



LWSD Breakfast Menu

APR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Whole Grain French Toast Sticks(v)

Choice Of
Cereal Bowl or Bar(v)

2

Dannon Creamy Strawberry Yogurt(v)

Choice Of
Cereal Bowl or Bar(v)

3

(Turkey) Ham, Egg, & Cheese Breakfast Sandwich

Choice Of
Cereal Bowl or Bar(v)

4

Whole Grain Blueberry Bagel with Light Cream Cheese(v)

Choice Of
Cereal Bowl or Bar(v)

5

Mini Cinnis(v)

Choice Of
Cereal Bowl or Bar(v)

Whole Grain (WG) Cereals & Bars Offered with Reduced Sugar Formulation



Non Fat White & 1% White Milk Offered At Breakfast

15

(Turkey) Ham, Egg, and Cheese Hot Breakfast Sandwich

Choice Of
Cereal Bowl or Bar(v)

16

Dannon Creamy Strawberry Yogurt(v)

Choice Of
Cereal Bowl or Bar(v)

17

Ultimate WG Breakfast Round Oatmeal Chocolate Chip(v)

Choice Of
Cereal Bowl or Bar(v)

18

Fruit Muffin w/Toast(v)

Choice Of
Cereal Bowl or Bar(v)

19

Whole Grain Bagel with Light Cream Cheese(v)

Choice Of
Cereal Bowl or Bar(v)

22

Eggo Whole Grain Waffles(v)

Choice Of
Cereal Bowl or Bar(v)

23

(Turkey) Ham, Egg, and Cheese Hot Breakfast Sandwich

Choice Of
Cereal Bowl or Bar(v)

24

Dannon Creamy Strawberry Yogurt(v)

Choice Of
Cereal Bowl or Bar(v)

25

Mini Maple WG Waffles(v)

Choice Of
Cereal Bowl or Bar(v)

26

Fruit Muffin w/Toast(v)

Choice Of
Cereal Bowl or Bar(v)

(v) = Meatless Option
WG = Whole Grain

29

Eggo WG French Toast Mini Bites(v)

Choice Of
Cereal Bowl or Bar(v)

30

Baked Biscuit with Grape Jelly(v)

Choice Of
Cereal Bowl or Bar(v)

May 1

(Turkey) Ham, Egg, and Cheese Hot Breakfast Sandwich

Choice Of
Cereal Bowl or Bar(v)

May 2

Mini Maple WG Waffles(v)

Choice Of
Cereal Bowl or Bar(v)

May 3

Fruit Muffin with Toast(v)

Choice Of
Cereal Bowl or Bar(v)

Menu Subject To Change Without Notice

This institution is an equal opportunity provider.