

# Physical Education Waiver

Florida Statute 1003.455 requires the equivalent of one class period a day of physical education for one semester of each school year for students in grades six through eight. The physical education requirement shall be waived for a student who meets one of the following criteria:

- The student is enrolled or required to enroll in a remedial course.
- The student's parent indicates by signing this waiver that:
  - The parent requests that the student enroll in another course from those offered as options by the school, or
  - The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement.

**Please check one of the following options:**

- My child is participating in physical activities outside the school day which equals or is in excess of the mandated requirement and should not be scheduled for physical education for the 2024-2025 school year.
- I do not want my child enrolled in physical education this school year because I want him/her to enroll in a different elective course for the 2024-2025 school year.

**Please sign below and return this form to Indian Trails Middle School no later than April 30th. Students who do not submit a signed waiver form will be scheduled for physical education and wellness education classes for the 2024-2025 school year.**

If you have any questions, please contact your child's ITMS Guidance Counselor at (386)446-6732.

\_\_\_\_\_  
Print Student's Name

\_\_\_\_\_  
Grade (24-25 school year)

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date