

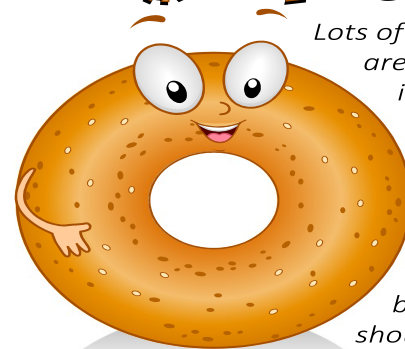
Susquehanna Township Elementary Schools

BREAKFAST APRIL 2024



This institution is an equal opportunity provider. Menus are subject to change.

Breakfast Bites!



Lots of favorite breakfast foods are good sources of calcium, including yogurt, milk, and calcium-fortified cereal and OJ. Calcium builds strong bones and teeth and aids in muscle function, among many other benefits. Kids 3-8 years old should consume 1,000 mg of calcium per day, and that amount goes up to 1,300 mg from age 9-18.



Spring
Break

There's no
school on...

**APRIL
FOOL'S
DAY**

and we're not
fooling!!

Monday, April 1

**Last day of
Spring Break**



See you tomorrow

Tuesday, April 2

Warm Cinnamon
Toast Crunch Bar

Chilled Pears

Craisins

Assorted Milk

Wed., April 3

Fruit Frudel

100% Fruit Juice

Chilled Peaches

Assorted Milk

Thursday, April 4

Mini Waffles

Applesauce

Mixed Fruit

Assorted Milk

Friday, April 5

Cereal Bowl

Strawberry Cup

Applesauce

Assorted Milk

First things First

**Choose at least ONE
serving of FRUIT and at
least THREE items TOTAL
so your meal counts as a Complete Breakfast!**

BREAKFAST@SCHOOL
For first-class learning!

Monday, April 8

Mini French Toast

100% Fruit Juice

Mixed Fruit

Assorted Milk

Tuesday, April 9

Caramel Mini
Cinnamon Rolls

Craisins

Chilled Peaches

Assorted Milk

Wed., April 10

Pop Tart
with Yogurt Cup

100% Fruit Juice

Mixed Fruit

Assorted Milk

Thursday, April 11

Breakfast Bread

Sliced Pears

Orange Smiles

Assorted Milk

Friday, April 12

Manager's Choice
Breakfast Item

Manager's Choice
Fruit Options
also


Assorted Milk

**Early Dismissal
No Lunch Today**



Monday, April 15	Tuesday, April 16	Wed., April 17	Thursday, April 18	Friday, April 19
Muffin	Mini Bagels with Cream Cheese	Egg & Cheese on English Muffin	Mini Pancakes	Cereal Bowl
100% Fruit Juice	Peaches	100% Fruit Juice	Pears	Strawberry Cup
Orange Slices	Strawberry Cup	Mixed Fruit	Applesauce	Applesauce
Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk



Monday, April 22	Tuesday, April 23	Wed., April 24	Thursday, April 25	Friday, April 26
Muffin		Apple Bites	Donut	Cereal Bar with Yogurt Cup
100% Fruit Juice	NO SCHOOL Teacher In-Service	100% Fruit Juice	Mixed Fruit	Applesauce
Orange Slices		Chilled Peaches	Sliced Pears	Orange Smiles
Assorted Milk		Assorted Milk	Assorted Milk	Assorted Milk

SPIN YOUR WHEELS.



Biking may be the only activity that combines exercise, fun, AND transportation! Just remember to always wear bright clothes, close-toed shoes, and a helmet – and follow the rules of the road!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, April 29	Tuesday, April 30
Mini Pancakes	Warm Cocoa Puff Bar
100% Fruit Juice	Chilled Pears
Mixed Fruit	Craisins
Assorted Milk	Assorted Milk

BREAKFAST@SCHOOL
helps keep kids healthy and gives them the energy they need to learn.

