

## D-5 Gluten Free Lunch Menu 2023-2024

<p style="text-align: center;"> <b>Black Bean Burger on GF Bun</b>  <b>Trimmings</b>  <b>Vegetable of the Day</b>  <b>Roasted Red Potatoes</b>  <b>Milk</b> </p>	<p style="text-align: center;"> <b>Baked Chicken</b>  <b>GR Roll</b>  <b>Vegetables of the Day</b>  <b>Fresh Fruit of the Day</b>  <b>Milk</b> </p>	<p style="text-align: center;"> <b>Meatball Sub on GF Roll</b>  <b>Vegetables of the Day</b>  <b>Fresh Fruit of the Day</b>  <b>Milk</b> </p>	<p style="text-align: center;"> <b>GF Chicken Chunks</b>  <b>GF Roll</b>  <b>Vegetable of the Day</b>  <b>Celery &amp; Carrot Cup</b>  <b>Fresh Fruit of the Day</b>  <b>Milk</b> </p>	<p style="text-align: center;"> <b>Cheese Pizza with GF Crust</b>  <b>Mixed Greens Salad w/ GF</b>  <b>Italian Dressing</b>  <b>Vegetable of the Day</b>  <b>Fresh Fruit of the Day</b>  <b>Milk</b> </p>
<p style="text-align: center;"> <b>Chef Salad w/GF Chicken Chunks</b>  <b>GF Pretzels</b>  <b>Vegetables of the Day</b>  <b>Fresh Fruit of the Day</b>  <b>Milk</b> </p>	<p style="text-align: center;"> <b>Veggie Burger on GF Bun</b>  <b>Vegetables of the Day</b>  <b>Fresh Fruit of the Day</b>  <b>Milk</b> </p>	<p style="text-align: center;"> <b>Chicken Fajita Strips</b>  <b>Brown Rice</b>  <b>Vegetables of the Day</b>  <b>Fresh Fruit of the Day</b>  <b>Milk</b> </p>	<p style="text-align: center;"> <b>Baked Potato</b>  <b>Mozzarella String Cheese</b>  <b>GF Roll</b>  <b>Vegetables of the Day</b>  <b>Fruit of the Day</b>  <b>Milk</b> </p>	<p style="text-align: center;"> <b>Meatballs w/Penne Pasta</b>  <b>Vegetables of the Day</b>  <b>Fresh Fruit of the Day</b>  <b>Milk</b> </p>

**This institution is an equal opportunity provider.**

Lexington Richland School District Five

April 2024

Elementary & Intermediate Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8</p> <p>Turkey &amp; Cheese Breakfast Croissant Tater Tots Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>9</p> <p>Mini Bagels, Strawberry Filled(1421728) Fresh Fruit Variety(1421659) Applesauce Cup(1427129) 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>10</p> <p>Creamy Grits w/ Sausage Patty Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) FF Chocolate Milk(1384719)</p>	<p>11</p> <p>Mini French Toast-(1453389) Cereal 2oz (1427112) Fresh Fruit Variety(1421659) Fresh Strawberries(1421658) 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>12</p> <p>Yogurt Parfait Cereal Bar Variety Fresh Fruit Variety(1421659) Fresh Apple(1421780) 1% Milk(1384729) Chocolate Milk FF (1421651)</p>
<p>15</p> <p>Mini Strawberry Pancakes(1453395) Cereal 2oz(1427112) Fresh Fruit Variety(1421659) Fresh Orange Slices (1421850) 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>16</p> <p>Breakfast Burrito-us JTM burrito filling Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>17</p> <p>Mini Cinni, Cinnamon Pull Apart(1427121) Cereal,Cup, 2oz(1493309) Juice Variety(4oz)-1388490 Fresh Pineapple(1421784) 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>18</p> <p>Chicken Biscuit(1429940) Cereal, 2 oz(1493305) Tri-Patty(1429885) Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>19</p> <p>Waffles, Mini, Maple (1421729) Fresh Fruit Variety(1421659) Applesauce,1427129) 1% Milk(1384729) FF Chocolate Milk(1384719)</p>
<p>22</p> <p>Breakfast Pizza(1448064) Fresh Fruit Variety(1421659) Fresh Apple(1421780) 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>23</p> <p>Country Breakfast Scramble with Biscuit(1421711) Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>24</p> <p>Apple Strudel (1427119) Fresh Fruit Variety(1421659) Applesauce,(1427129) 1% Milk(1384729) Fat Free Chocolate Milk(1384719)</p>	<p>25</p> <p>Sausage Biscuit(1429973) Cereal, 2oz(1493309) Fresh Grapes(1421785) Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>26</p> <p>Cereal, 2oz(1427115) Soft Cinnamon Toast Crunch Bread(1421649) Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) FF Chocolate Milk(1384719)</p>
<p>29</p> <p>Mini Bagels, Strawberry Filled(1421728) Pillsbury Fresh Fruit Variety(1421659) Applesauce Cup(1427129) 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>30</p> <p>Egg and Cheese Biscuit(1429941) Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 FF Chocolate Milk(1384719) 1% Milk(1384729)</p>	<p>MAY 1</p> <p>Creamy Grits w/ Sausage Patty Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) Fat Free Chocolate Milk(1384719)</p>	<p>MAY 2</p> <p>Mini French Toast-Lex5(1453389) Cereal 2oz (1427112) Fresh Fruit Variety(1421659) Fresh Strawberries(1421658) 1% Milk(1384729) Chocolate Milk FF (1421651)</p>	<p>MAY 3</p> <p>Chicken Biscuit(1429940) Cereal, 2 oz(1493305) Tri-Patty(1429885) Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)</p>

