



# Promoting Good Attendance During the Winter

Every winter, bad weather — fog, strong winds, freezing temperatures or even heavy rains — can present challenges to getting children to school. So do the illnesses such as colds, flu, fevers and earaches that often come with the winter months. Students might also have to stay home due to Covid-19.

## What Can Parents Do?

### 1. Develop back up plans for getting your children to school in bad weather.

- Check to see who can give your children a ride to school if you aren't able to take them or the bus is delayed.
- Talk with your school about forming a “walking school bus” with other families to get students to school safely.

### 2. Keep your children healthy.

- Maintain a regular bedtime and morning routine.
- Ensure students eat a good breakfast every morning, whether at home or at school.
- Ensure your children visit their medical provider and have received their vaccines.
- Stress hand washing, particularly before and after eating, and after using the restroom.
- Reinforce the importance of avoiding close contact with individuals who are sick, and not sharing cups and/or utensils with others.

### 3. Keep your children engaged in learning if they cannot attend school in person.

- Ask your teacher or school for resources that you can use at home to keep your children learning, including computer tablets, internet access and online learning platforms.
- Identify who can support your children's learning at home, especially if you must go to work.
- Encourage your children to call classmates and stay connected to the teacher to find out about what they missed.

To learn more about attendance and strategies that make a difference visit

[www.attendanceworks.org](http://www.attendanceworks.org)