APRIL 2024

CENTRAL YORK HS/MS

LUNCH MENU

LUNCH PRICES Students - \$2.90 Reduced - NO CHARGE Adults -\$4.20 Milk - \$0.80

Milk is included with each meal: 1% Low Fat Chocolate, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy and Lactaid.

- Choice of Assorted Fruit Offered Daily Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Menu Subject To Change
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.
- *Contains Pork/Ham

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| NO SCHOOL 1 | Nacho Dippers w/Meat, Cheddar or Queso Cheese, Guacamole Cup Churro Ranchero Beans | Chicken Alfredo w/Penne Pasta Cheese Bread Stick Steamed Broccoli | *Bacon Cheese Burger or Hamburger Chips Steamed Carrots | Chicken Nuggets Butter Noodles Peas |
| Cheese Pizza Sticks w/Marinara Sauce Seasoned Green Beans | Walk Away Taco w/Lettuce & Tomato Cup Guacamole Cup Rice Fiesta Beans | Baked Mac & Cheese w/Toppings Steamed Broccoli | Meatball Sub French Fries Mixed Vegetables | Chicken Tenders Scalloped Potatoes Glazed Carrots |
| 8 | 9 | 10 | 11 | 12 |
| Mozzarella Sticks w/Marinara Sauce Oven Potatoes Chef Blend Vegetables | Beef Taco's w/Lettuce & Tomato Cup Spanish Rice Corn | Mini Corn Dogs Oven potatoes Baked Beans | Tangerine Chicken Fried Rice Steamed Broccoli | EARLY DISMISSAL Deli Sandwich on Pretzel Roll Chips, Juice Box Carrot Pack 19 |
| Chicken Quesadilla Rice Seasoned Green Beans | Popcorn Chicken Bowl w/Roll Mashed Potatoes Gravy Corn | Cook's Choice Steamed Carrots | *Stromboli w/Marinara Sauce WG Pretzel California Blend Vegetable | Chicken BBQ Sandwich Oven Potatoes Baked Beans |
| 22 | 23 | 24 | 25 | 26 |
| Rotini w/Meat Sauce Garlic Bread Stick Italian Blend Vegetable | French Toast Sticks *Sausage Links Hash Brown | | | |
| 29 | 30 | | | |