

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Menu subject to change based on food availability. Water available with all meal services. Variety of milk available at all meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Entrée choice 1 Milk white 12g, chocolate 23g, strawberry 22g Condiments (1): ketchup 3g, mustard 1g, mayo 1g BBQ sauce 10g, Gen Tso sauce 16g, sour crm 1g, marinara-3g Org sauce 12g, salsa 1g, cilantro/onion 3g, pickles 1g, house made ranch dip 5g For chef salads: Lite ranch 7g, honey mustard 7g, Italian 4g, rasp ving 12g, croutons 9g</p>	<p>2 Entrée choice Street tacos PORK 24g, CHICKEN 28g, LENTIL 14g Crisпитos plate 61g (2 crisпитos + retried beans) <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice 24g Roasted ranch broccoli 5g Zesty black beans 34.5g Apple 22g or Raisin variety 33g</p>	<p>3 Entrée choice Spaghetti w/meat sauce 25g SERVED W/WO A BREADSTICK 15g Thin crust supreme pizza 34g Trky bcn sld 10g Served w/SUNCHIPS 19g <u>Grain/Vegetable/Fruit Choice:</u> Ranch baby carrots 8g Spicy cucumber salad 2g Apple 22g or Raisin variety 33g</p>	<p>4 Entrée choice Chicken drumsticks (reg/spicy) 10g Bkd chickn frd stk 18g w/wo gravy 4g Chicken tinga baked potato 40g <u>Grain/Vegetable/Fruit Choice:</u> Honey wheat roll 24g Roasted O'Brien potatoes 22g Green beans w/bacon 5g Apple 22g or Raisin variety 33g</p>	<p>5 Entrée choice Bulldog steak sandwich 47g Spicy bulldog steak sand 48g Spicy tuna sand w/pickled veggies 47g <u>Grain/Vegetable/Fruit Choice:</u> Shoestring fries 22g Veggie sticks 3g Apple 22g or Raisin variety 33g</p>
<p>8 Entrée choice Bacon chicken sammie 31g Turkey croissant sandwich 28g <u>Grain/Vegetable/Fruit Choice:</u> Garden salsa sun chips 19g Fresh broccoli salad 28g Sweet corn 118g Orange 21g or Diced pears 19g</p>	<p>9 Entrée choice Soft TACOS BEEF-39g, CHICKEN FAJITA-35g Vegetarian quesadilla 52g <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice 24g Pinto beans 32g Garden fresh salad 3.5g Orange 21g or Diced pears 19g</p>	<p>10 Entrée choice Chicken alfredo pasta 43g SERVED W/WO BREADSTICK 15g Buffalo chicken pizza 35g Selfie cheese pizza 28g Cobb chef chicken salad 11g SERVED W/SUNCHIPS 19g <u>Grain/Vegetable/Fruit Choice:</u> Honey dill baby carrots 7g Veggie sticks 3g Orange 21g or Diced pears 19g</p>	<p>11 Entrée choice Korean Gochujang drumsticks 14g Fish strips (4) 18g BBQ pork baked potato 51g <u>Grain/Vegetable/Fruit Choice:</u> Fresh baked maple biscuit 33g Asian vegetable blend 6g Fresh mixed greens salad 3g Orange 21g or Strawberries 6g</p>	<p>12 Entrée choice K filet chicken sandwich 43g Spicy chicken sandwich 46g Deluxe fish sandwich 42g <u>Grain/Vegetable/Fruit Choice:</u> Seasoned fries 24g Chili lime baby carrots 8g Orange 21g or Strawberries 6g</p>
<p>15 Entrée choice Spicy chicken meatball sub 50g Meatloaf sandwich 36g <u>Grain/Vegetable/Fruit Choice:</u> Harvest cheddar sun chips 19g Sweet potato fries 17g Spicy cucumber salad 2g Tajin grapefruit 13g or Mixed berry applesauce 14g</p>	<p>16 Entrée choice Beef grande nachos 40g Chicken tinga nachos 31g Chicken & cheese quesadilla 34g <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice 24g Refried beans 31g Fresh mixed greens salad 3g Tajin grapefruit 13g or Mixed berry applesauce 14g</p>	<p>17 Entrée choice Chicken spaghetti 26g SERVED W/WO BREADSTICK 15g Pizza cheesy sticks (2) 33g Selfie pepperoni pizza 38g Cilantro chicken salad 9g SERVED WITH SUNCHIPS <u>Grain/Vegetable/Fruit Choice:</u> Fresh broccoli salad 28g Chili lime baby carrots 8g Tajin grapefruit 13g or Mixed berry applesauce 14g</p>	<p>18 Entrée choice Chicken wings (6) 2g Steak strips (4) 18g Buffalo chicken baked potato 42g <u>Grain/Vegetable/Fruit Choice:</u> Fresh baked maple biscuit 33g Celery & carrot sticks 2g Potato tots 17g Tajin grapefruit 13g or Mixed berry applesauce 14g</p>	<p>19 Entrée choice BBQ pulled pork sandwich 46g BBQ chicken sandwich Spicy grilled cheese sandwich <u>Grain/Vegetable/Fruit Choice:</u> Shoestring fries 22g Veggie sticks 3g Baked beans 29g Tajin grapefruit 13g or Mixed berry applesauce 14g</p>
<p>22 Entrée choice Nashville hot chickn chunks 17g Boneless chicken wings 15g <u>Grain/Vegetable/Fruit Choice:</u> Macaroni and cheese 23g Ranch roasted broccoli 5g Baby carrot sticks 6g Apple 22g or Rasp lmn sidekick 23g</p>	<p>23 Entrée choice Beef tamale plate 55g (2 tamales + retried beans) Beef fiestada stuffed sand 31g Vegetarian quesadilla 52g <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice 24g Zesty black beans 34.5g Elote-25g Apple 22g or Rasp lmn sidekick 23g</p>	<p>24 Entrée choice Penne w/chicken meatballs 33g SERVED W/WO BREADSTICK 15g Thin crust pepperoni pizza 34g Mega meat pizza 46g Cobb chef salad 11g SERVED WITH SUNCHIPS 19g <u>Grain/Vegetable/Fruit Choice:</u> Spicy cucumber salad 2g Honey dill baby carrots 7g Apple 22g or Rasp lmn sidekick 23g</p>	<p>25 Entrée choice General Tso's noodle bowl 51g Steak strips (4) 18g BBQ chicken baked potato 63g <u>Grain/Vegetable/Fruit Choice:</u> Fresh baked maple biscuit 33g Fresh mixed green salad 3g Asian vegetable blend 6g Apple 22g or Rasp lmn sidekick 23g</p>	<p>26 Entrée choice Cheeseburger 34g Hamburger 32g Grilled cheese sandwich 31g <u>Grain/Vegetable/Fruit Choice:</u> Seasoned fries 24g Veggie sticks 3g Apple 22g or Rasp lmn sidekick 23g</p>
<p>29 Entrée choice Tangerine chicken fried rice 62g Chicken pot stickers 21g Spicy grilled cheese sand 26g <u>Grain/Vegetable/Fruit Choice:</u> Cornbread star 23g Green beans w/bacon 5g Garden fresh salad 3.5g Tajin orange 21g or Craisins 28g</p>	<p>30 Entrée choice Street tacos PORK 24g, CHICKEN 28g, LENTIL 14g Crisпитos plate 61g (2 crisпитos + retried beans) <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice 24g Roasted ranch broccoli 5g Zesty black beans 34.5g Tajin orange 21g or Craisins 28g</p>	 		