Reminders:  
2oz Cereal is to be offered daily.  
If you offer 1oz cereal, you must offer another grain or cheese stick with it.  
Offer multiple fruits everyday.  
Juice can only be offered when on menu.

3 items make a reimbursable meal, one has to be a fruit/veggie.

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**April 2024****Middle/High Breakfast Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
8 Apple Frudel Strawberry Filled Mini Bagels (1421728) Fresh Fruit Variety (1421659) Fresh Orange Slices (1421850) 1% Milk (1384729) FF Chocolate Milk (1384719)	9 Breakfast Burrito -using JTM Egg & Cheese Scramble filling Fresh Fruit Variety (1421659) Juice Variety(4oz)-1388490 1% Milk (1384729) FF Chocolate Milk (1384719)	10 Chicken Biscuit (1429940) Creamy Grits (1429875) 2oz. Cereal,Bowlpak, (1421722) Hash Brown Tri-Patty (1429885) Applesauce Cup (1427129) Fresh Fruit Variety (1421659) 1% Milk (1384729) FF Chocolate Milk (1384719)	11 Yogurt Parfait Mini French Toast-(1453389) 2oz Cereal,Bowlpak, (1493305) Applesauce Cup (1427129) Fresh Fruit Variety (1421659) 1% Milk (1384729) FF Chocolate Milk (1384719)	12 Turkey and Cheese Breakfast Croissant Tater Tots- Fresh Fruit Variety (1421659) Juice Variety(4oz)- 1388490 1% Milk (1384729) FF Chocolate Milk (1384719)
15 Country Breakfast8 Bowl (1430009) Cereal Bar, (1427110) Fresh Fruit Variety (1421659) Juice Variety(4oz)-1388490 1% Milk (1384729) FF Chocolate Milk (1384719)	16 Pancake Pup (1421713) Waffles, Mini, (1421730) Fresh Fruit Variety (1421659) Applesauce Cup (1427129) 1% Milk (1384729) Chocolate Milk FF (1421651)	17 Egg and Cheese Biscuit (1388435) Creamy Grits( 1429875) Tater Tots- Fresh Fruit Variety (1421659) Juice Variety(4oz)-1388490 1% Milk( 1384729) FF Chocolate Milk (1384719)	18 Pancakes, Blueberry Mini- (1453397) Mini Chocolate Chip French Toast(1388427) Fresh Orange Slices (1421850) Fresh Fruit Variety (1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)	19 Sausage Biscuit(1429973) 2oz Cereal, Bowlpak (1493305) Fresh Fruit Variety (1421659) Fresh Grapes (1421785) 1% Milk (1384729) FF Chocolate Milk (1384719)
22 Breakfast Pizza (1429993) Applesauce Cup (1427129) Fresh Fruit Variety (1421659) 1% Milk (1384729) FF Chocolate Milk (1384719)	23 Chicken & Waffle Breakfast Sandwich Muffin, Banana, IW- (1421708) Fresh Fruit Variety (1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) FF Chocolate Milk(1384719)	24 Yogurt Parfait Creamy Grits w/ Sausage Patty Fresh Fruit Variety (1421659) Fresh Kiwi (1455743) 1% Milk (1384729) FF Chocolate Milk (1384719)	25 Chicken Biscuit(1429940) Apple Strudel (1427119) 2oz 2oz Cereal Cup, (1493309) Juice Variety(4oz)-1388490 Fresh Fruit Variety(1421659) 1% Milk (1384729) Chocolate Milk FF (1421651)	26 Sausage Gravy & Biscuit(JTM)1448077 Creamy Grits (1429875) Fresh Fruit Variety (1421659) Fresh Grapes (1421785) 1% Milk (1384729) FF Chocolate Milk (1384719)
29 Sausage and Cheese Sandwich (1388438) 2oz Cereal, (1493305) Fresh Fruit Variety (1421659) Juice Variety(4oz)-1388490 1% Milk (1384729) FF Chocolate Milk (1384719)	30 Strawberry Filled Mini Bagels (1421728) Fresh Fruit Variety (1421659) Fresh Orange Slices (1421850) 1% Milk (1384729) FF Chocolate Milk (1384719)	MAY 1 Country Breakfast Scramble with Biscuit(1421711) Creamy Grits (1429875) Craisins, (1429977) Fresh Fruit Variety (1421659) 1% Milk (1384729) Chocolate Milk FF (1421651)	MAY 2 French Toast, Mini, Cinnamon (1427117) Mini Blueberry Pancakes Fresh Strawberries (1421658) Fresh Fruit Variety (1421659) 1% Milk (1384729) Chocolate Milk FF (1421651)	MAY 3 Breakfast Burrito- JTM Egg & Cheese Scramble Fresh Fruit Variety(1421659) Fresh Pineapple (1421784) Juice Variety(4oz)-1388490 1% Milk(1384729) FF Chocolate Milk (1384719)

