

## Resources in Central Indiana

### Crisis, Support, and Referral Resources

*The resources below are available either by telephone, text, and/or online for persons in need of referral, support, and intervention. The person at risk or family and friends may call these resources at any time for help. All the resources below are free to the caller.*

<b>Organization</b>	<b>Contact Information</b>	<b>Description</b>
<i>National Suicide Prevention Lifeline</i>	<b>Telephone:</b> 800-273-TALK (8255) <b>Online Hotline</b> (2pm-2am): <a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>	NSPL is a national hotline that can be called for intervention, referral and support by anyone at any time. Free and confidential.
<i>Mental Health America of Greater Indianapolis</i>	<b>Telephone:</b> 317-251-7575 <b>Text line:</b> text the code <b>CSIS</b> to the number <b>839863</b>	MHA Indy is available for support and referral, crisis intervention, and suicide intervention to anyone at any time. Free and confidential.
<i>Rape, Abuse and Incest National Network</i>	<b>Telephone:</b> 800-656-HOPE (4673) <b>Online Hotline:</b> <a href="http://www.rainn.org">www.rainn.org</a>	Live Help for Sexual Assault Victims and Their Friends and Families. Free. Confidential. Secure. By telephone or online chat.
<i>Indiana Adult Protective Services</i>	<b>Telephone:</b> 800-992-6978 <b>Online:</b> <a href="http://www.in.gov/fssa/da/3479.htm">http://www.in.gov/fssa/da/3479.htm</a>	APS operates a toll-free hotline for people to report suspected cases of adult abuse or neglect. Available 24 hours a day.
<i>Indiana Child Protective Services</i>	<b>Telephone:</b> 800-800-5556 <b>Online:</b> <a href="http://www.in.gov/dcs/2398.htm">http://www.in.gov/dcs/2398.htm</a>	CPS operates a toll-free hotline for people to report suspected cases of child abuse or neglect. Available 24 hours a day.
<i>Trevor Project</i>	<b>Telephone:</b> 866-488-7386 <b>Text line :</b> text the code <b>Trevor</b> to the number <b>202-304-1200</b> (available from 4:00p – 8p) <b>Online Hotline</b> (3p-9p): <a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a>	The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.
<i>Local Police</i>	<b>Emergency:</b> 911 <b>Emergency:</b> 317-327-3271 (IMPD) <b>Non-Emergency:</b> 317-327-3811 (IMPD)	If you or someone you know is in a life-threatening situation, please call 9-1-1 or the local police number.
<i>Connect to Help</i>	<b>Telephone:</b> 211 or 317-926-4357 <b>Online Database:</b> <a href="http://www.connect2help211.org">http://www.connect2help211.org</a>	Connect2Help 211's mission is to facilitate connections between people who need human services and those who provide them.
<i>KEY Consumer Organizations</i>	<b>Telephone:</b> 800-933-5397 <b>Online:</b> <a href="http://www.keyconsumer.org">www.keyconsumer.org</a>	KEY Consumer operates a warmline that individuals may call 9 am – 5pm Monday – Friday. (Warmlines are peer-run listening lines staffed by people in recovery of a mental health condition.)

### Psychiatric Emergency Rooms

*The facilities below have psychiatric emergency rooms that will assess a person in crisis on site and refer them to the proper treatment.*

<b>Facility</b>	<b>Contact Information</b>	<b>Address</b>
<i>Community Hospital North</i>	<b>Telephone:</b> 317-621-5100 <b>Crisis Line:</b> 317-621-5700 <b>Text line:</b> text the code <b>HELPNOW</b> to the number <b>20121</b>	Behavioral Health Pavilion 7165 Clearvista Pkwy Indianapolis, IN 46256
<i>IU Health Methodist Hospital</i>	<b>Telephone:</b> 317-962-2622	1701 N. Senate Blvd. Indianapolis, IN 46202

<i>St. Vincent Stress Center</i>	<b>Telephone:</b> 317-338-4800	8401 Harcourt Rd. Indianapolis, IN 46260
<i>Midtown Community Mental Health Center</i>	<b>Telephone:</b> 317-880-8491 <b>Crisis Line:</b> 317-880-8485	Eskenazi Hospital Crisis Intervention Unit 710 Eskenazi Ave. Indianapolis, IN 46202

### **Community Mental Health Outpatient Resources**

*The facilities below offer outpatient services by appointment. Wait times and availabilities will vary across time. We recommend calling multiple resources to find an appointment that fits your needs. Fees are charged on a sliding scale fee for all facilities listed below.*

