

COMMUNITY EDUCATION



Photo courtesy of Jon Namyst Photography

Don't miss Cougar Football Camp and many more sports and recreational camps!



CENTENNIAL

SCHOOL DISTRICT 12

CONNECTING. ACHIEVING. PREPARING.

**SUMMER
ACTIVITY GUIDE**

May-August 2024

Making connections within the community to provide learners of all ages with accessible and enriching opportunities

Welcome to Community Education

Centennial Schools is proud to offer community education programs for all ages and abilities. We provide true life-long learning to our residents and beyond in Blaine, Centerville, Circle Pines, Lexington and Lino Lakes.



Time to plan for summer relaxation & enjoyment!

Even though the summer months allow for a bit more relaxation and laidback lifestyle, it still can be beneficial for you to do a little summer planning ahead of time.

Introduce your children to some exceptional experiences

- ◆ More Than Pink
- ◆ Intro to Canoeing on Rice Creek
- ◆ Centennial Centurion Lego Robotics
- ◆ Chess Summer Camp
- ◆ Cougar Sports Camps
- ◆ Centennial Alumni Summer Shakespeare Theater
- ◆ And so much more!

Be sure to put our summer concert series on your calendar!

We have 8 free summer music concerts included in Music on the Lake-It's Golden! With a wide variety of genres and tastes, there's something for everyone!

We also have many adult classes this summer

A little bit of planning right now will help ensure you and your family have the most enjoyable summer to remember!

Check out everything that's available.

Cori Sendle, Director and the Community Education Team



Centennial Community Education

GARAGE SALE!



FREE FOR SHOPPERS!

Saturday, April 27, 9 am-noon
Rice Lake Elementary Gym

Purchase a table to sell items you no longer need or come and shop!
Table cost: \$10 for kids, \$20 for adults. Proceeds will go to the Community Ed financial assistance program. Scan the QR code to register or visit our website.
#8585-W24

So much for you to do... Just look inside!

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Summer Events!



“Try Tennis” Clinic by Tenicity Tennis Program **Saturday, May 4 from 4-6 pm, Free**

In celebration of National Tennis Month, we invite participants ages 5-17 to try tennis and bring along their friends to the new Middle School Tennis Courts! Participants will learn tennis skills, play games, and gain encouragement to play the sport. Location: Centennial MS tennis courts. You must preregister #6223

4-5 pm: ages 5-8 & 9-12 / 5-6 pm: ages 8-12 & 13-17

Come Learn With The Bald Eagle Water Ski Team **Sunday, May 5 Adults & Youth are welcome**

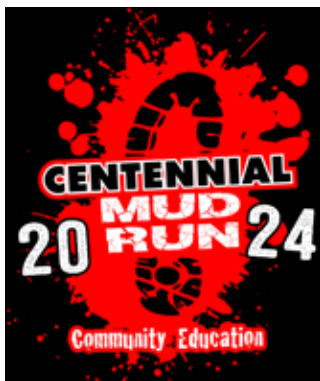
Have you ever wondered what it takes to become a member of a water ski show team? We will teach how to build human pyramids and basic conventional doubles. Our team has skiers ranging in age from 6-60. It's never too late to learn. [See page 13 for details](#)

Music on the Lake - It's Golden **Free concerts Thursday nights at Golden Lake Park**

Co-sponsored by Centennial Community Education and the City of Circle Pines. [See page 6 for details](#)

Food Truck Festival Thursday, August 15

[See back cover for details.](#)



Kids Obstacle/Mud Run **Saturday, August 3**

We are adding some new obstacles and an inflatable big slide! Participants complete multiple obstacles, some easy and some a bit more challenging, and ending with a mud pit! [See page 35 for details.](#)

Community Education Offices

The CE main office & Conference Room

4707 North Rd, Circle Pines-door S14
Entrance remains locked for security purposes. Press the doorbell upon arrival.

Mon-Fri: 8 am-4 pm,
closed non-school days and holidays

Summer Hours June 10-August 30,
Mon-Thur: 8 am-4 pm, Friday: 8 am-noon

Adult English Second Language - ESL

4707 North Road, Circle Pines/Door S14

Early Childhood Center - ECC

575 Birch Street, Lino Lakes/Door C
(Rice Lake Elementary)

Facilities

Use of school district facilities outside of the regular school day are coordinated and reserved through Community Education. Rental fees apply.

Call 763-792-6104 or apply online at communityed.isd12.org/facility-use-rental

Elementaries

BH—Blue Heron Elementary
405 Elm St, Lino Lakes
After hours Door B5

CT—Centennial Elementary
4657 North Rd, Circle Pines/Door S20

CV—Centerville Elementary
1721 Westview Rd, Centerville/Door A

GL—Golden Lake Elementary
1 School Rd, Circle Pines/Door A or B

RL—Rice Lake Elementary
575 Birch St, Lino Lakes
After hours Door B
Follow exterior signs for gym

Middle & High Schools

CMS—Centennial Middle School
399 Elm St, Lino Lakes
After hours Door A12

CHS/West—Centennial High School/West
4757 North Rd, Circle Pines/Door S8/Main
Athletic Entrance Door N40

CHS/East—Centennial High School/East
4881 101st Ln, Circle Pines/Door S3
Most activities will enter through door S4 for offerings this summer (Student Union)

PAC—Performing Arts Center

Community Ed Programs & Staff

For more fun activities, visit us at [Facebook.com/centennial community education](https://www.facebook.com/centennialcommunityeducation)

Directory

Adult/Youth Enrichment

Sharon Sculley, Coordinator

763.792.6106 ssculley@isd12.org

Aquatics & MS Sports

Clare Waddell, Coordinator

cwaddell@isd12.org

Pool Office: 763-792-5240

CE Office: 763-792-6115

Driver Education

Sharon Sculley, Coordinator

763.792.6106 ssculley@isd12.org

ECFE & Centennial Preschool

Sara Ison, Coordinator

763.792.6122 sison@isd12.org

Lynn Dierks, Early Childhood
Specialist

763.792.6133 ldierks@isd12.org

Deb Klausing, Early Childhood
Admin Assist

763.792.6120 dklausing@isd12.org

Brianna Literski,

Early Childhood Specialist

763.792.6111 bliterski@isd12.org

ESL - English as a Second Language

Yue "Pearl" Cheng, ESL Teacher

763.792.5054 ycheng@isd12.org

Facilities

Anne Thomas, Coordinator

763.792.6104 amthomas@isd12.org

Kids Club School Age Child Care

Molly Nelson, Coordinator

763.792.6110 mnelson@isd12.org

Heather Watson, Asst Coordinator
& Inclusion Specialist 763.792.6114

hwatson@isd12.org

Dawn Turnblad

Registration/Billing Admin Assistant

763.792.6193 kidsclub@isd12.org



Community Education Main Office 763.792.6100

Cori Sendle, Director 763.792.6101 csendle@isd12.org

Jennifer Sand, Lead Admin Assistant 763.792.6102 jsand@isd12.org

Erin Berg, Admin Assistant 763.792.6108 eberg@isd12.org

Joy Orcutt, Marketing & Enrichment Coordinator 763.792.6105 jorcutt@isd12.org

Community Education Drop Box

The drop box is available 24/7, and is located directly in front of the visitor parking spaces at the District Offices, just up the ramp on the black door.

Am I registered?

Once registered, you will receive a confirmation receipt in the email tied to your account. If you don't receive a confirmation email, your registration did not go through. You can also find your course details in your Eleyo Account Dashboard under "Current and Upcoming Enrollments!"

Advisory Council Members

Tracie Dewberry, Renee Dietz, Jodi Gadiant, Suzy Guthmueller, Mary Healy, Robyn Hendrickson, Nancy Hiemstra, Olivia Johnson, Thomas Knisely, Peter Knoebel, Gloria Murphy, Liz Paulson, Dorothy Rademacher, Katie Rudek, Jeanmarie Scarr, Kellie Schmidt, Sara Shady, Bruce Woznak

Registration Policies

Five business day notice required for cancellations. Cancellation fee of \$10. No refunds for missed classes. Scholarships available for Centennial School District residents (restrictions may apply) [For full policy and registration info see page 62](#)

Offsite Locations

Advance Therapy, 6776 Lake Dr, Lino Lakes
Austin Park, 4041 85th Lane NE, Blaine
Charliz Balicao Dance Co, 3453 Lake Dr, Circle Pines
Conquer Ninja Gym, 1467 101st Ave NE, Blaine
Golden Lake Park, 67 West Golden Lake Rd, Circle Pines
Hardwood Creek Farm, 2306 80th St E, Hugo
Inner Park, 6A Inner Park, Circle Pines
Laurie LaMotte Memorial Park, 6970 Lamotte Dr, Centerville
Lexington Athletic Complex, 4286 121st Ave NE, Blaine
Nena's Atelier, 434 Hale Ave N, Suite 120, Oakdale
Rice Creek Canoe Launch, Aqua Lane, Lino Lakes
Smoland Prairie Homestead, 11658 WI-70, Grantsburg, WI
Tamarack Nature Center, 5287 Otter Lake Rd, White Bear Township
Tower Park, 1750 Birch Street, Lino Lakes
Wargo Nature Center, 7701 Main St, Lino Lakes





Centennial Community Backpack Program Drive

In 2023 we delivered over 385 backpacks to students in need in the Centennial district. We anticipate the need will be even greater this year.



How can you help?

- ◆ Adopt a backpack (or several)!
- ◆ Go to centennialbackpack.org and fill out the form to adopt backpacks. You will receive a school supply list by the end of June and packed backpacks are due in August (date provided with list). This is a great project for businesses or groups (adult and youth) in addition to individuals looking to help.
- ◆ Donate money or supplies!
- ◆ Go to centennialbackpack.org and scroll down to "how you can help," where you will find a financial donation prompt. Any additional funds leftover after filling backpacks will be used to purchase supplies for classrooms in any Centennial school, including Centennial Middle School, High School and the Pines School, Centennial Area Learning Center (CALC) and Early Childhood Family Education (ECFE).
- ◆ Spread the word! Share our website and Facebook page (Centennial Community Backpack Program) with friends & neighbors... Use your social media for good!

This is a community program operated through Our Savior's Lutheran Church with generous support from other local churches, businesses, Centennial Community Ed, Night to Unite, local foundations, and individuals like you. It is made possible through a dedicated team of volunteers and many generous adopters and donors in the Centennial community. If you are able, please support this valuable program—it makes a real difference to these students and their families.

Work at Centennial

Centennial offers both full-time career opportunities as well as flexible part-time work that fits your schedule. Working for the school district offers phenomenal benefits (position dependent), extensive training and support, and a welcoming family atmosphere. We offer opportunities to work with students of all ages or work behind the scenes. Enrich young lives, help support teachers, work in food service or custodial, work with great people, and build relationships. Learn about our mission and values, then join our team. **Join us in person in the West Learning Commons on July 30, or there is a virtual option as well. A link will be emailed to you. No cost, but please register.**

#8586-A	Tu	July 30	6-7 pm	CHS/West: Learning Commons
#8586-B	W	July 31	6-7 pm	Virtual

Centennial Community Band

Grade 11+

Part of the Centennial Community since 2003



Own a band instrument?

Looking for a place to play?

Come experience the joy of ensemble music making with a wide variety of symphonic band literature, even if it has been a while since you played.

This non-audition band, under the direction of Barry Zumwalde, is comprised of musicians from the Centennial area and surrounding communities.

Instrumentalists are welcome in percussion, low brass, saxophone, flute and double reed sections. Interested musicians are invited to try up to three rehearsals without obligation.

Rehearsals are Tuesdays 7-9 pm in the CHS band room (occasionally in the MS band room). Visit the band website, for further information at centennialcommunityband.org

Performance at Music on the Lake - It's Golden concert series June 13, 7-8 pm.

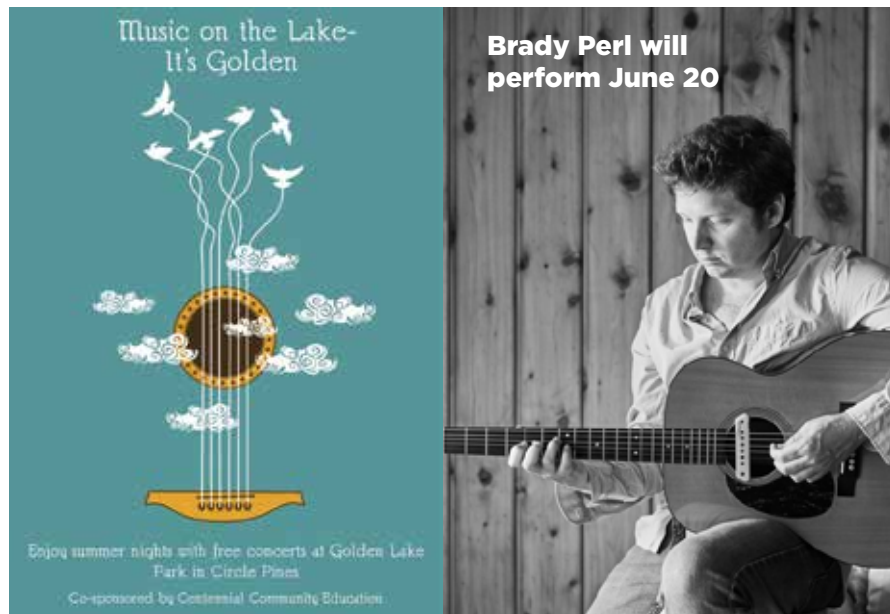


Summer Fun at Golden Lake Park

Music on the Lake – It's Golden!

Enjoy a few summer nights with a free concert Thursdays at Golden Lake Park in Circle Pines

Co-sponsored by Centennial Community Education and the City of Circle Pines.



Centennial Community Band - Thursday, June 13, 7-8 pm

This 60 plus member community band formed in 2003. They work under the direction of Barry Zumwalde and perform several concerts a season.

Brady Perl - June 20, 7-8:30 pm

Brady is an American singer-songwriter performing modern and traditional Americana music based out of the Twin Cities. Performing professionally for over 15 years, Brady Perl is an award-winning local musician, delivering high quality and original material.

Family DJ Dance Party - June 27, 6-7 pm

Join our DJ, Brett of Special Works DJ, who has arranged a playlist full of appropriate songs that are just made for dancing. Songs will span the generations to appeal to all ages. So grab your family and friends and let's bust a groove.

The Floras - July 11, 7-8:30 pm

The Floras are a husband and wife singing duo with decades of performing experience. The constant call of 50s and Americana music has brought them into singing for a living.

The Salsa del Soul Sextet (feat. Frank Rivery) August 1, 7-8:30 pm

Salsa del Soul is a Twin Cities-based ensemble performing various styles of dance music from the Spanish-speaking regions of the Caribbean. The style of music they perform includes Son, Son Montuno, Plena, Cha-cha-cha, Bachata, Merengue, Timba and of course Salsa.

Come early and receive a Salsa dance lesson 5:30-6:15 pm

Learn to Salsa dancing from Carol Brecht-Wiles, Centennial Community Education's dance instructor. Then practice your Salsa dance skills afterwards at the 7 pm Salsa del Soul concert at Golden Lake Park. No pre-registration required. \$5 cash due upon arrival to instructor Golden Lake Park Pavillion

The Holy Rocka Rollaz August 8, 7-8:30 pm

Take an authentic trip back to the fantastic 50s with the Holy Rocka Rollaz as they bring back memories and nostalgia with music from the legends like Elvis Presley, Buddy Holly, Chuck Berry, and Johnny Cash.

The Revolution 5 August 22, 7-8:30 pm

The Revolution 5 is Minnesota's premier Beatles tribute band. Their extensive set list includes hours of Beatles tunes and boasts virtually every chart-topping hit sprinkled with a handful of deeper tracks for the true enthusiast.



STIR KRAZY BAND August 29, 7-8:30 pm

This four-piece band that plays family-friendly classic rock music from the 60s and 90s. They cover everything from Santana, Tom Petty, John Mellencamp, Matchbox 20 and Hootie & the Blowfish





32nd Annual Golden Lake Gallop Saturday, August 10

Join us for the 32nd Annual Golden Lake Gallop on Saturday, August 10 at Golden Lake Park in Circle Pines. The Gallop is open to runners and walkers of all ages. Those who prefer 5K and 10K races, use one or both of the Gallop races to develop different paces. This is a fun run – no age group divisions. Recognition for top three finishers of each gender in the two, four and .5 mile runs. Race check in at Golden Lake Park Pavilion one, 53 W. Golden Lake Rd. Circle Pines. Proceeds help support the Centennial High School Cross Country program.

Gallop Coordinators:
Ryan and Mike Evans

Entry Fees: \$22 with t-shirt
\$12 run only

Please include t-shirt size when registering. To guarantee a t-shirt, participant must preregister at least one (1) week before race. Limited amount of extra shirts available on race day, first come first served. Registrations taken the day of the event; however, preregistration preferred.

#8500 Ages 13+
or ages 12 and under with an adult

4-Mile Run 8:30 am
two times around lake

2-Mile Run/Walk 9:30 am
one time around the lake.

½ Mile Fun Run 10 am Course
runs around Golden Lake Park.
Ages 11 and younger.

Adult Cooking



Summer Snacks & Sippers **ONLINE**



Join Kirsten from her home kitchen in this live online cooking class as she demonstrates a variety of recipes to brighten up your summer, including quick air fryer vegetable-forward seasonal snacks plus a Blueberry-Ginger Shrub and Rosemary Lemon Syrup to liven up your warm weather libations. Extensive handout with additional recipes included. Class is recorded so you can watch when you're able to or cook along at your convenience.

Kirsten Madaus

#4095	W	May 15
	\$24	6:30-8 pm

Cinnamon Swirl Breadmaking & Dining

Join Smoland Prairie Homestead Inn proprietor, Virginia Hennessey, for a quaint rural Wisconsin breadmaking and dining experience. Begin your afternoon or evening by mixing, kneading and preparing your bread. As it rises, enjoy hors d'oeuvres and wine on the porch. Once your bread is ready for the pan and to begin its next rise, your host will serve homemade lunch or dinner. Finally, it's time for the oven. While your bread bakes, enjoy coffee and dessert, and leave with your warm loaf of cinnamon swirl bread and the recipe to make again later. Cost includes all supplies, meal and beverage.

Virginia Hennessey

\$55 Meet at Smoland Prairie Homestead Inn, Rural Grantsburg, WI		
#4078-A	M	June 10
		11 am-2 pm
#4078-B	Tu	June 11
		5-8 pm



Adult Create



Grown Up & Me - Owl Always Love You Painting Youth 6+/Adult 16+ pair

Join us for a fun-filled morning as we create an acrylic painting on two 8" x 10" canvases. This class is designed for two painters, each painting one-half of a masterpiece. Participants enjoy a no-experience-required art class directed by Your Bearded Artist who will guide you step-by-step through recreating Owl Always Love You-My Grown Up & Me. NEW

Jeremy Ross, Your Bearded Artist

#2354 Sa July 20 \$48 10 am-noon
All supplies included CHS/East: Student Union Atrium



Acrylic Pouring Beach Wave Ages 16+ NEW

Join us for a fun evening learning how to create fun and easy fluid art. Instead of paint brushes we will use gravity to move the paint and different techniques to create two ocean-inspired pours. It's a lot of fun (and somewhat addicting) and a great way to spark your creative energy. You will create two 8" x 8" canvases and transport them home in a provided tray. Your final piece will change during transportation and when it is completely dry.

Palette Up!

#2349 W July 17 \$50
7-8:30 pm CHS/East: Rm 111

Easy Lavender Days Painting NEW

Join us for a fun-filled evening as we create an acrylic painting on a 16" x 20" canvas. Participants enjoy a no-experience-required art class directed by Your Bearded Artist who guides participants step-by-step through recreating Easy Lavender Days.

Jeremy Ross, Your Bearded Artist

#2353 Tu June 11
\$45 6-8 pm
All supplies included
CHS/East:
Student Union Atrium



Soap Making

Learn to make soap using the cold process method that has existed for thousands of years. Participants receive a teaching manual that includes an ingredient list, equipment list, recipe, method for soap making, and sources for essential oil, ingredients, and equipment. Participants will also take home a silicone mold and soap to fill the mold.

John Hanson, owner/maker of Longfellow Soap Company has been making soap for 13 years and selling soap and teaching for ten.

#2332-B Tu May 14
\$60 6-8:30 pm
CHS/East: Rm 140
Woodshop



Outdoor Barn Quilt Painting Class NEW

Grab your friends and family and gather to create a beautiful barn quilt pattern on 24" x 24" treated plywood. These are perfect to hang outdoors on your home, barn, or fence. Choose your own design from a variety of patterns and get creative by selecting your own color palette.

Aryn Lill, The Blue Fox

#2353 Fri July 26
\$100 10 am-2 pm
Golden Lake Park





Adult Dance & Theater



Salsa Dance Lesson

Thur, August 1, 5:30-6:15 pm

Learn to Salsa dancing from Carol Brecht-Wiles, Centennial Community Education's dance instructor. Then practice your Salsa dance skills afterwards at the 7 pm Salsa del Soul concert at Golden Lake Park. No pre-registration required. \$5 cash due upon arrival to instructor
Golden Lake Park Pavilion

Private Guitar/Ukulele & Vocal Lessons

All ages and skill levels

Whether you're a beginner just getting started or a player looking to take your skills to the next level, work one-on-one with instructor and musician Brady Perl, in half-hour lessons. Lessons are tailored to each participant's needs and interests, and will cover skills like guitar/ukulele chords, rhythm, singing, songwriting, songs, harmonica, performance, and music theory.

Please identify preferred half-hour lesson time and if a vocal or what instrument when registering. Students need to bring their own instrument.

Brady Perl is a full-time musician with over 15 years of professional experience teaching lessons and performing live gigs.

Lessons are held Mondays between 11:30 am-2:30 pm and 3-6 pm

#5202-A June 10-24 \$79
3 lessons CHS/East: Rm 119

#5202-B July 1-29 \$132
5 lessons CHS/East: Rm 119

#5202-C Aug 5 & 12 CHS/E: Rm 119
4 lessons Aug 19 & 26 RL/ECC: Rm 101
\$106

Centennial Alumni Shakespeare Theater (C.A.S.T.)

Entering Grade 6-Adult

All ages and experience levels are welcome from middle school to adult. This summer we will be performing two one-act versions of Twelfth Night and The Two Gentlemen of Verona. Don't be nervous about doing Shakespeare as we accommodate and teach all levels of experience, and each play will have non-speaking and speaking roles, so don't be intimidated!

Eric Webster and Shanan Custer, Pickaline Production

11 sessions plus dress rehearsal and performance \$150 PAC

#2265 M-F July 15-26 10 am-noon

Dress Rehearsal July 26 2 pm

Performance July 26 6 pm

Friends and family are invited to attend either or both events



Age 55+ Driver Discount Program

The Driver Discount Program is a state approved, accident prevention/insurance discount class. Classes are taught by a MN Highway Safety & Research Center certified instructor. Participants will be provided the latest information in regards to driver and traffic safety, new vehicle technology and updates with traffic laws. This class has something for everyone.

Those completing the course qualify for a 10% discount on their auto insurance premiums for three years.

MN Highway Safety & Research Center Instructor

4-Hour Refresher

#8101 M June 24
\$24 1-5 pm
RL/ECC: Rm 101

Centennial Community Education

GARAGE SALE!

