

Local Wellness Policy: Triennial Assessment Summary

Section 1: General Information

School(s) included in the assessment:

All Athens City Schools - 8 Schools

Month and year of current assessment: March 2023

Date of last Local Wellness Policy revision: Sept 15, 2016

Website address for the wellness policy and/or information on how the public can access a copy:

www.acs-k12.org

Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet? 1

Designated School Wellness Leader

Name	Job Title	Email Address
Tandy Blackwell	CNP Coordinator	tandy.blackwell@acs-k12.org

School Wellness Committee Members

Name	Job Title	Email Address
Mike O'Rear	Student Services Coordinator	mike.orear@acs-k12.org
Regina Kyle	Full Tummy Director	fulltummyproject@gmail.com
Laura Smith	Lead Nurse	laura.smith@acs-k12.org
Cody Gross	Lead PE Teacher/Coach	cody.gross@acs-k12.org
Caden Guimarin/ Christina Jones	Senior Students	
Sophia Pouliot/ Esmeralda Lagunas	Junior Students	
Tandy Blackwell	CNP Coordinator	tandy.blackwell@acs-k12.org

Section 3. Comparison to Model School Wellness Policies

Complete the [WellSAT3.0 assessment tool](#) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language
- Other (please specify): WellSat-1

Describe how your wellness policy compares to model wellness policies.

We meet the standards and requirements and promote a healthy lifestyle to our students, employees, and community.

Section 4. Compliance with the Wellness Policy and Progress towards Goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the district local wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
We met and will continue to meet Alabama education standards and USDA regulations and smart snack guidelines.	X			Continue

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
We met and will continue to meet Alabama education standards.	X			Continue

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
We met and will continue to meet Alabama education standards and USDA regulations and smart snack guidelines.	X			Continue

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
We met and will continue to meet Alabama standards and USDA regulations and smart snack guidelines.	X			Continue

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
We met and will continue to meet Alabama education standards and USDA regulations and smart snack guidelines.	X			Continue

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
We met and will continue to meet Alabama education standards and USDA regulations and smart snack guidelines.	X			Continue

Include any additional notes, if necessary: