

Good afternoon Lansingburgh School Community,

Starting Monday, March 18th, 2024, the Lansingburgh Central School District will update and align our student guidelines with best practice recommendations from the US Centers for Disease Control and Prevention (CDC) and New York State Department of Health (NYSDOH) respiratory infections including COVID-19, influenza, and RSV.

Students will no longer be required to quarantine up to 5 days prior to return.

Student can return back to school when, for at least 24 hours, both of the following are true:

- Symptoms are getting better overall, and
- They no longer have a fever without the use of fever-reducing medication.

Respiratory Virus Guidance Snapshot

Core prevention strategies

- Immunizations**: Illustration of a woman with her arm raised for a vaccine.
- Hygiene**: Illustration of a woman washing her hands at a sink.
- Steps for Cleaner Air**: Illustration of a window with a sun and a HEPA air purifier.
- Treatment**: Illustration of an elderly man on a phone next to a pill bottle.
- Stay Home and Prevent Spread***: Illustration of a woman in bed being cared for.

Additional prevention strategies

- Masks**: Illustration of a person wearing a face mask.
- Distancing**: Illustration of two people with a dashed arrow indicating distance.
- Tests**: Illustration of a person using a rapid test kit.

Layering prevention strategies can be especially helpful when:

- ✓ Respiratory viruses are causing a lot of illness in your community
- ✓ You or those around you have risk factors for severe illness
- ✓ You or those around you were recently exposed, are sick, or are recovering

***Stay home and away from others until, for 24 hours BOTH:**

- Your symptoms are getting better
- You are fever-free (without meds)

Then take added precaution for the next 5 days

Further information can be found at [CDC Respiratory Illness website](#), [NYSDOH](#), and on the [Lansingburgh Central School District Health Services page](#) under “Medical Conditions - When to keep a student home.”

With Respect,
Antonio W. Abitabile
LCSD Superintendent