FREE FOR SHOPPERS!

Saturday, April 27, 9 am-noon

Rice Lake Elementary Gym

See page 2 for details

Adult Education & Finance



Level Up Your Genealogy 1 Intermediate Class

MyHeritage and Ancestry are some of the biggest research sites, but what do you do when they do not have the information that you are looking for? This course covers how to use the Family Search Catalog, working with autosomal DNA for known and unknown family lines, and other repositories to use beyond the large genealogy platforms.

Jennifer Shaffer, of the Formidable Genealogist, member of Assoc of Professional Genealogists

#2334 M May 6
\$30 6:30-8 pm
RL/ECC: Rm 101

Photo Organization Print & Digital

Imagine all your photos all in one place and a system that allows you to access any photo and movie in seconds. Learn about scanners for copies and repair of older prints and slides, and cloud storage services - owning versus renting. Discover everything you need to know to complete this project and quickly. Never worry about losing another photo again.

Kathy Povolny, over 25 years of experience instructing on this topic

#3512-B Tu May 21
\$19 6:30-8:30 pm
RL/ECC: Rm 101

Local Photography Outings

With Don Tredinnick, professional photographer, and owner of Frozen Hiker Photography

It's a Small World - Macro & Close-Up Photography Saturday, July 13

Did you know bees have fur? When we look closer at the things around us a whole new world opens up. Using our cameras to photograph subjects close up allows us to create amazing photos of things that we walk by every day. These can be flowers in the garden, berries on a bush, vegetables in the garden, insects, moss, etc. Macro and close-up photography allows us to capture the fine details of the world around us. What is even better is that this type of photography can take place at any time of the day. During this class, we will discuss some of the techniques that we can use to capture some fantastic close-up images. There will be plenty of hands-on exercises to help you feel confident that you will be able to continue to capture close-up images on your own. Contrary to what YouTubers have to say, you don't need a lot of specialized equipment or lighting to take these types of photos. Certainly, things like macro lenses help, but great results are possible using a telephoto zoom lens or making use of extension tubes. As part of the class, Don will discuss equipment and demonstrate its usage.

We will start the day at Rice Lake Elementary from 9-10:15 am, then we will head to Wargo Nature Center for the remainder of class.

#8705-A Sa July 13 \$45 9 am-noon

Photographing Late Summer Flowers Saturday, August 10

One of the best times of year to photograph flowers is the month of August. There are so many different subjects to choose from, and the colors can be so vibrant. The fun part is that there are so many interesting ways to photograph flowers. We can take a wide landscape approach, isolate a small set of flowers, capture close-ups, capture motions, use flowers as an accent for another subject and so much more. The possibilities are endless. This class is for all levels of photographers and levels of equipment. Yes, even cell phones can be used to capture great images of flowers. Directions and meeting location will be sent upon registration.

#8705B Sa Aug 10 \$30 9-11 am Tamarack Nature Center





Wild Mushrooms 101 NEW

Are you interested in learning how to identify and forage for wild mushrooms? Join mushroom identification and foraging expert, Ariel Bonkoski, for a class on basic mushroom knowledge, how to identify your wild mushroom finds, learn about some common edible mushrooms in our area, as well as toxic species to know, and how to continue your mushroom journey. You will have some hands-on experience with wild mushrooms that Ariel will bring. Please bring paper and pen to take notes if you wish.

Ariel Bonkoski

#4096 Tu June 25 5-7:45 pm
\$37 RL/ECC: Rm 101

How to Pay for the Nursing Home An Attorney's Perspective

We all come into the world with nothing and leave with nothing. The biggest fear for most baby boomers is how to pay for the nursing home and still leave the next generation something. With ever changing estate planning laws and great increases in nursing home costs, the fear is real. In today's world you need to understand what your options are. Is long term care insurance for you? What about home care? Should you gift your money away? Will you qualify for Medicaid? What about a current Trust, does it avoid the nursing home? What is the 60-month claw back? What if your spouse goes into the nursing home and exhausts your combined money? We'll discuss this and more, including how to plan and place your assets to meet your nursing home goals. A Zoom link will be sent to the email used for registration.

Steve Ledin, Attorney

#3060 M July 22 6:30-8 pm
\$16 individual or couple
RL/ECC: Rm 101

How to Retire ONLINE An Attorney's Perspective

You work your whole career with the goal of someday retiring. This seminar covers the crucial years leading up to your retirement date, the active years of your retirement, and the winding down of your retirement years. Subjects will include:

- ◆ Estate planning while working, during retirement and at the end of life
- ◆ When to take your Social Security
- ◆ Key financial products and service available in the market (Medicaid compliant annuities, Long Term Care Insurance, Life Insurance Long Term Care Riders)
- ◆ What to look for in a professional (Financial Advisor, CFP, RIA, Fiduciary)
- ◆ The final plans before the end, what can be too little too late.

A Zoom link will be sent to the email used for registration. Please bring your questions, this class is an interactive forum.

Steve Ledin, Attorney

#3019 M May 13 6:30-8 pm
\$16 individual or couple

Social Security Claiming Facts & Filing Strategies

How do I maximize my Social Security benefits? Explore claiming rules and strategies for couples, divorcees and widowed-surviving spouses to show you how to get the most out of your Social Security benefit. Discuss the important role Social Security plays in your overall retirement planning, ways to maximize your benefits and how to avoid becoming a victim of the "Widow Trap". You should attend if you are within 10 years of retirement.

Charles Taylor, owner of Four Points Advisory, LLC. Investment and advisory services offered through World Equity Group Inc., member firm of FINRA/SIPC

#3012 Tu June 4 6:30-8 pm
\$16 individual or couple
RL/ECC: Rm 101

4 Successful Strategies To Protect the House, Farm or Cabin ONLINE

The Concern: Our family has a cabin, homestead, hunting land, farm or second home. How do we protect this family legacy and move its use and enjoyment in the future?

The Problem: Various sources and forces threaten its very existence.

The nursing home and Medicaid (MA), estate taxes, family divorces, creditor and bankruptcy issues, taxes and operating expenses, unequal resources of owners, the in-laws, and use and enjoyment equality.

The Answer: We will provide real-life solutions and explore four paths to resolution that will solve our problems without driving the family apart or sacrificing the family's legacy asset.

A Zoom link will be sent to the email used for registration.

Steve Ledin, Attorney

#3077 M Aug 12 6:30-8 pm
\$16 individual or couple



Medicare 101

Planning for Medicare is intimidating. If you or a family member is nearing the age of 65, you should plan on attending this course to learn the basics of what Medicare is, how it works, how to avoid penalties, and what you need to know to prepare yourself for this process.

Charles Taylor

#3061 Tu June 11 6:30-8 pm
\$16 individual or couple
RL/ECC: Rm 101

Adult Health & Fitness

For online classes, a Zoom link will be sent to the email used for registration.

Boot Camp/Core Fitness

Morning Class

Open to all Fitness levels

Classes will train both cardio and strength using timed, high-intensity intervals. There will also be a focus on building core muscle groups while improving posture through a variety of exercises that strengthen the abdomen and back muscles and increase flexibility. Modifications will be offered to assure success for all participants.

Barb Iacarella-Fudali, Personal Trainer, Pilates Reformer Specialist and Instructor

Mon/Wed/Fri 5:30-6:15 am
CHS/West: Rm 607/Fitness Studio

#6932-A May 1-31 No class May 27
13 sessions \$72

#6932-B June 3-28 No class June 19
11 sessions \$60

#6932-C July 1-31
14 sessions \$77

#6932-D Aug 2-30
13 sessions \$72

De-Age Your Brain ONLINE

Current research shows diet and lifestyle have a big effect on how the brain ages. Cognitive function, which covers all aspects of thinking, reasoning, and perceiving, can improve. And the very good news is no matter what your age, there are things you can begin to do today to improve how quickly and effectively brain cells communicate with one another. Discuss which 'super foods' reduce the damaging effects of inflammation and toxins on the brain and which nutrients are great for improving memory, attention, processing information and reducing stress. Learn simple, easy to implement strategies to help your brain stay healthy and alert.

Janice Novak, master's degree in health & physical education

#6397 Tu May 14
\$26 6-7:30 pm



Seated Abdominal Strengtheners That Won't Stress Your Back or Neck ONLINE

Abdominal muscles weaken and lose shape due to past pregnancies, surgeries, sitting at a desk all day, being sedentary and poor posture. Learn a series of extremely effective exercises to quickly strengthen all four layers of abdominal muscles, without stressing back or neck joints and without getting on the floor. Common abdominal exercises like crunches can place too much stress on back and neck joints.

Janice Novak

#6309 Tu May 21
\$26 6-7:30 pm

Acupressure & Other Tools for Women 35+ ONLINE

Acupressure is an ancient healing art that can offer great relief, with no side effects, from symptoms such as hot flashes, mood swings, bloating, headaches, irritability, nausea, insomnia, anxiety and even weight gain. Learn which points balance hormone levels naturally, including thyroid hormones. Acupressure is a wonderful self-help tool that will help you feel your best. We will discuss breathing techniques, nutritional musts, and more.

Janice Novak

#6313 W June 5
\$26 6-7:30 pm

Foot Care Clinic

We are hosting Jessica Lyall, a mobile nurse specializing in foot care, to provide private, individual, 45-minute foot care sessions.

Some of the services Jessica can provide include toenail trimming, filing down thick nails, removing corns, filing calluses, diabetic foot assessment, circulation assessment, fungal nails, non-infected ingrown nails, performing a shoe assessment if needed, and making any recommendations for certain skin conditions or foot ailments.

Jessica does not sell any products but can make recommendations for various products if needed. The room we are utilizing will be designed to provide privacy.

If you have any questions in advance of registering for a session, please contact Community Education and we can pass along any specific inquiries to Jessica if needed.

Jessica Lyall, BSN, RN, PHN, CFCN, has obtained additional training in foot and nail care for healthcare providers, Certified Foot Care Nurse, MN Public Health Nurse

Sat July 27 \$65
CHS/West: Rm 707

#6098-A 9-9:45 am
#6098-B 9:45-10:30 am
#6098-C 10:30-11:15 am
#6098-D 11:15-noon
#6098-E 12-12:45 pm
#6098-F 12:45-1:30 pm



Adult Recreation & Sports



Come Learn With The Bald Eagle Water Ski Team Sunday, May 5

Adults & Youth are welcome

Have you ever wondered what it takes to become a member of a water ski show team? There are multiple positions on and off the water. It takes a team to pull together and perform our shows for our community and to be the main attraction of cities across Minnesota all summer long. We will teach how to build human pyramids and basic conventional doubles.

Our team has skiers ranging in age from 6-60. It's never too late to learn. Wear comfortable leggings or jogger style pants and a T-shirt, or similar comfortable fitting shirt.

#6112 \$5/person 3-5 pm
CHS/East: Gymnastics Rm

Intro to Pickleball Clinic

Come check out what this sport is all about! Learn how to effectively hit the ball, maintain a rally, keep score, the rules and basic game play. At the end of this clinic, players will have the foundational knowledge and skills to start playing pickleball. Bring equipment if you have it; otherwise, we'll have a few paddles available to use.

Dean Kramar and Ted Hogan

Tower Park 6-7:30 pm \$16

#6028-A	W	May 1
#6028-B	W	May 8
#6028-C	Su	May 12
#6028-D	Tu	May 14
#6028-E	F	May 17

Intermediate Pickleball Clinic

This clinic is for players that already know the game of pickleball. Learn how to be a more strategic player. You'll gain a greater ability to force your opponents to make a mistake by learning how to hit un-attackable shots and by developing a third shot drop. You'll also improve your soft game at the "winner's line" and learn how to effectively use the block volley. Plus, we will teach you advanced doubles play strategies while giving you constructive in-game coaching advice. Players will need to have their own equipment.

Dean Kramar and Ted Hogan

Inner Park	6-8 pm	\$25
#6070-A	Tu	June 4
#6070-B	W	June 19
#6070-C	Th	June 20
#6070-D	Su	June 23



Golden Lake Gallop Saturday, August 10

See page 7



English as a Second Language

Learn English with our help!

English language classes are offered for free **right here at Centennial** to support adults who may be immigrants or refugees. The curriculum is designed to fulfill learner's practical needs by teaching everyday language focuses on survival skills and everyday living. Students are welcome to join anytime throughout the year. Contact Centennial Community Education, 763-792-5054 for class information.

Adult Basic Education

Centennial Adult Continuing Education has combined with Metro North Adult Basic Education to provide free classes for adults.

- ◆ Earn a high school diploma
- ◆ Prepare for the GED test
- ◆ Study for United States citizenship
- ◆ Build basic skills in math, reading and writing
- ◆ Gain basic computer skills
- ◆ Prepare for college
- ◆ Develop workplace skills

For more information

For more information and class locations in the north metro area, call Metro North at 763-433-4200 or visit www.metronorthabe.org

Trips & Outings

Trips depart from The Rookery Activity Center in Lino Lakes

Unless otherwise listed. All return times are approximate. No refunds after registration deadline.



Chanhassen Dinner
Theater presents

Beautiful: The Carole King Musical Wednesday, May 15

The soundtrack of a generation inspired this Broadway smash hit! For nearly six years, Beautiful: The Carole King Musical thrilled Broadway audiences with the inspiring true story of Carole King's remarkable journey from teenage songwriter to Rock & Roll Hall of Fame music legend. As a woman in the music industry, King broke barriers and became one of the most prolific songwriters of our time.

Carole King wrote hits for the biggest music acts from The Shirelles to The Righteous Brothers - then recorded her Grammy-winning masterpiece, Tapestry. The musical takes you on a joy-filled, emotional ride of a lifetime. Featuring over two dozen hits including "One Fine Day," "The Locomotion," "So Far Away," "Natural Woman," "You've Lost That Lovin' Feelin'," and "Will You Love Me Tomorrow," this Tony and Grammy Award-winning musical is filled with the songs you remember and a story you'll never forget. A huge cast of singers and dancers bring more than 24 of her greatest hits to life in a triumphant celebration.

Registration deadline is Tuesday, April 16. Trip includes motor coach, play, and lunch. Dessert is on your own.

#8700 \$109 9:45 am-4 pm

Duluth Vista Fleet Cruise & Lunch Tuesday, June 18 or Thursday, June 20

Enjoy Duluth this summer! Both on the way up and on the way back, we'll make a stop at Tobies in Hinckley (on your own), apple fritters, cinnamon rolls, ice cream and more! Time permitting our first look at Duluth will be on the Skyline Drive overlooking the city and Lake Superior. We'll then board the Vista Star for just over an hour harbor cruise. Lunch will be at the Blackwoods Restaurant. Choose between a chicken pot pie or meatloaf, mashed potatoes and gravy. Each come with cornbread and a non-alcoholic beverage. We will leave Duluth at 3:30 pm.

We know this will fill up fast, so there are 2 dates to choose from, June 18 and 20. The itinerary is identical. Trip includes motor coach, harbor cruise, and lunch. Registration deadline is Friday, May 10.

\$115 8 am-6:30 pm

#8703-A Tu June 18
#8703-B Th June 20

MN Twins Baseball Game

Wednesday, July 24

Come out and cheer on our boys of summer, as the MN Twins take on the Philadelphia Phillies. Our seats are in section 203, along the first base line. We do have some accessible seats available, please let us know if you need to reserve an accessible seat. We plan to arrive around 11:15 am for the noon game, so you'll have some time to explore before the game begins. We will depart after 10 innings if the game runs long. Youth with an adult are welcome to attend. Fee includes transportation and game ticket. Registration deadline is Monday, June 24.

#8702 \$68 10:30 am-4:30 pm



Millner Heritage Vineyard & Winery

Tuesday, August 20
21+

Enter into the Millner Heritage Vineyard and Winery in Kingston, MN with us. This European-style winery was designed, built and operated by the Millner family. Learn about the cold, hearty grapes they grow, take in the view of the nine-acre estate, and hear and see their wine-making process. After our tour, we will have lunch at the vineyard, which will include a chicken entrée, potato, vegetable, bread, coffee and cookie. During the meal service, we will enjoy a wine-tasting presentation. You will have time to make personal purchases from the winery. On our way home, we will make a stop at the retail building for Deer Lake Orchard where we can purchase a variety of apples, fresh pies, caramel treats and more. Registration includes transportation in a motor coach, guided tour and lunch. Dessert is on your own. Registration deadline is July 12, no refunds thereafter.

#8704 \$96 9:45 am-4:15 pm





Door County **October 7-10**

Enjoy a trip to Door County. We'll stay three nights at the Best Western Maritime Inn in Sturgeon Bay, Wisconsin.

Monday: Board the bus at 7:30 am.
Lunch is included in Wausau, as well as dinner.

Tuesday: We'll meet our Door County guide and board the Washington Island Ferry in Northport and take the five-mile ride across the once-treacherous waters of Death's Door where Green Bay and Lake Michigan meet. Once ashore on Washington Island, embark on a tour with sightseeing hosted by the 600 residents who call the island home. Visit some attractions. We'll ferry back to Northport and visit the Lavender Shop in Ephraim. Lunch and dinner included.

Wednesday: Take a guided tour of the hand-carved Norwegian Bjorklund Chapel. Have lunch at Al Johnson's Restaurant. This unique complex of buildings from Sweden invites exploration. The sod roof is kept well-trimmed by goats. Tour Eagle Bluff Lighthouse. It is perched on a bluff 76 feet above Green Bay's glistening waters. Hear stories of the keepers who manned the light from 1868 to 1926. It is furnished with original and authentic period antiques. Spend the evening at Peninsula Players Theatre. It is America's oldest professional resident summer theater.

Thursday: Before heading home, tour the Door County Maritime Museum. It covers the history of boat and shipbuilding for over 150 years, and contains antique ship equipment, recovered sunken artifacts and other sailing items, logs and charts. Lunch is included. We'll be home early evening.

#8700 \$1,075 (2 per room); \$1,360 (1 per room)
A \$200 deposit is due by June 21. No refunds after this date.

Final payment is due July 19.
Breakfast at the hotel is included.

Rooms have 2 beds.
If you need a handicap room, please let us know.

Travel insurance is available through Travel Guard.
1-800-826-1300 or online at www.Travelguard.com

Branson Spring 2025

April 21-26, 2025

Join us for a trip to Branson, often coined the "Live Entertainment Capital of the World!"

Day 1- Travel to Independence, MO lunch included in Des Moines, dinner and overnight at the Drury Inn

Day 2- Travel to Branson in time for lunch, included, afternoon and evening show. Overnight accommodation in Branson. Breakfast included.

Day 3- More shows and a bit of shopping

Day 4- Morning show with lunch and travel back to Independence MO, dinner and overnight at the Drury Inn

Day 5- Return home, lunch included

Watch for full details and registration information in the Fall Activity Guide.



Local Photography Outings

With Don Tredinnick, professional photographer, and owner of Frozen Hiker Photography

See page 10

SENIOR EXPO

and wellness fair

MAY 16, 2024

9 AM - NOON

ST. GENEVIEVE PARISH CENTER
6995 CENTERVILLE RD
CENTERVILLE



No Cost
for
Attendees!

Resources for a vibrant life!

Vendor Booths, Health-Screenings,
Prescription & Sharps Collection,
Prizes, Fun and More!

PROUDLY HOSTED BY THE:



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Youth Academics

GRASP

GRASP is a 9-week correspondence program designed to help students just finishing grades K to 8 to help review and maintain reading and math skills learned during the school year while they are on summer break. It should take your child approximately one hour per week to complete each weekly lesson.

We suggest parents order the grade level your child is currently attending (not a grade level ahead). If there are extenuating circumstances, order the grade level that is appropriate for your child. You can view sample pages at grps.org.

Lessons are completed, mailed or dropped off at Centennial Community Education, where they are scored and then returned. Instruction sheets found in each packet provide all the necessary information.

All lessons must be submitted or postmarked no later than Monday, August 14.

Students who have successfully completed at least 7 lessons with 70% or higher accuracy are awarded a certificate.

Those that successfully complete all lessons with 70% accuracy or higher will receive a medal.

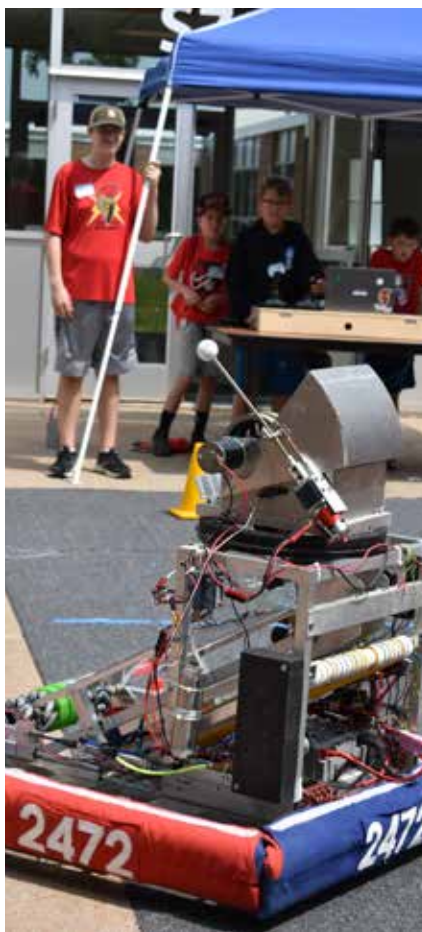
Medals will go home with Centennial students through school upon return in the fall. Medals and certificates for non-Centennial students will be mailed.

All materials will be sent home with Centennial students the last week of school. For elementary students, please include your child's current teacher's name when registering.

Grades 6-8: Will complete GRASP lessons online - no books or scoring sheets. All information will be communicated via email from GRASP directly with log in information.

#7600 \$26/one subject
\$48/both subjects

Bundle must be for the same child
Registration deadline Friday, April 26.



It's a Robot Party Entering Grades 2-6

Join Centennial High School's Robotics Team, the Centurions, for a fun-filled morning of robot-themed activities. Students will have various hands-on experiences with all aspects of building a robot - including programming, driving, design, build, and media - all while being mentored by the diverse young people of FRC Team 2472. Of course, no robotics meeting would be complete without a snack! Proceeds help support the Centurions Robotics Team.

Centennial Centurions Robotics Leaders

#7506 Th June 6
\$35 9 am-noon
CHS/West: Rm 401

Centennial Centurion LEGO® Robotics

Entering Grades 3-8

Centurions will teach students STEM skills through building and programming robots.

Leaders from the Centennial Robotics high school team, the Centurions, will be sharing their expertise. They will work with small groups of 2-3 students that will each have their own LEGO® SPIKE prime kit.

They will develop mechanical, electrical, and programming skills. These skills will be put to the test in fun and competitive robot battles.

Similar skills will be covered in each class, but you can register for multiple classes if you would like.

Centennial Centurions Robotics Leaders

2 sessions \$65 9 am-1 pm
CHS/West: Rm 401

#7502-A Th/F June 27-28
#7502-B Th/F July 18-19
#7502-C Th/F Aug 1-2

Jr Animal Crossing Engineering Camp

Ages 5-9

Get ready for an exciting journey into the world of science, technology, engineering, and mathematics (STEM) with our camp. Inspired by the video game "Animal Crossing: New Horizons", you will hunt down insects, fish in the ocean, and make new friends on your island. Fun, hands-on activities include building shelters, bridges, making tools like shovels and fishing rods, and even a light-up bug.

