## LONE STAR ACADEMY NEWSLETTER

## **Important Dates**

October 30 School Board Meeting (6-8 PM) November 1, 10 and 20-24 (No School) November 14 School Board Meeting (6-8 PM) December 5-8 STAAR/EOC Testing December 18-29 (No School)

Contact Us Coordinator: Salvador Garcia Phone: 915-877-7677 Email: sgarcia@canutillo-isd.org Counselor: Robert Radecki Phone: 915-877-7678 Email: rradecki@canutillo-isd.org Nurse: Rebeca Cordova rcordova@canutillo-isd.org

#### Teachers:

Antoinette Knerl - Social Studies aknerl@canutillo-isd.org Lorenzo Melchor - Science lamelchor@canutillo-isd.org Sara Pugh - Math spugh@canutillo-isd.org Barbara Salais - English bsalais@canutillo-isd.org Emmanuel Rodriguez - SPED erodriguez@canutillo-isd.org Guadalupe Leyva - Educ. Aide gleyva@canutillo-isd.org Monica Devora- Educ. Aide mdevora@canutillo-isd.org October 2023

\*Students of the Week\* Michael Lopez

## <u>Social Work Department</u> Jocelyn Cepeda, LMSW

jcepeda@canutillo-isd.org 915-877-7669 **Dayanira R. Carrillo, LMSW** dcarrillo@canutillo-isd.org 915-877-7658

#### -MISSION STATEMENT-

To prepare our students to function, academically and socially, by providing educational services that reduce the risk of recidivism upon their return to a regular school environment.

#### +VISION STATEMENT+

Empowering the students to obtain the skills to grow socially and emotionally by providing a campus wide positive behavior interventions and supports program including the following core values: Respect, Responsibility and Safety

#### **CRISIS HOTLINES**

El Paso Mental Health (Counseling) 1900 Denver Ave, El Paso, TX 79902 915-521-2485

Rio Vista Behavioral Health (Counseling) 1390 Northwestern Dr, El Paso, TX 79912 833-355-0674

> Hope Cottage (Teen Parenting) 1204 Montana Ave. 469-704-8478

Aliviane (Substance Abuse) 7722 N. Loop Suite2 915-779-4527

(SUICIDE PREVENTION) 1-800-273-8255

(SEXUAL ASSAULT) 1-800-656-HOPE

(YOUTH LGTBQ) 1-866-488-7386

(HUMAN TRAFFICKING) 1-888-373-7888

(DOMESTIC ABUSE) 1-800-799-7233

(TEEN DATING ABUSE) 1-866-331-9474

(YOUTH RUNAWAY HELP) 1-800-989-6884 TEXT: 512-872-5777

# LONE STAR ACADEMY NEWSLETTER

## **Counselor Notes:**

#### Friday SEL Topics:

09/22/23 - Positivity, Conflict Resolution, Teamwork 09/29/23 - Positivity, Brains job and Nicotine effects 10/20/23 - Positivity, Teamwork and Conflict Resolution 10/27/23 - Marine Corp Representative Presentation 11/03/23 - Army Representative Presentation 11/17/23 - DEA - dangers of THC and vaping 12/01/23 - Big Brothers Big Sisters Presentation

## **Adult Education:**

**GED & English Learner Classes:** The Family Literacy Program offers adult education opportunities through free ESL, Spanish GED, and English GED classes.

Contact: Julia Correa7000 5th St., Canutillo, TX 79835Phone: 915-877-7671Email: jcorrea@canutillo-isd.orgClases de InglésClase de GED en EspañolLunes a ViernesLunes8:30 a.m. - 12:00 p.m.12:00 - 2:00 p.m.

Edificio B - Salón 305 y 307 **Martes a Jueves** 6:00 - 8:00 p.m.

Edificio B - Salón 307

Clase de GED en Español Lunes 12:00 - 2:00 p.m. Edificio. B -Salón 303 Miércoles 6:00 - 8:00 p.m. Edificio B -Salón 303

#### Lesson for the month: Having Anxiety? Try these techniques:

Use deep breathing techniques - Go for a walk -Get up and stretch - Go to the gym and workout - Listen to your favorite music -Visualize your in a calm or happy place - Write down or say to yourself what your grateful for - Color or draw -Use a stress ball or fidget object - Talk to someone you trust (a friend, family member, therapist, trusted adult, teacher, counselor)

## **Social Work Notes:**

#### Next Food Pantry:

NOVEMBER 16, 2023 (9-11am) - Alderete Middle School **Next Hygiene Closet:** NOVEMBER 14, 2023 (10am-12pm) - Lone Star Building A **Important:** Last day to apply for Project Bravo assistance is November 3, 2023. Apply at https://www.projectbravo.org/

## **Teachers Notes:**

## **REMINDER FROM MR. GARCIA**

DAEP Donation Request: Congratulations to exiting students! DAEP tries to help families by giving uniforms to those in need. Please consider donating uniform shirts, pants, ties, and belts so we may pay it forward.

#### Motivational quote

Whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely- - dwell on these things. The second nine weeks is the start of a new beginning and a perfect time to bring about new and positive changes! The transition for the students from a regular campus to DAEP has been seamless. We are very proud of the student's conduct and their active participation in all the classes. We look forward to continued growth and collaboration.

-DAEP Teachers

## Notes from the Nurse:

Flu Vaccination Clinic Jose Alderete Middle School November 1, 2023 09:00-11:00 AM

Location: Lone Star Building 7000 Fifth Street, Canutillo, Texas 79835 School Start Time: 8:00 a.m. School End Time: 3:30 p.m. Mailing Address: P.O. Box 100 Canutillo, Texas 79835