Tomball Independent School District Intermediate Breakfast Menu

Tomball Independent School District Intermediate Breakfast Men				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk	2 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk	3 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk	4 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk	5 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk
8 Solar Eclipse! Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk	9 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk	10 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk	11 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk	12 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk
15 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk	16 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk	17 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk	18 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk	19 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk
22 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk	23 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk	24 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk	25 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk	26 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk





We are now hiring for kitchen jobs!

- Part-time
- · Medical Benefits
- · Daytime Schedule
- Holidays off
- · Weekends off

Visit our website for more details!





Our unit breakfast consists of 3 or more components, at least one must be a fruit.

Food Components Required at Breakfast: Whole Grain Fruits & Milk

All breakfast cereals and pastries contain at least 51% whole grain. 1% White Milk and Fat-Free Chocolate Milk are offered daily.



29 Turkey Sausage

Pancake on a Stick or

Cereal or

Mini Pancake Puffs

Fruits & Milk

Student Breakfast: \$1.50 **Adult Breakfast:** \$3.10

30 Biscuit & Sausage or

Cereal or

Mini Waffles

Fruits & Milk

TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.

Meals are Subject to Change due to **Ongoing Supply Chain** and Staffing Issues





Tomball Independent School District

Intermediate Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Milk

2 Cheese Enchiladas or Chicken Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk

3 Mac & Cheese or Chicken Nuggets or Chicken Popper Salad Tomato Soup, Fruits Vegetables, Milk

Pizza Slice or Baja Fish Sticks or Chicken Popper Salad Vegetables, Fruits Milk

5 Cheeseburger or Corndog or Chicken Popper Salad Vegetables, Fruits Milk Frozen Friday Fun Treat!

SOLA PIL 8TH 20

MENU 2024

Rotini & Beef Meatsauce or Cheesy Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

Beef Tamales or Crispy Chicken Tacos or Chicken Popper Salad Vegetables, Fruits Milk

10 Meatball Sub or Chicken Drumsticks Chicken Popper Salad Vegetables, Fruits Milk

Pizza Slice or 11 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk Frozen Friday Fun Treat!

12 Cheeseburger or

TEXAS

15 Breakfast for Lunch: Pancakes Eggs Sausage or Fruit & Yogurt Plate Vegetables, Fruits Milk

16 Cheese Enchiladas or Chicken Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk

17 Mac & Cheese or Chicken Nuggets or Chicken Popper Salad Tomato Soup, Fruits Vegetables, Milk

18 Pizza Slice or Baia Fish Sticks or Chicken Popper Salad Vegetables, Fruits Milk

19 Cheeseburger or Corndog or Chicken Popper Salad Vegetables, Fruits Milk Frozen Friday Fun Treat!

26 Cheeseburger or

Chicken Sandwich or

Chicken Popper Salad

Vegetables, Fruits

Milk

Frozen Friday Fun Treat!

1% White Milk and Fat-Free Chocolate Milk are offered daily.

Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily.

To add money to a student's account visit:





Rotini & Beef Meatsauce or Cheesy Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

Beef Tamales or Crispy Chicken Tacos or Chicken Popper Salad Vegetables, Fruits Milk

Meatball Sub or Chicken Drumsticks or Chicken Popper Salad Vegetables, Fruits Dinner Roll & Milk

Pizza Slice or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

Food Components: Whole Grain Fruits, Vegetables Milk

All lunch rolls, tortillas, rice, and bread items contain at least 51%

29 Orange Chicken or Egg Roll or Fruit & Yogurt Plate **Chow Mein Noodles** Vegetables, Fruits Milk

30 Cheese Enchiladas or Chicken Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

Meat/Meat Alternate

whole grain



Student Lunch: \$2.75 **Adult Lunch:** \$4.60

TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.

Meals are Subject to Change due to **Ongoing Supply Chain** and Staffing Issues





Intermediate Window Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits

Milk

Cheese Stuffed

2 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

9 Mini Corndogs or

Chicken Popper Salad

Vegetables, Fruits

Milk

Breaded Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk

Breaded Chicken

Sandwich or

Chicken Popper Salad

Vegetables, Fruits

Milk

10

24

4 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

11 Chicken Bites or

Chicken Popper Salad

Vegetables, Fruits

Milk

5 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk

12 Cheeseburger or

Chicken Popper Salad

Vegetables, Fruits

Milk



TEXAS

Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

15 Cheese Stuffed

Breadsticks or

Fruit & Yogurt Plate

Vegetables, Fruits

Milk

Breadsticks or

Fruit & Yogurt Plate

Vegetables, Fruits

Milk

22 Cheese Stuffed

16 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

23 Mini Corndogs or

Chicken Popper Salad

Vegetables, Fruits

Milk

Breaded Chicken 17 Sandwich or Chicken Popper Salad Vegetables, Fruits Milk

Breaded Chicken

Sandwich or

Chicken Popper Salad

Vegetables, Fruits

Milk

18 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

25 Chicken Bites or

Chicken Popper Salad

Vegetables, Fruits

Milk

Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk

26 Cheeseburger or

Chicken Popper Salad

Vegetables, Fruits

Milk

1% White Milk and Fat-Free Chocolate Milk are offered daily.

Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily.

To add money to a student's account visit: www.schoolcafe.com



Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

30 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk

All lunch rolls, tortillas, rice, and bread items contain at least 51% whole grain

Not just a district, a destination

Student Lunch: \$2.75 **Adult Lunch:** \$4.60

TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.

Meals are Subject to Change due to **Ongoing Supply Chain** and Staffing Issues