Engineering for Kids

#7811 M-Th June 24-27
4 sessions \$178 9 am-noon
CHS/East: Rm 117

**Please bring a nut-free snack and beverage
to all summer classes**



3D Printing Minecraft Creations

Entering Grades 4-8

3D printing and Minecraft are two of the most exciting things around. Camp is designed for those who have no or limited experience with 3D printing and is ideal for those who like to draw, design, and see their creations come to life. Learn the ropes of 3D modeling and printing. Use Tinkercad to design basic Minecraft creations from scratch using the Engineering Design Process and choose two to print in camp to take home. To allow everyone time to print their creations, items may have to be scaled down to allow printing during camp time. Participants must be comfortable using a laptop and mouse to design their creations.

Engineering for Kids

#7683 M-Th June 24-27
4 sessions \$178 1-4 pm
CHS/East: Rm 117

Lightning Thief Engineering Camp

The demigods have come together to train at Camp Half-Blood. Inspired by the first Percy Jackson book "The Lightning Thief", participants use the engineering design process to recreate objects and transform themselves into modern-day heroes. With new and exciting activities each day, participants learn to solve problems, work as a team, and unleash the hero within. Explore different engineering fields and make a light-up bolt, cast in stone, flying shoes and more.

Engineering for Kids

#7812 M-Th July 8-11
4 sessions \$178 9 am-noon
CHS/East: Rm 117



Jr Camp Fancy

Who loves being fancy? Fancy is for everyone. Turn plain into exquisite. Make blah things something chic, just add a little fancy, and voila, life's fantastique. Go glamping indoors while being introduced to STEM (science, technology, engineering and math). Build a fort, LED light stick, lip-gloss, fancy slime and more in this fun and fabulously fancy camp. On the last day, we'll have a pajama party and enjoy some fancy s'mores.

Engineering for Kids

#7813 M-Th July 8-11
4 sessions \$178 1-4 pm
CHS/East: Rm 117

Jr Phineas & Ferb's Ingenious Engineers Camp

Welcome to Phineas & Ferb's Ingenious Engineers Camp, where creativity knows no bounds. Inspired by the adventurous spirit of Phineas Flynn and his stepbrother Ferb Fletcher, this camp is a one-of-a-kind experience for young minds eager to explore the world of invention and engineering. Campers will embark on a journey of imagination, innovation, and of course, endless fun. Make your own robot-inator, a doodle-inator and more.

Engineering for Kids

#7814 M-Th July 22-25
4 sessions \$178 9 am-noon
CHS/East: Rm 117

World Games Engineering

The competition is heating up with the Engineering For Kids World Games. Participants will compete for the gold as they take on exciting engineering challenges related to the greatest athletic competitions. Explore a wide variety of science and engineering concepts related to soccer, skateboarding, archery, golf and more while applying EFK's Engineering Design Process. Get ready to step up to the podium as we declare victory in inspiring the next generation of engineers. Build a bow & arrow, mini golf course, fingerboard and more.

Engineering for Kids

#7815 M-Th July 22-25
4 sessions \$178 1-4 pm
CHS/East: Rm 117

Exploring Cinematography

Begin a moviemaking adventure with Exploring Cinematography, a brief yet captivating summer camp designed to unleash the filmmaker within. Tailored for participants interested in the art of film and the science of cinematography. Dive into hands-on experiences to learn the art of storytelling through a lens, enhance your acting skills, and master the magic of video editing. This one-of-a-kind experience will empower you to bring your creative visions to life. Join us for Exploring Cinematography, where every frame is a step closer to your cinematic expression.

COR Robotics

#2339 M-W June 10-12
3 sessions \$89 9 am-noon
CHS/East: Rm 116



Design Your Own T-Shirt

Entering Grades 3-9

Have you ever wanted a T-shirt with your very own design on it? Now's your chance. Participants will work to design their own custom T-shirt using digital graphic design tools. A professional screen-printing company will turn the design into a real-life T-shirt and ship it to your house. Experienced instructors will teach participants how to run the software and guide them as they turn their visions into a reality.

COR Robotics

#2850 Th June 13 9 am-noon
\$50 includes shirt & shipping
CHS/East: Rm 111

Drone Racing

Entering Grades 3-9

Learn how to fly like the pros in the Drone Racing League by training on a flight simulator. Once you learn the basics of flying, assemble your very own drone that you can choose to take home after camp. After learning drone safety and maintenance, participants will take their drone to the skies and compete in numerous races and challenges. Led by experienced instructors, participants will leave camp with the skills and knowledge to pilot their drones and keep them running. The drones used in camp have cameras and are perfect for entry level pilots.

COR Robotics

#7570 M-W July 8-10 9 am-noon
3 sessions \$89 take your drone home
for an added \$50
CHS/East: Rm 116

SkyLens Workshop

Entering Grades 4-10

SkyLens Workshop is an exhilarating camp where young photographers explore the realm of aerial imaging using photography drones. Guided by experienced instructors, participants learn drone piloting, capture stunning videos and pictures from the skies, and delve into digital editing on computers. Through hands-on activities, participants unleash their creativity, mastering the art of composition and storytelling from above. Join us for an unforgettable journey where the sky becomes the canvas, and every frame is a new perspective waiting to be captured and edited to perfection.

COR Robotics

#7771 M-W July 8-10 1-4 pm
3 sessions \$89 take your drone home
for an added \$50
CHS/East: Rm 116

Intro to Game Design

Entering Grades 3-9

If you like playing video games, you'll love designing them. Trained instructors will teach participants how to program their own video games, using an engaging program called Kodu. They will create their own world, populate it with characters, and then play the games they create during camp. Participants will learn important programming skills while having tons of fun, with no prior experience needed.

COR Robotics

#7793 M-W Aug 5-7
3 sessions \$89 9 am-noon
CHS/East: Rm 116

RC Wars

Entering Grades 4-10

In RC Wars, teams will build their own remote-controlled vehicles to race and battle against other teams. You'll design vehicles to not only be faster and stronger than other teams' creations, but also better than purchased RC cars and drones. RC Wars will feature land and air races, obstacle courses and more as participants learn mechanical and electrical building skills in an energetic and exciting environment.

COR Robotics

#7770 M-W Aug 5-7 1-4 pm
3 sessions \$89 take your drone home
for an added \$50
CHS/East: Rm 116

Minecraft Olympics

Entering Grades 3-9

Minecraft Olympics is a dynamic three-day camp designed to immerse participants in the thrilling world of Minecraft while fostering teamwork, creativity, and friendly competition.

Campers will engage in daily Build Battles, showcasing their imaginative prowess in constructing awe-inspiring structures aligned with diverse themes.

Through this immersive experience, participants not only deepen their understanding of Minecraft's gameplay but also cultivate camaraderie and problem-solving skills in a fun and supportive environment.

The Minecraft Olympics promises a thrilling adventure for campers seeking to combine their love for Minecraft with a collaborative team experience that won't soon be forgotten.

COR Robotics

#7569 M-W June 10-12
3 sessions \$89 1-4 pm
CHS/East: Rm 116



Intro to Movie Making

Entering Grades 6-12



Get a story that needs to be told into the world through the medium of video. Explore the different platforms you could use to post your work and tell a story. Practice your composition, camera angles, storyboarding, editing to bring your videography project to life. Give a voice to your creativity.

CSGA Enrichment

#2343 M-Th July 15-18
4 sessions \$170 9 am-noon
CHS/East: Rm 117



Dungeon Adventures

Entering Grades 4-12

Learn about role playing games by joining us on an entry-level dungeon adventure. Will your group make it to safety and succeed in your quest? No experience is needed, our DM will be guiding you.

CSGA Enrichment

#2267 M-Th July 22-25
4 sessions \$140 1-4 pm
CHS/East: Rm 116

Strategy Games for Early Elementary

Entering Grades 1-2



Have fun learning and playing some of the best strategy games for two or more players. This is a great time to figure out how cards and other game mechanics work. Some games are abstract, and others have characters. You'd be surprised how easily younger elementary children want to be challenged with some cool new games (and the classics, too). We will also learn how to win, lose, and resolve disagreements while playing.

CSGA Enrichment

#7816 M-Th July 29-Aug 1
4 sessions \$140 9 am-noon
CHS/East: Rm 116

Strategy Games for Elementary

Entering Grades 3-5



Have fun learning and playing some of the best strategy games for two or more players. We will begin by introducing two-player strategy games such as chess, and move into multiplayer strategy games such as Sushi Go and Machi Koro. Some games are abstract and others have characters. You'd be surprised how easily elementary-aged children will be challenged with some cool new games (and classics, too). We will also learn how to win, lose and resolve disagreements while playing.

CSGA Enrichment

#7817 M-Th Aug 12-15
4 sessions \$140 1-4 pm
RL/ECC: Rm 101

Strategy Game Buffet

Entering Grades 6-12



Learn and play some of the latest multiplayer tabletop strategy games. These include card games and board games. Introduce yourself to deck building, worker placement, and cooperative games. Participants will have some choice of what they want to learn and play, from Settlers of Catan to Exploding Kittens. We have lots of options. We can always take a break each day and incorporate games with physical activity as needed.

CSGA Enrichment

#7571 M-Th July 29-Aug 1
4 sessions \$140 1-4 pm
CHS/East: Rm 116

Solar Car, Robot & Machines

Entering Grades K-6

Stimulate your creativity by designing and building epic, solar-powered cars, robots, and machines from easy-to-assemble parts. In addition, build solar-powered cranes, lift bridges, and many other designs. Let your inner engineer explore the world of solar energy while learning how to problem solve and stretch the imagination. Price includes a mini solar project.

Go Solar! Kidz

#7724 M-Th July 15-18
4 sessions \$176 9 am-noon
RL/ECC: Rm 101

Solar Go Karts Race

Entering Grades K-6



Join us for this fun, interactive solar-learning experience. Participants will learn exactly how solar electric is used for today in modern electric vehicles. Participants will build and take home a mini-solar race car that they will use to challenge each other in a race. As the main event, participants will work in teams to build a solar go kart to later race each other. You're sure to have a blast.

Go Solar! Kidz

#7818 M-Th July 15-18
4 sessions \$176 1-4 pm
RL/ECC: Rm 101

Chess Summer Camp

Entering Grades 1-5

All levels welcome. Youth Enrichment League's Teach It, Practice It, Play It method keeps chess players progressing with 60+ chess lessons and thousands of puzzles, as well as guided games and an end-of-the-week, in-class tournament. Battle summer brain drain.

Youth Enrichment League

#7688 M-Th July 8-11
4 sessions \$125 1-4 pm
RL/ECC: Rm 101



Robotics: Scout 'Bots' Entering Grades 1-5

Build and code space rovers and scout to Mars, the moon, and other extraterrestrial environments. Also, create a dragster and volcano alarm to learn basic computer programming while having fun.

Youth Enrichment League

#7572 M-Th July 22-25
4 sessions \$120 9 am-noon
CHS/East: Rm 116

Coding Micro:Bit® Robotics Entering Grades 4-8

Build It, Code It, Move It, all with the micro:bit robot and coding platform. Participants will construct and code robots to move, sense their environment, participate in challenges, and more using Micro:Bit. Designed for 21st Century learners. If you like robotics, come THINK, LEARN, and PLAY WELL. Micro:Bit® is not affiliated with YEL nor does it endorse this program.

Youth Enrichment League

#7573 M-Th Aug 5-8
4 sessions \$134 9 am-noon
RL/ECC: Rm 101

**Look for our FREE Social
Emotional Skills Mini-Classes
for youth ages 6-12**
on page 22

Robotic Builders Marine Explorers Entering Grades K-2

Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming, and so much more. The LEGO® Education WeDo Robotics Builder class allows participants to explore different concepts in robotics. Possible models may include scuba diver, clown fish, bathyscope, sea gulls, submarines, and more. Participants will build LEGO® models featuring working motors, tilt sensors, motion detectors, and a LEGO® USB Robotics Hub. Participants will work in pairs.

Tech Academy

#7574 M-Th June 10-13
4 sessions \$132 9 am-noon
CHS/East: Rm 117

Extreme Coding Artificial Intelligence & Augmented Reality Entering Grades 3-6

Dive into more advanced computer science topics, including augmented reality, artificial intelligence, and machine learning. Computers are getting smarter every day due to advances in machine-learning algorithms. Coders can teach computers to recognize faces, play games, and find patterns. In our class, we will create a chatbot, Rock-Paper-Scissors game, and more. Bring a USB drive to save your games on the last day.

Tech Academy

#7575 M-Th June 10-13
4 sessions \$138 1-4 pm
CHS/East: Rm 117

Virtual Reality Coding Entering Grades 2-5

Design, develop, and create 3D virtual-reality environments and characters to make your own 3D games and other virtual reality for kid's projects on the metaverse new platform, Hatch. Hatch is an incredibly fun and stimulating way to learn STEM. This class is ideal for individuals who are passionate about technology, coding, and want to explore the limitless possibilities of VR. VR programs can be viewed on most mobile phones, and VR systems like Oculus or Google Cardboard. Bring a USB drive to save your games on the last day.

Tech Academy

#7576 M-Th Aug 12-15
4 sessions \$143 9 am-noon
CHS/East: Rm 117

Mobile Game & App Development Entering Grades 5-8

Learn about the exciting process of mobile-app development with this hands-on class. We will work together to create our own Flappy Bird game from beginning to end. Participants will use Constructs 3, a visual coding platform that teaches the basics and structures of programming and game design. Computer skills are needed (this includes good keyboard and mouse skills). Bring a USB drive to save your games on the last day.

Tech Academy

#7577 M-Th Aug 12-15
4 sessions \$138 1-4 pm
CHS/East: Rm 117





Robotic Pet Lab

Entering Grades 1-4

We all love our pets. But what about creating your very own family of robotic pets? Whether you like your robotic pet to be cute and cuddly, or playful and naughty, you'll have motors, batteries, and other supplies at your disposal to create them as you want. Create a fun robotic or non-robotic project every day. We'll top off with other mind boggling engaging activities.

Tech Tac Toe

#7796 M-Th June 10-13
4 sessions \$158 9-11:55 am
RL/ECC: Rm 101

Kids vs. Wild

Entering Grades 1-4

Do you have what it takes to survive in the wild? In this cool camp, you and your team will be challenged to create cool gadgets to survive in the wild. From engineering a cool periscope, harnessing the power of the sun to cook (marshmallows-yummy), engineering a device for drinkable water, engineering a shelter, and much more. Return transformed from this cool adventure.

Tech Tac Toe

#7757 M-Th June 10-13
4 sessions \$158 1-4 pm
RL/ECC: Rm 101

Glam Lab Stunning Science

Entering Grades 1-4

Join us at this glitz and glam camp and make your own fizzy bath bombs, shimmering lip balm, soaps, shower dough, glam goo, exfoliating salt scrub, and many more fun science experiments. In this camp where science meets glam, you and your besties will have a blast concocting all type of beauty and bath products and more while you learn the science behind them all. Add a pinch of imagination as you create super cool packages and more to take home your personal creations.

Tech Tac Toe

#7692 M/Tu & Th/F June 17, 18, 20, 21
4 sessions \$163 9-11:55 am
CHS/East: Rm 113

Engineering Using LEGO® Education Sets

Entering Grades 1-4

Take your LEGO building experience to the next level engineering awesome designs using the latest LEGO® Education sets that are programmed using youth-friendly block coding. You will build super cool machines, connect to motors, sensors, and awesome light-up bricks to create designs that will blow your mind.

Tech Tac Toe

#7578 M-Th July 29-Aug 1
4 sessions \$158 1-4 pm
CHS/East: Rm 117

Minecraft Escape Room

Entering Grades 2-5

Dig deep and get exploring in puzzle-filled maps in this Minecraft camp. Using Minecraft EDU, you'll learn how to use redstone mechanisms and programmed commands in order to create the perfect Minecraft Escape Map. You'll design fun puzzles, engineering traps to trick your friends, and even make hidden rooms to hide your treasure. By the end of camp, you will be able to show off your new adventure mapping, redstone, and command skills to your friends. No advanced Minecraft knowledge is required.

Tech Tac Toe

#7778 M-Th July 29-Aug 1
4 sessions \$163 9-11:55 am
CHS/East: Rm 117

Ultimate Pokémon STEAM Adventure

Entering Grades 1-4

For all Pokémon fans out there, have a blast this summer with the coolest camp ever. Engineer your very own Pokémon light-up card, create an amazing Pokémon-themed night lamp, tinker a marching Pokémon, build a Pokéball launcher, and many more fun STEAM activities. Don't forget to bring your Pokémon cards so you can trade with friends at the end of each camp day (if you choose).

Tech Tac Toe

#7579 M-Th July 15-18
4 sessions \$158 1-4 pm
CHS/East: Rm 117



Please bring a nut-free snack and beverage to all summer classes

Youth Adaptive & Social Skills



Summer Social Skills Group

**Ages 4-7 or
Entering Grade 6-8**

Leaders and support staff will guide participants through a variety of social learning experiences. This is a great opportunity for development of friendships, communication skills, and leisure interests. Children of all abilities are welcome, including neurodivergent youth who can participate in a small group. If your child will need additional assistance, caregivers are welcome.

Angie Thompson, Speech Language Pathologist and Katelyn Thunte, Occupational Therapist with Advance Therapy

5 session \$248 Tues
June 11-July 9 CHS/East: Rm 120

#1054-A Ages 4-7
3:15-4:15 pm

#1054-B Girls Entering Grades 6-8
4:30-5:30 pm



Summer Sensory Camp Ages 4-10

An occupational therapist and support staff will guide participants through outdoor activities targeting all the senses while engaging in cooperative play with peers. Sniff our sensory garden, keep your eyes peeled during our nature hunt, and get your hands wet while playing in water. We welcome children of all abilities, including children with special needs who can participate in a small group. This is a great camp for children with special needs and their siblings.

If your child will need additional assistance, caregivers are welcome.

Jennifer Corbin and Victoria Holmquist, licensed Pediatric Occupational Therapists specialized in sensory integration and special needs with Advance Therapy.

5 sessions \$185 M-F Aug 5-9
Advance Therapy Outdoor Playground

#1027-A Ages 4-6 9-10:30 am

#1027-B Ages 7-10 11 am-12:30 pm

Social Emotional Skills Mini-Class

Ages 6-12

These FREE Social Emotional Skills Mini-Classes are scheduled to take place just before many of our 9 am or 1 pm camp/class start times.

Children of all abilities are welcome, registration is required. Mental health practitioners will lead participants through instruction covering basic coping skills, emotional regulation, and emotional identification.

We have arranged the short classes to take place in advance of our summer camps to review or learn techniques to best navigate social settings, group activities, and guided instruction in our various summer camps.

All participants must complete a consent form that will be sent to the email used for registration.

Mental health practitioners from Lee Carlson Center for Mental Health & Well-Being

Mon 8:15-8:45 am
CHS/East: Rm 120 FREE

#6062-A	June 10
#6062-B	June 24
#6062-C	July 8
#6062-D	July 15
#6062-E	July 22
#6062-F	July 29
#6062-G	Aug 5

Mon 12:15-12:45 pm
CHS/East: Rm 120 FREE

#6062-H	June 10
#6062-J	June 24
#6062-K	July 8
#6062-L	July 15
#6062-M	July 22
#6062-N	July 29
#6062-P	Aug 5



Also check out Adapted Dance-page 28 & Cougar Adaptive Swim Lessons-page 59



Youth Cooking

How to Cook Minnesotan



Entering Grades 6-12

We all know how to talk Minnesotan. Now it is time to cook Minnesotan. From our Nordic roots and our Native American ancestors, Minnesota has a unique and delicious food culture. Let's prepare the best tater tot hotdish, a traditional lefse, wild rice soup, fry bread, and more. We promise, no Lutefisk! In addition to preparing all of our favorite Minnesotan foods, participants will learn important skills such as food preparation and kitchen safety.

CSGA Enrichment

#4419 M-Th June 24-27 \$185 9 am-noon
4 sessions CHS/East: Rm 110

Global Cuisine From Scratch

Entering Grades 6-12

Student chefs will be engaged in cooking homemade specialty dishes from around the globe. Imagine making authentic homemade tortillas, guacamole, and quesadillas. Learn to make pasta from scratch and create an amazing sauce to go with it. If you love Asian food, let's prepare our own Chinese fried rice and homemade egg rolls. In addition to preparing all of our favorite international dishes, participants will learn important skills such as food preparation and kitchen safety.

CSGA Enrichment

#4079 M-Th June 24-27 \$185 1-4 pm
4 sessions CHS/East: Rm 110

Sweet Treats

Entering Grades 4-12

Who doesn't love a delicious, sweet treat? Learn to make all of your favorite desserts from scratch. Homemade caramel, candies, gummies, pies, and sorbet are some of the sweet treats that you'll learn to make. In addition to preparing all of these delicious desserts, participants will learn important skills such as food preparation and kitchen safety.

CSGA Enrichment

#4082 M-Th July 8-11 \$185 9 am-noon
4 sessions CHS/East: Rm 110

Minnesota Fair Foods at Home

Entering Grades 6-12

Do you love the "Great Minnesota Get Together?" More importantly, do you love state fair food? If so, this is the class for you. Learn to make versions of the best state fair food at home. All of your favorite snacks on a stick. Loaded tater tots, walking tacos, fresh French fries, and more. In addition to preparing all of these delicious foods, you'll learn important skills such as food preparation and kitchen safety.

CSGA Enrichment

#4080 M-Th July 8-11 \$185 1-4 pm
4 sessions CHS/East: Rm 110



Camp Invention®

HIGH-ENERGY,
HANDS-ON STEM

Secure your spot and save today at
INVENT.ORG/LOCAL

Centennial Schools
July 22-26 | Grades K-6



Youth Create



Cookies and Canvas

Entering Grades 6-8

Do you enjoy painting? Are you interested in learning to paint? Come join our "Paint Party" atmosphere, right after school at Centennial Middle School and learn to paint with acrylic paints on a 16" x 20" canvas or two 8" x 10" canvases using the step-by-step method or come with your own idea in mind! We take a cookie break while layers are drying and listen to music, creating a relaxed and fun atmosphere. Beginners and advanced students are welcome to join! All have the option of an "Open Paint Studio."

Sara Longworth-Koehn

2 sessions \$49 3-4:35 pm
CMS: Rm E108

#2902-D M Apr 15 & 29
#2902-E M May 6 & 13

Fairy Garden

Entering Grades 1-5

Have you ever wanted to create your very own miniature fairy garden? Come learn how to build one. A fairy garden is a miniature garden that makes a perfect home for mischievous fairies, dragons, and garden gnomes. Use model magic, paint, and found objects to build your imaginary scene.

Kidzart

#2205 F June 21
\$50 9 am-noon
CHS/East: Rm 111



Ocean Adventure

Entering Grades 2-4

Have a whale of a time fishing for facts and fun! We will use hands-on activities, experiments, websites, videos, and books to learn all about the oceans and the animals that call it home. You do not need to sign up for both classes, or attend Part 1 to attend Part 2.

