

Meal Prices:

Breakfast: \$2.25
Lunch: \$3.60
Adult: \$4.80
Extra Milk: \$0.50

APRIL | 2024

International Café Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Pasta Bar Cheesy Breadsticks Italian Style Vegetables <u>Alt Choices:</u> Hamburger/ Cheeseburger Taco Salad</p>	<p>2 Chicken or Cheese Quesadilla Refried Beans <u>Alt Choices:</u> Asst Chicken Sandwiches Yogurt Parfait</p>	<p>3 Big Daddy's Pizza Mini Peppers <u>Alt Choice:</u> Chef Salads</p>	<p>4 Beef and Broccoli with Brown Rice <u>Alt Choices:</u> Hamburger/ Cheeseburger Ranch Chicken Finger Wraps</p>	<p>5 Chicken Tender Basket with Waffle Fries <u>Alt Choices:</u> Asst Chicken Sandwiches Chicken Caesar Salad</p>
<p>8 E- Learning Day! </p>	<p>9 BYO Nacho Bar Refried Beans <u>Alt Choices:</u> Asst Chicken Sandwiches Yogurt Parfait</p>	<p>10 Big Daddy's Pizza Carrots <u>Alt Choice:</u> Chef Salads</p>	<p>11 French Toast Sausage Patty Hash Browns <u>Alt Choices:</u> Hamburger/ Cheeseburger Ranch Chicken Finger Wraps</p>	<p>12 Boneless Wing Bar Onion Rings <u>Alt Choices:</u> Asst Chicken Sandwiches Chicken Caesar Salad</p>
<p>15 Pasta Bar Cheesy Breadsticks Italian Style Vegetables <u>Alt Choices:</u> Hamburger/ Cheeseburger Taco Salad</p>	<p>16 Arroz con Pollo Refried Beans <u>Alt Choices:</u> Asst Chicken Sandwiches Yogurt Parfait</p>	<p>17 Big Daddy's Pizza Celery <u>Alt Choice:</u> Chef Salads</p>	<p>18 Chicken and Waffles Strawberry Sauce Sweet Potato Fries <u>Alt Choices:</u> Hamburger/ Cheeseburger Ranch Chicken Finger Wraps</p>	<p>19 Bosco Sticks Marinara Sauce Corn <u>Alt Choices:</u> Asst Chicken Sandwiches Chicken Caesar Salad</p>
<p>22 Asian Bar Edamame <u>Alt Choices:</u> Hamburger/ Cheeseburger Taco Salad</p>	<p>23 Chicken or Cheese Quesadilla Cauliflower <u>Alt Choices:</u> Asst Chicken Sandwiches Yogurt Parfait</p>	<p>24 Big Daddy's Pizza Mini Peppers <u>Alt Choice:</u> Chef Salads</p>	<p>25 Beef and Broccoli with Brown Rice <u>Alt Choices:</u> Hamburger/ Cheeseburger Ranch Chicken Finger Wraps</p>	<p>26 Chicken Tender Basket with Waffle Fries <u>Alt Choices:</u> Asst Chicken Sandwiches Chicken Caesar Salad</p>
<p>29 Pasta Bar Cheesy Breadsticks Italian Style Vegetables <u>Alt Choices:</u> Hamburger/ Cheeseburger Taco Salad</p>	<p>30 BYO Nacho Bar Refried Beans <u>Alt Choices:</u> Asst Chicken Sandwiches Yogurt Parfait</p>	<p>1 Big Daddy's Pizza Carrots <u>Alt Choice:</u> Chef Salads</p>	<p>2 French Toast Sausage Patty Hash Browns <u>Alt Choices:</u> Hamburger/ Cheeseburger Ranch Chicken Finger Wraps</p>	<p>3 Boneless Wing Bar Onion Rings <u>Alt Choices:</u> Asst Chicken Sandwiches Chicken Caesar Salad</p>

Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:

- Peanut-Free Wowbutter and Jelly Sandwich^V
- Grilled Cheese^V

All Grab & Go meals come with a choice of:

- Low-Fat Milk
- Up to 2 fruits
- Up to 2 veggies

*Must get 1 fruit and/or veggie to make a meal

All entrees come with choices of assorted fruit, fresh vegetables, and low-fat white/flavored milk