

# COMMUNITY DAY CHARTER SCHOOL

<p><b><u>Breakfast Meal Pattern Requirements</u></b>  Milk: 8 oz.  Fruit or Veg: 1c/8oz.  Grain: 2oz.</p>
<p><b><u>Lunch Meal Pattern Requirements</u></b>  Milk: 8 oz.  Fruit: 1c/8oz  Veg: 1c/8oz.  Grain: 2oz.  Protein: 2oz.</p>
<p>Allergy meals will not contain whole eggs, dairy, and items listed below.</p>
<p>Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>APRIL 1</b>	<b>APRIL 2</b>	<b>APRIL 3</b>	<b>APRIL 4</b>	<b>APRIL 5</b>
<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk	<b>Breakfast:</b> Muffin Tops, Apple Slices, Milk <b>Lunch:</b> WW Spaghetti & Meatballs, Broccoli, Pears, Milk	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Cheeseburgers, WW Bun, Crinkle Fries, Mandarin Oranges, Milk	<b>Breakfast:</b> Banana Bread, Oranges, Milk <b>Lunch:</b> Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk
<b>APRIL 8</b>	<b>APRIL 9</b>	<b>APRIL 10</b>	<b>APRIL 11</b>	<b>APRIL 12</b>
<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> BBQ Chicken Drumsticks, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	<b>Breakfast:</b> Pancakes, Apple Slices, Milk <b>Lunch:</b> American Chop Suey, Broccoli, Pears, Milk	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Turkey & Cheese Sandwich on WW bun, Corn & BB Salad, Mandarins, Milk	<b>Breakfast:</b> Corn Muffins, Oranges, Milk <b>Lunch:</b> Burrito, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk
<b>APRIL 15</b>	<b>APRIL 16</b>	<b>APRIL 17</b>	<b>APRIL 18</b>	<b>APRIL 19</b>
<b>School Vacation Week</b>				
<b>APRIL 22</b>	<b>APRIL 23</b>	<b>APRIL 24</b>	<b>APRIL 25</b>	<b>APRIL 26</b>
<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	<b>Breakfast:</b> Pancakes, Apple Slices, Milk <b>Lunch:</b> Baked Mac & Cheese, Broccoli, Carrots, Pears, Milk	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Sliced Ham & Cheese Sandwich on WW bread, Salad, Mandarin Oranges, Milk	<b>Breakfast:</b> Corn Muffins, Apple Slices, Milk <b>Lunch:</b> Arroz con Verduras, Habichuela Guisada y Pollo, Applesauce, Milk	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk
<b>APRIL 29</b>	<b>APRIL 30</b>	<b>APRIL 2024</b>		
<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> BBQ Chicken Drumsticks, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	<b>Breakfast:</b> Banana Bread, Apple Slices, Milk <b>Lunch:</b> WW Spaghetti & Meatballs, Broccoli, Pears, Milk			

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider