



Chartwells School Dining Services: Rochester Elementary Schools Lunch Menu April 2024

A full student lunch includes a choice of entrée supplying protein and grain, 3/4 cup vegetable side dishes, 1/2 cup fruit side dish, and milk. Milk choices include 1% white and 1% chocolate.

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WG Pancakes with Syrup Build Your Own Taco (Beef) with Shredded Cheddar WG Pizza Crunchers with Dipping Sauce Homemade Mac and Cheese with Fluffv Breadstick National Exercise Day! Scrambled Eggs Seasoned Black Beans Crispy Tater Tots Seasoned Caulilfower Fruit & Veggie Bar Fruit & Veggie Bar Fruit & Veggie Bar Kersie 22 23 24 25 20 NG Eggoji Waffles with Syrup Nachos with Queso Blanco and Taco Meat (Turkey) WG Popcorn Chicken with Mashed Potatose & Gravy Fluffv Breadstick Seasoned Corn Chicken Meatballs with Marinara Sauce on Rotini WG Classic Cheese Pizza Earth Dav! Fruit & Veggie Bar Fruit & Veggie Bar Fruit & Veggie Bar Fruit & Veggie Bar 29 30 Guide Dog Day! Fruit & Veggie Bar Fruit & Veggie Bar WG Pancakes with Syrup WG Cheese Quesadilla National Raisin Day! Seasoned Black Beans Fruit & Veggie Bar Fruit & Veggie Bar Scrambled Eggs Fruit & Veggie Bar Fruit & Veggie Bar Fruit & Veggie Bar Fruit & Veggie Bar MG Pancakes with Syrup WG Cheese Quesadilla Mational Raisin Day! Seasoned Black Beans Fruit & Veggie Bar Fruit & Veggie Bar Fruit & Veggie Bar Scrambled Eggs Turesdays Turesdays Fruit & Veggie Bar Fruit & Veggie Bar Scrambled Eggs Fruit & Veggie Bar </th <th>Monday</th> <th>Tuesday</th> <th>Wednesday</th> <th>Thursday</th> <th>Friday</th>	Monday	Tuesday	Wednesday	Thursday	Friday	
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	C. WG Chicken Nuggets with	C. Hot Dog (Beef) on WG Bun*	C. WG Boscos with Pizza Dipping	C. Cheeseburger on WG Bun*	C. WG Chicken Patty on WG Bun*	
	WG Breadstick		Sauce			

A student must select 1/2 cup of fruit or vegetable to make a complete meal or a la carte pricing is applied.

This institution is an equal opportunity employer.

QUESTIONS? CALL:

Food Service Director: Marsha Dziewit

Asst. Food Service Directors: Tamara Brazelton and Marci Flaherty Questions? Contact Food Service Office: 248-726-4602

*Hamburger Buns, Hot Dog Buns, Hoagie Rolls, and Sliced Bread Contain Wheat, Soy, & Sesame

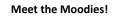


This month's food focus is: Waste Warrior Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.









This Month's Fruit and Vegetable Bar Featured Selections: Apples, Oranges, Celery and Carrots Available Every Day

Monday	Tuesday	Wednesday	Thursday	Friday		
April 1st-April 5th						
Grape Juice	Chilled Peaches	Chilled Mandarin Oranges	Tossed Romaine Salad	Fresh Cut Seasonal Fruit		
Craisins	Fresh Orange Wedges	Raisins	Chilled Pineapple	SideKick (100% Fruit Juice)		
Chilled Mixed Fruit	Chilled Peas	Fresh Baby Carrots	Fresh Strawberries	Sugar Snap Peas		
Fresh Baby Carrots	Salsa	Fresh Apple	Broccoli Florets	Tossed Romaine Salad		
		April 8th-April 10th				
Craisins	Chilled Rosy Applesauce	Chilled Mixed Fruit	Tossed Romaine Salad	Fresh Cut Seasonal Fruit		
Orange Juice	Celery Sticks	Red Pepper Strips	Fresh Strawberries	SideKick (100% Fruit Juice)		
Grape Tomatoes	Raisins	Chilled Mandarin Oranges	Cucumber Coins	Fresh Banana		
Broccoli Florets	Salsa	Broccoli Florets	Chilled Pineapple	Sugar Snap Peas		
	•	April 15th-April 19th	•			
Apple Juice	Salsa	Craisins	Fresh Strawberries			
Cinnamon Bananas	Fresh Orange Wedges	Chilled Mandarin Oranges	Chilled Green Peas			
Broccoli Florets	Red Pepper Strips	Green Pepper Strips	Chilled Pineapple			
Grape Tomatoes	Chilled Peaches	Fresh Baby Carrots	Tossed Romaine Salad			
		April 22nd-April 26th		-		
Orange Juice	Chilled Applesauce	Red Pepper Strips	Cucumber Coins	Fresh Cut Seasonal Fruit		
Broccoli Florets	Raisins	Chilled Peaches	Fresh Strawberries	SideKick (100% Fruit Juice)		
Craisins	Salsa	Fresh Celery Sticks	Tossed Romaine Salad	Fresh Banana		
Grape Tomatoes	Fresh Baby Carrots	Chilled Mandarin Oranges	Chilled Pears	Sugar Snap Peas		
	•	April 29th-April 30th	•	-		
Grape Juice	Chilled Peaches					
Craisins	Raisins					
Cinnamon Bananas	Chilled Peas					
Fresh Baby Carrots	Salsa					