

# Gainesville City Schools Elementary Menu

## April 2024

Students eat at no cost  
 Adult breakfast: \$4.00  
 Adult lunch: \$5.00  
 Extra milk is \$0.35

Assorted fat-free and low-fat milk is offered at breakfast & lunch.

The menu is limited and subject to change due to market conditions, school events, and closures.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
		<b>Spring Break</b>		
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Cereal Cup Fruit Juice 4 oz. Diced Pears ½ cup	Breakfast Bun Fruit Juice 4 oz. Applesauce ½ cup	Breakfast Pizza Bagel Fruit Juice 4 oz. Fresh Fruit 1 each	Steak Biscuit Fresh Fruit 1 each Raisins 1 pack	Sausage & Pancake Slider Fresh Fruit 1 each Craisins 1 pack
Chicken Nuggets (4) with Corn Muffin Green Beans ½ cup Whipped Potatoes ½ cup Peaches ½ cup	Pepperoni Hot Pockets <b>Marinara Dunk Cup</b> <b>Corn ½ cup</b> Parmesan Broccoli ½ cup Pineapple ½ cup	Beefy Nachos with Tostitos Sour Cream & Salsa Pinto Beans ½ cup Cherry Tomatoes ½ cup Fruit Juice Slushy 4 oz.	Cheeseburger <b>Baked Beans ½ cup</b> <b>Sweet Potato Fries</b> Garden Salad 1 cup Apple Chips 1 pack	Turkey & Cheese Sandwich <i>Manager's Choice Dessert</i> <b>Carrot Sticks ½ cup</b> <b>Celery Sticks ½ cup</b> Fresh Fruit 1 each
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Muffin & Cheese Stick Fruit Juice 4 oz. Fresh Fruit 1 each	Mini Pancakes or Waffles Fresh Fruit 1 each Craisins 1 pack	Donut Holes Fruit Juice 4 oz. Applesauce ½ cup	Chicken Biscuit Fruit Juice 4 oz. Fresh Fruit 1 each	Cereal Cup Fruit Juice 4 oz. Mixed Fruit ½ cup
Chicken Sandwich Green Beans ½ cup <b>Potato Smiles 6 each</b> Spinach Salad 1 cup Applesauce ½ cup	Asian Chicken & Fried Rice <i>Fortune Cookie</i> <b>Carrot Sticks ½ cup</b> <b>Steamed Cabbage ½ cup</b> Mandarin Oranges ½ cup	Mozzarella Breadstick Bites (4) <b>Marinara Dunk Cup</b> <b>Corn ½ cup</b> <b>Steamed Broccoli ½ cup</b> Diced Pears ½ cup	Chicken Burrito Sour Cream & Salsa <b>Black Beans ½ cup</b> <b>Romaine Salad 1 cup</b> Raisins 1 pack	PB&J or Soybutter Sandwich with Chips <b>Carrot Sticks ½ cup</b> <b>Veggie Juice 4 oz.</b> <b>Fresh Strawberries ½ cup</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Mini Bagels Fruit Juice 4 oz. Fresh Fruit 1 each	Sausage Pancake on a Stick Fresh Fruit 1 each Craisins 1 pack	Dutch Waffle Fruit Juice 4 oz. Applesauce ½ cup	Steak Biscuit Fresh Fruit 1 each Raisins 1 pack	Cereal Cup Fruit Juice 4 oz. Diced Pears ½ cup
Turkey Corn Dog <b>Baked Beans ½ cup</b> <b>Tater Tots 8 each</b> Garden Salad 1 cup Fresh Fruit 1 each	Beef Soft Tacos Sour Cream & Salsa <b>Black Beans ½ cup</b> Lettuce & Tomato 1 cup Fruit Juice Slushy 4 oz.	Pepperoni Pizza <b>Corn ½ cup</b> <b>Cheesy Broccoli ½ cup</b> <b>Carrot Sticks ½ cup</b> Pineapple ½ cup	Chicken Nuggets (4) with 1 oz. Roll <b>Green Beans ½ cup</b> <b>Whipped Potatoes ½ cup</b> Peaches ½ cup	Turkey & Cheese Munchable with Yogurt <b>Carrot Sticks ½ cup</b> <b>Sliced Cucumbers ½ cup</b> Fresh Fruit 1 each
<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>
Cinni Minis Fruit Juice 4 oz. Fresh Fruit 1 each	Nature Valley Oatmeal Rounds Fresh Fruit 1 each Craisins 1 pack	Apple Cinnamon Texas Toast Fruit Juice 4 oz. Applesauce ½ cup	Chicken Biscuit Fruit Juice 4 oz. Fresh Fruit 1 each	<b>School Lunch Hero Day</b>
Chicken Sandwich <b>Steamed Squash ½ cup</b> <b>Potato Smiles 6 each</b> <b>Spinach Salad 1 cup</b> Applesauce ½ cup	Beef Hot Dog <b>Baked Beans ½ cup</b> <b>Curly Fries ½ cup</b> <b>Coleslaw ½ cup</b> Diced Pears ½ cup	Spaghetti & Meat Sauce with Garlic Toast <b>Corn ½ cup</b> <b>Caesar Side Salad 1 cup</b> Mandarin Oranges ½ cup	Chicken Drumstick with Mac & Cheese <b>Sweet Potatoes ½ cup</b> <b>Green Beans ½ cup</b> Peaches ½ cup	Cereal Cup Fruit Juice 4 oz. Mixed Fruit ½ cup
				Grilled Cheese Sandwich <b>Marinara Dunk Cup</b> <b>Veggie Juice 4 oz.</b> <b>Carrot Sticks ½ cup</b> Fresh Fruit 1 each

If your child has a peanut allergy on PB&J days, soy butter sandwiches are available upon request. Please let your child's teacher know to request the soy butter sandwich, if desired (peanut free, but contains milk, wheat, and soy).



# Strawberries



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**Strawberries are a member of the rose family.**

**Strawberries grow on low-lying plants that spread by runners, which are stems that grow out and produce a new plant.**

**They are the only fruit with seeds on the outside.**



Strawberries are in season in Georgia from around April through late June.

The 2018 Georgia Farm Gate Value Report lists Georgia's top three strawberry producing counties as: Tift, Meriwether, and Floyd.

In Georgia, much of the strawberry production is from small, family-owned farms. Visit a farm to pick your own strawberries!



Georgia Department of Education School Nutrition