



Strong Attendance Successful Students

Attending school **every day** helps children feel better about school and themselves

These tips can help your child look forward to school!

Connect



- Find an opportunity to connect with your child's teacher by Parentsquare, or in-person to share more about your child.
- Build relationships with other families in your child's class to create a network of involved parents and caregivers.
- Make sure your child's teacher and school know the best way to reach you.

Share



- Ask open-ended questions about your child's day.
- If your child is anxious about school, find time to connect with their teacher to share resources for support.
- Talk about ways that your child can deal with stress like deep breathing and counting.

Nurture



- Set a standard bedtime routine that allows your child to get **at least nine hours of sleep**.
- Set a standard morning routine that allows your child to be independent.
- Schedule non-emergency medical appointments at the start or end of the school day so your child can receive as much instruction as possible.

Daily attendance prepares your child for **life-long learning**.
Join P-BVUSD in celebrating these milestones!