

## What's on the Menu?



Rochester Community Schools Middle School: Breakfast April 2024

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% chocolate or white milk.

A student must select a 1/2 cup fruit to make a complete meal or a la carte pricing will be applied.

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
<b>Mini Pancakes</b> Fruit Juice	Breakfast Bacon Pizza Fresh Fruit	<b>Apple Frudel</b> Chilled Fruit	Chocolate Crescent Cupped Fruit	Breakfast Bagel Sandwich Fresh Fruit
8	9	10	11	12
Cinnamon Toast Soft Pastry Bar Chilled Fruit	<b>Mini Waffles</b> Fresh Fruit	UBR Ultimate Breakfast Round Chilled Fruit	French Toast Bites Fresh Strawberries	<b>Pizza Bagel</b> Fresh Fruit
15	16	17	18	19
<b>Mini Pancakes</b> Fruit Juice	Breakfast Bacon Pizza Fresh Fruit	Apple Frudel Chilled Fruit	Chocolate Crescent Cupped Fruit	No School
22	23	24	25	26
Cinnamon Toast Soft Pastry Bar Chilled Fruit	<b>Mini Waffles</b> Fresh Fruit	UBR Ultimate Breakfast Round Chilled Fruit	French Toast Bites Fresh Strawberries	<b>Pizza Bagel</b> Fresh Fruit
29	30			
<b>Mini Pancakes</b> Fruit Juice	Breakfast Bacon Pizza Fresh Fruit			

Menu subject to change due product availibility

Serving Daily: BeneFIT Bars, Yogurt Parfaits, Bagels and Cream Cheese, Pop Tarts, Cereal Bowls, Muffins and Cheese Stick or Yogurt Cup.



Questions or comments? Food Service 248-726-4618 Director Marsha Dziewit
Assistant Directors Tamara Brazelton and Marci Flaherty
Go to MyPlate.gov for online personal wellness resources for you and your family.
Make Checks Payable to RCS Foodservice for a la carte items.

This institution is an equal opportunity provider.