



CHILD NUTRITION

CANUTILLO A Premier District

District Wellness Policy:

As required by federal law and Board policy, the District has established and maintains a wellness program for nutrition education, physical activity, and other school-based activities. Each campus supports the District's efforts to promote healthy eating and daily physical exercise by educating parents/guardians, staff, and the community through seminars, take-home information, and information posted on District or campus websites.

SHAC: Provides lists and guidance related to, but not limited to, the following issues:

- Healthy food ideas and non-food ideas for fundraising
- Healthy food ideas for celebrations or parties
- Non-food rewards
- Physical activity goals, suggestions, and programs before, during, and after school
- Hydration and healthy habits
- Wellness issues

Foods and Beverages Sold and Provided: Schools will limit food and beverage marketing and/or sales to those that meet the USDA Smart Snack guidelines established for meals or for foods and beverages sold directly or indirectly to students. School-based marketing of brands promoting predominantly low-nutrition foods and beverages is prohibited. Ongoing availability of healthy foods and beverages, including water, fruits, vegetables, whole grains, and low-fat dairy products are encouraged. See policy CO(LEGAL) and (LOCAL).

Rewards and Punishments: Campuses will use nonfood items as rewards. Campuses will not withhold school meals as punishment.

Classroom Celebrations: Students may be given foods with minimal nutritional value (FMNV), candy items, or other restricted foods during the school day for up to three different special events each school year as determined by the District. During these events, FMNV may not be given during meal times in the areas where school meals are being served or being consumed, and regular meal service (breakfast and lunch) must continue to be available to all students in accordance with federal regulations. Foods

Street Address:
7965 Artcraft Rd.
El Paso, TX 79932

Mailing Address:
P.O. Box 100
Canutillo, TX 79835

P: (915) 877-7452
F: (915) 877-7530
canutillo-isd.org

Canutillo Independent School District does not discriminate on the basis of race, color, religion, gender, sex, national origin, age, disability, military status, genetic information, or any other basis prohibited by law in its employment practices or in providing education services, activities, and programs, including career and technical education (vocational programs).

For additional information regarding Canutillo Independent School District's policy of nondiscrimination contact the Human Resources Division: (915) 877-7423 | 7965 Artcraft Dr. | El Paso TX 79932.

that meet the USDA Smart Snacks guidelines can be given out at any time at campus discretion except during meal times.

School-Sponsored Events: Foods and beverages offered or sold at school-sponsored events (such as, but not limited to, athletic events, dances, or performances) outside the school day are encouraged to meet the current nutrition standards outlined in current USDA Smart Snacks guidelines.

All food sold or made available to students during the school day must meet Smart Snacks and beverage rules including:

- Vending machines, school stores, fundraisers during the school day
- Food used for instructional purposes except for food labs and cultural events
- Elementary: No sales during meals
- Middle school: No sales during meals
- High school: No sales during meals

The District allows six exemption days for fundraisers where campuses can sell foods that do not meet USDA Smart Snacks guidelines except during meal times.