



TEXAS

We are now hiring for kitchen jobs!

- Part-time
- Medical Benefits
- Daytime Schedule
- Holidays off
- Weekends off

Visit our website for more details!



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Mini-Waffles
100% fruit juice
Low-Fat White Milk

2 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

3 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

4 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

5 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

8 Mini-Waffles
100% fruit juice
Low-Fat White Milk

9 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

10 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

11 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

12 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

15 Mini-Waffles
100% fruit juice
Low-Fat White Milk

16 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

17 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

18 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

19 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

22 Mini-Waffles
100% fruit juice
Low-Fat White Milk

23 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

24 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

25 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

26 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

29 Mini-Waffles
100% fruit juice
Low-Fat White Milk

30 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

Our unit breakfast consists of all 3 food components placed on the student's tray.

Food Components Required at Breakfast:
Whole Grain
Fruits & 1% White Milk

All breakfast cereals and pastries contain at least 51% whole grain.



Food and Nutrition Division
National School Lunch Program

Student Breakfast:
\$1.50
Adult Breakfast:
\$3.10



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
This product was funded by USDA.
This institution is an equal opportunity provider.

Meals are Subject to
Change due to
Ongoing Supply Chain
and Staffing Issues





TEXAS

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

To add money to a student's account visit: www.schoolcafe.com



TOMBALL
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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Teriyaki Chicken
Chow Mein Noodles
Vegetables, Fruits
& Milk

2 Pupusa
Vegetables, Fruits
Milk

3 Chicken Nuggets
Vegetables, Fruits
Breadstick & Milk

4 Baja Fish Sticks
Vegetables, Fruits
Milk

5 Cheeseburger
Vegetables, Fruits
Milk

8 Rotini & Beef
Meatsauce
Vegetables, Fruits
Milk

9 Crispy Chicken Tacos
Vegetables, Fruits
Milk

10 Steak Fingers
Vegetables, Fruits
Dinner Roll & Milk

11 Pizza
Vegetables, Fruits
Milk

12 Chicken Sandwich
Vegetables, Fruits
Milk

15 Breakfast for Lunch!
Pancake, Sausage &
Scrambled Eggs
Hash Brown, Fruit
Milk

16 Pupusa
Vegetables, Fruits
Milk

17 Chicken Nuggets
Vegetables, Fruits
Breadstick & Milk

18 Baja Fish Sticks
Vegetables, Fruits
Milk

19 Cheeseburger
Vegetables, Fruits
Milk

22 Rotini & Beef
Meatsauce
Vegetables, Fruits
Milk

23 Crispy Chicken Tacos
Vegetables, Fruits
Milk

24 Steak Fingers
Vegetables, Fruits
Dinner Roll & Milk

25 Pizza
Vegetables, Fruits
Milk

26 Chicken Sandwich
Vegetables, Fruits
Milk

29 Teriyaki Beef
Chow Mein Noodles
Vegetables, Fruits
& Milk

30 Pupusa
Vegetables, Fruits
Milk

Our unit lunch consists of all 5 food components placed on the student's tray

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
and 1% White Milk

All lunch rolls, tortillas, rice, pastas and breads contain at least 51% whole grain.



Food and Nutrition Division
National School Lunch Program

Student Lunch:
\$2.50
Adult Lunch:
\$4.60



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