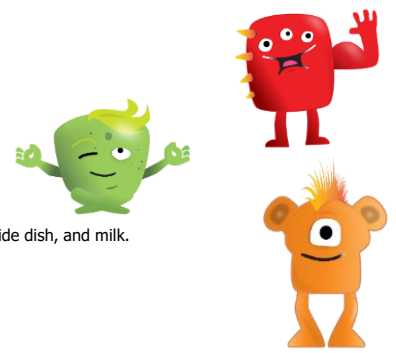




MOOD BOOST



Chartwells School Dining Services: Rochester Elementary Schools Lunch Menu April 2024

A full student lunch includes a choice of entrée supplying protein and grain, 3/4 cup vegetable side dishes, 1/2 cup fruit side dish, and milk.
Milk choices include 1% white and 1% chocolate.



Monday	Tuesday	Wednesday	Thursday	Friday
1 WG Pancakes with Syrup Scrambled Eggs April Fools' Day! Fruit & Veggie Bar	2 WG Cheese Quesadilla Seasoned Black Beans Fruit & Veggie Bar	3 Honey BBQ Beef Riblet Sandwich On WG Hoagie* Roll Emoji Baked Fries Fruit & Veggie Bar	4 WG Popcorn Chicken w/ Sweet & Sour Sauce & Fried Rice Roasted Carrot Coins WG Fortune Cookie National Carrot Day! Fruit & Veggie Bar	5 WG Classic Cheese Pizza Seasoned Green Beans Tiger's Opening Day! Fruit & Veggie Bar
8 WG Eggoji Waffles with Syrup Turkey Sausage Fruit & Veggie Bar	9 Walking Taco (Beef) with Doritos Seasoned Pinto Beans 100th Day of 2024! Fruit & Veggie Bar	10 WG Boneless Chicken Wings Buffalo Ranch on Side Fluffy Breadstick Seasoned Potato Wedges Fruit & Veggie Bar	11 WG Grilled Cheese Sandwich* Seasoned Broccoli Fruit & Veggie Bar	12 WG Classic Cheese Pizza Seasoned Carrots Fruit & Veggie Bar
15 WG Pancakes with Syrup Scrambled Eggs Fruit & Veggie Bar	16 Build Your Own Taco (Beef) with Shredded Cheddar Seasoned Black Beans Fruit & Veggie Bar	17 WG Pizza Crunchers with Dipping Sauce Crispy Tater Tots Fruit & Veggie Bar	18 Homemade Mac and Cheese with Fluffy Breadstick National Exercise Day! Seasoned Cauliflower Fruit & Veggie Bar	19 No School
22 WG Eggoji Waffles with Syrup Turkey Sausage Earth Day! Fruit & Veggie Bar	23 Nachos with Queso Blanco and Taco Meat (Turkey) Seasoned Pinto Beans Fruit & Veggie Bar	24 WG Popcorn Chicken with Mashed Potatoes & Gravy Fluffy Breadstick Seasoned Corn Guide Dog Day! Fruit & Veggie Bar	25 Chicken Meatballs with Marinara Sauce on Rotini Seasoned Broccoli Fruit & Veggie Bar	26 WG Classic Cheese Pizza Seasoned Peas Fruit & Veggie Bar
29 WG Pancakes with Syrup Scrambled Eggs Fruit & Veggie Bar	30 WG Cheese Quesadilla National Raisin Day! Seasoned Black Beans Fruit & Veggie Bar			
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk) :				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
B. Cereal Fun Lunch: WG Cereal, Yogurt Cup, WG Crackers & String Cheese	B. Yogurt Parfait with Strawberries & WG Granola	B. Turkey, Cheese & Lettuce Wrap on WG Tortilla	B. Yogurt Parfait with Strawberries & WG Granola	B. Turkey, Cheese & Lettuce Wrap on WG Tortilla
C. WG Chicken Nuggets with WG Breadstick	C. Hot Dog (Beef) on WG Bun*	C. WG Boscós with Pizza Dipping Sauce	C. Cheeseburger on WG Bun*	C. WG Chicken Patty on WG Bun*

A student must select 1/2 cup of fruit or vegetable to make a complete meal or a la carte pricing is applied.

QUESTIONS? CALL:

Food Service Director: Marsha Dziewit

Asst. Food Service Directors: Tamara Brazelton and Marci Flaherty

Questions? Contact Food Service Office: 248-726-4602

This institution is an equal opportunity employer.

*Hamburger Buns, Hot Dog Buns, Hoagie Rolls, and Sliced Bread Contain Wheat, Soy, & Sesame



This month's food focus is: Waste Warrior
 Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.



Meet the Moodies!



This Month's Fruit and Vegetable Bar Featured Selections: Apples, Oranges, Celery and Carrots Available Every Day

Monday	Tuesday	Wednesday	Thursday	Friday
April 1st-April 5th				
Grape Juice	Chilled Peaches	Chilled Mandarin Oranges	Tossed Romaine Salad	Fresh Cut Seasonal Fruit
Craisins	Fresh Orange Wedges	Raisins	Chilled Pineapple	SideKick (100% Fruit Juice)
Chilled Mixed Fruit	Chilled Peas	Fresh Baby Carrots	Fresh Strawberries	Sugar Snap Peas
Fresh Baby Carrots	Salsa	Fresh Apple	Broccoli Florets	Tossed Romaine Salad
April 8th-April 10th				
Craisins	Chilled Rosy Applesauce	Chilled Mixed Fruit	Tossed Romaine Salad	Fresh Cut Seasonal Fruit
Orange Juice	Celery Sticks	Red Pepper Strips	Fresh Strawberries	SideKick (100% Fruit Juice)
Grape Tomatoes	Raisins	Chilled Mandarin Oranges	Cucumber Coins	Fresh Banana
Broccoli Florets	Salsa	Broccoli Florets	Chilled Pineapple	Sugar Snap Peas
April 15th-April 19th				
Apple Juice	Salsa	Craisins	Fresh Strawberries	
Cinnamon Bananas	Fresh Orange Wedges	Chilled Mandarin Oranges	Chilled Green Peas	
Broccoli Florets	Red Pepper Strips	Green Pepper Strips	Chilled Pineapple	
Grape Tomatoes	Chilled Peaches	Fresh Baby Carrots	Tossed Romaine Salad	
April 22nd-April 26th				
Orange Juice	Chilled Applesauce	Red Pepper Strips	Cucumber Coins	Fresh Cut Seasonal Fruit
Broccoli Florets	Raisins	Chilled Peaches	Fresh Strawberries	SideKick (100% Fruit Juice)
Craisins	Salsa	Fresh Celery Sticks	Tossed Romaine Salad	Fresh Banana
Grape Tomatoes	Fresh Baby Carrots	Chilled Mandarin Oranges	Chilled Pears	Sugar Snap Peas
April 29th-April 30th				
Grape Juice	Chilled Peaches			
Craisins	Raisins			
Cinnamon Bananas	Chilled Peas			
Fresh Baby Carrots	Salsa			