

MAY | 2024

LIFE Center Lunch Menu



MONDAY

29 Mac and Cheese
Chicken Fries
Baked Beans
Fresh Fruit
Choice of Milk

6 Teriyaki Dippers
Dinner Roll
Broccoli
Fresh Fruit
Choice of Milk

TUESDAY

30 Arroz con Pollo
Carrots
Fresh Fruit
Choice of Milk

7 Soft Tacos
Refried Beans
Fresh Fruit
Choice of Milk

WEDNESDAY

1 Sliced Pizza
Broccoli
Fresh Fruit
Choice of Milk

8 Bosco Sticks
Marinara Sauce
Carrots
Fresh Fruit
Choice of Milk

THURSDAY

2 Popcorn Chicken
Mashed Potatoes
Biscuit
Fresh Fruit
Choice of Milk

9 Chicken and Waffles
Strawberry Sauce
Green Beans
Fresh Fruit
Choice of Milk

FRIDAY

3 Chicken Sandwich
Green Beans
Fresh Fruit
Choice of Milk

10 Hamburger/
Cheeseburger
Potato Smiles
Fresh Fruit
Choice of Milk

Special Menu

Special Menu

23 Last Day of School!



Summer Break

Summer Break

Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:

- Peanut-Free Wowbutter and Jelly Sandwich^V
- Salad Bar
- Yogurt Parfaits- TBD

All Grab & Go meals come with a choice of:

- Low-Fat Milk
- Up to 2 fruits
- Up to 2 veggies

*Must get 1 fruit and/or veggie to make a meal

All entrees come with choices of assorted fruit, fresh vegetables, and low-fat white/flavored milk

Meal Prices:

Breakfast: \$2.25

Lunch: \$3.60

Adult: \$4.80

Extra Milk: \$0.50