

# High School Breakfast Menu

April 2024



Menu is subject to change without notice.

Contains pork

Vegetarian

For details about ingredients and allergens, please visit LINQ Connect on our website.

Milk: 1% white and fat free chocolate served daily.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1. Pancake Bowl </p> <p>2. Cereal </p> <p>3. Yogurt Parfait </p> <p>Sides: Strawberry Craisins &amp; 100% Juice</p> <p style="text-align: right;"><b>01</b></p>	<p>1. Breakfast Rounds </p> <p>2. Cereal </p> <p>3. Yogurt Parfait </p> <p>Sides: Mixed Fruit Cup &amp; 100% Juice</p> <p style="text-align: right;"><b>02</b></p>	<p>1. Donut Holes </p> <p>2. Cereal </p> <p>3. Yogurt Parfait </p> <p>Sides: Mandarin Oranges &amp; 100% Juice</p> <p style="text-align: right;"><b>03</b></p>	<p>1. Cinnamon Roll </p> <p>2. Cereal </p> <p>3. Yogurt Parfait </p> <p>Sides: Pears &amp; 100% Juice</p> <p style="text-align: right;"><b>04</b></p>	<p>1. Pancake Wrap</p> <p>2. Cereal </p> <p>3. Yogurt Parfait </p> <p>Sides: Applesauce &amp; 100% Juice</p> <p style="text-align: right;"><b>05</b></p>
<p>1. Bagel </p> <p>2. Breakfast Bar </p> <p>3. Sunrise Smoothie </p> <p>Sides: Strawberry Craisins &amp; 100% Juice</p> <p style="text-align: right;"><b>08</b></p>	<p>1. Banana Bread </p> <p>2. Breakfast Bar </p> <p>3. Sunrise Smoothie </p> <p>Sides: Apple Slices &amp; 100% Juice</p> <p style="text-align: right;"><b>09</b></p>	<p>1. Breakfast Pizza</p> <p>2. Breakfast Bar </p> <p>3. Sunrise Smoothie </p> <p>Sides: Banana &amp; 100% Juice</p> <p style="text-align: right;"><b>10</b></p>	<p>1. Glazed Donut </p> <p>2. Breakfast Bar </p> <p>3. Sunrise Smoothie </p> <p>Sides: Pears &amp; 100% Juice</p> <p style="text-align: right;"><b>11</b></p>	<p>1. Egg &amp; Sausage Muffins</p> <p>2. Breakfast Bar </p> <p>3. Sunrise Smoothie </p> <p>Sides: Applesauce &amp; 100% Juice</p> <p style="text-align: right;"><b>12</b></p>
<p>1. Uncrustable Bites</p> <p>2. Mega Muffin </p> <p>3. Yogurt Parfait </p> <p>Sides: Strawberry Craisins &amp; 100% Juice</p> <p style="text-align: right;"><b>15</b></p>	<p>1. Pancake Wrap</p> <p>2. Mega Muffin </p> <p>3. Yogurt Parfait </p> <p>Sides: Apple Slices &amp; 100% Juice</p> <p style="text-align: right;"><b>16</b></p>	<p>1. Breakfast Rounds </p> <p>2. Mega Muffin </p> <p>3. Yogurt Parfait </p> <p>Sides: Banana &amp; 100% Juice</p> <p style="text-align: right;"><b>17</b></p>	<p>1. Cinnamon Roll </p> <p>2. Mega Muffin </p> <p>3. Yogurt Parfait </p> <p>Sides: Pears &amp; 100% Juice</p> <p style="text-align: right;"><b>18</b></p>	<p>1. Breakfast Sandwich </p> <p>2. Mega Muffin </p> <p>3. Yogurt Parfait </p> <p>Sides: Applesauce &amp; 100% Juice</p> <p style="text-align: right;"><b>19</b></p>
<p>1. Mini French Toast </p> <p>2. Cereal </p> <p>3. Pop-Tart &amp; Cheese Stick</p> <p>Sides: Strawberry Craisins &amp; 100% Juice</p> <p style="text-align: right;"><b>22</b></p>	<p>1. Breakfast Burrito</p> <p>2. Cereal </p> <p>3. Pop-Tart &amp; Cheese Stick</p> <p>Sides: Apple Slices &amp; 100% Juice</p> <p style="text-align: right;"><b>23</b></p>	<p>1. Breakfast Pizza</p> <p>2. Cereal </p> <p>3. Pop-Tart &amp; Cheese Stick</p> <p>Sides: Banana &amp; 100% Juice</p> <p style="text-align: right;"><b>24</b></p>	<p>1. Donut Holes </p> <p>2. Cereal </p> <p>3. Pop-Tart &amp; Cheese Stick</p> <p>Sides: Pears &amp; 100% Juice</p> <p style="text-align: right;"><b>25</b></p>	<p>1. Egg &amp; Sausage Muffins </p> <p>2. Cereal </p> <p>3. Pop-Tart &amp; Cheese Stick</p> <p>Sides: Applesauce &amp; 100% Juice</p> <p style="text-align: right;"><b>26</b></p>
<p>1. Bagel </p> <p>2. Mega Muffin </p> <p>3. Power-Up Smoothie </p> <p>Sides: Strawberry Craisins &amp; 100% Juice</p> <p style="text-align: right;"><b>29</b></p>	<p>1. Breakfast Sandwich</p> <p>2. Mega Muffin </p> <p>3. Power-Up Smoothie </p> <p>Sides: Apple Slices &amp; 100% Juice</p> <p style="text-align: right;"><b>30</b></p>			