Ocean Adventure Part 1

We will learn about the water cycle, tides, tide pools, whales, and a few of the gentler giants of the sea (sea horse, manatees, and jellyfish). Do you like craft projects? We will complete one for each of the animals we study. They are sure to make you dance in your flippers!

4 sessions \$139 M-Th July 22-25
CHS/East: Rm 110

#2178-A 9 am-noon
#2178-B 1-4 pm

Ocean Adventure Part 2

We will learn about sharks, the animal life in the Arctic and the Antarctic (there may be a special cold treat this day), sea turtles, creatures of the deep sea, and ocean conservation.

4 sessions \$139 M-Th Aug 5-8
CHS/East: Rm 110

#2178-C 9 am-noon
#2178-D 1-4 pm

Splash & Smash Art Camp

Entering Grades 1-5

Calling all budding Picassos, mini Van Goghs, and future Kandinskys. Get ready to dive into a summer of vibrant creativity at Splash & Smash Art Camp, where every day is an explosion of color, texture, and messy mayhem. But Splash & Smash Art Camp is more than just getting messy (although that's a bonus). It's about boosting creativity, igniting the imagination, and making new friends. Grab your old clothes, your messiest spirit, and get ready for a summer unlike any other.

Kidzart

#2345 M-Th July 8-11
4 sessions \$143 9 am-noon
CHS/East: Rm 111



Neon Glow Art Camp

Entering Grades 1-5

Science and art were never this much fun. This summer, unleash your inner luminescence at our Glow-in-the-Dark Art Camp. Dive into a world where creativity takes on a whole new meaning, illuminated by the magic of fluorescent paints, neon powders, and black light surprises. Make a simple circuit to light up your painting. Create your own glow-in-the-dark dice and some new games to play. Make a treasure box, along with a neon, black light and fluorescent designs that will help you discover the fun you can have with light.

Kidzart

#2344 M-Th July 8-11
4 sessions \$143 1-4 pm
CHS/East: Rm 111



Canvas Fun: Smiley Sloth

Entering Grades 1-5

Grab your friend and join us for a fun one-day painting workshop. Everyone will get their own 11" x 14" stretched canvas to paint a cute, cuddly, smiley sloth. Show off your artistic skills and remind yourself to slow down and enjoy the simple things in life with our easy step-by-step instructions.

Kidzart

#2346 Th July 25
\$25 11 am-noon
CHS/East: Rm 113

Intensive Sewing Class

Ages 8-13

Sketch your own inspired garment or craft project and then create it while learning to sew. Instruction includes basic sewing techniques, knowledge of sewing tools and different kinds of stitches. Participants will create their project and practice techniques using sewing machines provided. All supplies and tools provided.

Nena Rivas, owner of Nena's Atelier

#2500 M July 22
\$88 9 am-1 pm
Nena's Atelier

Intensive Etiquette Class

Ages 8-13

Participants will learn social etiquette, proper introductions and fine dining skills. This class will emphasize respect for others and will teach children manners and etiquette using fun games and a hands-on approach. Some specific topics include proper behavior at the table, conversation skills, polite behavior in public, and public speaking. Snack demo included.

Nena Rivas, owner of Nena's Atelier

#8535 M July 22
\$78 2-5 pm
Nena's Atelier

Sewing Studio

Entering Grades 6-12

Sewing is not only a lifelong skill, but you can use it to make all kinds of cool things. Make or fix your own clothes. Create a purse, a pillow, a blanket, or even a costume. Gain skills and confidence learning simple projects with patterns. With practice, start designing your own projects. This is an open-ended studio format with guided instruction.

CSGA Enrichment

#2502 M-Th July 15-18
4 sessions \$170 9 am-noon
CHS/East: Rm 116

Project Runway

Entering Grades 4-8

No experience necessary. New summer projects. A comfy pair of shorts, water bottle bag, criss-cross headband and more. Participants will make, showcase, and take home all their projects. Hand and machine sewing techniques are taught with safety first always in mind. The final day is a showcase where friends and family are invited to see the projects in action. Think, learn, and play well with YEL.

Youth Enrichment League

#2008 M-Th July 15-18
4 sessions \$149 9 am-noon
CHS/East: Rm 111



Harry Potter Adventure Camp

Entering Grades 2-6

Dive into the world of Harry Potter in this fun and creative workshop. Draw your favorite characters using a variety of art materials all while listening to Harry Potter on audio book. We'll learn the fundamentals of drawing through close observation, discuss basic drawing techniques, practice, and have fun.

The Blue Fox Artist

#2278 M-Th July 22-25
4 sessions \$165 9 am-noon
CHS/East: Rm 111



Anime Camp Entering Grades 2-6

Come draw and color your favorite Pokémon and Anime characters. Learn how to evoke humor through exaggeration, breakdown the study of facial anatomy and proportions, and take a detailed look at facial expressions. Design your own characters, practice, and have fun.

The Blue Fox Artist

#2277 M-Th July 22-25
4 sessions \$165 1-4 pm
CHS/East: Rm 111



Stop-Motion Animation Camp Entering Grades 5-8

Discover what it takes to animate a stop-motion film. Learn about the history of animation, create your own flip book, and design your own characters. Write and record a stop-motion short you can share with your friends and family. Come excited, leave inspired.

The Blue Fox Artist

#2314 M-Th July 29-Aug 1
4 sessions \$165 9 am-noon
CHS/East: Rm 111

Wild Animals Camp Entering Grades 2-6

Join our Blue Fox artist to discuss and draw wild animals native to Minnesota, such as fox, lynx, owls, and timberwolves. We'll work with a variety of fine-art materials while we learn about where they live, how to identify their tracks, and how to capture their characteristics.

The Blue Fox Artist

#2311 M-Th July 29-Aug 1
4 sessions \$165 1-4 pm
CHS/East: Rm 111



DIY Crafting Entering Grades 6-12

Do you like to create unique and personalized crafts? Try new materials and techniques such as macramé, resin, embroidery and even glass etching. Create phenomenal pieces for yourself or make special gifts to give away. Let's get together and explore your DIY side.

CSGA Enrichment

#2341 M-Th Aug 5-8
4 sessions \$170 9 am-noon
CHS/East: Rm 117



Salon & Spa Products at Home

Entering Grades 6-12

Sometimes it is fun to take a break, relax, and have a spa day. Discover how you can have a spa day at home. Learn how to make homemade bath salts, sugar scrubs, rosewater, lemonade bath bombs, and more. Use these products yourself or give them away as wonderful gifts to friends and family.

CSGA Enrichment

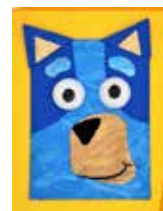
#2342 M-Th Aug 5-8
4 sessions \$170 1-4 pm
CHS East: Rm 111

Our Favorite Friends Ages 3-6

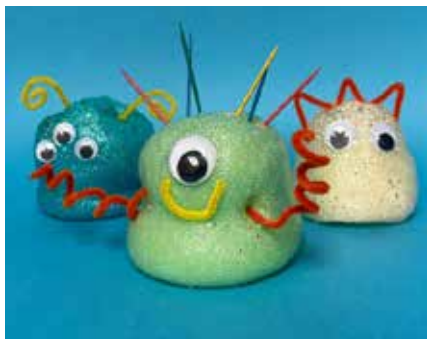
Get ready for the most creative and fun art camp ever, where your child's favorite cartoon characters come to life. From Bluey to Cocomelon and Blippy, to name a few. Get ready for a messy but magical time full of art projects inspired by these beloved friends. Let your child's imaginations soar as they make adorable creations with tons of different art materials and techniques.

Kidcreate Studio

#1057 M/Tu June 17 & 18
2 sessions \$96 9 am-noon
CHS/East: Rm 116



Make sure to keep up on the latest news from Centennial Community Education. Find us on Facebook, [Facebook.com/centennial community education](https://www.facebook.com/centennialcommunityeducation) and sign up for our newsletter on our website communityed.isd12.org



Foam, Slime & Potions

Ages 5-12

Step into a world of captivating experiments and mind-blowing discoveries. Our hands-on camp will immerse your child into the enchanting realm of foam, slime, and potions as we unravel the secrets of science. Prepare to concoct elixirs that magically change color, create your own bouncy balls, and whip up some homemade Pop Rocks that fizz in your mouth. Each experiment combines the perfect blend of creativity and scientific exploration. And while having a blast, you'll uncover a wealth of scientific facts and theories, transforming learning into a bubbling cauldron of pure excitement.

KidScientific

#7595 M/Tu June 17 & 18
2 sessions \$96 1-4 pm
CHS/East: Rm 111

Mini Mania

Ages 5-12

When in doubt, make it mini. Teeny and tiny is all the rage, so come create a series of microscopic masterpieces. We'll sculpt an itty-bitty bowling set, a magnificent mini cake, and all kinds of other teeny-tiny creations. It's total mini mania.

Kidcreate Studio

#2350 Th June 20
\$99 9 am-3 pm
CHS/East: Rm 116



Advanced Watercolor Techniques

Ages 9-14

Take your watercolor painting skills to new heights with our thrilling advanced art class. Dive into the world of watercolors and uncover exciting techniques that will truly elevate your artwork. This class is tailor-made for youth who are ready to take their skills to the next level. As you explore different watercolor techniques, you'll have the opportunity to create breathtaking misty mountain landscapes, and a garden of mushrooms, and even unleash your inner creativity with whimsical doodle flowers. Please pack a nut free lunch, snack and beverage.

Kidcreate Studio

#2351 F Aug 2 \$99
9 am-3 pm
CHS/East: Rm 116



Succulent Garden Making

Ages 9-14

Give your child the opportunity to express themselves and explore their imaginations in our creative, one-of-a-kind succulent garden class. They will be able to design this living work of art with colorful succulents, plus an adorable mushroom figure that adds a whimsical touch. Not only is it fun, but your child can also proudly show off their masterpiece at home or give it as a special gift for someone close. Watch your child blossom while cultivating an appreciation for both nature and art.

Kidcreate Studio

#2352 F Aug 9
\$46 9-10:30 am
CHS/East: Rm 116



Grown Up & Me - Owl Always Love You Painting

Youth 6+/Adult 16+ pair

Join us for a fun-filled morning as we create an acrylic painting on two 8" x 10" canvases. This class is designed for two painters, each painting one-half of a masterpiece. Participants enjoy a no-experience-required art class directed by Your Bearded Artist who will guide you step-by-step through recreating Owl Always Love You-My Grown Up & Me. [See page 8 for details](#)

Youth Dance, Music & Theater



Kids Dance

Pre-K through Entering Grade 5

These high-energy classes focus on improving rhythm, balance and coordination. Younger children will use props: tambourines, scarves and pom poms to learn basic tap, jazz and ballet steps. Older children will continue to learn more advanced steps in Jazz, tap and ballet along with dance choreography and technique. Dancers should wear clothing that is comfortable and easy to move in. All dancers will need tap and ballet shoes which can be ordered through the instructors the first day of class (tap \$30, ballet \$20).

7 sessions \$69 Thurs June 20-Aug 8 CT: Gym

Please register for the session that correlates with your child's age or grade level for fall 2024

#5001-A	Hop N' Tots	Preschool 3+	5-5:45 pm
#5001-B	Creative Dance	Kindergarten	5:45-6:30 pm
#5001-C	Intermediate Dance	Grades 1-2	6:30-7:15 pm
#5001-D	Tap, Jazz & Ballet	Grades 3-5	7:15-8 pm

Adapted Dance Class

Ages 6-15 (participants will be grouped by age)

Leaders and support staff will guide participants through a variety of movement activities targeting the fundamentals of dance. Classes will focus on creative movement, body awareness and postural control all while learning a love for dance. Have fun with peers playing dance games and learning some new moves.

Children of all abilities are welcome, including neurodivergent youth who can participate in a small group setting. This is a great opportunity for children with special needs and their siblings to participate together. If your child will need additional assistance, caregivers are welcome.

Jasmin Carlbom, Physical Therapist/Dancer/Dance Medicine Certified with Advance Therapy

#5022	Tu	July 2-Aug 6
6 sessions	\$138	11 am-noon
Charliz Balicao Dance Company		

Intro to Centennial Marching Band

Entering Grades 8-10

Calling all Centennial band students entering grades 8, 9 or 10! Would you like to get a glimpse of what it's like to be in the Centennial High School Marching Band? Then this is the place for you! Expect to spend four days with Mrs. Scheibe (CMS) and Mr. Kuehn (CHS) learning what marching band at Centennial is all about. Learn music and marching techniques, receive music that you will get to keep, and most importantly, make some new band friends! In just four days you will go from a marching beginner to performing an actual marching band show for family and friends on the field at the Centennial High School Stadium.

Students must bring their own instrument and have comfortable athletic shoes. Students that play school-owned instruments or are percussionists need to communicate with a director so we can be prepared for you. When registering you MUST list the instrument you play AND your T-shirt size! Please make sure you provide a current email address for communication. To receive a camp T-shirt, you must register by July 26. The final performance will be on the Thursday of camp at 11:30 am in the CHS stadium, and is free and open to the public.

Centennial Band Teachers Carvel Kuehn and Stephanie Scheibe

#5328	M-Th	Aug 5-8
4 sessions	\$109	9 am-noon
CHS/West: Band Room and CHS Stadium		



Rock 'n' Roll Band Camp

Entering Grades 6-8

Do you want to rock and roll all night, and party every day? Well then this is the camp for you. Participants will get the chance to try their voice or hand at a variety of instruments, including the electric guitar, bass, keyboards, and drums, with the goal of learning a full song or two to perform by the end of the week. Prior musical experience is welcome but not required, we will keep it simple and fun. Glitter glam makeup and high heeled army boots are optional. Bring a nut-free snack and beverage.

CSGA Enrichment

#5021	M-Th	Aug 12-15
4 sessions	\$170	9 am-noon
RL/ECC: Rm 101		



Private Guitar/Ukulele & Vocal Lessons

All ages and skill levels

Whether you're a beginner just getting started or a player looking to take your skills to the next level, work one-on-one with instructor and musician Brady Perl, in half-hour lessons. Lessons are tailored to each participant's needs and interests, and will cover skills like guitar/ukulele chords, rhythm, singing, songwriting, songs, harmonica, performance, and music theory.

Please identify preferred half-hour lesson time and if a vocal or what instrument when registering. Students need to bring their own instrument.

Brady Perl is a full-time musician with over 15 years of professional experience teaching lessons and performing live gigs.

Lessons are held Mondays between 11:30 am-2:30 pm and 3-6 pm

#5202-A June 10-24 \$79
3 lessons CHS/East: Rm 119

#5202-B July 1-29 \$132
5 lessons CHS/East: Rm 119

#5202-C Aug 5 & 12 CHS/E: Rm 119
4 lessons Aug 19 & 26 RL/ECC: Rm 101
\$106

Music Together - Outdoor Venue

Newborn to PreK with parent/caregiver

Discover the joy of making Music Together. Sing, laugh, move and learn along with your baby, toddler or preschooler for 45-minutes of pure fun each week in these award-winning classes.

BOND more closely with your child through song.

MAKE NEW FRIENDS for both you and your little ones.

SUPPORT your child's overall development, knowing that music learning supports all learning.

HELP YOUR CHILD learn to sing and dance as naturally as they learn to walk and talk.

HAVE LOADS OF FUN (because children teach themselves through play!).

We bring families together in a warm, supportive environment with the goal of having everyone feel comfortable singing, dancing and jamming. Because young children learn best from the powerful role models in their lives, our engaging classes show parents and caregivers how to help their children become confident, lifelong music-makers just by having fun and making music themselves.

Classes are mixed-age so the siblings can be together. Infants under eight months on the first day of class attend free with a paid sibling. Receive a CD, a code to download the music, an illustrated songbook and parent education materials.

Music Together, research-based, internationally acclaimed program.

8 sessions \$174 first child/\$94 additional child. No charge for children under 8 months old (born after 10-24-2023) with registered sibling

#1017-A 5:15-6 pm Wed June 26-Aug 21 No class July 3 Golden Lake Park
Weather makeup Aug 28

Thur June 27-Aug 22 No class July 4 Golden Lake Park *Weather makeup Aug 29*
#1017-B 9-9:45 am
#1017-C 10-10:45 am
#1017-D 11-11:45 am

Free Demo Class

Visit a FREE demo class before the sessions start to learn more about the program to see if Music Together is a good fit for your family. Please register separately for the Demo events. Demo classes are free but registration is required. One DEMO per family please.

Golden Lake Park

#1017-Demo A	W	June 12	5:15-6 pm
#1017-Demo B	Th	June 13	9-9:45 am
#1017-Demo C	Th	June 13	10-10:45 am

Family DJ Dance Party

Part of Music on the Lake - It's Golden June 27 at Golden Lake Park, 6-7 pm

Join our DJ, Brett of Special Works DJ, who has arranged a playlist full of appropriate songs that are just made for dancing. Songs will span the generations to appeal to all ages. So grab your family and friends and let's bust a groove.



Mayer Arts Musical Theater Camps



Everyone will learn to put together a professional show from start to finish. We will choose our characters, learn music and choreography from each show, then create our own musical. No experience necessary. Wear comfortable clothing and lightweight tennis or dance shoes.

Friends and family are invited to observe a special performance the final 30 minutes of the final class.

Each camp is 5 sessions for \$115 held in CT: Little Theater

Wish Ages 4-8

A Wish worth making.

#2340 M-F July 29-Aug 2 9 am-noon

Wonka Ages 7-12

Pure imagination.

#2328 M-F July 29-Aug 2 1-4 pm

Frozen 2 Ages 4-8

Into the unknown.

#2077 M-F Aug 12-16 9 am-noon

Descendants 2 Ages 7-12

What happens when Mal returns to the Land of the Lost? Find out in this spectacular class.

#2072 M-F Aug 12-16 1-4 pm

Centennial Youth Theater Program Presents

Snow White Entering Grades 2-9

Written by Twin Cities Playwrights Ryan and Tina North.
Directed by Eric Webster

We rehearse the whole show in one week and perform at the end of the week. Each grade group prepares and performs the same show. Please bring a nut free snack and water each day. Performances are free to attend for family and friends.

CHS Performing Arts Center \$120

Rehearsals M-Th, 1-5 pm

Friday: Performance day for all 1-7 pm
(performances at 3 & 6 pm)

#2348-A Grades 2-5 June 10-14

#2358-B Grades 6-9 June 24-28

Centennial Alumni Shakespeare Theater

(C.A.S.T.) Entering Grade 6 through adult

All ages and experience levels are welcome from middle school to adult. This summer we will be performing two one-act versions of Twelfth Night and The Two Gentlemen of Verona. Don't be nervous about doing Shakespeare as we accommodate and teach all levels of experience, and each play will have non-speaking and speaking roles, so don't be intimidated!

Eric Webster and Shanan Custer, Pickaline Production

11 sessions plus dress rehearsal and performance

CHS Performing Arts Center \$150

#2265 M-F July 15-26 10 am-noon

Dress Rehearsal July 26 2 pm

Performance July 26 6 pm

Friends and family are invited to attend either or both events



Make sure to keep up on the latest news from Centennial Community Education. Find us on Facebook, [Facebook.com/centennial community education](https://www.facebook.com/centennialcommunityeducation) and sign up for our newsletter on our website [communityed.isd12.org](https://www.communityed.isd12.org)



Classic Movie Club **Ages 14-Adult**

Join us for a dive into classic movies. Classic films can inspire a new generation of actors and movie enthusiasts and provide a historical perspective unique to that filmmaker. Each Monday evening, we will show a different movie that will be hosted by someone who is an expert on that particular film. The host will provide an introduction and information on the film and why it is significant. After the movie plays there will be a post movie discussion with that evening's host.

Mondays 6-10 pm \$25/per event PAC Preregistration required

June 17 "The Maltese Falcon" 1941 #2347-A

Described as "one of the best examples of action and suspenseful melodramatic story telling in cinematic form. Suspenseful, labyrinthine, and brilliantly cast, The Maltese Falcon is one of the most influential noirs, as well as a showcase for Humphrey Bogart at his finest." The film received three nominations at the 14th Academy Awards: Best Picture, Sydney Greenstreet for Best Supporting Actor, and John Huston for Best Adapted Screenplay.

Host: Eric Webster/Shanan Custer

June 24 "The Thing From Another World" - 1951 #2347-B

Considered to be one of the best films of 1951 and one of the great science fiction films of the 1950s. The US Library of Congress deemed the film "culturally significant" and selected it for preservation in the National Film Registry. Time Magazine named it "the greatest 1950s sci-fi movie."

Host: Tim Uren

July 8 "Yojimbo" - 1961 #2347-C

Akira Kurosawa's "Yojimbo" marks an early high water mark in what would become a trend of cross-cultural inspiration in cinema. Kurosawa drew his inspiration from Dashiell Hammett's detective novels (such as "The Maltese Falcon," also featured in Classic Movie Club), as well as the western films of John Ford. Yojimbo would itself inspire its own influential western remake, "A Fistful of Dollars," and Kurosawa's films would be foundational for a young George Lucas as he began work on his opus, "Star Wars."

Host: Aaron Fiskradatz

July 15 "Way Out West" - Laurel and Hardy #2347-D

"Way Out West" is a superb film, distinguished by a magnificent score, excellent production values, a nimble pace, a great supporting cast, and most of all, the wonderful comedy of Stan Laurel and Oliver Hardy, instrumental and important pioneers of American comedy.

Host: Joshua English Scrimshaw



July 22 "Dracula" - 1931 #2347-E

An American "pre-Code" horror film.

Bela Lugosi as Count Dracula, a vampire who emigrates from Transylvania to England and preys upon the blood of living victims, including a young man's fiancé.

Dracula was not only a commercial and critical success when released, it has had a notable influence on popular culture, and Lugosi's portrayal of Dracula established the character as a cultural icon, as well as the archetypal vampire in later works of fiction. In 2000, the film was selected but the US Library of Congress for preservation in the National Film Registry as "culturally, historically, or aesthetically significant."

Host: Eric Webster/Shanan Custer

DISCOVER CENTENNIAL SCHOOLS

Accepting resident and non-resident (open) enrollment for the 2024-2025 school year for grades K-12.

With nine exceptional schools serving 6,500 students, Centennial prepares all learners for excellence in their future.

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**CENTENNIAL
SCHOOL DISTRICT 12**
CONNECTING. ACHIEVING. PREPARING.

Gymnastics

Gymnasts of all ages and abilities will learn the basics of gymnastics while improving strength, coordination, flexibility, balance, agility, confidence, and social skills for children of all ages and abilities.

Lead Instructor Kelly Border. All classes are held at the Centennial High School East Building in the gymnastics room - across from pool locker room, use entrance N52. **With the exception of Wiggle Time, parents/guardians asked to wait for children near the gymnastics room; you may want to bring a chair.**



Wiggle Time-Parent/Child Ages 2-3

Children will use mats, parachutes, trampoline, and other equipment to explore and discover the world around them developing fundamental movement and problem solving skills. This is a great opportunity to get in the gym with your child and play in a safe, fun, semi-structured environment. Children run, tumble, and spend time with you, while developing their gross motor skills. Class consists of 10 minutes of group time, 30 minutes of open (semi-structured free time) and five minutes of group time at the end of class.

Little Tumblers Ages 3-4

Must be potty trained, able to follow basic instructions and be comfortable in a group without parent Developing gymnasts will learn basic and fundamental gymnastics skills in a safe, fun, age appropriate, structured environment. No tights. Socks or bare feet only.

