

April 2024

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



HIGH SCHOOL MENU

Monday



Breakfast Burrito

**CHICKEN CORDON BLEU
GENERAL TSO RICE BOWL**

Grab & Go - Chef Salad,
Veggie Salad
PB & J Sandwich &
Italian Club

Pancake on a Stick

**NACHOS PICANTES w/
CHEESE SAUCE
GENERAL TSO RICE BOWL**

Grab & Go - Chef Salad &
Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Breakfast Burrito

**GRILLED CHEESE
SANDWICH
GENERAL TSO RICE BOWL**

Grab & Go - Chef Salad &
Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Pancake on a Stick

**CHICKEN CORDON BLEU
GENERAL TSO RICE BOWL**

Grab & Go - Chef Salad,
Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Tuesday

Spring Break

Pancakes

**MAC & CHEESE w/ NUGGETS
ORANGE CHICKEN RICE
BOWL**

Grab & Go - Southwest,
Veggie, & Chicken Caesar
Salad
PB & J Sandwich & Ham &
Cheese

Biscuits & Gravy

**CHICKEN NUGGETS
ORANGE CHICKEN RICE
BOWL**

Grab & Go - Southwest,
Veggie, & Chicken Caesar
Salad
PB & J Sandwich & Ham &
Cheese Sandwich

Pancakes

**CHICKEN FAJITA
ORANGE CHICKEN RICE
BOWL**

Grab & Go - Southwest,
Veggie, & Chicken Caesar
Salad
PB & J Sandwich & Ham &
Cheese Sandwich

Biscuits & Gravy

**MAC & CHEESE w/
NUGGETS
ORANGE CHICKEN RICE
BOWL**

Grab & Go - Southwest,
Veggie, or Chicken Caesar
Salad
PB & J Sandwich & Ham &
Cheese Sandwich

Wednesday

Breakfast Pizza

**CREAMY CHICKEN
ENCHILADA
GENERAL TSO RICE BOWL**

Grab & Go - Chef & Veggie
Salad,
PB & J Sandwich &
Italian Club

French Toast Sticks

**PULLED PORK
SANDWICH
GENERAL TSO RICE
BOWL**

Grab & Go - Chef Salad &
Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Breakfast Pizza

**MEATBALL STROGANOFF
w/ PASTA
GENERAL TSO RICE BOWL**

Grab & Go - Chef Salad &
Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Thursday

French Toast Sticks

**SLOPPY JOE
TERIYAKI RICE BOWL**

Grab & Go - Southwest,
Veggie, & Chicken Caesar
Salad
PB & J Sandwich & Ham &
Cheese

Breakfast Pizza

**CHICKEN POTATO BOWL
TERIYAKI RICE BOWL**

Grab & Go - Southwest
Veggie & Chicken Caesar
Salad
PB & J Sandwich & Ham &
Cheese Sandwich

French Toast Sticks

**COUNTRY FRIED STEAK
TERIYAKI RICE BOWL**

Grab & Go - Southwest,
Veggie, or Chicken Caesar
Salad
PB & J Sandwich & Ham &
Cheese Sandwich

Friday



Maple Waffles

**TERIYAKI BEEF DIPPERS
ORANGE CHICKEN RICE
BOWL**

Grab & Go - Chef & Veggie
Salad
PB & J Sandwich &
Italian Club Sandwich

Mini Waffles

**CHICKEN ALFREDO
ORANGE CHICKEN RICE
BOWL**

Grab & Go - Chef Salad &
Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Maple Waffle

**CORN DOG
ORANGE CHICKEN RICE
BOWL**

Grab & Go - Chef Salad,
Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

2023-2024 MEAL PRICES

PAID ELEMENTARY MEALS

Breakfast \$1.20
Lunch \$2.50

ADULT MEALS & 2nd STUDENT MEALS

Breakfast \$2.75
Lunch \$3.75

GRILL ITEMS SERVED DAILY -

**Hamburger, Cheeseburger,
Spicy Chicken Sandwich,
Breaded Chicken Sandwich
& Grilled Cheese**

PIZZA SERVED DAILY -

**PEPPERONI & CHEESE
OR CHEESE PIZZA**

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

<https://www.slcschools.org/department/child-nutrition/menus-common-concerns>

**1 CUP OF FRUIT OR
VEGETABLE MUST BE TAKEN
WITH EACH MEAL**

Did You Know?

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.