



Daily Options:

- Cereal
- Craisins
- Whole Fruit
- Yogurt
- Cheese Sticks

KEY:

-  Served Warm
-  Freshly Prepared



Bellflower Unified School District

























March 2024 Middle & High School Breakfast Menu



Milk Options:

- 1% Milk
- Nonfat Milk
- Nonfat Chocolate Milk

We are an Equal Opportunity Provider. This Menu is Subject to Change Without Prior Notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				¹  Breakfast Fruit Pizza or Muffin
National		School	Breakfast	Week!
⁴  Turkey Chorizo Breakfast Burrito   or Pancake Confetti Bites w/Syrup	⁵  Pork Sausage Sandwich or Vanilla Concha	⁶  Yogurt Bowl or Honey Wheat Breakfast Bar	⁷ Chocolate Donut or  Breakfast Fried Rice 	No School
¹¹  French Toast w/ Apple Glaze or Pancake Confetti Bites	¹²  Breakfast Bites or Vanilla Concha	¹³  Yogurt Bowl or Honey Wheat Breakfast Bar	¹⁴ Chocolate Donut or  Pancake on Stick w/ Syrup	No School
¹⁸  French Toast w/ Apple Glaze or Pancake Confetti Bites w/Syrup	¹⁹  Pork Sausage Sandwich or Vanilla Concha	²⁰  Yogurt Bowl or Honey Wheat Breakfast Bar	²¹ Chocolate Donut or  Pancake on Stick w/ Syrup	²²  Waffle w/ Banana & Syrup Pkt or Cereal Bar Variety
²⁵  French Toast w/ Apple Glaze or Pancake Confetti Bites w/Syrup	²⁶  Breakfast Bites or Vanilla Concha	²⁷  Yogurt Bowl or Honey Wheat Breakfast Bar	²⁸ Chocolate Donut or  Pancake on Stick w/ Syrup	No School