Tumblers Ages 5-7

Gymnasts will learn basic tumbling skills (forward and backward rolls, cartwheels, handstands, basic jumps and locomotor skills) and discover the basics on bars, balance beam, and vault. More advanced Tumblers will work on: Intermediate skill progressions on floor, bars, balance beam and vault. New skills introduced include: back bends, front and back handsprings on floor, back hip circles, and stride circles on bars and cartwheels on low beam.

Twisters Ages 8+ All Gymnastic levels

Gymnasts will work on skills according to ability. After initial group warm-up, gymnasts will be divided each session according to skill level from Beginner I to Intermediate.

Advanced Gymnastics Invitation only

Contact us if you believe you may be eligible. Gymnasts invited to this class will be required to have advanced skills on most events, have a strong work ethic, and desire to excel at a faster pace.

Session I

Tues, June 11-July 16 No class July 2 5 sessions

Twisters	#6034-A	9-10:30 am	\$75
Tumblers	#6000-A	10:40-11:40 am	\$50
Open Gym		11:45 am-12:15 pm	\$5
Little Tumblers	#1401-A	5:30-6:15 pm	\$38
Wiggle Time	#1400-A	6:25-7:10 pm	\$38

Wed, June 12-July 17 No class June 19, July 3 4 sessions

Wiggle Time	#1400-B	9-9:45 am	\$30
Little Tumblers	#1401-B	9:55-10:40 am	\$30
Tumblers	#6000-B	5-6 pm	\$40
Little Tumblers	#1401-C	6:10-6:55 pm	\$30
Tumblers	#6000-C	7:05-8:05 pm	\$40
Twisters	#6034-B	7:05-8:35 pm	\$60

Thur, June 13-July 11 No class July 4 4 sessions

Little Tumblers	#1401-D	4:05-4:50 pm	\$30
Tumblers	#6000-D	5-6 pm	\$40
Tumblers	#6000-E	6:10-7:10 pm	\$40
Twisters	#6034-C	6:10-7:40 pm	\$60
Open Gym		7:45-8:15 pm	\$5

Session II

Tues, July 23-Aug 13 4 sessions

Twisters	#6034-D	9-10:30 am	\$60
Tumblers	#6000-F	10:40-11:40 am	\$40
Open Gym		11:45 am-12:15 pm	\$5
Little Tumblers	#1401-E	5:30-6:15 pm	\$30
Wiggle Time	#1400-C	6:25-7:10 pm	\$30

Wed, July 24-Aug 14 4 sessions

Wiggle Time	#1400-D	9-9:45 am	\$30
Little Tumblers	#1401-F	9:55-10:40 am	\$30
Tumblers	#6000-G	5-6 pm	\$40
Little Tumblers	#1401-G	6:10-6:55 pm	\$30
Tumblers	#6000-H	7:05-8:05 pm	\$40
Twisters	#6034-E	7:05-8:35 pm	\$60

Thur, July 18-Aug 15 5 sessions

Little Tumblers	#1401-H	4:05-4:50 pm	\$38
Tumblers	#6000-J	5-6 pm	\$50
Tumblers	#6000-K	6:10-7:10 pm	\$50
Twisters	#6034-F	6:10-7:40 pm	\$75
Open Gym		7:45-8:15 pm	\$5

Gymnastics Open Gym

Entering Grades 1-6, all skill levels

Open gymnastics is a non-structured, supervised time to practice gymnastics skills and have fun. All participants must sign in upon arrival. \$5/person at the door. No pre-registration required.



Youth Sports & Recreation



Come Learn With The Bald Eagle Water Ski Team



Sunday, May 5 Adults & Youth are welcome

Have you ever wondered what it takes to become a member of a water ski show team? There are multiple positions on and off the water. It takes a team to pull together and perform our shows for our community and to be the main attraction of cities across Minnesota all summer long. We will teach how to build human pyramids and basic conventional doubles.

Our team has skiers ranging in age from 6-60. It's never too late to learn. Wear comfortable leggings or jogger style pants and a T-shirt, or similar comfortable fitting shirt.

#6112 \$5/person 3-5 pm CHS/East: Gymnastics Rm

Intro to Canoeing on Rice Creek Entering Grades 6-9

Join Centennial Scouting on a guided canoe excursion through the Rice Creek Chain of Lakes. We will start at the canoe launch on Rice Lake and end near Golden Lake. Canoes and life jackets will be provided. Life jackets must be worn appropriately.

Curt Theis, Scout Leader with Troop 65 and Crew 65, and other local Scout leaders from Centennial Area Scouting.

#8724 Su June 2 \$18 9 am-1 pm
Rice Creek Canoe Launch on Aqua Ln

Olympic Yard Games Entering Grades 6-12



New and classic recreational games of skill that adults will say to "take outside." Kick the Can, Croquette, Corn Hole, Disc Golf, Badminton, Bocce Ball, Ga Ga Ball, and whatever else we can squeeze in before the Yard Game Olympics on the final day. Bring a nut-free snack and water.

CSGA Enrichment

#6187 M-Th July 22-25 9 am-noon
4 sessions \$140 Golden Lake Park

Archery Club Entering Grades 2-8

Explore archery as a lifetime sport while developing National Archery in the Schools Program (NASP) target archery skills. Learn safe techniques and practices; acquire skills related to effective communication, cooperation, rules, and respect in a group; use practice to improve skills and reach goals; rehearse good sportsmanship and gain exposure to the value of natural resources and the outdoor community.

Equipment provided (Genesis Compound bows) via the Minnesota Department of Natural Resources (NASP), National Wild Turkey Federation (Struttin' Toms Chapter), Minnesota Deer Hunters Association (Lakes Chapter), Minnesota Bowhunters, Inc., Centennial Community Education and Anoka County Youth Initiatives Grant.

Matt Doth

3 sessions \$45 CHS/East: Lower Gym

Grades 2-4 M July 15-29

#6360-A 6-7 pm

#6360-B 7:15-8:15 pm

Grades 5-8 Tu July 16-30

#6360-C 6-7 pm

#6360-D 7:15-8:15 pm

Centennial Youth Cheerleading

Grades 1-9

Interested in competitive cheerleading? Join the newly created **Centennial Youth Cheerleading** (CYC) program! CYC welcomes returning Centennial cheerleaders from the 2023-2024 season and welcomes new athletes interested in competitive cheerleading!

The 2024-2025 season kicks off with two summer camps:

Youth Summer Cheer (optional) - **June 10-13**

Youth Cheer Program Tryouts (required) - **June 24-27**

There will be three teams across elementary and middle school. The season runs from summer through early February with weekly practices and multiple competitions. Details will be provided prior to tryouts at a Parent Information meeting.



Visit CYC's website (below) for **summer camp registration** and additional info about the program.

Centennial Youth Cheerleading was founded to provide and promote youth cheerleading for athletes in the Centennial district.

<https://www.centennialyouthcheer.com>



More Than Pink

Entering Grades 4-7

New topics and more fun added for 2024, so if you participated in the past, you CAN come back! Girls will be grouped by grades 4-5 & grade 6-7.

More Than Pink is a program to inspire girls to stay true to themselves and live free from societal stereotypes. This 5-week program innovatively weaves training for a 5K run with lessons that empower girls to celebrate their bodies, honor their voices, and embrace their gifts. All athletic abilities are welcome.

More Than Pink works around summer schedules, camps and vacations. Even if girls are going to be gone for a day or for a week, they are still able to participate in the program. Information that is missed on certain topics will be handed out to the girls so they will still get the information.

A More Than Pink Day consists of 50 minutes of a fun, fitness activity and 50 minutes of a life lesson. This program meets three days a week. Topics may include friendship, team building, confidence, emotional intelligence, kindness, collaboration, interpersonal communication and individuality. We will be having women come from politics, fitness industry, and even professional sports team to come and speak to the girls.

More Than Pink Goals:

- ◆ To help girls grow and develop physically, mentally, and socially with local community support.
- ◆ To empower girls to be true to themselves at home and school, with self-image, friends, and activities.
- ◆ To provide resources and tools to help them not succumb to peer pressure, live with less stress, and become who they want to be.
- ◆ To measure fitness goals throughout the 5-week program.

The program builds throughout the summer and culminates in the girls, and others, running/walking a celebratory More Than Pink 5K on Tuesday, August 6 in the evening (Aug 7 rain backup). Family and friends are welcome and encouraged to join the run! This is not a competitive race but a celebration of empowerment and inspiration! Family and friends can pay \$5 the night of the run to participate. Financial assistance is available. Girls will receive a t-shirt. Space is limited.

We love to meet parents; please join us, with your daughter, for a fun parent night Wednesday, July 17 from 6-7:30 pm in the Learning Commons.

16 sessions plus run \$119 Tu/W/Th July 9-Aug 8 9:30-11:30 am
CHS/West: Learning Commons

#6306-A Grades 4-5

#6306-B Grades 5-6

Cougar Strength Weight Training

Entering Grades 6-12

Cougar Strength is designed for ALL CENTENNIAL STUDENT ATHLETES who want to develop explosive power, absolute strength, muscular endurance, speed, quickness, agility, flexibility, and cardiovascular fitness.

The program achieves these measured athletic qualities from the use of Olympic lifts and their variations along with other movement preparatory exercises; high-intensity, strength-building exercises; exercises containing plyometric properties; proper technique and teaching progressions; and researched program design and periodization.

Cougar Strength is the only program in the school that connects ALL of our athletes and brings them into one room with a common goal - developing themselves as an athlete to help their teams be successful.

Cougar Strength will challenge you and bring your game to the next level. If you are ready to invest in your future success and more importantly, Centennial athletics future success, sign up today!

Look for the session title that correlates with the grade level entering for fall of 2024-25 school year. There will be no make ups for cancelled sessions due to its low price.

27 sessions M-Th June 10-Aug 1
No session June 19, July 1-4

#6300-1	Males Gr. 11-12	6:45-8:15 am	\$99
#6300-2	Females Gr. 9-12	7:45-9:15 am	\$99
#6300-3	Males Gr. 9-10	8:30-10 am	\$99
#6300-4	Males Gr. 7-8	9:30-10:30 am	\$89
#6300-5	Females Gr. 7-8	10-11 am	\$89
#6300-6	Males/Females Gr. 6	10:30-11:15 am	\$84





Spark Equestrian Day Camp Ages 6-12

Participants will learn the basics of horse care, grooming and riding. Take turns riding and leading horses for other riders while learning the techniques to walk, steer and stop a horse properly. Camp also includes games, crafts, and making treats for the horses. We will spend time both indoors and outside. Long pants and close-toed shoes are required. Helmets will be provided. A waiver will be provided upon registration, completed waivers must be handed in at camp. Please bring a peanut-free lunch and beverage.

Kate Goodpaster

\$140 9 am-2 pm Hardwood Creek Farm

#6960-A	M	June 24
#6960-B	M	July 8
#6960-C	M	July 22
#6960-D	F	Aug 2
#6960-E	F	Aug 23



Middle School Tour & Scavenger Hunt Entering Grade 6

Anxious about transitioning from elementary to middle school? Here's an opportunity to spend a few hours touring the school, meeting new friends from the other elementary buildings, and exploring while taking part in an exciting scavenger hunt. Pizza dinner included. A special greeting from the middle school will be provided.

Clare Waddell

#8501 Th Aug 22 \$18 5-7:30 pm CMS

Upcoming Runs

Kids Obstacle/Mud Run

Saturday, August 3

Mark your calendar for our 5th Annual Kids Obstacle/Mud Run on Saturday, August 3. We are adding some new obstacles and an inflatable big slide! The race will take place on the Centennial High School campus near the stadium. Participants will run on the grounds of the high school completing multiple obstacles, some easy and some a bit more challenging, and ending with a mud pit! Youth participants will receive a t-shirt. Register by July 21 to be guaranteed a shirt. Start times are staggered by age. Please check in a few minutes before your start time.

CHS Campus \$25/child

3 or more children
from same family, \$19

#6101-A	Ages 6/7	9:30 am
#6101-B	Ages 8/9	9:50 am
#6101-C	Ages 10-12	10:10 am
#6101-D	Ages 4/5	10:30 am



32nd Annual Golden Lake Gallop

Saturday, August 10

See page 7 for details.

More Than Pink 5K

Tuesday, August 6

See page 34



MORE THAN PINK



Halloween Hustle

**Save the Date
October 26**



DASH After-School Baseball Camp

Grades K-5

DASH Sports Baseball Camp provides players with a well-rounded experience in a fun environment. Key elements of throwing, fielding/catching, batting, and base running will be taught and practiced, and players will be grouped and challenged at an appropriate level in a fun, positive environment with learning values of 'Respect, Hustle, and Pride'. Camp ends with a scrimmage on the final day. Athletes should bring a water bottle and a baseball glove (spikes and bats are optional). Baseballs and bats are provided.

DASH Sports

4 sessions	\$79	3:55-4:55 pm
#6962-A	M	May 6-June 3
		No class May 27
		RL: Field 2
#6962-B	Tu	May 7-28
		CV: Field 1
#6962-C	W	May 8-29
		BH: Baseball Field
#6962-D	Th	May 9-30
		CHS: Field 3
#6962-E	F	May 10-31
		GL: Field 2



Blastball

Ages 3-5 with adult

Discover this fun game that teaches the fundamentals of baseball and softball. Hitting, running, throwing, and fielding will be covered. A parent/guardian is required to be on the field participating with their child. Teamwork, sportsmanship and safety will be emphasized. Each session includes instruction time and then the last session there will be game play. Blastbase honks when you jump on it adding to the excitement to make it to first base. Bring a baseball glove. Participants will receive a drawstring bag. We are offering a once-a-week option for 4 weeks or a condensed 2-week, twice-per-week option to give families more flexibility with their schedules.

4 sessions	\$52	Tues
		May 21-June 11
		CV: Field 1
#6181-A	5:30-6:15 pm	
#6181-B	6:30-7:15 pm	
4 sessions	\$52	Wed
		July 10-31
		GL: Field 1
#6181-C	5:30-6:15 pm	
#6181-D	6:30-7:15 pm	
4 sessions	\$52	Mon/Wed
		Aug 5-14
		GL: Field 1
#6181-E	5:30-6:15 pm	
#6181-F	6:30-7:15 pm	

DASH Baseball Tykes

Ages 2-5

Looking for a fun introduction to baseball? This camp introduces players to key elements of throwing, fielding/catching, batting, and base running. The final day of class is 'Game Day' and athletes will showcase their skills in a game environment. Athletes should bring a water bottle and a baseball glove. Baseballs and bats are provided. Parent participation is recommended as needed.

4 sessions	\$69	W
		May 8-29
		BH: Baseball Field
#6961-A	Ages 2-3	5:05-5:35 pm
#6961-B	Ages 4-5	5:45-6:15 pm

T-Ball

Ages 5-6

This class will focus on fun and fundamentals. Participants will learn basics and sportsmanship. Please dress to be active, bring a glove and a filled water bottle. Participants will practice skills through fun drills and scrimmage the last couple sessions. T-shirt and hat included.

6 sessions \$84 Mon June 10-July 22
GL: Ball Fields No July 1

#6251-A	5:30-6:15 pm
#6251-B	6:30-7:15 pm

6 sessions \$84 Tues June 11-July 23
Austin Park Field No July 2

#6251-C	5:30-6:15 pm
#6251-D	6:30-7:15 pm

Coach-Pitch Baseball

Ages 6-10

Coach-pitch baseball is for ages 6-10 who are a little more advanced than t-ball. If registration numbers allow, we will group players based on age. The coaches will pitch the ball to the batter overhand, instead of hitting off a tee. Players need a glove, helmet, and water bottle. Fee includes a t-shirt and hat. We are using fields at Golden Lake Elementary and Centerville Elementary. Please indicate your preferred location during registration. We will do our best to honor your location preference, but we will group by age first. Teams will practice and play games at one of those two locations. Approximate times will be 6-7 or 7-8 pm. Practices on Tuesdays will share field and green spaces. Coaches will call their own games on Thursdays - no umpires. We will try to honor one friend request per player. Please note this at time of registration, and they must be reciprocated by the other party. Each location will have four teams, with a max of 12 players per team.

Please let us know if you are interested in being a volunteer coach. We are looking for 2 per team, coaches will receive a refund on registration fees at the end of the season.

#6252	Tu/Th	June 11-July 25
12 sessions	\$84	6-7 pm or 7-8 pm
		depending on team schedule
		CV/GL: Fields



Cougar Cub Girls Basketball Camp Entering Grades 1-3

Time to grab your shoes and water bottle and hit the court. Be a part of the Centennial Cougar Girls' Basketball program by working on the same fundamentals as our high school varsity program. All levels of players are welcome. Players will work to improve their skills based on the level of play they are at - from beginners to those playing in our traveling program. Players will focus on the fundamental skills of dribbling, passing, shooting, and defense through a variety of instruction and games. By the end of the camp, advanced skills will be introduced to players for them to take home and continue to work on their game. Price includes a t-shirt.

Centennial Cougar Girls' Basketball varsity staff and players.

#6150 M/W June 10-26
5 sessions \$75 2:45-4:15 pm
No camp June 19
CHS/West: Gyms

Cougar Girls Basketball Camp Entering Grades 4-12

Join the Centennial High School Girls' Basketball varsity coaching staff as we continue to work to develop some of the best basketball players in the state. Players will work to improve their dribbling, passing, shooting, and defensive skills through a variety of instruction and games. Players will be given ideas to take home in the off-season to help to continue to improve skills that can be transferred over to their game. Price includes a t-shirt.

Centennial Cougar Girls' Basketball varsity coaching staff

10 sessions \$195 Tu/Th
June 11-27, July 9-18 CHS/West: Gyms

#6105-A Gr. 4-5 2:30-4:30 pm
#6105-B Gr. 6-7 12:15-2:15 pm

#6105-C Gr. 8-12 12:15-2:15 pm
9 sessions \$179 M/W
June 10-26, July 8-17
CHS/West: Gyms
No camp June 19

Cougar Boys Basketball Camp Entering Grades 1-12

Time to grab your shoes and hit the court for this beginning basketball camp. Players will work with the high school coaching staff and players to learn the fundamentals of basketball. There is lots of instruction centered around creating a fun, comfortable environment for all involved. Camp includes t-shirt.

Centennial Cougar Boys' Basketball varsity coaching staff

14 sessions \$180 Tu/W/Th
June 11-July 18 CHS/West: Gyms
No practice June 19, July 2-4

#6154-A Grades 7-8 8-9 am
#6154-B Grades 11-12 9-10 am
#6154-C Grades 9-10 10-11 am
#6154-D Grades 4-6 11 am-noon

#6154-E Grades 1-3 9-10 am
5 sessions \$70 M June 10-15
CHS/West: Gyms

Boys & Girls Basketball Open Gym Entering Grades 4-12

The west building gym will be open Tuesday, Wednesday, and Thursday nights from 7-9 pm for basketball players to practice their skills. A gym supervisor will be onsite for the open gym. High School coaches may be present on occasion to offer assistance; however, this is not an instructional program - just a chance for athletes to work on their game. You must pre-register to attend - no walk ups! Participants will check in each night. There will be no open gym on June 19 and the week of July 2-4.

#6149 Tu/W/Th June 11-July 25
17 sessions \$75* 7-9 pm
No practice June 19, July 2-4
CHS/West: Gyms

**Those enrolled in Boys Basketball Camp (Course #6154) or Girls Basketball Camp (Course #6105) this summer can register for Open Gym at the reduced rate of \$50.*

Cross Country Training Camp Entering Grades 3-6

Find out what cross country running is all about. Learn about the concept of pace, and practice managing that pace at varying distances. We'll cover proper running form and discuss why it is important. Cross country's focus is to introduce participants to distance running in a way that is fun, engaging, and relevant to their life. Wear sunscreen, socks and running shoes, comfortable shirt and shorts.

Centennial High School Coach Ryan Evan, team coaches and captains

#6208 M-Th July 29-Aug 1
4 sessions \$69 9:30-11 am
CHS Stadium Track & CHS/West Rm 605



Fencing Summer Camp Entering Grades 2-9

New and returning participants invited. Your favorite instructors return with more knowledge, refined coaching skills, and, of course, your favorite fencing games and arm bands. Safety is our first priority. We supply safety swords, protective masks, chest plates and jackets, in a high-octane, inclusive environment. Join this sport deemed the "sport of the intellectual athlete."

Youth Enrichment League trained instructor

#6029 M-Th July 29-Aug 1
4 sessions \$134 9 am-noon
CHS/East: Upper Gym



After School Soccer Grades K-5

Join high school players and/or coaches for a fun after-school soccer program. Lessons will work on fundamentals through skills and drills. We'll focus on having fun and being active. Scrimmages will take place as well. K-2 will meet in the gym. Please bring tennis shoes. Grades 3-5 will meet outside weather permitting. Tennis shoes are needed if class is inside, or soccer cleats are fine if class is outside. Please bring a water bottle and shin guards.

Jeff Ottosen

Grades 3-5 4 sessions \$49 3:45-5 pm

Blue Heron Elementary
#6419-B M Apr 29-May 20
BH: Baseball Field

Centennial Elementary
#6419-F W May 1-22
CT: Field 3

Centerville Elementary
#6419-H W May 1-22
CV: Field 1

Golden Lake Elementary
#6419-K Th May 2-23
GL: Field 2

Rice Lake Elementary
#6419-D Tu Apr 30-May 21
RL: Soccer Field

Mini Kickers Soccer Ages 3-5

Mini Kickers is a high-energy program for soccer players 3-5 years old. Mini Kickers is a FUN, age-appropriate and professionally guided introduction to the game of soccer.

Boys and girls from novice to competent learn soccer skills through fun games and get to use these new-found skills in a daily scrimmage.

Bring a size 3 soccer ball. Shin guards optional. Tennis shoes only (no cleats). For safety and cleanliness, please carry tennis shoes into gym. Bring water only, no sports drinks or food allowed in the gym. T-shirt included.

Jeff Ottosen

#6379-A Su June 16-July 14
5 sessions \$69 5:45-6:30 pm
CHS/East: Lower Gym

#6379-B Tu June 18-July 23
5 sessions \$69 5:45-6:30 pm
No class July 2 CV: Gym

#6379-C W June 26-July 24
4 sessions \$55 5:45-6:30 pm
No class July 3
CHS/East: Lower Gym

Cougar Soccer Academy Entering Grades K-7

Serious about your soccer development? Then we want you in Cougar Soccer Academy - the highest level of technical and tactical advancement, for boys and girls, with curricular-based learning at its best.

60 minutes of training followed by a 30-minute futsal game for friends and family to watch. We're building a pathway to excellence in our community. T-shirt included.

Coach Ottosen, former Head Boys Varsity Coach

Grades K-3

#6193-A Su June 16-July 14
5 sessions \$159 6:30-8 pm
CHS/East: Lower Gym

#6193-B M June 17-July 22
5 sessions \$159 5:30-7 pm
No class July 1 CV: Gym

#6193-E W June 26-July 24
4 sessions \$131 6:30-8 pm
No class July 3
CHS/East: Lower Gym

Grades 4-7

#6193-C M June 17-July 22
5 sessions \$159 7-8:30 pm
No class July 1 CV: Gym

#6193-D Tu June 18-July 23
5 sessions \$159 6:30-8 pm
No class July 2 CV: Gym

For more soccer camps

See Skyhawks Sports on page 48
& DASH Sports on pages 44-45





Girls Cougar Soccer Camp Entering Gr. 8-12

Designed for the competitive female soccer player who is interested in playing high school soccer in the fall. Athletes will focus on both individual technique and team tactics and be challenged by some of the same activities and tests included in August tryouts. This camp will help with the transition from summer soccer to high school soccer. A training shirt provided. Please bring water, shin guards, soccer ball and cleats.

