

Meal Prices:
 Breakfast: \$2.25
 Lunch: \$3.60
 Adult: \$4.80
 Extra Milk: \$0.50

MAY | 2024

Shield Cafe Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Pasta Bar Cheesy Breadsticks Italian Style Vegetables	30 BYO Nacho Bar Refried Beans	1 Big Daddy's Pizza Carrots	2 French Toast Sausage Patty Hash Browns	3 Boneless Wing Bar Onion Rings
6 Asian Bar Edamame	7 Arroz con Pollo Refried Beans	8 Big Daddy's Pizza Celery	9 Chicken and Waffles Strawberry Sauce Sweet Potato Fries	10 Bosco Sticks Marinara Sauce Corn

Build a Meal
 Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Alternative Choices:

- Daily:**
- Peanut-Free Wowbutter and Jelly Sandwich^V
 - Chef Salads
 - Assorted Chicken Sandwiches
 - Hamburger/Cheeseburger

Tuesday/Thursday:

- Bistro Box^V

Monday/Wednesday/Friday:

- Fruit and Yogurt Parfait^V

All Grab & Go meals come with a choice of:

- Low-Fat Milk
- Up to 2 fruits
- Up to 2 veggies

*Must get 1 fruit and/or veggie to make a meal

All entrees come with choices of assorted fruit, fresh vegetables, and low-fat white/flavored milk

Special Menu

Special Menu

23 Last Day of School!



Summer Break

Summer Break