



# APRIL

## MIDDLE SCHOOL MENU 2024

Post Falls School District  
Nutrition Services



**ALL BREAKFASTS COME WITH FRUIT OR JUICE AND MILK**

**ALL LUNCHESES COME WITH FRUIT, VEGGIES AND MILK**

See our virtual menu on the Nutrition Services homepage at [www.pfsd.com](http://www.pfsd.com) for nutrition and allergen information.

### Meal Prices:

Milk—	\$0.60
Breakfast—	\$2.20
Reduced	\$.30
Lunch—	\$3.45
Reduced	\$.40
Adult lunch—	\$4.70

**Alternate lunch choices:**

**Uncrustable PB&J, Domino's Pizza, Chef Salad or Sub Sandwich**



Mon	Tue	Wed	Thu	Fri
<p>1 <b>Breakfast</b> Blueberry Bagel Cream Cheese</p> <p><b>Lunch</b> Chicken Patty Sandwich Baked Chips</p>	<p>2 <b>Breakfast</b> Breakfast Round Yogurt</p> <p><b>Lunch</b> Crispito Potato Choice</p>	<p>3 <b>Breakfast</b> Tooty Fruity Parfait</p> <p><b>Lunch</b> Mini Waffle Sausage Links</p>	<p>4 <b>Breakfast</b> French Toast Sticks Sausage Links</p> <p><b>Lunch</b> Sweet &amp; Sour Meatball Rice Bowl Garlic Toast</p>	<p>5 Walk in Meals Available at Seltice Elementary. Please See PFSO website for details.</p>
<p>8 <b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Hamburger w/ Cheese Potato Choice</p>	<p>9 <b>Breakfast</b> Breakfast Bread Yogurt</p> <p><b>Lunch</b> Chicken Walking Taco</p>	<p>10 <b>Breakfast</b> Egg &amp; Cheese Breakfast Sand- wich</p> <p><b>Lunch</b> BBQ Chicken Pizza Pudding Cup</p>	<p>11 <b>Breakfast</b> Pancake Wrap on a stick Hashbrown Patty</p> <p><b>Lunch</b> Hamburger Cowboy Gravy Mashed Potato Dinner Roll</p>	<p>12 <b>Breakfast</b> Breakfast Bread</p> <p><b>Lunch</b> PB&amp;J Uncrustable</p>
<p>15 <b>Breakfast</b> Scrambled Egg Bowl Lil Graham Square</p> <p><b>Lunch</b> BBQ Chicken Sandwich</p>	<p>16 <b>Breakfast</b> Poptart Variety Yogurt</p> <p><b>Lunch</b> Bean &amp; Cheese Burrito Potato Choice</p>	<p>17 <b>Breakfast</b> Breakfast Burrito</p> <p><b>Lunch</b> Homemade Cheese Yummy Squares</p>	<p>18 <b>Breakfast</b> Dutch Waffle Sausage Links</p> <p><b>Lunch</b> Buffalo Chicken Mac &amp; Cheese Garlic Toast</p>	<p>19 Walk in Meals Available at Seltice Elementary. Please See PFSO website for details.</p>
<p>22 <b>Breakfast</b> Blueberry Bagel Cream Cheese</p> <p><b>Lunch</b> Chicken Patty Sandwich Goldfish Cracker</p>	<p>23 <b>Breakfast</b> Mini Cinni Pull Apart Yogurt</p> <p><b>Lunch</b> Chicken &amp; Cheese Quesadilla Refried Beans</p>	<p>24 <b>Breakfast</b> Cocoa Puff Parfait</p> <p><b>Lunch</b> Mini Waffle Sausage Links</p>	<p>25 <b>Breakfast</b> French Toast Sticks Sausage Links</p> <p><b>Lunch</b> Sweet &amp; Sour Chicken Rice Bowl Garlic Toast</p>	<p>26 Walk in Meals Available at Seltice Elementary. Please See PFSO website for details.</p>
<p>29 <b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Hamburger w/ Cheese Potato Choice</p>	<p>30 <b>Breakfast</b> Breakfast Bread Yogurt</p> <p><b>Lunch</b> Chicken Walking Taco</p>			

**ALL MENUS ARE SUBJECT TO CHANGE**

*This institution is an equal opportunity provider.*