MARCH | 2024
International Café Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 **Asian Bar** **Edamame** *Alt Choices:* Hamburger/ Cheeseburger Taco Salad	**27** **Chicken or Cheese** **Quesadilla** **Carrots** *Alt Choices:* Asst Chicken Sandwiches Yogurt Parfait	**National Pancake Day!** **Pancake** **Cheese Omelet** **Hash Browns** *Alt Choice:* Chef Salads	**29** **Chicken Popper Bowls** **Mashed Potatoes** *Alt Choices:* Hamburger/ Cheeseburger Ranch Chicken Finger Wraps	**1** **Chili Mac** **Broccoli** *Alt Choices:* Asst Chicken Sandwiches Bistro Box
4 **Pasta Bar** **Cheesy Breadsticks** **Italian Style Vegetables** *Alt Choices:* Hamburger/ Cheeseburger Taco Salad	**5** **BYO Nachos** **Refried Beans** *Alt Choices:* Asst Chicken Sandwiches Yogurt Parfait	**6** **Big Daddy's Pizza** **Green Beans** *Alt Choice:* Chef Salads	**7** **French Toast** **Sausage Patty** **Carrots** *Alt Choices:* Hamburger/ Cheeseburger Ranch Chicken Finger Wraps	**8** **Chicken Tender** **Basket with Waffle** **Fries** *Alt Choices:* Asst Chicken Sandwiches Bistro Box

National School Breakfast Week!

Spring Break!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 **Asian Bar** **Edamame** *Alt Choices:* Hamburger/ Cheeseburger Taco Salad	**26** **Arroz con Pollo** **Broccoli** *Alt Choices:* Asst Chicken Sandwiches Yogurt Parfait	**27** **Big Daddy's Pizza** **Celery** *Alt Choice:* Chef Salads	**28** **Chicken and Waffles** **Strawberry Syrup** **Sweet Potato Fries** *Alt Choices:* Hamburger/ Cheeseburger Ranch Chicken Finger Wraps	**29** **Bosco Sticks** **Marinara Sauce** **Corn** *Alt Choices:* Asst Chicken Sandwiches Chicken Caesar Salad

Build a Meal
Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain- Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:
- Peanut-Free Wowbutter and Jelly Sandwich[V]
- Grilled Cheese[V]

All Grab & Go meals come with a choice of:
- Low-Fat Milk
- Up to 2 fruits
- Up to 2 veggies

*Must get 1 fruit and/or veggie to make a meal

All entrees come with choices of assorted fruit, fresh vegetables, and low-fat white/flavored milk