

## **MARCH** 2024

### Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26Orange Chicken Fried Rice Steamed Edamame Fresh Fruit Choice of Milk	<sup>27</sup> Bean and Cheese Chalupa Broccoli Fresh Fruit Choice of Milk	National Pancake Day! Pancake Cheese Omelet Hash Browns Fresh Fruit Choice of Milk	<sup>29</sup> Chicken Popper Bowls Mashed Potatoes	Corn Dog Green Beans Fresh Fruit Choice of Milk
4 Teriyaki Dippers Dinner Roll Corn Fresh Fruit Choice of Milk	Beef and Cheese Dip with Nachos Refried Beans Fresh Fruit Choice of Milk	6 Sliced Pizza Broccoli Fresh Fruit Choice of Milk	7 French Toast Sausage Patty Sweet Potato Wedges Fresh Fruit Choice of Milk	8 Breaded Chicken Sandwich Green Beans Fresh Fruit Choice of Milk
National School Breakfast Week!				

# Spring Break!

- 25 Pizza Cruncher Marinara Sauce Broccoli Fresh Fruit Choice of Milk
- Quesadillas
  Refried Beans
  Fresh Fruit
  Choice of Milk
- 27 Calzones
  Celery
  Fresh Fruit
  Choice of Milk
- 26hicken and Waffles Strawberry Sauce Carrots Fresh Fruit Choice of Milk
- 29 Hamburger Tater Tots Fresh Fruit Choice of Milk

#### **Build a Meal**

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

#### **Daily Alternative Choices:**

All alternative meals include choice of milk, fruit and/or vegetable

#### Mon/Wed/Fri:

- Lunch Kits (similar to lunchables):
  - o Pizza
  - Turkey, Cheese and Crackers

#### Tues/Thurs:

- Peanut-Free Wowbutter and Jelly Sandwich<sup>V</sup>
- Protein Power: yogurt, grain, string cheese<sup>V</sup>

#### Meal Prices:

Breakfast: \$2.25 Lunch: \$3.50 Adult: \$4.80 Extra Milk: \$0.50