**REMINDERS'**

- \* 2oz Cereals are offered Daily.
- \* Other dry good breakfast items offered daily.
- \* Manager must offer at least two fresh fruits daily at breakfast
- \* Juice is ONLY offered two times a week at breakfast as a fruit option.
- \* Other breakfast protein options may be offered daily.

**Middle/High Breakfast Menu**

**May 2024**

Monday

Tuesday

Wednesday

Thursday

Friday

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: [Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

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**April 2024****BIC Elementary Breakfast Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
8 Pancake on Stick(1453977) Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) Fat Free Chocolate Milk(1384719)	9 Yogurt, Danimals(1421654) Crackers, Goldfish, Cheddar (1388419) Fresh Fruit Variety(1421659) Applesauce, unsweetened(1427129) 1% Milk(1384729) Chocolate Milk FF (1421651)	10 Chicken Biscuit Sandwich(1421680) Fresh Fruit Variety(1421659) Fresh Apple(1421780) 1% Milk(1384729) FF ChocolateMilk(1384719)	11 Mini French Toast-(1453389) Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) Chocolate Milk FF (1421651)	12 Cheddar Omelet with goldfish(1507173) Fresh Fruit Variety(1421659) Applesauce Cup (1427129) 1% Milk(1384729) Chocolate Milk FF (1421651)
15 2oz Cereal, Lucky Charms (1493309) Juice Variety(4oz)-1388490 Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)	16 BKFT Sausage Biscuit(1429973) Fresh Fruit Variety(1421659) Applesauce, unsweetened(1427129) 1% Milk(1384729) Chocolate Milk FF (1421651)	17 Waffles, Mini, Maple IW- (1421729) Fresh Fruit Variety(1421659) Fresh Grapes(1421785) 1% Milk(1384729) Chocolate Milk FF (1421651)	18 Bagel Sausage Pizza(1388436) Fresh Fruit Variety(1421659) Fresh Apple(1388584) 1% Milk(1384729) Fat Free Chocolate Milk(1384719)	19 Apple Frudel Applesauce(1427131) Juice Variety(4oz)-1388490 1% Milk(1384729) Chocolate Milk FF (1421651)
22 Chicken Biscuit Sandwich(1421680) Fresh Fruit Variety(1421659) Fresh Apple(1421780) 1% Milk(1384729) Fat Free Chocolate Milk(1384719)	23 Soft Cinnamon Toast Crunch Bar(1421649) Fresh Fruit Variety(1421659) Fresh Pear(1421781) 1% Milk(1384729) Fat Free Chocolate Milk(1384719)	24 Pop Tart, Single-Lex5(1453394) Juice Variety(4oz)-1388490 Applesauce, unsweetened(1427129) 1% Milk(1384729) Chocolate Milk FF (1421651)	25 Muffin, Banana, IW- Lex5(1421708) String Cheese, Mozzarella(1388417) Fresh Fruit Variety(1421659) Fresh Orange Slices (1421850) 1% Milk(1384729) Chocolate Milk FF (1421651)	26 Pancake on Stick(1453977) Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) Fat Free Chocolate Milk(1384719)
29 Cereal, Lucky Charms, Cup, 2oz(1493309) Juice Variety(4oz)-1388490 Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)	30 Cheddar Omelet with goldfish(1507173) Fresh Fruit Variety(1421659) Applesauce, unsweetened(1427129) 1% Milk(1384729) Chocolate Milk FF (1421651)	MAY 1 Mini French Toast-(1453389) Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) Chocolate Milk FF (1421651)	MAY 2 Yogurt, Danimals(1421654) Crackers, Goldfish, Cheddar Baked, WG(1388419) Fresh Fruit Variety(1421659) Applesauce,unsweetened Cup (1427129) 1% Milk(1384729) Chocolate Milk FF (1421651)	MAY 3 Chicken Biscuit(1421680) Fresh Fruit Variety(1421659) Fresh Apple(1421780) 1% Milk(1384729) Fat Free Chocolate Milk(1384719)