#6304 Details still pending at time of publication. Check Eleyo for future details and registration information.

Summer Recreational Soccer League Grades K-5

Centennial Soccer Club will be leading the 2024 Summer Recreation Soccer Program! Practice time has a focus on age-appropriate training that will include ball control, dribbling, passing, shooting, defending, and teaching the basics of the game. One night will be practice and the other night will be games. Practices will be 50 min long. Times vary between 5-8 pm.

All sessions are led by volunteer coaches. Schedule, field info, roster, etc will be powered by Sports Engine App (more info will be sent out). Please bring shin guards, cleats, and a soccer ball (size 3 for grades K/1 and size 4 for grades 2-5). Everyone will receive a Centennial Soccer Club jersey. Please indicate t-shirt size when registering. Registration deadline Wednesday, May 29.

Summer Kickoff: June 9 - receive your jersey and meet your coaches!

#6381 W/Su June 9-Aug 4 RL: Soccer Fields \$150

Wednesday practices between 5-8 pm Sunday game time: 3, 4, or 5 pm

No soccer June 19, July 3 & 7

Your team's practice and game times will be finalized prior to season start. Game times will vary. Practice time will be consistent.

See page 51 for Fall Recreational Soccer open now for registration



Consider donating to our financial assistance program

Thank you for supporting additional learning opportunities for those in the Centennial community!

Join us in our mission of making connections within the community, removing barriers and providing learners of all ages with accessible and enriching opportunities... by making a financial gift to our financial assistance program. In showing your support, you are helping to ensure that all families in the community have access to learning and enrichment opportunities.

Last year Community Education provided over \$10,000 in financial assistance to families in our community

We are on pace to have a need that will surpass that number this year. Through this program participants are able to experience a wide variety of high-quality enrichment offerings such as STEM/STEAM and academic classes, swimming lessons, driver education, health and wellness, sports and recreational camps and so much more. Participants enjoy improved abilities, knowledge and social skills. In turn, the community gains greatly as a whole when all are able to pursue quality learning and enrichment opportunities. **When checking out, you can make a financial donation by enrolling in course #50 and help make offerings possible for everyone in our community.**

In addition to monetary support, we also welcome the gift of your time and talents through volunteerism.

Scan the QR Code to contribute & get more information





Youth Cougar Football Camp

Entering Grades 2-5

Designed for tackle football players. This camp features offensive instruction including technique play for quarterbacks, running backs, receivers and linemen. Defensive instruction includes technique play for interior linemen, linebackers, ends and defensive backs. Kicking game skills will also be covered. Participants will be divided into groups according to age.

Come in comfortable athletic clothing and tennis shoes. Helmet and other equipment not needed. Bring a water bottle with your name on it. Camp includes a t-shirt and instruction by high school football coaches and players. Registrations received after July 23 cannot be guaranteed a t-shirt.

Players who are signed up with CYFA for fall 2024 tackle football can attend camp for free; however, must pre-register. Those not registered with CYFA, camp fee is \$65

CHS Football coaches and staff

3 sessions M/Tu/W July 29-31
CHS: Stadium

#6104-A Grades 2-3 5:30-6:30 pm
#6104-B Grades 4-5 6:45-7:45 pm

Cougar Football Camp

Entering Grades 6-8

Learn the Cougar offense, a few new wrinkles, and the 4-2-5 Defense used at all levels of play in the high school. The camp will help players get a head start on the season. Camp includes a t-shirt.

Players who are signed up with CYFA for fall 2024 tackle football can attend camp for free, but must register.

Those not registered with CYFA, camp fee is \$79.

CHS Football coaches and staff

#6113 M/Tu/W July 22-24
3 sessions 6:30-8 pm
CHS: Stadium

Mom and Me Football Challenge

Female Adult & Child Entering Grades 2-5

Time for moms to get out of the stands and spend some time on the turf. Sign up for our 8th Annual Mom and Me Football Challenge. Join State Champion Coach Spencer and CHS football players for a fun evening. Participate in several contests, some involving skill, while others will be for fun. Moms or other adult females are welcome to attend with sons and daughters. Bring a water bottle and dress to play! Rain date August 8.

Coach Spencer and CHS football players

#6116 W Aug 7 6:30-7:45 pm
\$30 adult/child pair; \$6 additional child
CHS: Stadium



Lil Scoopers Intro to Lacrosse

Ages 4-6

A fun, safe introduction to the sport of lacrosse. Sessions will teach the basics of lacrosse by combining various skills and drills with fun and exciting games. Each session is designed to promote coordination, motor skills, physical fitness and self-confidence. Our goal is for each participant to develop as a player and a person. Your child will learn the game of lacrosse, while benefiting from the development of social and listening skills, increased self-confidence, meeting new friends and good sportsmanship. We hope to promote a love of lacrosse that will last through high school and beyond! Cost includes t-shirt and mini stick for your player to keep. No equipment required.

Centennial Youth Lacrosse Association

6 sessions \$75 Su
June 2-July 14 No class July 7
Lexington Athletic Complex

#6170-A 5-6 pm
#6170-B 6-7 pm



For completing in the Mom & Me Football skills challenge, adults will be rewarded with a special edition stocking hat.



Track and Field Camp

Ages 4-12

Our local adult track experts, along with track athletes, are gearing up to offer your child a FUN and CHALLENGING summer track & field experience! Running, sprinting, hurdles, and field events will be offered throughout the week. Each participant will also receive a track program t-shirt. You simply cannot miss your chance to begin building your track skills . . . or better yet, just to have fun outdoors! Families are invited to attend on the last Sunday at 7:15 pm for a mini track meet.

4 sessions Su June 2-23 CMS: Track Field

#6214-A Ages 4-6 6:30-7:15 pm \$34

#6214-B Ages 7-9 6:30-7:45 pm \$59

#6214-C Ages 10-12 6:30-7:45 pm \$59

Girls Cougar Volleyball Camp

Entering Grades 4-9

Learn the fundamentals and increase individual skill level while being introduced to team play. In addition to basics, grades 7-9 will work on offensive and defensive skills, individual and team strategy. Bring knee pads. Camp includes t-shirt.

CHS Varsity Coach, Nicole Christensen, and Varsity Volleyball players

4 sessions \$79 M-Th July 22-25 CHS/West: Gyms

#6350-A Grades 4-6 8-9:45 am

#6350-B Grades 7-9 10-11:45 am



Look for our FREE Social Emotional Skills Mini-Classes for youth ages 6-12

on page 22



"Try Tennis" Clinic by Tenicity

Tennis Program Ages 5-17

In celebration of National Tennis Month, we invite participants to try tennis and bring along their friends to the new Middle School Tennis Courts! Participants will learn tennis skills, play games, and gain encouragement to play the sport. **The event is free, but preregistration is required.**

FREE Sat, May 4 CMS Tennis Courts

#6223-A1 Ages 5-8 4-5 pm

#6223-A2 Ages 9-12 4-5 pm

#6223-A3 Ages 8-12 5-6 pm

#6223-A4 Ages 13-17 5-6 pm

Tenicity Beginner Group Tennis Lessons

Ages 5-17

Our Group Lessons Program will introduce and develop participants in the lifelong game of tennis. Each lesson will have a plan and progressively build the fundamental athletic skills, stroke play technique, mental skills, and understanding of the game's structure. Our program's development path will guide the group's training and our coaching methods will strive to positively develop youth via sports.

Tenicity Team: Our team is led by Harsh Mankad who is a former NCAA Division 1 National Singles Champion (University of Minnesota Gopher Tennis Player) and recipient of the 2023 USTA Junior Development Award. The team includes a group of dedicated coaches who are trained in the program's curriculum and methods.

5 sessions \$86 Sun June 16-July 21 (no July 7)

CHS: Tennis Courts

#6204-A1 Ages 5-8 5-6 pm

#6204-A2 Ages 9-12 6-7 pm

#6204-A3 Ages 13-17 7-8 pm

5 sessions \$86 Sun July 22-Aug 25

CHS: Tennis Courts

#6204-B1 Ages 5-8 5-6 pm

#6204-B2 Ages 9-12 6-7 pm

#6204-B3 Ages 13-17 7-8 pm



Centennial Youth Flag Football

Join the Cougar team!

Why flag football for K-1?

- Introduce football in a non-contact setting (strictly enforced)
- Learn and focus on:
 - Fundamentals
 - Various positions & skills
 - Terminology
 - Game rules
 - Sportsmanship + more!
- Promote physical activity and form new friendships



Visit centennialyouthfootball.com
to register for flag and learn more

Older? Visit the same site to register for 2-8 tackle football!

Grades: K – 1 (boys & girls)

Cost: \$65 (includes game jersey, flags/belt, referees and field use).

Player will need athletic shoes or molded cleats, and a mouth guard.

Additional questions?

Contact: cyfamn@gmail.com



Key flag dates

Registration: April 15 – August 15

Practices: Begin late August/early September

Games*: Early September – mid October

*Games begin after Labor Day and end by Oct. 13.
8-10 total games played, all at Aquatore Park in Blaine.



Centennial Youth Tackle Football

Join the Cougar team!

Why tackle football?

- Experience the ultimate team-building sport and meet new people
- Develop skills properly, leveraging new and safer tackling techniques
- Increase physical strength and great overall exercise
- Apply life lessons off the field; build resilience



Visit centennialyouthfootball.com
to register for tackle and learn more

Not in 2nd grade yet? Visit the same site to register for K-1 flag football!

Grades: 2 – 8 (boys & girls)

Cost: \$225 grades 3-8; \$99 grade 2

Contact: cyfamn@gmail.com



Key tackle dates

Registration: April 15 – June 17

Weigh-ins: May 14 & June 17

Clinics: June 17 & 20

Camps: July 22, 23 & 24 (Gr. 6-8)

July 29, 30 & 31 (Gr. 2-5)

Practices: Begin week of Aug. 5

Games*: Late August – late October

*Games could begin the last week of August; final bowl games weekend of Oct. 12-13 for grades 2-6 and end of October for grades 7-8.





DASH Volleyball Tykes **Ages 3-5**

DASH Sports Volleyball Tykes camps provide players with an introductory experience in a fun environment. Key volleyball skills such as passing, serving, and hitting will be introduced and practiced throughout the week. Fun volleyball skill-specific games are also incorporated. This camp is a great opportunity for an introductory experience in volleyball. Athletes should bring in clean dry shoes, a water bottle and snack (knee pads optional). Balls are provided.

#6955-C M-Th June 24-27
4 sessions \$79 4:30-5:15 pm
CHS/East: Lower Gym

DASH Volleyball **Ages 6-12**

DASH Sports Summer Volleyball camps provide players with a well-rounded experience in a fun environment. Key volleyball skills such as passing, serving, and hitting will be taught and practiced. Fun, volleyball skill-specific games are also incorporated, giving players game-type experience, and a better understanding of the game. Athletes should bring clean dry shoes, a water bottle and snack (knee pads optional). Balls are provided.

4 sessions \$139 M-Th June 24-27
CHS/East: Lower Gym

#6955-A Ages 6-8 9 am-noon
#6955-B Ages 8-12 1-4 pm

DASH Basketball Tykes **Ages 2-6**

DASH Sports Basketball Tykes camps provide players with an introductory experience to the great game of basketball through fun, skill-based drills and mini-games. Players will be taught how to properly dribble, pass, shoot and play defense in a fun and positive environment. Athletes should bring a water bottle and wear athletic clothing & shoes. Balls are provided. Parent participation is required for the 2-3 yr. old age group and recommended when needed for the 4+ year old age group. Please bring in clean dry shoes and water only. No sports drinks or food allowed in the gym.

4 sessions M-Th July 22-25
CHS/East: Lower Gym

#6953-A Ages 2-3 \$69 4:05-4:35 pm
#6953-B Ages 4-6 \$79 4:40-5:25 pm

DASH Soccer Tykes **Ages 2-6**

Dash Sports Soccer Tykes camps provide players with an introductory experience to the game of soccer. Key elements of dribbling, passing, and shooting will be taught and practiced. Fun, skill-based games will be played to practice newly learned skills. Athletes should bring a water bottle and wear athletic clothing and shoes. Shin guards optional. Soccer balls are provided. Parent participation is required for the 2-3 year old age group and recommended when needed for 4+ yr old age group.

4 sessions M-Th July 29-Aug 1
CHS: Practice Turf

#6965-A Ages 2-3 \$69 4:30-5 pm
#6965-B Ages 4-6 \$79 5:15-6 pm

DASH Jr. NBA Basketball Camp **Ages 5-12**

DASH Sports Jr. NBA Basketball skills camps provide players a well-rounded basketball experience covering a broad range of skills training and skill-based games. Players learn how to properly shoot, pass, dribble, and play defense in a fun and positive environment. This camp features two days of basketball skills training and instruction and two days of instructor led games/scrimmages. Each player will also receive a Jr. NBA jersey of their favorite team with registration. Athletes should bring a snack and water bottle. No sports drinks, water ONLY allowed in the gym. Balls are provided.

4 sessions \$164 M-Th July 22-25
CHS/East: Lower Gym

#6954-A Ages 5-8 9 am-noon
#6954-B Ages 8-12 1-4 pm



Look for our FREE Social Emotional Skills Mini-Classes for youth ages 6-12

on page 22



DASH Sports Sampler & Games Tykes Ages 2-6

DASH Sports Summer Sampler Tykes camp provides players an introductory experience to several popular sports games. This camp includes instruction in soccer, flag football and T-ball. Little athletes will learn how to run, throw, catch, kick and more! This camp ends on the final day with fun scrimmages and games. Participants should bring a baseball glove, water bottle and wear athletic clothing and shoes. All other equipment is provided. Parent participation is required for the 2-3 year old age group and recommended when needed for 4+ yr old age group

4 sessions M-Th Aug 12-15
CMS: Field 8

#6423-A Ages 2-4 \$69 4:30-5 pm
#6423-B Ages 4-6 \$79 5:15-6 pm

DASH Sports Sampler & Games Ages 6-12

DASH Sports Summer Sampler camp includes fun skills training and games in three sports: soccer, basketball and track & field. Key sports skills will be taught and practiced in all three sports so athletes will come out of camp with a great understanding of key skill components and gameplay of each sport. Camp ends with games/scrimmages the final day for each sport, where athletes can showcase their skills. Campers should wear sunscreen, athletic shoes and clothing. Bring a water bottle and snack. All equipment is provided.

#6423-C M-Th July 15-18
4 sessions \$139 9 am-noon
CHS/East: Upper Gym & Practice Turf

DASH MLS GO Mini Soccer League

Ages 6-12

DASH Sports MLS GO Summer Soccer Mini-Leagues provide players a well-rounded soccer experience covering a broad range of soccer skills (dribbling, passing, shooting, and defense) training and scrimmages and games. This camp consists of one day of skills training followed by three days of games (one hour each).

Athletes should wear athletic clothes and shoes. Shin guards are optional. Bring a water bottle and a snack. Balls are provided. Each participant will receive an MLS GO uniform with registration consisting of a jersey, shorts and socks.

M-Th July 29-Aug 1 \$169
4 sessions CHS: Practice Turf

#6966-A Ages 6-8 9 am-noon
#6966-B Ages 8-12 1-4 pm



DASH Multi-Sport Camp Ages 6-12

DASH Multi-Sports camp includes fun skills training and games in three sports: soccer, basketball, and flag football. Key sports skills will be taught and practiced in all three sports including: dribbling, passing, shooting, defense and more! Also included daily are fun games such as Dodgeball, Capture the Flag, Kickball and more! Camp ends with games/scrimmages the final day for each sport, where athletes can showcase their skills. Full-day campers should bring a water bottle, lunch, and two snacks. Half-day campers should bring a water bottle and a snack. Wear athletic shoes and clothing. All equipment is provided. To allow for flexibility in your schedule and meet your needs we are offering this camp as half day or full day camp. Choose what works best for you.

#6216-A Ages 6-12 9 am-4 pm
2 sessions \$139 W-Th June 5-6
BHE: Gym 1 & 2

#6216-B Ages 6-12 9 am-4 pm
3 sessions \$189 M-W July 1-3
CHS/East: Lower Gym

#6216-C Ages 6-8 9 am-noon
#6216-D Ages 8-12 1-4 pm
4 sessions \$139 M-Th Aug 12-15
CMS: Gym 3

#6216-E Ages 6-12 9 am-noon
#6216-F Ages 6-12 1-4 pm
4 sessions \$139 M-Th Aug 19-22
CMS: Gym 3

#6216-G Ages 6-12 9 am-4 pm
4 sessions \$259 M-Th Aug 19-22
CMS: Gym 3





DASH Flag Football Tykes Camp Ages 2-6

Dash Sports Flag Football Tykes camps provide players with an introductory experience to the great game of football in a little to no contact safe environment. Key elements of passing, catching, rushing, and defense will be taught and practiced. Fun, skill-based games will be played to practice newly learned skills. Athletes should bring a water bottle and wear athletic clothing & shoes (spikes/cleats are optional). Footballs and flag belts are provided. Parent participation is required for the 2-4 yr. old age group and recommended when needed for the 4+ yr old age group.

4 sessions M-Th June 10-13
BHE: Baseball Field

#6957-A Ages 2-4 \$69 4:30-5 pm
#6957-B Ages 4-6 \$79 5:15-6 pm

DASH Flag Football Camp Ages 6-12

Dash Sports Summer Flag Football Camp provides players with a well-rounded football experience in a little to no contact safe environment. Key elements of passing, catching, rushing, and defense will be taught and practiced daily. Players will be grouped and challenged at an appropriate level in a fun, positive environment while learning values of Respect, Hustle, and Pride. Camp ends with a scrimmage/games the final day where players can showcase their skills. Athletes should bring a snack and water bottle. Wear sunscreen and athletic clothing & shoes (spikes/cleats and mouth guards are optional). Footballs and flag belts are provided.

4 sessions \$139 M-Th June 10-13
BHE: Baseball Field

#6956-A Ages 6-8 9 am-noon
#6956-B Ages 8-12 1-4 pm

DASH Lacrosse

Ages 6-12



DASH Sports Summer Lacrosse camps provide participants a no-contact introductory experience to the game. Athletes will learn basic lacrosse fundamentals including stick handling, cradling, passing and shooting all in a fun, non-checking environment. This is a non-contact camp, helmets, gloves and mouth guards are not required but can be brought with and worn. Sticks and safety lacrosse balls are provided. Participants should wear athletic clothes and shoes. Bring a water bottle and snack.

#6256 M/Tu, Th June 17-18, 20
3 sessions \$105 9 am-noon
No class June 19
CHS: Practice Turf

DASH Floor Hockey Tykes Camp Ages 3-6



DASH Sports Floor Hockey Tykes camp provides little athletes an introductory hockey experience covering a broad range of skills training and skill-based games. Players will be taught how to properly stickhandle, pass, and shoot in a fun and positive environment. Athletes should bring a water bottle. Sticks and pucks are provided. Parent participation is encouraged when needed.

#6255-B M/Tu, Th June 17-18, 20
3 sessions \$59 4:30-5:15 pm
No class June 19
CHS/East: Lower Gym

DASH Floor Hockey Camp Ages 6-12



DASH Sports Floor Hockey camp provides players a well-rounded hockey experience covering a broad range of skills training and skill-based games. Players will be taught how to properly stickhandle, pass, shoot, and play defense in a fun and positive environment. Camp ends with games/scrimmages on the final day. Athletes should bring a water bottle and a snack. Sticks and pucks are provided.

#6255-A M/Tu, Th June 17-18, 20
3 sessions \$105 1-4 pm
No class June 19
CHS/East: Lower Gym



DASH Athleticism Tykes Camp Ages 2-6



DASH Sports Athleticism Tykes camps provide little athletes with an overall introduction to building athleticism.

The camp experience includes running, agility, jumping, hopping and balance/body control. Camp consists of many different types of activities, drills, and games, all tailored specifically to introduce athletics to all the components of being an athlete. Campers should bring a water bottle and wear athletic shoes. Parent participation is required for the 2-3 year old age group and recommended when needed for the 4+ year old age group.

4 sessions M-Th Aug 5-8 CMS: Field 9

#6254-A Ages 2-4 \$69 4:30-5 pm

#6254-B Ages 4-6 \$79 5:15-6 pm

DASH Athleticism Camp Ages 6-12



DASH Sports Summer Athleticism camps provide participants with an overall athleticism-building camp experience including speed training, agility, endurance body control/balance, quickness, strength, power and jumping. Camp consists of many different types of physical activities, drills and games, all tailored specifically to enhance overall athletic performance. Campers should wear athletic clothes and shoes. Bring a water bottle and snack.

#6254-C M-Th Aug 5-8

4 sessions \$139 9 am-noon
CMS: Field 9

DASH Phy-Ed Games Camp Ages 6-12

DASH Sports Summer Phy. Ed Games camp provides participants with a fun experience learning and playing your favorite physical education games! Games will include: Capture the Flag, Kickball, Dodgeball, Tag games, Ultimate Frisbee/Football, Soccer, Sharks and Minnows and more! Participants will learn teamwork and values such as respect, hustle and pride, all in a fun environment. Campers should bring a snack and water bottle. All equipment is provided.

#6963 M-Th Aug 5-8

4 sessions \$139 1-4 pm

CMS: Field 8 & 9

DASH T-Ball Tykes Camp Ages 2-6

Looking for a fun introduction to baseball? DASH Sports T-Ball Tykes Camp introduces players to key elements of throwing, fielding/catching, batting, and base running. The final day of class is 'Game Day' and athletes will showcase their skills in a game environment. Athletes should bring a water bottle and a baseball glove. Baseballs and bats are provided. Parent participation is recommended as needed.

4 sessions M-Th July 15-18

BHE: Baseball Field

#6961Su-A Ages 2-4 \$69 4:30-5 pm

#6961Su-B Ages 4-6 \$79 5:15-6 pm



DASH Baseball Camp Ages 6-10

DASH Sports Summer Baseball Camp provides players with a well-rounded experience in a fun environment. Key elements of throwing, fielding/catching, batting, and baserunning will be taught and practiced, and players will be grouped and challenged at an appropriate level in a fun, positive environment with learning values of Respect, Hustle, and Pride. Camp ends with a scrimmage on the final day.

Athletes should wear sunscreen. Bring a snack, water bottle and a baseball glove (spikes and bats are optional). Baseballs and bats are provided.

#6962Su M-Th July 15-18

4 sessions \$139 1-4 pm

BHE: Baseball Field

DASH Pickleball Camp Ages 6-12 or Entering Grades 6-8

Pickleball is a fun sport that combines many elements of tennis, badminton and ping-pong.

DASH Sports Pickleball camps provide participants with an introductory experience to the game in a fun and positive atmosphere. Emphasis is on technique and game play.

Key elements of serving, returning, volleys, overheads, and lobbing will be taught and practiced. Camp ends with scrimmages/games on the final day.

