

WEEKEND FOOD PROGRAM FLYER



EVERY MEAL
FIGHTING CHILD HUNGER

Weekend Food Program Overview

OUR MISSION FIGHT CHILD HUNGER THROUGH COMMUNITY AND SCHOOL PARTNERSHIPS

Every Meal is a 501(c)(3) nonprofit organization with a mission to fight child hunger through community and school partnerships. We strive to make a difference in children's lives by specifically focusing on food gaps — the times when children aren't at school to access meal programs. Every Meal supports families with programming over the weekends, summers, and extended school breaks.

Providing kids with wholesome food is our focus, and their growth and achievement is at the heart of everything we do.

- **Free for all families**
- No qualifications required for enrollment
- Every Meal does not collect information from families; privacy is protected
- Families may enroll in the program at **any time** throughout the school year
- Volunteers or school staff discreetly place food bags in students' backpacks each week, typically on Fridays

Weekend Food Bag Options: Families may choose from five options structured around the USDA MyPlate standards. All bag types contain 4-5 pounds of nutritious, non-perishable food, including a variety of fruits, vegetables, proteins, grains, and soups/entrees. Bag types are identified by different colors of Every Meal logo.



Blue Bag

Tailored for East African dietary preferences. This bag is pork free and may contain items such as tuna, spaghetti, black eyed peas, corn flour, fava beans, and tomato products.



Green Bag

This bag offers the widest variety of food items, such as chicken, tuna, pasta, rice, mac and cheese, chili/soup, and varied vegetables and fruits.



Orange Bag

Tailored for Latino dietary preferences. This bag may contain items such as rice, black beans, pinto beans, corn flour, fideo pasta, enchilada sauce, chipotles in adobo, and diced chiles.



Purple Bag

Tailored for Southeast Asian dietary preferences. This bag may contain items such as rice, rice noodles, coconut milk, bamboo shoots, curry paste, green beans, and mandarin oranges.



Yellow Bag

Contains all ready-to-eat items which require little or no preparation, such as dried fruit, tuna salad, chicken salad, sunflower seeds, granola, oatmeal, and soups.

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