Manager Copy of Menu- Do Not Share or Post.

### BIC Elementary Breakfast Menu

# May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Mini French Toast-Lex5(1453389) Fresh Fruit Variety(1421659) Juice Variety(4oz)-1388490 1% Milk(1384729) Chocolate Milk FF (1421651)	2 Yogurt, Danimals(1421654) Fresh Fruit Variety(1421659) Applesauce, unsweetened(1427129) 1% Milk(1384729) Chocolate Milk FF (1421651) Crackers, Goldfish, Cheddar Baked, WG(1388419)	3 Chicken Biscuit Sandwich(1421680) Fresh Fruit Variety(1421659) Fresh Apple(1421780) 1% Milk(1384729) Fat Free Chocolate Milk(1384719)

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1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: [Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

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**D-5 Gluten Free Breakfast Menu 2023-2024**

<p align="center"> <b>Cheddar Cheese Omelette GF</b>  <b>Fresh Fruit Option</b>  <b>Milk</b> </p>	<p align="center"> <b>Chex Cinn Cereal Bowl GF</b>  <b>Mozzarella Cheese Stick</b>  <b>100% Fruit Juice Option</b>  <b>Milk</b> </p>	<p align="center"> <b>Blueberry Muffin GF</b>  <b>Fresh Fruit Option</b>  <b>Milk</b> </p>	<p align="center"> <b>Plain Bagel GF</b>  <b>100% Fruit Juice Option</b>  <b>Milk</b> </p>	<p align="center"> <b>Snack Bar, Rice Krispy GF</b>  <b>Mozzarella Cheese Stick</b>  <b>Fresh Fruit Option</b>  <b>Milk</b> </p>
<p align="center"> <b>Danimals Yogurt Cup GF</b>  <b>Mozzarella Cheese Stick</b>  <b>Fresh Fruit Option</b>  <b>Milk</b> </p>	<p align="center"> <b>Cheddar Cheese Omelette GF</b>  <b>100% Fruit Juice Option</b>  <b>Milk</b> </p>	<p align="center"> <b>Cheerios Cereal Bowl GF</b>  <b>Mozzarella Cheese Stick</b>  <b>Fresh Fruit Option</b>  <b>Milk</b> </p>	<p align="center"> <b>Snack Bar, Rice Krispy GF</b>  <b>Mozzarella Cheese Stick</b>  <b>100% Fruit Juice Option</b>  <b>Milk</b> </p>	<p align="center"> <b>Blueberry Muffin GF</b>  <b>Fresh Fruit Option</b>  <b>Milk</b> </p>