Participants should bring a pickleball paddle, water bottle, and snack. Wear sunscreen, athletic clothing and shoes. Balls and all other equipment are provided. We do have some paddles available to borrow. Please indicate during registration if you will need a paddle.

4 sessions M-Th \$139 July 8-11
Lino Park

#6179-A Ages 6-12 9 am-noon

#6179-B Grades 6-8 1-4 pm



Participants should wear appropriate clothing for their activity.

Bring two snacks, a filled water bottle, running or tennis shoes.

Please bring sunscreen for outdoor activities, & clean dry athletic shoes for indoor activities.

Skyhawks Sports Camps

Skyhawks Cheerleading Camp Ages 6-10



This program teaches young athletes the essential skills to lead the crowd and support the home team! Each participant will learn cheers, proper hand/body movements and jumping techniques. There is no stunting, just a big focus on fun while each cheerleader learns important life skills such as teamwork, leadership and more. The program concludes with a final cheer performance that parents are welcome to watch.

#6159-A M-Th July 15-18
4 sessions \$139 9 am-noon
Jim Peterson Athletic Complex

#6159-B M-Th Aug 12-15
4 sessions \$139 1-4 pm
CMS: Gym 5

Skyhawks Flag Football Camp Ages 6-12

Boys and girls learn skills on both sides of the football, including the core components of passing, catching and defense all in a fun and positive environment.

4 sessions \$139 9 am-noon
Jim Peterson Athletic Complex

#6158-A Ages 6-8 M/T, Th/F
June 17-18, 20-21
No class June 19

#6158-B Ages 8-12 M-Th
June 15-18

Skyhawks Super Tots Soccer Ages 2-4

Our soccer-themed motor skill classes make it easy for children to find success. Younger age groups focus on developing motor skills and self confidence; older age groups focus on developing core soccer skills and personal improvement while introducing an element of light competition. Wear appropriate clothing for the weather.

4 sessions \$69 Mon July 15-Aug 5
Laurie LaMotte Memorial Park

#6161-E Ages 2-3 5-5:30 pm
#6161-F Ages 2-3 6:10-6:40 pm
#6161-G Ages 3-4 5:35-6:05 pm
#6161-H Ages 3-4 6:45-7:15 pm

4 sessions \$69 Mon-Thur Aug 12-15
CMS: Field 8/9

#6161-J Ages 2-3 9-9:30 am
#6161-K Ages 2-3 9:40-10:10 am
#6161-L Ages 3-4 10:40-11:10 am
#6161-M Ages 3-4 11:20-11:50 am



Skyhawks Soccer Camp Ages 6-12

Designed for beginner and intermediate players, this camp focuses on dribbling, passing, shooting and ball control. Using a variety of skill-based games, athletes are able to practice skills constantly over the course of the week, while having FUN! Participants will put all of their newly learned skills to use during our World Cup tournament day, which is the last day of camp.

4 sessions \$139 CMS: Field 8

#6161-A M-Th June 10-13 1-4 pm
#6161-B M-Th Aug 5-8 9 am-noon

Skyhawks Mini Hawk Camp Ages 5-7

This soccer, basketball and flag football program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

4 sessions \$139 1-4 pm

#6166-A M/Tu, Th/ F June 17-21
No camp June 19
Jim Peterson Athletic Complex

#6166-B M-Th July 29-Aug 1
Laurie LaMotte Park



Skyhawks Track & Field

Ages 6-12

Skyhawks Track & Field combines technical development, fundamental techniques, and safety with a major focus on fun! Using special equipment, our staff teach the standard track & field events: long distance, sprints, relays, shot put, discus, and standing long jump. Our exercises and drills prepare athletes for a future in cross-country, track & field events, and distance running while inspiring a love for running and being active. Participants put it all together for one fun-filled day at the Skyhawks track meet!

4 sessions \$139 9 am-noon
CMS: Track

#6162-A M-Th June 10-13
#6162-B M-Th July 22-25

Skyhawks Multi-Sport Camp

Ages 6-12

Our Multi-Sport Camp is designed to introduce young athletes to a variety of different sports in one setting. For this program we combine three sports into one, fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.

June 10-13 camp will do Soccer, Flag Football and Basketball.

June 24-27 and July 29-Aug 1 camps will do Soccer, Flag Football and Ultimate Frisbee.

4 sessions \$139 M-Th

#6164-A June 10-13 1-4 pm
BHE: Gym 1&2

#6164-B June 24-27 9 am-noon
CMS: Field 8

#6164-C July 29-Aug 1 9 am-noon
CMS: Field 8



Skyhawks Volleyball Camp

Ages 6-14

All aspects of volleyball are taught through drills and exercises that focus on bumping, setting, hitting, and serving. This program is designed for the beginner and intermediate player. Our staff will assist campers in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

Beginner Ages 6-12

4 sessions \$139 M/T, Th/F
June 17-18, 20-21 No class June 19
BHE: Gym 1 & 2

#6157-A Ages 6-12 9 am-noon
#6157-C Ages 6-12 1-4 pm

Intermediate

4 sessions \$139 M-Th 1-4 pm
CHS/East: Lower Gym

#6157-B Ages 9-12 Aug 5-8
#6157-D Ages 11-14 July 15-18

Skyhawks Basketball Camp

Ages 6-14

This fun, skill-intensive program is designed for beginning and intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. For those older players with a minimum of 2 seasons of structured programming, we have added an intermediate program. Participants should already understand basketball rules, positions and offense and defensive fundamentals.

Beginner Ages 6-12

4 sessions \$139 M-Th 1-4 pm
CHS/East: Lower Gym

#6160-A July 8-11

#6160-B July 29-Aug 1

Intermediate Ages 12-14

#6160-C July 15-18
4 sessions \$139 M-Th 9 am-noon
CHS/East: Lower Gym

Skyhawks Beginning Golf

Ages 5-8

Skyhawks Beginning Golf is the recommended entry-level golf program. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swings are all taught through games, simple repetitive motions, and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided.

4 sessions \$139 1-4 pm CMS: Field 8

#6418-A M-Th June 24-27

#6418-B M-Th July 22-25

Ninja Training

Ninja obstacle training is extremely popular with kids and is a fun, unique way to develop confidence, strength, endurance, balance, and friendships! Sign up today to see how Ninjas is easily one of the fastest growing sports today. Not only is it the fastest growing sport, but it is the fastest growing, cross-training sport as well. Athletes benefit from training in agility, power, perseverance, and resilience; attributes that all athletes strive to improve.



Intro to Ninja Ages 6-13

A great beginner class! Levels 0 & 1. Ninjas develop strength and agility during this four-week course by learning different styles and techniques to master all obstacles. We have warped walls, angled steps, salmon ladders, cliff hangers, tilted ladders; all Ninja inspired obstacles. Increase flexibility, problem-solving, coordination and self-esteem that can be transferred into ninja levels testing or enhance other athletic performances.

4 sessions \$95

#6210-A	W	June 5-26	5-6 pm
#6210-B	Su	June 9-30	4-5 pm
#6210-C	Su	July 7-28	4-5 pm
#6210-D	W	July 10-31	5-6 pm

All classes & camps are held at Conquer Ninja Gym in Blaine, and are coached by experienced Ninja Trainers

Next Step-up Ninja, a step above Intro

Ages 6-13

If your ninja has been taking Intro to Ninja and is ready for a step up, this is the perfect class!! Levels 1 & 2, just a step or two above the basics. This is a 4-weeklong course.

4 sessions \$95 6:15-7:15 pm

#6217-A	W	June 5-26
#6217-B	W	July 10-31

Ninja Summer Camps

Ages 6-13

This summer give your child an American Ninja Warrior Experience! Young Ninjas develop strength and agility during this camp by learning different styles and techniques to master all obstacles. We have warped walls, angled steps, salmon ladders, cliff hangers, tilted ladders; everything you need to put your ninja skills to work. This camp transfers well into ninja levels testing or enhances other athletic performances.

4 sessions \$175 M-Th 9-11 am

#6211 See website for dates.

Camps start most Mondays June-Aug

Conquer Ninja Rec Team

Ages 6-13

Our Conquer Rec Team is designed for youth, ages 6-13 of all experience levels. Our Rec Team will practice on real obstacles inspired by the TV show such as warped walls, salmon ladders, tilting ladders, and so much more during their weekly practice. Rec Team members will learn the styles and techniques to develop their Ninja Skills with over 40 different obstacles! This 8-week Rec Team consists of 6 practices and 2 competitions (week 4 and week 8).

8 sessions \$199 5-6 pm

#6213-A Su July 7-Aug 25
Comp dates: July 28 and Aug 25

#6213-B Tu July 9-Aug 27
Comp dates: July 30 and Aug 27

Advanced Conquer Ninja Rec Team Ages 6-13

Our Conquer Advanced Ninja Rec Team is designed for youth who have already done Rec Team before and are past the beginner level. This 8-week Rec Team consists of 6 practices and 2 competitions (week 4 and 8).

8 sessions \$199 6:15-7:15 pm

#6218-A Su July 7-Aug 25
Comp dates: July 28 and Aug 25

#6218-B Tu July 9-Aug 27
Comp dates: July 30 and Aug 27





Fall Activities Open Now



Fall Recreational Soccer

Grades K-5 in fall of 2024

Centennial Soccer Club introduces age-appropriate, individual technical development and the tactical concepts of soccer to children in kindergarten through 5th grade. Practices and games will be age appropriate that include ball control, dribbling, passing, shooting, defending, and teaching the basics of the game.

All sessions are led by volunteer coaches. Schedule, field info, team info, etc will be powered by the Sports Engine App (more info will be sent out).

Season Dates: August 18 - October 9. No soccer August 28 and August 31. Practice will be 45 minutes long. Practice night is on Wednesdays anytime between 5-8 pm. Games played on Saturday mornings between 9 am-noon.

Bring a soccer ball: Grades K/1 size 3; Grades 2-5 size 4. Please wear soccer cleats, and shin guards.

\$140 Rice Lake Elementary-southeast soccer fields
Registration Deadline August 10. No refunds thereafter.

- #6381F-A Grade K (co-ed)
- #6381F-B Grade 1 (co-ed)
- #6381F-C Grades 2-3 (girls)
- #6381F-D Grades 2-3 (boys)
- #6381F-E Grades 4-5 (co-ed)

We are looking for coaches!

Coaches get a reimbursement for one child's registration fee at the end of the season! Please indicate your interest when registering if you are willing to help! Curriculum will be provided.

Mini Cougar Cheer Clinic

Grades 1-5

Your mini Cougar will learn and perform cheers with the CHS varsity cheerleaders during part of a Centennial home FOOTBALL game on October 4.

Practice for the game performance will be on Saturday, September 28. Wear comfy athletic clothes, tennis shoes and bring a water bottle.

On game day, arrive at 5:45 pm to check in at the CHS WEST gym to get ready. At game time, girls will sit with their families to start and then join the cheerleaders on the sideline at the designated time and then perform with them at halftime. Pick up your mini Cougar after the half-time routine to join you in the stands to watch the remainder of the game. Family members will need to pay to attend the game. Registration will close 10 days before game day.

Registration fee includes poms, cheer bow, snack during the clinic and child game day entry fee.

CHS Varsity Cheerleading coach and cheerleaders

#6172 \$49 CHS/West: Gym

Practice: Sat, Sept 28 12-4 pm

Game: Fri, Oct 4 5:45 pm drop off

Centennial Dance Clinic

Grades K-6

Join the CHS Dance Team for an evening of dance, pizza and fun. Learn a dance routine from the high school dancers and coaching staff to perform during a Centennial home FOOTBALL game on September 13.

Practice for the performance will be on Thursday, September 12. Wear comfy athletic clothes, tennis shoes and bring a water bottle.

On game day, drop your dancer off at the CHS West Cafeteria at 6:30 pm to practice before the game. After the half-time performance, pick up your dancer on the sideline to watch the remainder of the game. Family members will need to pay to attend the game.

Registration fee includes a t-shirt, pizza on Thursday, game entry fee and dance instruction. Indicate t-shirt size when registering. Registration closes September 3.

CHS Dance Team and coaching staff

#5553 \$49

Practice: Thu, Sept 12 5:30-7:30 pm CHS/East: Lower Gym

Game: Fri, Sept 13 6:30 pm drop off CHS/West: Cafeteria

Driver Education

Learn to drive safely and with confidence in preparation for your Minnesota provisional driver's license

Participants begin with 30 hours of in-class instruction to prepare for the knowledge (permit) test. Next step is to enroll in a behind-the-wheel program. Participants will then receive a certificate of enrollment and classroom completion card (blue card) allowing them to take their knowledge test. Pass the test and finish the process by completing 6 hours of behind-the-wheel instruction. All instructors are licensed teachers and licensed driver education teachers.

Due to high demand and the need for advanced registrations, any changes or cancellations once registered will incur a \$20 charge per occurrence. Missed driving sessions will be charged \$93 per occurrence.



Driver Education Classroom Ages 14 ½+

The first phase of driver education consists of 30 hours of in-class instruction that prepares students for the knowledge (instructional permit) test. Students will increase their understanding of basic skills, principles, and processes of responsible driving. Areas of concentration include driver's rights and responsibilities, alcohol and other drugs, signs-signals-road markings, rules of the road, safe driving tips, Minnesota traffic laws, and limitations for teen drivers. The AAA Driver Training Program curriculum emphasizes the latest concepts in driver safety. Participants who miss a class must wait for the next classroom series to make up for missed time.

Students who are age 15 by the end of classroom and already registered for BTW will receive their Certificate of Enrollment and Classroom Completion card (blue card) the last day of class.

Must attend all 10 classes Instructor: Matt Fenno

10 sessions \$175 Mon-Fri June 17-July 1 No class June 19 CHS/West Rm 409

#8550-A 8-11 am

#8550-B 11:30 am-2:30 pm

Driver Education Behind-the-Wheel BTW

Prerequisite: Must have completed 30 hours of classroom instruction, be at least 15 years of age. The second phase of driver education consists of 6 hours of hands-on instruction. Students MUST have passed their knowledge test and have their permit to start BTW lessons. Only once you have your permit will you be assigned to an instructor for lessons. Lessons are either one-on-one for three, 2-hour lessons or two-on-one for six, 1-hour lessons. All lessons begin and end at the front of the Centennial High School West campus building. Visit isd12.ce.eleyo.com for availability. Spots are limited.

Instructors: Craig Sturlaugson, Mickey Bluedorn & Matt Fenno

#8551 \$300

Need a 2-hour refresher before taking your driver's test?

Call Community Ed at 763-792-6100



Girl Scouts.

gsrv.gs/join



FIND YOUR

Courage

girl scouts
river valleys



Birthday Parties Ages 4-12 up to 15 children

Parties booked year round on Saturday afternoons and are one and a half hours in length.

Spend the first hour doing gymnastics or playing in the pool. The last half hour reserved for refreshments you would like to provide or a gift opening. Chairs and tables provided with decorative table coverings. All participants must have a signed waiver to participate. Party host on site for the duration of your party.

Swim Relax and enjoy your child's birthday or special occasion in our indoor pool that is especially reserved for your child. Certified lifeguard on duty but parents/guardians must accompany swimmers who cannot swim the width of the pool with front crawl, non-stop with rhythmic breathing.

Gymnastics Throw an energized party where guests will tumble, flip, swing and dangle in a safe, fun gymnastics environment. Start with a short warm up and then choose from three combinations of activities to customize your party. Gymnastic staff on hand at all times to supervise and lead gymnastic activities.

Reserve your date today!

Parties booked Saturday afternoons Call Community Education for availability 763-792-6100.



Have a special date or time request that is outside those listed?

Give us a call and we'll see if we can make it work.

\$140 CHS/East: Lower Level



Kids Club

School Age Child Care

Centennial Kids Club is a fee-based school age child care program serving families and their children before and after school, at each of our elementary schools. We also offer care on non-school days and throughout the summer at limited locations.



Kids Club – where we build, we tinker, we paint, we work together, and we create friendships in Centennial Community Education’s choice-based school-age care program.

Space is limited and does fill, so register early. Kids Club provides a safe, stimulating, high quality program with an enriching educational and recreational environment, enhancing development of children in critical thinking, academics, self and social awareness, physical development, creative expression and recreational activities.

Kids Club utilizes Character Strong, a SEL (Social Emotional Learning) curriculum. Character Strong focuses on nine different traits: Respect, Responsibility, Gratitude, Empathy, Perseverance, Honesty, Cooperation, Courage, and Creativity.

2024-25 School Year Enrollment

Registration is available at all five elementary schools, before and/or after school and on Non-School Days (NSD).

Registration Windows:

1. April 1-15: Families currently attending Kids Club or Pre-K Kids Club. Space is limited.
2. April 29-May 13: New Families. Space is limited.
3. June 17: Registration remains open, accepted on a first come, first served basis. Space is limited.

Do you enjoy interacting with children?

Kids Club is looking for quality staff to work before and after school as well as substitutes to work in our before and after school programs at all five elementary schools. We are hiring summer staff. Please apply online at isd12.org/join-our-team. You must be 16 years of age. For more information call 763-792-6110 or email mnelson@isd12.org.

2024 Summer Kids Club C.A.M.P. Enrollment

Kids Club offers a summer program for children enrolled and planning to attend kindergarten, who can use the bathroom independently, through grade 6. C.A.M.P. runs Tuesday, June 11 through Friday, August 15 at Centennial, Centerville, and Rice Lake Elementary. Space is limited at each site. Please register early! **Limited care also available the week of August 19-22 at a to-be-determined site. No C.A.M.P. June 19 & July 4-5.**

Children are organized by grade into groups. Each room environment features age-appropriate centers with games, blocks, manipulatives, arts and crafts, reading center and creative play area. Outdoor recreational experience happens daily as well.

Summer Registration Fee: \$55 – Registration began February 19 and continues through May 13 on a first come, first served basis. Limited spaces remain for summer. Registrations received after May 14 will start as soon as possible after June 24, space permitting.

Summer Kids Club C.A.M.P. Enrollment Options:

Registration is a Pick Your Days process, with a minimum of 18 days. Families are responsible to choose their days at the time of registration.

For rates and more information, please check our website communityed.isd12.org/kids-club/summer-registration

Registration For both 2024 Summer and 2024-25 School Year enrollment

All Kids Club registrations should be completed through your family’s Eleyo account during the appropriate registration window. At the end of the registration period, if we have received more registrations than we can accommodate, a lottery will occur. If a window fills, or there is not enough space for all received registrations, all registrations received in that window will be randomized. All registrations received during that window have equal chance of being accepted. Registrations will be accepted based on available space.

Registrations that are not accepted:

Will be placed on a wait list in random order and windows moving forward will have contracts randomized and placed on the wait list.

Need more information?

For more information or to view rates for 2024-25, visit our Kids Club website communityed.isd12.org/kids-club For assistance with registration or questions, contact Administrative Assistant, Dawn Turnblad at 763-792-6193, or email kidsclub@isd12.org



Pre-K Kids Club

Full-day Centennial Preschool classes may be combined with before and/or after school care through Pre-K Kids Club. Care is available from 6:30-9:30 am and 4-6 pm and Kids Club Non-School Days. Space is limited. Note that Pre-K Kids Club fees are in addition to preschool tuition. For more information, visit communityed.isd12.org/kids-club

For questions about Pre-K Kids Club, contact the Kids Club office at 763-792-6193 or email kidsclub@isd12.org.

Gearing Up for Kindergarten

Students entering Kindergarten Fall 2024

Entering kindergarten is a major transition in the life of a child and his or her parents. Kids need to be ready for school, and schools need to be ready for kids. That's why our Gearing Up for Kindergarten class, taught by a licensed Centennial teacher, prepares parents and their children for success in school. Students will get experience learning with peers in a structured classroom environment, and parents will receive support through parent education resources.

Register online at isd12.ce.eleyo.com

9-11:30 am Aug 5-8 & Aug 12-15 Mon-Thur
2 weeks (8 sessions) \$100 per child
Early Childhood Center at Rice Lake Elementary (Door C)



Centennial Preschool

Ages 3 & 4 by September 1

Registration is Open for Remaining Seats

The Centennial School District provides high-quality part-day and full-day preschool experiences designed to help children develop skills and behaviors necessary for success in kindergarten and beyond.

Classrooms are located at each of the elementary schools in the Centennial School District as well as the Early Childhood Center. Tuition discounts and scholarships may be available to those who qualify.

View the preschool brochure and more information at earlychildhood.isd12.org. Register at isd12.ce.eleyo.com

Centennial Preschool is a fee-based program. Financial aid is available to families who qualify, but funds are limited. Register early to ensure we can make preschool affordable for your family.

Program Options

Part-day classes for children 3 and older are offered mornings and afternoons at the Early Childhood Center. Full-day classes for children 4 and older are offered at each of the elementary schools. Please see the brochure for schedule details.

Need more information?

For questions about preschool registration, tuition, and enrollment options, call the Early Childhood office at 763-792-6120 or email earlychildhood@isd12.org. For questions about Pre-K Kids Club, contact the Kids Club office at 763-792-6193 or email kidsclub@isd12.org.

Early Childhood Family Education

Programming for families with children ages birth to kindergarten

Learn and grow together through parent and child interaction, guided play and learning experiences, parent education, and special events. All classes are held at the Early Childhood Center at Rice Lake Elementary. earlychildhood.isd12.org



ECFE Classes Starting Soon

Registration is open for the following short-term classes, as well as any remaining spots in our year-long classes. Visit earlychildhood.isd12.org for brochure and registration information or call 763-793-6120 to inquire about class openings.

Little Nature Explorers



In this one time class we will explore nature's playground. We will sing songs, read a story, and explore the outdoors with our senses. You will come away from this class with some simple ideas you can implement on your own for exploration outdoors with your little ones. We will be outside the entire duration of the class time, so come in outdoor clothing for messy springtime play.

Saturday, April 20, 10-11:15 am Ages 0-5 years with caregiver
Early Childhood Center at Rice Lake Elementary (Door C)
FREE, but advance registration is required

Drop In & Play

Two sessions each week! Join parent educator Amanda Baumann for some play and socialization for both kids and adults.

Mondays and Fridays 9-10:30 am through May 10
Ages 0-5 years with caregiver \$3/child or \$5/family (no charge for infants)
Early Childhood Center at Rice Lake Elementary (Door C)

Explore With Baby

Have a new baby? Looking to get out of the house and share ideas with other parents? Join us for an hour that will recharge you for the week!

Mondays 1-2 pm through May 10 Age 0-9 months with caregiver
FREE, no registration necessary
Care available for siblings under age 5, \$3/child
Early Childhood Center at Rice Lake Elementary (Door C)

Truck Day

**Sat, May 4, 10 am-noon FREE
Rice Lake Elementary**

It's an annual tradition for the community! The ECFE Parent Advisory Council invites children of all ages to come see a variety of vehicles. Adults can purchase themed baskets and bid on silent auction items.

This fundraiser for Early Childhood programs has raised money for the Early Childhood playground, indoor play equipment and field trips.

ECFE 2024-25 Brochure

The 2024-25 ECFE brochure will be available online in May. Class placement lottery takes place June 1. Visit our website earlychildhood.isd12.org or call our office at 763-792-6120 for more information!

