00	0.00	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/16/2024</b>	
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/17/2024</b>	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1801 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/17/2024</b>																			
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/18/2024</b>																			
Breaded Chicken Drumsticks - TR1453 (1 ea.)	10	285.25	16.86	3.89	0.00	77.80	687.20	7.78	1.30	0.00	0.00	24.64	1.87	25.93	0.00	0.00	(M)	(M)	0.00
Chicken Drumstick - TR1739 (1 ea.)	10	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	21.27	0.00	0.00	(M)	201.98	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	60	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick)	10	187.22	10.70	2.23	0.00	75.78	338.77	6.24	0.89	0.00	0.00	15.16	0.89	0.00	0.00	0.00	0.00	615.10	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/17/2024</b>	
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)
<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/18/2024</b>	
Breaded Chicken Drumsticks - TR1453 (1 ea.)	0.00
Chicken Drumstick - TR1739 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick )	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/18/2024</b>																			
Garlic Breadstick - TR1622 (1 ea.)	90	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Baked Beans - TR1186 (1/2 c.)	35	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	25	89.84	1.14	0.24	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	15	79.11	0.00	0.00	0.00	0.00	336.24	20.77	0.00	18.79	17.80	0.00	0.00	0.00	0.00	0.00	0.00	102.72	0.00
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/19/2024</b>																			
Steak Fingers - TR1081 (5 ea.)	15	403.62	25.23	6.31	0.00	44.15	416.24	23.96	5.04	1.26	(M)	20.18	3.41	50.45	0.00	0.00	(M)	(M)	(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	25	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	25	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/18/2024</b>	
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	0.00
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/19/2024</b>	
Steak Fingers - TR1081 (5 ea.)	(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/19/2024</b>																				
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	25	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	
Whole Grain Roll - TR1005 (1 ea.)	80	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)	
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)	
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00	
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/22/2024</b>																				
Meatballs - TR1262 (2 1/2 oz.)	45	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Premium Lunch Quick Kit - TR1660 (1 kit)	5	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/19/2024</b>	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/22/2024</b>	
Meatballs - TR1262 (2 1/2 oz.)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/22/2024</b>																			
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Turkey Fajita - TR1820 (1/2 c.)	45	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00
Marinara Sauce - TR1124 (1/2 c.)	40	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)
Garlic Toast - TR1004 (1 ea.)	60	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)
Rotini Pasta - TR1129 (1 c.)	80	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40 (M)
Seasoned Green Beans - TR1085 (1/2 c.)	35	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	35	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	25	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/23/2024</b>																			
Beef Chili - TR1808 (1 #8 scoop)	55	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	15	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/22/2024</b>	
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/23/2024</b>	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/23/2024</b>																				
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	15	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Picante Sauce - TR1865 (1 packet)	25	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/24/2024</b>																				
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/23/2024</b>	
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/24/2024</b>	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/24/2024</b>																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	10	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	20	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	5	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Chow Mein Noodles - TR1801 (1 c.)	80	431.67	15.90	2.27	0.00	0.00	613.43	61.34	4.54	9.09	9.09	15.90	4.09	90.88	5679.90	34.08	0.00	0.00	0.00
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/24/2024</b>	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7 7/8 oz.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1801 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/25/2024</b>																			
Breaded Chicken Drumsticks - TR1453 (1 ea.)	10	285.25	16.86	3.89	0.00	77.80	687.20	7.78	1.30	0.00	0.00	24.64	1.87	25.93	0.00	0.00	(M)	(M)	0.00
Chicken Drumstick - TR1739 (1 ea.)	10	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	21.27	0.00	0.00	(M)	201.98	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	60	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick )	10	187.22	10.70	2.23	0.00	75.78	338.77	6.24	0.89	0.00	0.00	15.16	0.89	0.00	0.00	0.00	0.00	615.10	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Garlic Breadstick - TR1622 (1 ea.)	90	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Baked Beans - TR1186 (1/2 c.)	35	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	25	89.84	1.14	0.24	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	15	79.11	0.00	0.00	0.00	0.00	336.24	20.77	0.00	18.79	17.80	0.00	0.00	0.00	0.00	0.00	0.00	102.72	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Thursday Chili Chz Fries - ServingDate: 04/25/2024</b>	
Breaded Chicken Drumsticks - TR1453 (1 ea.)	0.00
Chicken Drumstick - TR1739 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Spicy Breaded Drumsticks - TR1860 (1 drumstick )	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sweet Baby Ray's BBQ Sauce - TR1839 (1 c.)	0.00



# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/26/2024</b>																				
Steak Fingers - TR1081 (5 ea.)	15	403.62	25.23	6.31	0.00	44.15	416.24	23.96	5.04	1.26	(M)	20.18	3.41	50.45	0.00	0.00	(M)	(M)	(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Mega Mini Bites - TR1462 (10 ea.)	25	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
Chicken Tenders, Whole Muscle - TR1103 (3 ea.)	25	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	25	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	
Whole Grain Roll - TR1005 (1 ea.)	80	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)	
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)	
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/26/2024</b>	
Steak Fingers - TR1081 (5 ea.)	(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/26/2024</b>																				
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/29/2024</b>																				
Meatballs - TR1262 (2 1/2 oz.)	45	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Premium Lunch Quick Kit - TR1660 (1 kit)	5	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Turkey Fajita - TR1820 (1/2 c.)	45	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00	
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00	
Marinara Sauce - TR1124 (1/2 c.)	40	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)	
Garlic Toast - TR1004 (1 ea.)	60	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)	
Rotini Pasta - TR1129 (1 c.)	80	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40(M)	
Seasoned Green Beans - TR1085 (1/2 c.)	35	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)	
Vegetable Medley - TR1105 (1/2 c.)	35	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Shredded Parmesan - TR1132 (1 tbsp.)	25	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Friday Country Bowl - ServingDate: 04/26/2024</b>	
BBQ Sauce - TR1151 (1 ea.)	(M)
<b>2023 FALL Lunch HS Monday Pasta Bowl - ServingDate: 04/29/2024</b>	
Meatballs - TR1262 (2 1/2 oz.)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/30/2024</b>																			
Beef Chili - TR1808 (1 #8 scoop)	55	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	15	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)
Seasoned Rice - TR1833 (1 c.)	15	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Picante Sauce - TR1865 (1 packet)	25	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS                      Tuesday Fiesta Bowl                      - ServingDate:                      04/30/2024</b>	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Picante Sauce - TR1865 (1 packet)	0.00

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/30/2024</b>																			
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: High School  
 Menu Line: Top Cat Line  
 Serving Group: 9-12  
 Nutrients Option: All

# Menu Calendar Nutrient Analysis Report - April, 2024

Site: ALL  
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Lunch HS Tuesday Fiesta Bowl - ServingDate: 04/30/2024</b>	
Sour Cream - TR1098 (1 pkg.)	(M)