

APRIL | 2024

Middle & High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1</p> <p>NO SCHOOL</p> <p>(EASTER BREAK)</p>	<p>2</p> <p>CHOICE: BBQ Meatballs 21g with Breadstick 13g ea The Max Cheese Stuffed Sticks 16g</p> <p>Served with: Baked Beans 29g Carrots, Tomatoes, Fruit & Milk</p>	<p>3</p> <p>CHOICE: Biscuit w/Sausage Gravy (ms40g, hs59g) The Max Cheese Stuffed Sticks 16g</p> <p>Served with: Sweet Potato Fries 25g, Celery, Cucumbers, Cauliflower, Fruit & Milk</p>	<p>4</p> <p>CHOICE: Cheese Quesadillas 31g The Max Cheese Stuffed Sticks 16g</p> <p>Served with: Italian Veg Blend 4g Carrots, Tomatoes, Fruit & Milk</p>	<p>5</p> <p>CHOICE: Cheese 24g or Pepperoni 27g Pizza Slice The Max Cheese Stuffed Sticks 16g</p> <p>Served with: Caesar Salad 4g w/CROUTONS 5g Broccoli, Celery, Fruit & Milk</p>
<p>8</p> <p>NO SCHOOL</p> <p>(PD DAY - STAFF ONLY)</p>	<p>9</p> <p>CHOICE: Nachos (Chips 35g, Meat 5g, Cheese Sauce 1g) Breaded Chicken w/Bun 34g</p> <p>Served with: Refried Beans 23g Carrots, Tomatoes, Fruit & Milk</p>	<p>10</p> <p>CHOICE: Mozzarella Sticks 32g Breaded Chicken w/Bun 34g</p> <p>Served with: Green Beans 4g Celery, Cucumbers, Cauliflower, Fruit & Milk</p>	<p>11</p> <p>CHOICE: Pancakes 36g w/ Sausage 2g Breaded Chicken w/Bun 34g</p> <p>Served with: Smile Potatoes 20g Carrots, Tomatoes, Fruit & Milk</p>	<p>12</p> <p>CHOICE: Cheesy Bread 27g Breaded Chicken w/Bun 34g</p> <p>Served with: Broccoli 5g w/ Cheese Sauce 3g Broccoli, Celery, Fruit & Milk</p>
<p>15</p> <p>CHOICE: Chicken Nuggets 26g Cheeseburger w/Bun 27g</p> <p>Served with: Mashed Potatoes 14g, *optional Gravy 6g Broccoli, Celery, Fruit & Milk</p>	<p>16</p> <p>CHOICE: Corn Dog 30g Cheeseburger w/Bun 27g</p> <p>Served with: Baked Beans 29g Carrots, Tomatoes, Fruit & Milk</p>	<p>17</p> <p>CHOICE: Mac N' Cheese w/Breadstick 45g Cheeseburger w/Bun 27g</p> <p>Served with: Caesar Salad 4g w/CROUTONS 5g Celery, Cucumbers, Cauliflower, Fruit & Milk</p>	<p>18</p> <p>CHOICE: Scrambled Eggs 2g w/French Toast 35g Cheeseburger w/Bun 27g</p> <p>Served with: Sunsplash Juice 15g Carrots, Tomatoes, Fruit & Milk</p>	<p>19</p> <p>CHOICE: Pizza Crunchers 31g MS / 41g HS Cheeseburger w/Bun 27g</p> <p>Served with: California Blend 3g Broccoli, Celery, Fruit & Milk</p>
<p>22</p> <p>CHOICE: Chicken Tenders w/Cheez-its 35g Bosco Sticks 34g</p> <p>Served with: Green Beans 4g Broccoli, Celery, Fruit & Milk</p>	<p>23</p> <p>CHOICE: Soft Taco 17g ea Bosco Sticks 34g</p> <p>Served with: Refried Beans 23g Carrots, Tomatoes, Fruit & Milk</p>	<p>24</p> <p>CHOICE: Grilled Cheese 27g Goldfish(HS) 4g Bosco Sticks 34g</p> <p>Served with: Tomato Soup 27g Celery, Cucumbers, Cauliflower, Fruit & Milk</p>	<p>25</p> <p>CHOICE: Cheeseburger w/Bun 27g Bosco Sticks 34g</p> <p>Served with: French Fries 18g Carrots, Tomatoes, Fruit & Milk</p>	<p>26</p> <p>CHOICE: French Bread Pizza 23g Bosco Sticks 34g</p> <p>Served with: Broccoli 5g w/ Cheese Sauce 3g Broccoli, Celery, Fruit & Milk</p>
<p>29</p> <p>CHOICE: Popcorn Chicken w/ Goldfish 29g The Max Cheese Stuffed Sticks 16g</p> <p>Served with: Mashed Potatoes 14g, *optional Gravy 6g Broccoli, Celery, Fruit & Milk</p>	<p>30</p> <p>CHOICE: BBQ Meatballs 21g with Breadstick 13g ea The Max Cheese Stuffed Sticks 16g</p> <p>Served with: Baked Beans 29g Carrots, Tomatoes, Fruit & Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>

PARENT INFO

HS/MS STUDENT PRICES:

Breakfast: FREE
Full price MS lunch: \$2.90
Full price HS lunch: \$3.10
Student Salad: \$3.40
Reduced price MS/HS lunch: \$0.40
FREE (waived for the 23-24 school year)
Free lunch: FREE
**STUDENTS MUST HAVE ADEQUATE MONEY ON THEIR ACCOUNT IN ORDER TO PURCHASE ANY OF THE ITEMS IN RED! A la carte, extra main dish, extra fruit or veggie, and Milk (only).

DAILY MAIN DISH OPTIONS:

Two rotating hot options listed on each day's menu. In addition to these options: PBJ Uncrustable
Chef Salad

FRESH FRUIT & VEGGIES

A variety of fresh veggies with ranch 2g will be offered daily, along with many fresh fruit options.

BREAKFAST

Breakfast is FREE and is served in two convenient locations in the hallway, between 7:45 am - 7:55 am. All middle and high school students are encouraged to take FREE breakfast! It can be eaten in the morning, taken to lunch, or taken home.

Menu is subject to change. The average carb count for canned fruit = 19-22g per ½ cup serving and fruit juice averages 13g carbs. The average carb count for ½ cup fresh raw vegetables = 5.4g. White milk is 13g, chocolate milk is 24g and strawberry milk is 29g. We follow Offer vs. Serve policy. This institution is an equal opportunity provider.