

APRIL | 2024

LIFE Center Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 French Toast Poppers Sausage Patty Hash Brown Rounds Fresh Fruit Choice of Milk</p>	<p>2 Orange Chicken Fried Rice Broccoli Fresh Fruit Choice of Milk</p>	<p>3 Pizza Crunchers Marinara Sauce Carrots Fresh Fruit Choice of Milk</p>	<p>4 Chicken Nuggets Baked Beans Fresh Fruit Choice of Milk</p>	<p>5 Mini Corn Dogs Triple Chocolate Cookie Cauliflower Fresh Fruit Choice of Milk</p>
<p>8 E- Learning Day!</p> 	<p>9 Arroz con Pollo Mini Peppers Fresh Fruit Choice of Milk</p>	<p>10 Sliced Pizza Broccoli Fresh Fruit Choice of Milk</p>	<p>11 Popcorn Chicken Biscuit Mashed Potatoes Fresh Fruit Choice of Milk</p>	<p>12 Spicy or Breaded Chicken Sandwich Green Beans Fresh Fruit Choice of Milk</p>
<p>15 Teriyaki Dippers Dinner Roll Broccoli Fresh Fruit Choice of Milk</p>	<p>16 Soft Tacos Refried Beans Fresh Fruit Choice of Milk</p>	<p>17 Bosco Sticks Marinara Sauce Carrots Fresh Fruit Choice of Milk</p>	<p>18 Chicken and Waffles Strawberry Sauce Green Beans Fresh Fruit Choice of Milk</p>	<p>19 Hamburger/ Cheeseburger Potato Smiles Fresh Fruit Choice of Milk</p>
<p>22 French Toast Poppers Sausage Patty Hash Brown Rounds Fresh Fruit Choice of Milk</p>	<p>23 Orange Chicken Fried Rice Broccoli Fresh Fruit Choice of Milk</p>	<p>24 Pizza Crunchers Marinara Sauce Carrots Fresh Fruit Choice of Milk</p>	<p>25 Chicken Nuggets Baked Beans Fresh Fruit Choice of Milk</p>	<p>26 Mini Corn Dogs Triple Chocolate Cookie Cauliflower Fresh Fruit Choice of Milk</p>
<p>29 Mac and Cheese Chicken Fries Baked Beans Fresh Fruit Choice of Milk</p>	<p>30 Arroz con Pollo Mini Peppers Fresh Fruit Choice of Milk</p>	<p>1 Sliced Pizza Broccoli Fresh Fruit Choice of Milk</p>	<p>2 Popcorn Chicken Biscuit Mashed Potatoes Fresh Fruit Choice of Milk</p>	<p>3 Chicken Sandwich Green Beans Fresh Fruit Choice of Milk</p>

Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:

- Peanut-Free Wowbutter and Jelly Sandwich^V
- Salad Bar
- Yogurt Parfaits- TBD

All Grab & Go meals come with a choice of:

- Low-Fat Milk
- Up to 2 fruits
- Up to 2 veggies

*Must get 1 fruit and/or veggie to make a meal

All entrees come with choices of assorted fruit, fresh vegetables, and low-fat white/flavored milk

Meal Prices:

Breakfast: \$2.25
Lunch: \$3.60
Adult: \$4.80
Extra Milk: \$0.50