# APRIL 2024



# Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Corn Dogs Green Beans Fresh Fruit Choice of Milk	Beef and Cheese Dip Tortilla Chips Refried Beans Fresh Fruit Choice of Milk	<sup>3</sup> French Bread Pizza Mini Peppers Fresh Fruit Choice of Milk	4 Orange Chicken Fried Rice Broccoli Fresh Fruit Choice of Milk	5 Hot Dog Potato Smiles Fresh Fruit Choice of Milk
8 E- Learning Day!	9 Teriyaki Dippers Dinner Roll Baked Beans Fresh Fruit Choice of Milk	10 Sliced Pizza Broccoli Fresh Fruit Choice of Milk	11 French Toast Sausage Patty Hash Browns Fresh Fruit Choice of Milk	12Chicken Sandwich Carrots Fresh Fruit Choice of Milk
15Pizza Crunchers Marinara Sauce Broccoli Fresh Fruit Choice of Milk	16 Quesadillas Refried Beans Fresh Fruit Choice of Milk	17 Calzones Celery Fresh Fruit Choice of Milk	Chicken and Waffles Strawberry Sauce Carrots Fresh Fruit Choice of Milk	19 Hamburger Tater Tots Fresh Fruit Choice of Milk
22Mini Corn Dogs Green Beans Fresh Fruit Choice of Milk	Beef and Cheese Dip Tortilla Chips Refried Beans Fresh Fruit Choice of Milk	French Bread Pizza Mini Peppers Fresh Fruit Choice of Milk	250range Chicken Fried Rice Broccoli Fresh Fruit Choice of Milk	26 Hot Dog Potato Smiles Fresh Fruit Choice of Milk
29 Bosco Sticks Marinara Sauce Green Beans Fresh Fruit Choice of Milk	30Teriyaki Dippers Dinner Roll Baked Beans Fresh Fruit Choice of Milk	1 Sliced Pizza Broccoli Fresh Fruit Choice of Milk	French Toast Sausage Patty Hash Browns Fresh Fruit Choice of Milk	3 Chicken Sandwich Carrots Fresh Fruit Choice of Milk

### **Build a Meal**

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

#### Daily Alternative Choices:

All alternative meals include choice of milk, fruit and/or vegetable

#### Mon/Wed/Fri:

- Lunch Kits (similar to lunchables):
  - o Pizza
  - Turkey, Cheese and Crackers

#### Tues/Thurs:

- Peanut-Free Wowbutter and Jelly Sandwich<sup>V</sup>
- Protein Power: yogurt, grain, string cheese<sup>V</sup>

## Meal Prices:

Breakfast: \$2.25 Lunch: \$3.50 Adult: \$4.80 Extra Milk: \$0.50