Early Childhood Screening

Minnesota law requires Early Childhood Screening before a child can enter kindergarten. This FREE screening checks hearing and vision, weight and height, health history, immunizations, speech and language, general development, and motor skills. Screening is NOT a readiness test for kindergarten.

A child can be screened anytime after age three, but the district recommends screening your child before their fourth birthday.

For more information or to make an appointment, call 763-792-6120 or visit earlychildhood.isd12.org

Pre-K Kids Club Gearing up For Kindergarten Centennial Preschool

See page 55



Aquatics

Lessons, training and recreational opportunities for people of all ages

When registering your children for swim classes, please remember to do so based on their current skill level and their ability to be appropriately challenged.

A class level too difficult or too easy will hinder the progress of the swimmer and possibly distract others in the class as well. Your child will benefit most being in the appropriate class level, based on their ability. We're here to guide your swimmers to confidence and success. Don't put your children in the same swim class for convenience. **The Centennial Community Pool is in the high school east building.**

Enter through door N52 accessible from stadium parking lot from 103rd Lane NE.



Our Aquatics program provides swim lessons aimed at teaching relaxation and comfort in the water, stroke skill development, diving, lifeguard training, open swim and more to area youth and adults. Programs run year round with limited class time in the fall and winter due to swim team use of pool.

Cancellation & Makeup Classes

Make-up swim lessons are not available when participants are unable to attend their scheduled lessons. In case of emergency closure, lessons will be extended at the end of the session.

If your child has special needs or you have concerns

If your child has special needs or you have concerns about your child, talk to the instructor on the first night to help the instructor better adapt and/or understand the needs of your child with the focus on continued growth in developing their swimming skills.

Diaper-aged children or participants experiencing habitual accidents are required to wear a swim diaper covered by a swimsuit, as recommended by the Minnesota Department of Health.

**Registration questions call 763-792-6100 or email cceonline@isd12.org.
For general questions email cwaddell@isd12.org**

Learn to swim in progressive classes

When choosing lesson skill levels, choose the one that most closely fits, making note of any prerequisites.

It is common for some children to repeat a level several times before mastering all skills and advancing to the next level. Help your child's progress by making sure they attend each class, as each new skill builds on those learned in previous classes. All instructors are American Red Cross certified in water safety instruction and/or lifeguarding.

Unsure of what level you should register your child?

Call 763-792-5240 to arrange an appointment for testing.

Pool Temperatures

Centennial Community Pool is a multi-purpose pool serving all ages. It's impossible to maintain a temperature suitable for all swimming activities. Some may find it too warm, and others too cold. Size, depth of facility and required chemical treatment impact the overall temperature. The water temperature cannot be raised beyond a certain degree as chlorine-based disinfectants become less effective and increase the possible multiplication of bacteria and other microorganisms.

Pool Temperatures

**84 degrees - End of February
to the 1st week of August**

**80-82 degrees - 1st week of
August to end of February**

During high school competitive swim season, Minnesota State High School League requires all pools to be 82 or below. In comparison, surrounding community pools are set at the same temperatures; hotel pools, 80-83 degrees; college competitive pools, 78-80 degrees; and therapeutic pools, 94-96 degrees.

Parents of children up to five years old may want to add a T-shirt or a wet suit to increase body insulation. Increased movement will also increase body temperature.





Swim Class Levels

Tiny Tots Ages 18 months-3 years with parent

Parent is in the water with their child working one-on-one to foster comfort and enjoyment. Participants advance at individual pace in a playful and positive environment. Skills taught: water adjustment, blowing bubbles, underwater arm reaches, flutter kicks, back floats with help, and jumps into the water. Families with multiple children must have an adult accompany each child. Advance to Poly Wogs. Limit 10.

Poly Wogs Ages 3-5 with parent

Parent is in the water with their child working one-on-one to advance at individual pace in a playful and positive environment. Skills taught: review 'Tiny Tot skills, plus jump into water and swim two black lines to parent then return to edge without help, and one pool width each of puppy paddle and monkey airplane soldier with help. Flotation belts are available to help children gain confidence and independence. Families with multiple children must have an adult accompany each child. Advance to Poly Beginner I. Limit 10.

Bobber Ages 5-6

Introduction to swimming for children who are not comfortable in the water or have no previous lesson experience Participants will develop comfort with water, correct body position and be introduced to swimming on their front and back. Advance to Poly Beginner 1. Limit 4.

Poly Beginner 1 Ages 5-7

Children who are comfortable in water and have some lesson experience (Poly Wog, Tiny Tot, etc. or equivalent skills) Children will wear flotation 'belts for several classes to gain confidence and independence while stressing correct body position. Final test taken without belt. Skills taught: floating on front and back, swim on front and back whole width of pool with arm and leg action. Advance to Poly Beginner 2. Limit 6.

Poly Beginner 2 Ages 5-7

Prerequisite: passed Poly Beginner 1 or have equivalent skills. Skills taught: review of Poly Beginner I skills, plus front and back glides in the streamline position, and one pool width of front crawl while blowing bubbles with face submerged. Introduced to rhythmic breathing. Children will wear flotation belts for maximum of two classes to review correct body position. Advance to Poly Beginner 3. Limit 6.

Poly Beginner 3 Ages 5-7

Prerequisite: passed Poly Beginner 2 or have equivalent skills. Skills taught: review of Poly Beginner II skills, plus diving using the sitting and kneeling position, retrieval of a submerged object, treading water, and one pool width each of back crawl and front crawl with rhythmic breathing. Introduced to whip kick. Advance to Red Cross Level 3. Limit 6.

Beginner Ages 8+

Introduction to basic swimming skills.

Skills taught: general comfort in the water, correct body position, and one pool width each of puppy paddle and monkey airplane soldier. Introduced to front crawl with rhythmic breathing. Advance to Advanced Beginner. Limit 6.

Advanced Beginner Ages 8+

Prerequisite: passed Beginner or have equivalent skills. Skills taught: review of Beginner skills, plus diving using the sitting and kneeling position, retrieval of a submerged object, treading water, and one pool width each of back crawl and front crawl with rhythmic breathing. Introduced to whip kick. Advance to Red Cross Level 3. Limit 6.

Red Cross Level 3

Prerequisite: passed Advanced Beginner, Poly Beginner III, or have equivalent skills.

Skills taught: 25 yards each of front crawl, back crawl, and elementary backstroke, diving using the sitting, kneeling, and standing position, and treading water. Introduced to dolphin kick and breaststroke. Advance to Red Cross Level 4. Limit 10.

Red Cross Level 4

Prerequisite: passed Red Cross Level 3 or have equivalent skills. Skills taught: review of Red Cross Level 3 skills, plus 50 yards each of front crawl, back crawl and elementary backstroke, 25 yards of breaststroke, 15 yards of butterfly, scissors kick, treading water, and rescue breathing. Advance to Red Cross Level 5. Limit 10.

Red Cross Level 5

Prerequisite: passed Red Cross Level 4 or have equivalent skills. Skills taught: review of Red Cross Level 4 skills, plus 100 yards each of front crawl, back crawl, and elementary backstroke, 50 yards of breaststroke and sidestroke, 25 yards of butterfly, turns, standing dives from the board, and surface dives. Advance to Red Cross Level 6. Limit 10.

Red Cross Level 6

Prerequisite: passed Red Cross Level 5 or have equivalent skills. Skills taught: review Red Cross Level 5 skills, plus 200 yards each of front crawl, back crawl, and elementary backstroke, 100 yards each of breaststroke and sidestroke, 50 yards of butterfly, approach and hurdle from the board, pike and tuck dive from the board, general swimming etiquette, and CPR.



Cougar Adaptive Swim Lessons

Ages 5-18

Program is for children who are challenged to participate independently in a standard group lesson. The program uses techniques that place emphasis on swimming skills modified or adapted to accommodate individual abilities, needs and goals. Lessons are created for, but not limited to, those with anxiety, physical, sensory, communication or behavior challenges. This is a 1:1 ratio of student to instructor.

Session I

4 lessons #9880-A	\$80	Sun	June 16-July 7 3:30-4 pm
4 lessons #9880-B	\$80	Mon	June 17-July 8 7-7:30 pm
4 lessons #9880-C1 #9880-C2	\$80	Tues	June 18-July 9 5:30-6 pm 7-7:30 pm
3 lessons #9880-D	\$60	Wed	June 26-July 10 6:30-7 pm

Session II

4 lessons #9880-E	\$80	Sun	July 14-Aug 4 3:30-4 pm
4 lessons #9880-F	\$80	Mon	July 15-Aug 5 7-7:30 pm
4 lessons #9880-G1 #9880-G2	\$80	Tues	July 16-Aug 6 5:30-6 pm 7-7:30 pm
3 lessons #9880-H	\$60	Tues	July 17-31 6:30-7 pm

Private or Semi-Private Lessons

Personalized high-quality swim instruction for those with special needs where class settings are challenging, or if your child cannot be independent in a group setting

These lessons offer 1:1 for private or 2:1 for semi-private swim instruction. These classes are to help you improve on your skills and be successful eight 30-minute lessons for \$300. Our coordinator will work with you to determine the dates and times of each lesson.

Call 763-792-5240 and leave a day and evening phone number and you will be called after registration deadlines. Notice of any cancellation must be given 24-hours in advance, or you will forfeit the lesson with no option to make up.

High School Swim & Conditioning

Entering Grades 7-12

Get ready for the high school competitive swim season with swim practice and conditioning Mondays through Thursdays. The emphasis is improving on the four competitive swim strokes through drills focusing on the latest techniques. Swimmers will need the following equipment: snorkel, fins, hand paddles and kick board.

Pete Crawford

24 sessions \$249 M-Th June 17-Aug 1 & Fri, June 21
CHS/East: Pool No class June 19 and July 1-4

#9770-A 7-9 am
#9770-B 9-11 am



Play NFL FLAG

PLAYERS RECEIVE AN OFFICIAL NFL FLAG REVERSIBLE JERSEY & FLAGS

- Girls And Boys Pre-k Through 8th
- No Experience Necessary
- Practice Held Before Games

**VIKINGS
NFL
FLAG
FOOTBALL LEAGUE**

www.VikingsNFLFLAG.com

Join us for Swimming Lesson Open House April 24, 6-7:30 pm Details on page 60.

Summer Swim Lesson Schedule

Registration deadline is June 10 at noon Late registrations accepted at the pool first day of lessons.



Sunday 8 lessons June 16-Aug 4

Tiny Tots	#9000-A1	3-3:30 pm	\$95
Tiny Tots	#9000-A2	4:30-5 pm	\$95
Poly Wogs	#9005-A1	2-2:30 pm	\$95
Poly Wogs	#9005-A2	4-4:30 pm	\$95
Bobber	#9009-A1	2:30-3 pm	\$95
Bobber	#9009-A2	3:30-4 pm	\$95
Poly Beg 1	#9010-A1	2:30-3 pm	\$95
Poly Beg 1	#9010-A2	3:30-4 pm	\$95
Poly Beg 1	#9010-A3	5-5:30 pm	\$95
Poly Beg 2	#9020-A1	2-2:30 pm	\$95
Poly Beg 2	#9020-A2	3-3:30 pm	\$95
Poly Beg 3	#9030-A1	2-2:30 pm	\$95
Poly Beg 3	#9030-A2	4-4:30 pm	\$95
Level 3	#9300-A1	2-2:50 pm	\$99
Level 4	#9400-A1	3-3:50 pm	\$99
Level 5 & 6	#9500-A1	4-4:50 pm	\$99

Monday 8 lessons June 17-Aug 5

Tiny Tots	#9000-B1	6-6:30 pm	\$95
Poly Wogs	#9005-B2	6:30-7 pm	\$95
Bobber	#9009-B1	4:30-5 pm	\$95
Bobber	#9009-B2	5:30-6 pm	\$95
Poly Beg 1	#9010-B1	5-5:30 pm	\$95
Poly Beg 1	#9010-B2	6-6:30 pm	\$95
Poly Beg 2	#9020-B1	5:30-6 pm	\$95
Poly Beg 3	#9030-B1	5-5:30 pm	\$95
Beginner	#9100-B1	6-6:30 pm	\$95
Advanced Beg	#9200-B1	6:30-7 pm	\$95
Level 3	#9300-B1	4:30-5:20 pm	\$99

Tuesday 8 lessons June 18-Aug 6

Bobber	#9009-C1	4:30-5 pm	\$95
Bobber	#9009-C2	5:30-6 pm	\$95
Poly Beg 1	#9010-C1	5-5:30 pm	\$95
Poly Beg 1	#9010-C2	6-6:30 pm	\$95
Poly Beg 2	#9020-C1	6-6:30 pm	\$95
Poly Beg 3	#9030-C1	6:30-7 pm	\$95
Level 4	#9400-C1	4:30-5:20 pm	\$99
Intro to Diving	#9701-C1	7-7:30 pm	\$95

Wednesday 7 lessons June 26-Aug 7

Poly Beg 3	#9030-D1	4:30-5 pm	\$85
Poly Beg 3	#9030-D2	5:30-6 pm	\$85
Beginner	#9100-D1	5:30-6 pm	\$85
Beginner	#9100-D2	6-6:30 pm	\$85
Advanced Beg	#9200-D1	5-5:30 pm	\$85
Advanced Beg	#9200-D2	6-6:30 pm	\$85
Level 5 & 6	#9500-D1	4:30-5:20 pm	\$89

No open swim or lessons July 4

Swimming Lesson Open House April 24, 6-7:30 pm at the pool

Are you interested in learning more about Centennial School District's swim lesson curriculum? Would you like to meet some instructors? Not sure what lessons to sign your kids up for? Please come down and visit us at the pool. We will answer any questions you might have and can swim test your child if needed. Please bring a suit and towel if you plan to be tested.



Open Swim

Sundays & Thursdays, June 16-August 8, 5:30-7 pm

Children under 12 must have passed ARC level 3 or be able to swim 25 yards of front crawl with rhythmic breathing to swim on their own during open swim. All others must have a parent or adult guardian in the water with them. All children 6 years of age & under must have an adult guardian in the water with them regardless of swimming ability.

WIBIT inflatable obstacle course available during open swim mid-March until mid-August

Only for those who can pass a swim test. No life jackets allowed on the WIBIT.

\$2 Per Person Pay At The Door



P.L.A.Y.

Preschool Enrichment

P.L.A.Y. is an opportunity for your child to expand and reinforce their learning outside their world or preschool classroom. Join us for Preschool Learning After-hours to answer the burning question of Why? Financial assistance is available to those who qualify. See pages listed or call 763-792-6100 for more information.



Sports

See pages 32-48 for descriptions and details

Gymnastics Ages 3-4

Blastball Ages 3-5 with adult

Mini Kickers Soccer Ages 3-5

Lil Scoopers Intro to Lacrosse Ages 4-6

Track and Field Camp Ages 4-12

Skyhawks Super Tots Soccer Ages 2-4

DASH Tykes Varies from Age 2-6

Basketball, Sports Sampler, Soccer, Baseball, Flag Football, Volleyball, Athleticism, T-Ball, Floor Hockey

Gearing Up for Kindergarten

Students entering Kindergarten Fall 2024

Entering kindergarten is a major transition in the life of a child and his or her parents. Kids need to be ready for school, and schools need to be ready for kids. That's why our Gearing Up for Kindergarten class, taught by a licensed Centennial teacher, prepares parents and their children for success in school. Students will get experience learning with peers in a structured classroom environment, and parents will receive support through parent education resources.

Register online at isd12.ce.eleyo.com

9-11:30 pm Aug 5-8 & Aug 12-15 Mon-Thur

2 weeks (8 session) \$100 per child

Early Childhood Center at Rice Lake Elementary (Door C)

Music, Dance, Theater & Art

Hop N' Tots Preschool 3+

These high-energy classes focus on improving rhythm, balance and coordination. Children will use tambourines, scarves and pom poms to learn basic tap, jazz and ballet steps. See page 28.

Music Together

Newborn to PreK with parent/caregiver

Discover the joy of making Music Together. Sing, laugh, move and learn along with your baby, toddler or preschooler for 45 minutes of pure fun each week in these award-winning classes. See page 29 for details.

Mayer Arts Musical Theater

Wish & Frozen 2 Ages 4-8

Dance and sing music from Frozen and put on a musical. Everyone will learn to put together a professional show from start to finish. We'll also play fun creative games. See page 30 for details.

Our Favorite Friends Ages 3-6

Get ready for the most creative and fun art camp ever, where your child's favorite cartoon characters come to life. From Bluey to Cocomelon and Blippy, to name a few. Join us for a messy but magical time full of art projects inspired by these beloved friends. See page 26 for details.



Family DJ Dance Party Part of Music on the Lake June 27 at Golden Lake Park, 6-7 pm

Join our DJ, Brett of Special Works DJ, who has arranged a playlist full of appropriate songs that are just made for dancing. Songs will span the generations to appeal to all ages. So grab your family and friends and let's bust a groove.

Registration, Information & Policies



Registration

Online

isd12.ce.eleyo.com

Register online for any class. Secure registration for classes is available 24 hours/day using an electronic form of payment. Apple Pay now available for iPhone users!

Mail or Drop Off

Complete a registration form and return with payment to:

**Centennial Community Education
4707 North Road
Circle Pines, MN 55014**

Make checks payable to District 12

24-hour drop box, located on the main campus near the District Administrative Offices.

Community Education office hours

Mon-Fri: 8 am-4 pm
closed non-school days and holidays

Summer Hours June 10-August 30

Mon-Thur: 8 am-4 pm

Friday: 8 am-noon

By Phone

763-792-6100

Using an electronic form of payment (credit card or ACH)

By Fax

763-392-7743

Complete a registration form, including credit card information

For online registrations: You will know you have successfully completed your online registration when you have received an email confirmation to the email address you have provided.

**Scan this code
to register!**

No News is Good News!

Assume the class is a go

Unless we contact you, assume that you are enrolled and the course will be held at the time and place indicated. We do not mail out confirmations, but an automated email receipt will be sent if you provide your email address upon registration.

Cancellations

Community Education reserves the right to cancel a class due to insufficient enrollment. Classes are filled on a first-come, first-serve basis. Some class sizes are limited, so early sign-up is suggested. If a class is canceled or full, you will be notified and your fee will be refunded.

Inclement Weather & Emergencies

When the regular school day is canceled because of inclement weather or emergencies, Community Education classes and activities may also be canceled. You may receive an emergency messenger system message. Also watch or listen to local TV stations, or visit the district website at isd12.org.

Refunds

A refund, minus a \$10 administrative fee, will be made if you cancel at least five business days prior to the start of an activity unless otherwise noted such as with sport leagues, adult trips and driver education classes. No refunds thereafter.

Registration Deadlines

Deadline for most activities is one week before they begin

Classes are filled on a first-come, first-serve basis. Many classes fill quickly and instructors may need to order supplies. Some classes cancel due to low enrollment,

so please don't hesitate to register.

Make-Ups

There are no make-ups for a missed class (*with the exception of Driver Ed classroom*). Check your schedule prior to registration for potential conflicts.

No transportation provided unless otherwise noted

Discounts

Financial assistance is available to those who qualify. For an application please call 763-792-6100.

Current UCare Minnesota members may take up to a \$15 discount per class on most classes. Include UCare ID number on registration form.

Discounts must be applied by a staff member at the time of enrollment.

Special Needs

Individuals with special needs are welcome in any activity they qualify for and may bring a helper at no extra charge if needed. Indicate needs on registration form. Contact Community Education with questions or if you need assistance in an activity.

Check Collection Service

Centennial School District uses PayTek Solution's services when a check is returned due to insufficient funds. If collection is made electronically, the district receives the face value of the check plus a \$3 per check rebate. PayTek charges an NSF fee to the party that issued the bad check. The use of a check for payment is the check writer's acknowledgment and acceptance of this policy and its terms. After two NSFs, fees must be paid using a money order.

Photo Policy

There are occasions when representatives of District 12 and/or the media photograph or videotape students while attending/participating in school sponsored functions. Parent/guardians not wanting their child to be identified in photographs or on videotape, should notify, in writing, the Community Education office.



Centennial Community Education Registration

Mail or deliver to Community Education, 4707 North Road Circle Pines, MN 55014;
In lieu of form call 763-792-6100 or go online at isd12.ce.eleyo.com

Name _____ Male____ Female____ Birthdate_____

If minor, guardian name/s_____

Address_____ City_____ Zip_____

Phone: primary (_____) _____ other (_____) _____

E-mail address_____

Special needs/additional information_____

Activity name	Activity #	Time	Fee
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Financial assistance (application on file) -\$25

Total Fee _____

UCare member ID# _____ -\$15 _____ T-shirt size (if applicable)

MasterCard____ VISA____ Name on card (print) _____

Account # _____ Exp date_____

OFFICE USE ONLY: ENT____ CANC____ RET____

Centennial Community Education Registration

Mail or deliver to Community Education, 4707 North Road Circle Pines, MN 55014;
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Name _____ Male____ Female____ Birthdate_____

If minor, guardian name/s_____

Address_____ City_____ Zip_____

Phone: primary (_____) _____ other (_____) _____

E-mail address_____

Special needs/additional information_____

Activity name	Activity #	Time	Fee
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Financial assistance (application on file) -\$25

Total Fee _____

UCare member ID# _____ -\$15 _____ T-shirt size (if applicable)

MasterCard____ VISA____ Name on card (print) _____

Account # _____ Exp date_____

OFFICE USE ONLY: ENT____ CANC____ RET____

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO THE START OF CLASS

Centennial Community Education offers activities with the purpose of enrichment. Information obtained in Community Education activities is not intended for use as advice, endorsement or recommendations from the instructors, his/her business or Centennial Community Education.



Centennial Community Education
4707 North Road
Circle Pines, MN 55014

Non-Profit Organization
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Permit No. 8

ECR WSS
Postal Customer

Food Truck & Fun Festival

Join us Thursday, August 15, Centennial Middle School, 4-8 pm for an evening of food, performances, demonstrations and more.

Enjoy delicious foods

North Star Donuts
Mik Mart Ice Cream
D & D Goodies Vietnamese Cuisine
Chili Lime Tacos and & Tots
PJ Grill
Nothing Bundt Cakes
Fat House BBQ



Music on the Lake- It's Golden



Enjoy summer nights with free concerts at Golden Lake
Park in Circle Pines
Co-sponsored by Centennial Community Education

Music on the Lake-It's Golden!

Enjoy a few summer nights with a free concert at Golden Lake Park in Circle Pines. Co-sponsored by Centennial Community Education and the City of Circle Pines. No registration required. Simply show up with your lawn chair ready to listen to some good tunes. See page 6 for details.

June 13	7-8 pm	Centennial Community Band
June 20	7-8:30 pm	Brady Perl
June 27	6-7 pm	Family DJ Dance Party
July 11	7-8:30 pm	The Floras
August 1	7-8:30 pm	Salsa del Soul
August 8	7-8:30 pm	The Holy Rocka Rollaz
August 22	7-8:30 pm	The Revolution 5
August 29	7-8:30 pm	Stir Krazy Band



Golden Lake Gallop
Saturday, August 10
See page 7

Community Education Garage Sale

Saturday, April 27, 9 am-noon, Rice Lake Elementary

Purchase a table to sell items you no longer need or come and shop! Proceeds will go to the Community Education Financial Assistance Program. [See page 2 for details](#) or [scan the QR code](#).