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**April 2024****Elementary & Intermediate School Lunch Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
8 Hamburger with Trimmings(1388470) Chicken Fajita Wrap(1454665) WOW Butter Kit(1456442) Baked Beans(1433705) Baby Carrots with Dip(1428676) Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)	9 Country Breakfast Scramble with Biscuit Chicken and Waffles with Syrup(1429448) Protein Pack(1456441) Sweet Potato Fries(1421836) Steamed Broccoli(1433701) Fresh Fruit Variety(1421659) Fresh Pineapple(1421784) 1% Milk(1384729) Chocolate Milk FF (1421651)	10 Meatloaf with Roll (1472601) Hot Dog on WG Bun(1508323) WOW Butter Kit(1456442) Normandy Blend Vegetables-Mashed Potatoes(1433707) Fresh Fruit Variety(1421659) 1% Milk(1384729) FF Chocolate Milk(1384719)	11 Chicken Fillet Sandwich(1421853) Manager's Choice Entree Protein Pack(1456441) French Fries-(1433694) Green Beans(1429883) Fresh Fruit Variety(1421659) Fresh Kiwi(1455743) 1% Milk(1384729) Chocolate Milk FF (1421651)	12 South of the Border Nachos Pepperoni Pizza(1429851) WOW Butter Kit1-LexRich5 Veggie Sticks(1429962) Steamed Corn(1429882) Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)
15 Baked Chicken with Roll(1552011) Protein Pack(1456441) Roasted Red Potatoes Collard Greens(1429894) Fresh Fruit Variety(1421659) 1% Milk(1384729) FF Chocolate Milk(1384719)	16 Baked Lasagna w/meat sauce(1455918) Corn Dog(1433693) WOW Butter Kit(1456442) Seasoned Carrots(1429891) Garden Salad(1429879) Fresh Fruit Variety(1421659) Fresh Blackberries 1% Milk(1384729) FF Chocolate Milk(1384719)	17 Mac & Cheese Bowl Protein Pack-Lex5(1426510) Lima Beans(1433692) Steamed Broccoli(1433701) Fresh Fruit Variety(1421659) Fresh Apple(1421780) 1% Milk(1384729) Chocolate Milk FF (1421651)	18 Chicken Alfredo Pepperoni Pizza(1429851) Protein Pack-(1426510) Veggie Sticks Hash Brown Tri-Patty(1429885) Fresh Fruit Variety(1421659) Fresh Pineapple(1421784) 1% Milk(1384729) FF Chocolate Milk(1384719)	19 Hot Turkey and Cheese Croissant(1484098) Pizza Crunchers(1388563) WOW Butter Kit(1456442) Cucumber Slices(1384739) Baked Beans(1433705) Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)
22 Mandarin Orange Chicken with Rice(1421838) Protein Pack(1456441) Oriental Blend Vegetables Roasted Squash and Zucchini Fresh Fruit Variety(1421659) Fresh Strawberries(1421658) 1% Milk(1384729) FF Chocolate Milk(1384719)	23 Hot Dog on WG Bun(1508323) Hamburger with Trimmings(1388470) WOW Butter Kit(1456442) Baked Beans(1433705) Baby Carrots with Dip(1428676) Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)	24 Chicken Pasta Primavera-Lex5 Chicken Chunks with Roll Protein Pack(1456441) Mashed Potatoes(1433707) Spinach and tomato Salad (1493715) Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)	25 Spaghetti with Meat Sauce(1455809) WOW Butter Kit(1456442) Seasoned Carrots(1429891) Steamed Broccoli(1433701) Fresh Fruit Variety(1421659) 1% Milk(1384729) Fat Free Chocolate Milk(1384719)	26 Chicken Sandwich(1454671) Pizza Crunchers-(1448047) Protein Pack-Lex5(1426510) Steamed Corn(1429882) Veggie Sticks Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)
29 Taco Bar(Beef and Chicken)-1454662 WOW Butter Kit(1456442) Pinto Beans- Steamed Corn(1429882) Salsa, Dipping Cup, Red Gold Fresh Fruit Variety(1421659) 1% Milk(1384729) FF Chocolate Milk(1384719)	30 Turkey Tenderloin with Roll Hot Turkey and Cheese Croissant(1484098) Protein Pack(1456441) Glazed Carrots- Steamed Broccoli(1433701) Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)	MAY 1 BBQ Sandwich(1388510) Cheeseburger(1388468) WOW Butter Kit(1456442) Baked Beans(1433705) Creamy Cole Slaw French Fries-(1433694) Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)	MAY 2 Chicken Quesadilla Manager's Choice Entree Protein Pack(1456441) Steamed Green Beans(1429883) Normandy Blend Vegetables Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)	MAY 3 Pepperoni Pizza(1429851) WOW Butter Kit1 Fresh Carrot Cup(1508335) Strawberry Spinach Salad Fresh Fruit Variety(1421659) 1% Milk(1384729) Chocolate Milk FF (1421651)

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**REMINDERS:**

- \* Chef Salads offered Daily.
- \* Managers may offer additional entrees at lunch
- \* Additional fruit & vegetables may be offered daily.
- \* Students do not have to take a milk with a meal.

