

April 2024

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



MIDDLE SCHOOL MENU

Monday



Breakfast Burrito

TERIYAKI CHICKEN RICE BOWL

Grab & Go -
Southwest & Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Pancake on a Stick

ORANGE CHICKEN RICE BOWL

Grab & Go -
Southwest & Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Breakfast Burrito

PULLED PORK SANDWICH & MAC & CHEESE

Grab & Go -
Southwest & Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Pancake on a Stick

TERIYAKI CHICKEN RICE BOWL

Grab & Go -
Southwest & Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Tuesday

Spring Break

Pancakes

PEPPERONI OR CHEESE PIZZA

Grab & Go -
Chef, Veggie, & Chicken
Caesar Salad
PB & J Sandwich &
Turkey & Cheese Sandwich

Biscuits & Gravy

PEPPERONI OR CHEESE PIZZA

Grab & Go -
Chef, Veggie, & Chicken
Caesar Salad
PB & J Sandwich &
Ham & Cheese Sandwich

Pancakes

PEPPERONI OR CHEESE PIZZA

Grab & Go -
Chef, Veggie, & Chicken
Caesar Salad
PB & J Sandwich &
Ham & Cheese Sandwich

Biscuits & Gravy

PEPPERONI OR CHEESE PIZZA

Grab & Go -
Chef, Veggie, & Chicken
Caesar Salad
PB & J Sandwich &
Ham & Cheese Sandwich

Wednesday

Breakfast Pizza

CREAMY CHICKEN ENCHILADA

Grab & Go -
Southwest & Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

French Toast Sticks

CHICKEN NUGGETS

Grab & Go -
Southwest & Veggie Salad,
PB & J Sandwich &
Italian Club Sandwich

Breakfast Pizza w/
Sausage

CHICKEN POTATO BOWL

Grab & Go -
Southwest & Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Thursday

French Toast Sticks

PEPPERONI OR CHEESE PIZZA

Grab & Go -
Chef, Veggie, & Chicken
Caesar Salad
PB & J Sandwich &
Ham & Cheese Sandwich

Breakfast Pizza

PEPPERONI OR CHEESE PIZZA

Grab & Go -
Chef, Veggie, & Chicken
Caesar Salad
PB & J Sandwich &
Ham & Cheese Sandwich

French Toast Sticks

PEPPERONI OR CHEESE PIZZA

Grab & Go -
Chef, Veggie, & Chicken
Caesar Salad
PB & J Sandwich &
Ham & Cheese Sandwich

Friday



Maple Waffle

CHILI & CHIPS w/ NACHO CHEESE SAUCE

Grab & Go -
Southwest & Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Mini Waffles

TACOS

Grab & Go -
Southwest & Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

Maple Waffle

CORN DOG

Grab & Go -
Southwest & Veggie Salad
PB & J Sandwich &
Italian Club Sandwich

2023-2024 MEAL PRICES

PAID MEALS

Breakfast \$1.20
Lunch \$2.30

ADULT MEALS & 2nd STUDENT MEALS

Breakfast \$2.75
Lunch \$3.75

GRILL ITEMS SERVED DAILY -

Hamburger, Cheeseburger, Spicy Chicken Sandwich, Breaded Chicken Sandwich & Grilled Cheese

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL

Did You Know?

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.