<b>Facility</b>	<b>Contact Information</b>	<b>Areas Served</b>
<i>Aspire Indiana Behavioral Health Systems</i>	<b>Telephone:</b> 877-574-1254 <b>Crisis Line:</b> 800-560-4038	Indy north side: Boone, Madison, & Hamilton Counties
<i>Adult and Child Mental Health Center</i>	<b>Telephone:</b> 317-882-5122	Indy south side and Johnson County
<i>Centerstone of Indiana</i>	<b>Telephone:</b> 800-344-8802 <b>Crisis Line:</b> 800-832-5442	South Central Indiana
<i>Cummins Mental Health Centers, Inc.</i>	<b>Telephone:</b> 317-272-3330 <b>Crisis Line:</b> 888-244-6083	Indy West Side: Boone, Hendricks, Montgomery & Vigo counties
<i>Hamilton Center, Inc.</i>	<b>Telephone:</b> 317-837-9719 <b>Crisis Line:</b> 800-742-0787	Indy West Side: Hendricks County
<i>Hamilton Center, Inc.</i>	<b>Telephone:</b> 317-937-3700 <b>Crisis Line:</b> 800-742-0787	Hendricks, Morgan, Putnam counties
<i>Gallahue Mental Health Services (Community Hospital)</i>	<b>Telephone:</b> 317-621-5719 <b>Crisis Line:</b> 317-621-5700 <b>Text line:</b> text the code <b>HELPNOW</b> to the number <b>20121</b>	Indy east and north sides: Hamilton, Hancock, Johnson, Madison & Shelby
<i>Midtown Community Mental Health Center</i>	<b>Telephone:</b> 317-880-8491 <b>Crisis Line:</b> 317-880-8485	Marion County

### **Community Mental Health Inpatient Resources**

*The facilities below offer inpatient services when the need for such services is assessed by a doctor. They are also community mental health centers, which means payment options vary based on income and insurance.*

<i>Community Hospital North</i>	<b>Telephone:</b> 317-621-5100 <b>Crisis Line:</b> 317-621-5700	Behavioral Health Pavilion 7165 Clearvista Pkwy Indianapolis, IN 46256
<i>IU Health Methodist Hospital</i>	<b>Telephone:</b> 317-962-2622	1701 N. Senate Blvd. Indianapolis, IN 46202
<i>St. Vincent Stress Center</i>	<b>Telephone:</b> 317-338-4800	8401 Harcourt Rd. Indianapolis, IN 46260
<i>Midtown Community Mental Health Center</i>	<b>Telephone:</b> 317-880-8491 <b>Crisis Line:</b> 317-880-8485	Eskenazi Hospital Crisis Intervention Unit 710 Eskenazi Ave. Indianapolis, IN 46202

### **Private Pay Behavioral Health and Addiction Inpatient Resources**

*The facilities below offer inpatient services when the need for such services is assessed. They are private facilities, therefore payment options and insurance types are limited.*

<i>Options Behavioral Health System</i>	<b>Telephone:</b> 800-431-1114	5602 Caito Drive Indianapolis, IN 46226
<i>Salvation Army Harbor Light Center</i>	<b>Telephone:</b> 317-972-1450	2400 N. Tibbs Ave Indianapolis, IN 46222

Fairbanks Addiction Treatment Center	<b>Telephone:</b> 317-572-9396	8102 Clearvista Parkway Indianapolis, IN 46256
<b>Addiction Outpatient Resources</b> <i>The facilities below offer outpatient services for addiction.</i>		
Indianapolis Treatment Center	<b>Telephone:</b> 877-637-6237	2626 E. 46 <sup>th</sup> St. #J Indianapolis, IN
<b>Outpatient Counseling Agencies</b> <i>Below are some options for outpatient counseling. By appointment Only.</i>		
Christian Theological Seminary Counseling	<b>Telephone:</b> 317-924-5205	1050 W. 42 <sup>nd</sup> St. Indianapolis, IN 46208
St. Francis Behavioral Health	<b>Telephone:</b> 317-783-8383 <b>Crisis Line:</b> 317-782-6495 800-509-5111	610 E. Southport Rd., Suite 100 Indianapolis, IN 46227  1201 Hadley Road Mooresville, IN 46158
FamiliesFirst	<b>Telephone:</b> 317-634-6341	615 North Alabama Street Suite 320 Indianapolis, IN 46204
Lutheran Child and Family Services of Indiana	<b>Telephone:</b> 317-359-5467	1525 N. Ritter Avenue Indianapolis, IN 46219
Reach for Youth	<b>Telephone:</b> 317-920-5900	3505 N Washington Blvd Indianapolis, IN 46205
Riley Child and Adolescent Psychiatry Clinic	<b>Telephone:</b> 317-274-8162	705 Riley Hospital Drive Indianapolis, IN 46202
St. Mary's Child Center	<b>Telephone:</b> 317-635-1491	901 W Dr Martin Luther King Jr St Indianapolis, IN 46202
University of Indianapolis Psychological Services Center	<b>Telephone:</b> 317-788-6134	1643 E Hanna Ave Indianapolis, IN 46227
<b>Mental Health Support Groups</b> <i>Below is a list of support groups on various topics and support group resources.</i>		
NAMI Indianapolis	<b>Telephone:</b> 317-257-7517 <b>Website:</b> <a href="http://namiindy.org">http://namiindy.org</a>	
American Foundation for Suicide Prevention – Indiana Chapter	<b>Telephone:</b> 317-517-5073 <b>Website:</b> <a href="http://www.afsp.org">www.afsp.org</a>	
Survivors of Suicide Victims (SOS)	<b>Telephone:</b> 317-621-5988 <b>Email:</b> <a href="mailto:gunnally@ecomunity.com">gunnally@ecomunity.com</a>	
Hope and Healing for Survivors of Suicide	<b>Telephone:</b> 317-851-8344 <b>Email:</b> <a href="mailto:80proct24@att.net">80proct24@att.net</a>	
Brownsburg Survivors of Suicide	<b>Contact:</b> Karynn Katz <b>Email:</b> <a href="mailto:brownsburgsos@att.net">brownsburgsos@att.net</a>	