# Elementary Lunch 2023-24

# May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>BBQ Pulled Pork Sandwich(1388510)            Cheeseburger(1388468)            WOW Butter Kit(1456442)            Chef Salad(1454661)            Baked Beans(1433705)            Creamy Cole Slaw            French Fries-LexRich5(1433694)            Fresh Fruit Variety(1421659)            1% Milk(1384729)            Chocolate Milk FF (1421651)</p>	<p>2</p> <p>Chicken Quesadilla-LexRich5            Manager's Choice Entree            Protein Pack(1456441)            Chef Salad(1454661)            Steamed Green            Beans(1429883)            Normandy Blend Vegetables-Lex5            Fresh Fruit Variety(1421659)            1% Milk(1384729)            Chocolate Milk FF (1421651)</p>	<p>3</p> <p>Pepperoni Pizza(1429851)            WOW Butter Kit1-LexRich5            Chef Salad(E)-1448048            Fresh Carrot Cup(1508335)            Strawberry Spinach Salad            Fresh Fruit Variety(1421659)            1% Milk(1384729)            Chocolate Milk FF (1421651)</p>

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3. email: [Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

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## Middle &amp; High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
8 Mandarin Orange Chicken with Rice(1421838) Dumpling, Chicken and Vegetable-LexRich5 Chicken Sandwich(1421853) Pizza(1421805) Chef Salad(1454661) Glazed Carrots Oriental Blend Vegetables Fresh Fruit Variety(1421659) Applesauce Cup(1427129) 1% Milk(1384729) FF Chocolate Milk(1384719)	9 Bacon Cheeseburger-(1429871) Hot Dog on WG Bun(1421846) Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Baked Beans(1433705) French Fries-1433694 Fresh Fruit Variety(1421659) Fresh Orange Slices (1421850) Sugar Cookies 1% Milk(1384729) FF Chocolate Milk(1384719)	10 <b>MAC &amp; CHEESE BAR:</b> Mac & Cheese Bar w/Protein Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Steamed Green Beans(1429883) Sautee Cabbage(1508332) Fresh Fruit Variety(1421659) Fresh Strawberries(1421658) 1% Milk(1384729) FF Chocolate Milk(1384719)	11 BBQ Sandwich(1388510) Philly-Cheese Steak Chicken Sandwich(1421853) Chef Salad(1454661) Pizza (Pepperoni/Cheese)1421805 Mixed Vegetables(1388514) Broccoli Salad Coleslaw(1388588) Fresh Fruit Variety(1421659) Fresh Blueberries 1% Milk(1384729) FF Chocolate Milk(1384719)	12 Chicken Pasta Primavera-Turkey Gryo Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Spinach and tomato Salad (1493715) Steamed Broccoli(1433701) Fresh Fruit Variety(1421659) Applesauce Cup(1427129) Bread Stick 1% Milk(1384729) FF Chocolate Milk(1384719)
15 Baked Chicken with Roll(1552011) Manager's Choice Entrée Chicken Sandwich(1421853) Pepperoni Pizza(1458282) Chef Salad(1454661) Spinach Salad Mashed Potatoes(1433707) Steamed Broccoli(1433701) Fresh Fruit Variety(1421659) Juice, Cool Tropics-RIPS 1% Milk(1384729) Chocolate Milk FF (1421651)	16 Country Breakfast Scramble with Biscuit Breakfast Chicken Biscuit Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Sweet Potato Fries Cucumber Slices(1384739) Baked Apples Fresh Fruit Variety(1421659) Fresh Blueberries 1% Milk(1384729) FF Chocolate Milk(1384719)	17 <b>PASTA BAR:</b> Baked Lasagna Spaghetti with Meat Sauce(1429468) Chicken Sandwich(1421853) Chef Salad(1454661) Pizza (Pepperoni/Cheese)1421805 Roasted Squash and Zucchini Steamed Green Beans(1429883) Fresh Fruit Variety(1421659) Fresh Pear(1421781) Cinnamon Roll 1% Milk(1384729) FF Chocolate Milk(1384719)	18 Chicken Fajita Wrap(1454665) Corn Dog(1433693) Chicken Sandwich(1421853) Pepperoni Pizza(1458282) Chef Salad(1454661) Normandy Blend Vegetables-Lima Beans(1433692) Fresh Fruit Variety(1421659) Applesauce Cup(1427129) 1% Milk(1384729) FF Chocolate Milk(1384719)	19 Chicken Burrito South of the Border Nachos with Queso Cheese Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Pinto Beans-Lex5 Mexicali Corn Salsa Cup Fresh Fruit Variety(1421659) Fresh Strawberries(1421658) 1% Milk(1384729) FF Chocolate Milk(1384719)
22 Chicken Alfredo Manager's Choice Entree Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Steamed Broccoli Baby Carrots with Dip(1428676) Lima Beans(1433692) Fresh Fruit Variety(1421659) Fresh Pineapple(1421784) 1% Milk(1384729) FF Chocolate Milk(1384719)	23 Pepper Jack Burger-(1429871) Hot Dog on WG Bun(1421846) Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Baked Beans(1433705) French Fries-(1433694) Fresh Fruit Variety(1421659) Fresh Orange Slices (1421850) 1% Milk(1384729) FF Chocolate Milk(1384719)	24 <b>WING BAR:</b> Chicken Wings, Bone- In with Roll(1454675) Boneless Chicken Wings w/Roll Wild Mike's Mozzarella Bites(1462504) Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Marinara Sauce Cup Steamed Corn(1429882) Carrot & Celery Sticks(1429962) Fresh Fruit Variety(1421659) Fresh Grapes(1421785) 1% Milk(1384729) FF Chocolate Milk(1384719)	25 Turkey Quesadilla Hot Turkey and Cheese Croissant(1484098) Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Normandy Blend Vegetables-Tossed Side Salad(1438423) Fresh Fruit Variety(1421659) Fresh Blueberries Sugar Cookies 1% Milk(1384729) Chocolate Milk FF (1421651)	26 Spaghetti with Meat Sauce(1429468) Corn Dog(1433693) Chicken Sandwich(1421853) Pepperoni Pizza(1458282) Chef Salad(1454661) Spinach and tomato Salad (1493715) Steamed Corn(1429882) Fresh Fruit Variety(1421659) Fresh Grapes(1421785) Cinnamon Roll 1% Milk(1384729) FF Chocolate Milk(1384719)
29 BBQ Sandwich(1388510) Philly-Cheese Steak Sandwich Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Broccoli Salad Carolina Coleslaw(1388588) Baked Beans(1433705) Fresh Fruit Variety(1421659) Fresh Blueberries 1% Milk(1384729) Chocolate Milk(1384719)	30 Chicken Pasta Primavera-Bread Stick Turkey Gryo Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Sweet Potato Fries Steamed Mixed Vegetables(1388514) Fresh Fruit Variety(1421659) Applesauce Cup 1% Milk(1384729) Fat Free Chocolate Milk(1384719)	MAY 1 Meatloaf with Roll (1472601) Turkey Tenderloin with Roll Chicken Sandwich(1421853) Chef Salad(1454661) Pizza (Pepperoni/Cheese)1421805 Mashed Potatoes(1433707) Seasoned Carrots(1429891) Fresh Fruit Variety(1421659) Fresh Blackberries 1% Milk(1384729) FF Chocolate Milk(1384719)	MAY 2 Mandarin Orange Chicken with Rice(1421838) Dumpling, Chicken and Vegetable-Chicken Sandwich(1421853) Pizza (Pepperoni/Cheese)1421805 Chef Salad(1454661) Oriental Blend Vegetables Roasted Cauliflower(1421778) Fresh Fruit Variety(1421659) Applesauce Cup(1427129) 1% Milk(1384729) FF Chocolate Milk(1384719)	MAY 3 Taco Pizza Enchilada Pie Turkey and Cheese Sub(1421822) Chicken Sandwich(1421853) Pepperoni Pizza(1458282) Chef Salad(1454661) Bread Stick Roasted Squash and Zucchini Mexicali Corn Salsa Cup Fresh Fruit Variety(1421659) Fresh Grapes(1421785) 1% Milk(1384729) FF Chocolate Milk(1384719)

This menu is for manager use only- DO NOT SHARE or POST

UPDATED MENU- as of March 25, 2024

## High Lunch Menu

# May 2024

Monday

Tuesday

Wednesday

Thursday

Friday

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In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

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# LexRich5 Supper Menu 2023 2024

**Cheeseburger CN**  
 (3oz patty m/ma + 1 slice .5oz cheese,  
 ma + 2oz WG bun)  
**Baked Beans (1/2 c)**  
**Fresh Apple (1/2 c)**  
**Milk FF or 1% unflavored (8 oz)**

**Chicken Nuggets CN (3oz m/ma)**  
**w/ Mini Waffles (2.64oz WG)**  
**Steamed Carrots (1/2 c)**  
**Fresh Orange Slices (1/2 c)**  
**Milk FF or 1% unflavored (8oz)**

**Cheese Pizza CN**  
 (2oz m/ma + 2oz WG eq.)  
**Fresh Celery Cup (1/2 c)**  
**Fresh Pineapple Slices (1/2 c)**  
**Milk FF or 1% unflavored**  
**(8oz)**

**Lasagna w/Meat Sauce HM**  
 (3oz m /ma+ 2oz WW pasta)  
**Fresh Broccoli Cup w/dip (1/2 c)**  
**+ 1pk/12 grams**  
**Fresh Grapes (1/2 c)**  
**Milk FF or 1% unflavored (8oz)**

**Cheesy Bites CN**  
 (2oz m/ma + 2oz WG)  
**Marinara Sauce Cup (1/2c)**  
**Corn on the Cob (1/2 c)**  
**Sliced Watermelon (1/2 c)**  
**Milk FF or 1% unflavored (8oz)**

**Breaded Chicken Sandwich CN**  
 (3oz m/ma + 2oz WG bun)  
**Green Beans (1/2 c)**  
**Fresh Plums (1/2 c)**  
**Milk FF or 1% unflavored (8oz)**

**Salisbury Steak CN (3oz m/ma**  
**patty)**  
**Cornbread (1oz WGR)**  
**Mashed Potatoes (1/2 c)**  
**Fresh Strawberries (1/2 c)**  
**Milk FF or 1% unflavored (8oz)**

**Chicken Alfredo HM**  
 (3oz m/ma + 2oz WW pasta)  
**Breadstick (1oz WG)**  
**Steamed Broccoli (1/2 c)**  
**Fresh Blackberries (1/2 c)**  
**Milk unflavored (8oz)**

**Beefy Nachos w/Trimnings HM**  
 (3oz m/ma+ 1oz WG)  
**Fresh Carrots Sticks w/dip (1/2 c)**  
**Fresh Orange Slices (1/2 c)**  
**Milk unflavored (8oz)**

**Hot Dog CN (2oz m/ma + 2oz WG bun)**  
**Pinto Beans (1/2 c)**  
**Fresh Pineapple Chunks (1/2 c)**  
**Milk unflavored (8oz)**

**Spaghetti w/meat Sauce HM**  
 (3oz m /ma+ 2 oz WW pasta)  
**Fresh Carrot Cup w/dip (1/2 c)**  
**Fresh Pear (1/2 c)**  
**Milk FF or 1% unflavored (8oz)**

**Chicken Smackers CN (3oz m/ma)**  
**Breadstick (1.oz WG)**  
**Baked Beans (1/2 c)**  
**Fresh Orange Slices (1/2 c)**  
**Milk FF or 1% unflavored (8oz)**

**Hamburger CN**  
 (3oz patty m/ma + 2oz WG  
 bun)  
**Oven Fries (1/2 c)**  
**Fresh Apple (1/2 c)**  
**Milk FF or 1% unflavored**  
**(8oz)**

**Orange Chicken CN & Rice (3oz**  
**m/ma + 2oz WG)**  
**Steamed Broccoli (1/2 c)**  
**Fresh Grapes (1/2 c)**  
**Milk FF or 1% unflavored (8oz)**

**Min Corn Dogs CN**  
 (3oz) 2oz m/ma + 1oz WG  
**Fresh Cucumber Cup w/dip**  
**(1/2 c) + 1pk/12g**  
**Applesauce Cup (1/2 c)**  
**Milk FF or 1% unflavored (8oz)**

**Breaded Chicken Sandwich CN**  
 ( 3oz m/ma + 2oz WG bun)  
**Kidney Beans (1/2 c)**  
**Fresh Orange Wedges (1/2 c)**  
**Milk FF or 1% unflavored (8oz)**

**Taco Salad w/trimming HM**  
 (3oz m + 1oz wg + 1/4c veg)  
**Steamed Corn (1/2 c)**  
**Fresh Pear (1/2 c)**  
**Milk FF or 1% unflavored (8oz)**

**Chicken Alfredo HM**  
 (3oz m/ma + 2oz WG Pasta)  
**Breadstick (1oz WG)**  
**Fresh Broccoli Cup (1/2c. +**  
**1pk/12g)**  
**Fresh Apple (1/2c)**  
**Milk FF or 1% unflavored**  
**(8oz)**

**Breakfast for Dinner:**  
**Sausage Pancake Pup**  
 (2oz m/ma + 2oz WG)  
**Fresh Carrot Cup (1/2c.)**  
**Peach Slices (1/2c)**  
**Milk FF or 1% unflavored (8oz)**

**Turkey Wrap HM (2oz m/ma + 2oz WG**  
**wrap)**  
**Fresh Celery Cup w/dip (1/2 c +**  
**1pk/12g)**  
**Fresh Strawberries (1/2c)**  
**Milk FF or 1% unflavored (8oz)**